A photograph of a rural landscape. In the foreground, several sheep are resting on a green field. One sheep is white, another is black and white, and a third is a mix of colors. In the background, there is a large tree with many white flowers, and a stone wall runs across the middle ground. The overall scene is peaceful and pastoral.

# St. Catherine's Church, Crook

February - March 2009

Photograph taken by Margaret Blades

*We all owe everything to Almighty God;*

*Come and worship Him at St Catherine's.*

*A warm welcome is given at 10 am each Sunday.*

# WHO'S WHO at St Catherine's

**Vicar:** Rev. Canon Tim Montgomery  
**Associate Minister:** Rev. Tim Harmer  
**Two Valleys Curate** Rev. Steve Moorcroft  
**Hon. Asst. Minister** Rev. Canon Clive Porthouse  
**Licenced Readers:** Mrs Marian Porthouse  
 Mr Reg. Bradby  
**Church Wardens** Mr Tony Fitch  
 Mr Don Webster  
**Hon. Treasurer:** Mrs Hilary Fitch  
**P.C.C Secretary** Miss Margaret Blades

**Two Valleys Team  
 Churches' Office**  
 c/o St Thomas' Church  
 Stricklandgate  
 Kendal  
 LA9 4QG  
 01539 730683

**Revd Tim Harmer**  
 015395 68865  
[revtim.harmer@virgin.net](mailto:revtim.harmer@virgin.net)

*Please do not hesitate to contact us for baptisms, weddings, funerals or any pastoral need. Please ring Tim Montgomery or go via the churches' office.*

We are grateful to those who care for our church and grounds week by week – cleaners, flower arrangers, gardeners. Let us know if you want to help!

## Church Services Every Sunday at 10.00am

### FEBRUARY

### MARCH

**1st** **HOLY COMMUNION**  
 Presentation of Christ  
 in the Temple  
 Hebr.2:14-end Luke 2:22-40

**8th** **COMMON WORSHIP**  
 Christian Growth:  
 The Church  
 John 17:1-12 Eph 2:13-21

**15th** **COMMON PRAYER**  
 Christian Growth:  
 The Bible  
 Psalm 19:7-14 2 Tim 3:10-17

**22nd** **COMMON WORSHIP**  
 Christian Growth:  
 The Holy Spirit  
 1 Cor.12:12-31 John 14:15-23

**1st** **HOLY COMMUNION (BCP)**  
 Christian Growth: The Prayer  
 Exod 33:7-11 Matt 6:5-14

**8th** **COMMON WORSHIP**  
 Christian Growth:  
 Living a new life  
 Matt 5:1-16 Col 3:1-17

**15th** **COMMON WORSHIP**  
 Christian Growth:  
 Using our gifts to serve  
 Matt 20:20-28 Eph 4:1-16

**22nd** **COMMON WORSHIP**  
 Christian Growth: Growing in love  
 Matt 5:38-48 1 John 4:7-21

**29th** **COMMON WORSHIP**  
 The Passion  
 John 12: 20-33 Hebr 5:1-10

*Join us for a special  
Mothering Sunday Service  
on 22nd March at 10am*



*Snowdrops -  
the first sign of Spring*

*As we give thanks for the love and care displayed  
in our homes by our mothers, may we meet the  
challenge to bring hope and love to those outside  
our families who need care and concern.*

Remember?

- 4 years of age - My Mummy can do anything!
- 12 years of age - My mother doesn't really know quite everything.
- 16 years of age - Mother? She's way out of date!
- 25 years of age - Well, she might know a bit about it.
- 35 years of age - Before we decide, let's get Mum's opinion.

**Two special occasions at Crook.**

Alice Isabella Metcalfe was baptised at St Catherine's Church, Crook  
On Sunday 21st December by the Rev. Canon Clive Porthouse.

Kiara Rose Bradshaw was baptised at St Catherine's Church, Crook  
on Sunday, 28th December by the Rev. Steve Moorcroft.

The families of Alice and Kiara followed the ancient tradition of the  
Church by bringing them to baptism, so that they could be received  
into the "congregation of Christ's flock".

Everyone present at St Catherines welcomed these new members of  
the World Wide Church.

The parents and godparents made their vow, to help the children  
grow in the knowledge of Jesus' love.

We look forward to the time when Alice and Kiara will declare their  
own faith in Christ as Saviour and attain the promise of eternal life.

## Silent Strength

**Zephaniah 3:17 “The Lord your God is with you,  
He is mighty to save.  
He will take great delight in you,  
He will quiet you with his love,  
He will rejoice over you with  
singing”**

Strength is an inside secret. It comes from the Lord's Spirit in the well of our inner being. Because his strength is limitless, our wells need never be empty. His strength is constantly surging up to give us exactly what we need in every moment.

The Lord takes great delight in you. In spite of all our failures, he has chosen to be our God and to cherish us. Think of it! God and all the company of heaven take delight in us! This gives us the confidence of silent strength. We belong to God – he's redeemed us in Christ and placed his Spirit in us. He'll never give up on us.

The Lord quiets us with his love. The unqualified, indefatigable love of the Lord gives us silent confidence, security and peace. There's no need to prove ourselves or blow our own horns. We can live with calm, winsome joy. And knowing that the Lord rejoices over us frees us to rejoice in him.

*Lloyd John Ogilvie.*

### *‘Lentwise’*

*Immrama* is the old Celtic word for a quest or wonder journey. In the Celtic Christian tradition monks would undertake long and hazardous journeys which came from a deep desire to share and spread their faith. In fact, I think they just basically enjoyed travelling to new places. They had a restlessness and curiosity which prompted them to explore the world. So we have numerous old stories of these journeys and perhaps the most well known is the voyage of St Brendan.

The Celtic Christians were the original native Christians of this country following the arrival of the Christian faith in the days of the Roman Empire. The ancient Britons or Celts were then pushed out by the invading ‘pagan’ Saxons but gradually the whole country was evangelised by the Celtic monks and the Roman mission under Augustine. The Celtic Christian Church had a lot of strengths which can inform our model of Church today.

This year for Lent the Two Valleys Team of Churches are following a 5 week course entitled 'Lentwise'. The course is written by Paula Gooder, a Reader in the Church of England, writer, speaker, lecturer in Biblical studies and wife of the Vicar of Bournville in Birmingham and mother of two young children, *phew!*

The course explores five different spiritual essentials for our journey of faith as Christians. The course draws on passages from John's gospel under five headings and reflects by using the concept of the basic essentials we need for a journey:

**Compass** – finding direction

**Nourishment** – keeping going

**Light** – gaining wisdom

**Shelter** – finding security

**Water** – enjoying refreshment

Each session focuses on one spiritual essential and allows participants to engage in Bible study together followed by group discussion but also there will time to 'go beyond words' and 'into the presence of God'.

Lent starts on Ash Wednesday, 25<sup>th</sup> February and the 'Lentwise' course begins on the next **Tuesday, 3<sup>rd</sup> March** and continues for the following four Tuesdays with the last session on **31<sup>st</sup> March**. For the Two Valley Churches there will be a choice of venue and times for the course on each of the five Tuesdays. Each session will last approximately 1½ hours. One session will be held in the afternoons beginning at **1.30pm** in the Barn at **Ormandy House, Crosthwaite**, the home of Robert and Sue Sykes. A second repeat session will be held in the evening at **7.30pm** at **Sunnybank, Underbarrow**, the home of Tim and June Harmer.

We hope as many people as possible will take part, to enjoy a spiritual journey of wonder and discovery, like the old celtic monks, through this imaginative and thought provoking Lent course.

Tim

Reverend Tim Harmer ,  
Priest in Charge of Helsington and Underbarrow,  
Assistant Priest at Crook,  
Rural Dean of Kendal and Deanery Missioner.

## News from the PCC

At a recent PCC meeting the idea of creating a 'hanging' for use within the church was discussed. This would be a lovely opportunity to have a project reflecting the church and village life, which could ultimately become part of our heritage.

An initial 'get together' is planned for 11.00 am on Friday, 27th February in the Church.

Anyone interested would be most welcome when we could put on our thinking caps over a cup of coffee! It doesn't matter whether or not you are a talented 'handicraft' person or would just like to meet up and join in the idea!

If you would like any further information, please contact Olwen Cameron.

## **Crook and Winster Parish Council.**

The next meeting of the Parish Council will be held on Tuesday, 17th February at 7.30pm in Crook Memorial Hall. All members of the public are invited to attend and there is always an opportunity given at the start of the meeting for questions to be asked or comments made concerning the work of the Council.

Andy Lloyd from Cumbria Rural Housing Trust will be with us to give a presentation. This follows on from the Housing Needs survey conducted last year, which revealed a small need for affordable housing to be provided in the parish. It is hoped to explore ways in which this can be progressed.

Come and hear and have your say!

We hope to have with us a representative of the Lake District National Park Authority to answer questions concerning planning matters and decisions (at the time of writing this has yet to be confirmed).

Quality Parish Status is also on the Agenda. This is a benchmark of good practice which Councils are encouraged to attain. Our Council is making cautious progress towards eventually applying for this - but we have some way to go yet.

If parishioners wish to contact the Council, the Clerk, Kevin Price (01539-821596) or the Chairman, Tim Flitcroft (01539-822772) will be happy to hear from you.

## St Catherine's Carol Singers

Eleven of us enjoyed singing to 18 homes on the western side of Crook on Monday December 22<sup>nd</sup>. We finished the evening at The Sun where several customers joined in the singing.

On Tuesday we were joined by 12 Crook Young Farmers and toured the centre of the village on foot. Again, folk gave generously and altogether over £400 was collected. £343 has been given to the Kendal Mountain Search and Rescue Team and £94.90 to The` Air Ambulance at the request of the Young Farmers.

Twenty two singers returned to Gravel House for a warming bowl of soup and an enjoyable evening was had by all.

*Mary Simm*

## Church Bin

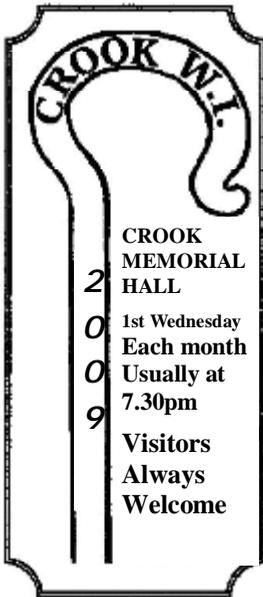
**The Council will now empty the bin at St Catherine's if it contains green 'garden' waste only. They will not empty it if it contains plastic, paper, cardboard etc.**

**The PCC requests that people only use the bin near the gate for green waste and that they take any other sort of rubbish home with them. Please do not, for example, put the green waste in a plastic bag and then in the bin.**

**Thank you for your co-operation.**

*Hilary Fitch*





**February 4th**

**Speaker:- Stuart Bottomley.**

**Upholstery - Talk & Demonstration**

**Competition:-**

**A Wooden Box**

**March 4th**

**Speaker:- Cedric Robinson MBE.**

**“Queen’s Guide to the Sands”**

**Competition:-**

**Something Nautical**

**President:- Mrs Ann Underwood**

**Secretary:- Mrs C. Raafat**

**Vice President:- Mrs J. Gorst**

**Treasurer:- Mrs S. Ferguson**

***W.I. News***

51 members and visitors celebrated our first meeting of 2009 with an abundance of home made goodies and our own in house entertainment. This featured Messrs Allcock, Bradbury, Lister and Porthouse excelling in distinctive acting roles and Jean Filkin on the piano supported by lead singers Mary Simm and Cherry Burgess. Props and guidance were supplied by Sue Mulvany and the audience supported with enthusiastic renderings of old time favourites. Much hilarity!!

The topic for our next meeting on 4 February is upholstery with a demonstration from Stuart Bottomley. The 'Queen's Guide to the Sands' will be discussing his work on 4 March and Andy Lowe will be revealing the secrets of 'Lakeland Villages' on 1 April.

We also look forward to our New Year Lunch at the Yacht Club on 19 February.

Do come along and join us. Visitors are always very welcome.

*Ann Underwood*

***Crook Memorial Hall Committee***  
***Afternoon Tea and 'Get Together'***

***Sunday, 22nd February***

***2 - 4pm in the Memorial Hall***

***A Stall for:- Books - DVD's - Jigsaws***  
***(These can be brought on the day or given to any***  
***Committee Member beforehand)***

***We hope you will come and join us.***

***Crook Memorial Hall Committee***  
***Spring Coffee Evening***  
***for all the family***

***Saturday, 28th March***

***7.30pm in the Memorial Hall***

***Dominoes - Bingo - Stalls - Raffle***

***Date for your Diary:- 9th May Rummage Sale***

**Church Cleaning Rota**

**February**

7th R&E Bradby  
14th Judi Webster  
21st Mary Simm  
28th Cherry Burgess

**March**

7th Vivienne Ford  
14th Joan Matthews  
21st Ann Clarke  
28th Audrey Rowlinson

**April**

4th Sandra Lauder  
11th Lillian Atkinson  
18th Thelma Brown  
25th Ann Heap

**Church Flower Rota**

**February**

Judi Webster  
Hilary Crowe

**March**

Mary Simm  
Cherry Burgess

**April**

Audrey Rowlinson  
Hilary Fitch

***New Creation***  
***(2 Corinthians 5.16-6.3)***



***God thinks you into being,  
Plans you,  
Draws in all your details,  
Every part intended to be  
as you are.***  
***The master of creation,  
His loving preparation  
takes patient years  
of workmanship and waiting,  
Until, at the exact  
time and day of his favour,  
He looks at your black and white image.  
Love looks at you,  
And if you turn your eyes towards him,  
Christ colours you in***

***Daphne Kitching***