

**NOTICE SHEET**  
for  
The Two Valley Churches



All Saints'



St John's



Holy Trinity



St Pauls



St Mary's



St Anthony's



St Catherine's

*Welcome to our Service Today*

**We especially welcome you if you are visiting us today.  
Please do stay for coffee and chat following the service.**

*Prayer is always available; please see the Minister at the end of the service.*

**Prayer for Today**

*God of constant mercy,  
who sent your Son to save us:  
remind us of your goodness,  
increase your grace within us,  
that our thankfulness may grow,  
through Jesus Christ our Lord.*

*Amen*



**Diary Dates**

**Service of Compline** – available on our website.

At a recent service of Compline at St Anthonys we recorded the service. This is now available on the homepage of our Two Valleys Churches website. So you can listen to it any evening you wish. The service last about 17 minutes a great way to end an evening.

**Could you help?**

Market Place books are looking for volunteers to join their happy band in the sales area of the shop. Contact Matt at the shop for further information. 01539 724532 [manager@marketplacebooks.org](mailto:manager@marketplacebooks.org)

**Kendal Torchlight**

Churches Together in Kendal and District are holding workshops to prepare for the CTiKD torchlight float. The Theme is Noahs Ark. The workshops are at 39 Kendal Green from 10.00—4.00pm come for all or some of the time on the following dates... 25th August and 1st September. Please bring your own lunch, any craft items that you may think useful and friends! We also need people on the night to participate either on the float or walking. If you need any more information please contact Helen Greenbank [helengreenbank@gmail.com](mailto:helengreenbank@gmail.com)

**Bishops Harvest Appeal**

Bishop James and Alison invite you to an evening to celebrate the Carlisle Diocese Bishops Harvest Appeal and to launch this years harvest which is a Christian Aid project in Malawi and a USPG project in Zululand. The evening on Friday 14<sup>th</sup> September 7.00 – 9.00pm will include speakers who have visited the projects. Places are limited. If you are interested in going please speak to Rev Michael Woodcock.

**Holy Land Trip 26<sup>th</sup> November -3<sup>rd</sup> December**

There is still space on our Holy Land Trip . We have about 20 people going but would love to take a few more. If you want further information please speak with Michael Woodcock 015395 68276

**Food Bank Needs**

The Food Bank in Kendal is short of the following items:  
Meat in sauce ( eg Meatballs or Curry) Sponge puddings  
Tins of rice pudding, Fruit squash, UHT ( long life) semi-skimmed milk  
Instant pasta, Tins of carrots and sweet corn ( no need for peas and beans at present), Microwave rice.

If you can donate please give items to your church collector or drop in to me, Pat Howarth( tel 68652) next to St Mary's in Crosthwaite and I will take them into the stock room in Kendal. Thank you very much.

**Next Sunday**

26<sup>th</sup> August

9.30am St Johns Helsington Holy Communion (CW) Rev Prof Ian James

All our village church services for the month of August can be found in the Two Valleys Parish News or on the Two Valleys Web Site.

[www.crosthwaiteandlyth.co.uk/twovalleys](http://www.crosthwaiteandlyth.co.uk/twovalleys)

Underbarrow & Helsington General Enquires for weddings, baptisms & notices can be made at the church office. 01539 730683 or [assjadmin@stkmil.org.uk](mailto:assjadmin@stkmil.org.uk)  
General Enquires, weddings and baptisms for churches served by Rev. Michael Woodcock please contact [mich@elwoodcock.com](mailto:mich@elwoodcock.com) or 015395 68276