

FUTURE EVENTS

FAIRTRADE FORTNIGHT - 24TH FEBRUARY

For this year's Fairtrade Fortnight the nation is being asked to



join in The Big Swap. Swap your usual stuff for Fairtrade stuff, such as your usual cuppa for a Fairtrade cuppa. The Exchange can help you do just that. Take a look at what produce we have on our stall and use your wallet to make a stand!

ST. PATRICK'S DAY - 17TH MARCH

Come and celebrate all the Luck of the Irish at the Exchange and indulge in some blarney with home made bannock cake, teabread and fairy cakes liberally covered in delicious shamrock green icing! Come dressed for the occasion...Leprechauns welcome!



EASTER PARADE - 24TH MARCH

The Exchange will be hosting an Easter Bonnet Competition to be judged at the Exchange on 24th March. There will be an adult and a children's category with Easter Eggs as prizes. Get cracking on your creation soon.



Have Your Say

Let us have your ideas and help us make the Exchange the best it can be! You can talk to any of the Exchange staff or contact:

Lorraine 68172 email brierleyl@yahoo.com

Penny 68797 email penny.mutch@virgin.net

THE EXCHANGE AT CROSTHWAITE NEWSLETTER

FEBRUARY 2010

Issue No. 12

What's happened since our last Newsletter...

So much has happened over the past 4 months that its almost too much to put in to one Newsletter!

Most importantly of all The Exchange celebrated its 4th Birthday on 3rd February!

And not satisfied with just inviting along our own MP, Tim Farron, we also invited the prospective Conservative candidate, Gareth



McKeever as well. Tim even helped with a spot of washing up! Both seemed to get on very well with each other and with visitors to the Exchange.

We think there must have been around 100 visitors to the Exchange that day and a good time was had by all. Our village Art Group put on a magnificent display of their work.



There was birthday cake, made by Geraldine Wilson, and Bucks Fizz to celebrate the occasion in style!

A huge thank you goes to all the volunteers who worked so hard to make the day such a success.

CALOR CUMBRIA VILLAGE OF THE YEAR 2009 IS...

Not only has The Exchange had a very busy time but so has the village of Crosthwaite, winning the title of "Calor Cumbria Village of the year 2009". During the 2 hour presentation on 27th August, a mini Exchange was set up to give the 4 judges a flavour of what goes on every Wednesday afternoon. They were so impressed with what they saw and heard that they awarded Crosthwaite not only the overall title of Village of the Year but also 2 special awards for Communication and Sustainability!



BAG YOURSELF AN EXCHANGE CARRIER

On the subject of sustainability, have you seen the new, exclusive Exchange paper carrier bags yet? They are made of recycled paper and are strong enough to be used again and again when you make purchases at the Exchange or elsewhere for that matter. Ask for one when you next buy a quantity of produce from the Country Market or Traidcraft stalls. They are free of charge and extremely stylish.

A NEW RANGE AT THE EXCHANGE?



This time it's not a case of a new range of products on sale at The Exchange but a brand new state of the art range cooker purchased by The Exchange for the Memorial Hall! It came in extremely handy for the 4th Birthday luncheon and will make catering at the village hall so

much easier in future. Keeping it in pristine condition is going to be a major undertaking but leave it dirty at your peril. You have been warned!

PAST EVENTS

Just in case you have forgotten what has been happening at The Exchange over the past few months, here is a quick snapshot of the events we have organised and some of the people who made it possible:



13th October - Beelocal, the online shopping service, came to show us how we can have produced delivered to our door from local suppliers and shops. For more information go to www.beelocal.co.uk

In October and again just before Christmas, Margaret brought her beautiful plant and wreath selection to the Exchange to brighten up our gardens and our lives!



Christmas at The Exchange

This year there was not only a Christmas craft fair on 14th November but also a



Christmas Lunch on 9th December where the Exchange hosted the Posada Figures for the first time.



Our Trio played festive music and the children from Crosthwaite school came and sang to us.

But without our band of volunteers and the leadership of the Exchange Committee, none of this would have been possible. So well done to everyone involved and may the Exchange carry on for many more years to come.

