



CROSTHWAITE



CARTMEL FELL



HELINGTON

**TWO
VALLEYS PARISH
NEWS**



UNDERBARROW



WITHERSLACK



WINSTER

A LETTER FROM TIM HARMER

Change

September is the month of change as we move from the season of Summer to Autumn and many young people return to school after the long summer holiday or indeed start at a new school, college or university or perhaps in a new job! Change is not something a traditional Church like the Church of England copes with very well. The institution of the Church like any large institution brings a way of doing things in terms of buildings, worship, process and hierarchy that is very resistant to change. The Church has been here for many hundreds of years speaking about the timeless nature of the divine and sharing the good news about Jesus to each new generation. But the challenge for the church is that the message of Jesus, that it preaches, is one that calls for a transformational change. It is a change which brings an understanding that we are not at the centre, that God is and he calls for our hearts and lives to reflect his loving truth.

This month I will be taking part once again in 'Ride and Stride' on 10th September. This is an event run by the Churches Trust for Cumbria (ctfc) which helps us look after our church buildings in this part of the world. This annual sponsored event is a major fundraiser for Cumbria's Churches. It is a national event that has been running for over 25 years in over 30 counties in England. Participants cycle or walk round as many churches as they wish in one day. Ride and Stride 2010 sponsor monies raised over £5000 for churches in Cumbria. I have decided to have a change this year and instead of cycling around local churches I will set off from Carlisle Cathedral and cycle back to Underbarrow via churches on the route. A new challenge for me and I would welcome your sponsorship for the number of churches I will visit. People of all ages and abilities are invited to take part to support your local church with money raised. You don't have to go very far or take all day just join in as much as you are comfortable with. More details can be obtained from me or at www.ctfc.org.uk.

This month also sees the launch of our new Two Valleys Team Alpha course on Thursday 29th September at 7pm at Sunnybank, Underbarrow. We have run a number of Alphas over the last few years and people have enjoyed the relaxed, informal nature of the course which provides delicious food and wine to create a friendly atmosphere in which we explore the meaning of life.

. This year's course is entitled 'Life is worth exploring' and it examines some important questions such as, does God exist, who Jesus is and what is my place in it all. If you are interested in coming along the first session on 29th September is a taster and if you feel it is not for you that is fine there is no commitment. The course will continue each Thursday evening through the autumn if you would like to carry on with it.

Do contact myself or Michael Woodcock to book a place.

The challenge of change is one we all face and I believe that with God in our life through Jesus that challenge can be met with the certainty of his love holding the centre in a challenging and changing world.

Tim Harner

FROM THE REGISTERS



Baptisms

7th August
7th August
14th August

Harry Charles Geldard at St. Paul's, Witherslack
Lily Isabel Geldard at St. Paul's, Witherslack
Georgia Mae Holmes at St. Mary's, Crosthwaite



Weddings

1st August
5th August
7th August

Alexander Smithson & Claire Thomson,
All Saints, Underbarrow
Garry Sharples and Elizabeth Park at St. Mary's, Crosthwaite
Will Rossiter and Victoria Morgan at St. Mary's, Crosthwaite



Confirmations

17th July at St. Anthony's, Cartmel Fell (the first Confirmation service at St. Anthony's since October 1963!)

Holly Chadwick (Cartmel Fell)
Karen Davison (Witherslack)
Lauren Pender (Crosthwaite)
Henri Ratcliffe (Witherslack)
James Ratcliffe (Witherslack)
Jacqueline Ratcliffe (Witherslack)
Wendy Shepherd (Crosthwaite)
Gemma Thistlethwaite (Winstar)
Sylvia Threadgold (Underbarrow)
Bernard Threadgold (Underbarrow)
Luke Todd (Cartmel Fell)



Funerals

13th July

Margaret Creamer at Lancaster Crematorium

Holy Days in September

- 3 Gregory the Great, Bishop of Rome, Teacher of the Faith, 604 - Lesser Festival
8 The Birth of the Blessed Virgin Mary - Lesser Festival
13 John Chrysostom, Bishop of Constantinople, Teacher of the Faith, 407 - Lesser Festival
14 Holy Cross Day - Festival
15 Cyprian, Bishop of Carthage, Martyr, 258 - Lesser Festival
16 Ninian, Bishop of Galloway, Apostle of the Picts, c.432 - Lesser Festival
17 Hildegard, Abbess of Bingen, Visionary, 1179 - Lesser Festival
20 John Coleridge Patteson, First Bishop of Melanesia, and his Companions, Martyrs, 1871 - Lesser Festival
21 Matthew, Apostle and Evangelist - Festival
25 Lancelot Andrewes, Bishop of Winchester, Spiritual Writer, 1626 - Lesser Festival
27 Vincent de Paul, Founder of the Congregation of the Mission (Lazarists), 1660 - Lesser Festival
29 Michael and All Angels - Festival

CALLING ALL PARISHIONERS

Advance Notice for your Diary

The 2nd Hare Hill Kite Festival, Sunday 9th October in aid of Step by Step Cumbria
More details will be available in next month's newsletter.

THE NEW BUDAPEST CAFE ORCHESTRA

Helsington & Brigsteer Village Hall Wednesday, October 26th at 7.30 pm

Following their recent sensational sell-out at Arnside ("*Our best concert in five years, they were dancing in the aisles, we want them back here*"), these four highly talented instrumentalists will play their unique mix of powerful, driving, gypsy-inspired Eastern European music in Brigsteer at this Highlights concert. Violins, guitar, accordion, double bass, saz & balalaika will beam us to Budapest and gypsy campfires.

Tickets Adult £8; Under-18 £4; Family £20 – phone 015395 68434 or 68498

Crosthwaite Show

The committee would like to thank all those who entered the show, those who helped in any way and the WI ladies who served the afternoon tea. We need all your support for it to remain a success. Special thanks go to Caroline Holmes who has very ably been at the helm for 7 years and kept the rest of us in order! Her place will be taken by Valerie Harrison but Caroline is staying on the committee. Congratulations to all the prize winners and those who won cups (See page 17 for prizewinners)..

Post Office

The Post Office at the Punch Bowl is changing its hours from 29th August.
It will be closed on Wednesdays and Fridays.

Christian Aid Manchester on 1 October

On Saturday 1st October, the eve of the Conservative Party Conference, supporters from around the UK will be joining **Christian Aid**, Cafod and Tearfund in Manchester for a day of learning, campaigning and worship on the issues of climate change and global poverty. Speakers from around the world will come together to discuss global issues with a focus on the damaging effects of climate change on the world's poorest communities. They will include former president of the South African Council of Churches, activist and theologian, Prof. Tinyiko Maluleke, who will speak on how the global church and Christians can lead action on climate change.

After the speakers and a special ecumenical service in the Anglican Cathedral, attendees will form a procession to the conference centre, where the Conservative Party Conference will be taking place, and will hold a candlelit vigil to pray for the government not to forget the world's poor during its conference.

By taking a stand in Manchester on this day, organisers and supporters hope to remind the Conservatives of David Cameron's promise to be the 'greenest government ever'. The world's poorest and most vulnerable people are already suffering the impacts of climate change and are being hit first and hardest, despite doing the least to cause the problem. Now is the time to reflect on what the government has achieved so far, but also to remind them of their pledge and encourage them to do more to help these communities.

If you would like to join the 'Bearing Witness' event, or you would like further information, you can register at www.christianaid.org.uk/bearingwitness or call on 0207 523 2158.

In Vogue in the Valley

Ladies of Westmorland, be sure to come to the Lyth Valley's No.1 fashion show, to be held for the first time in the village hall at Brigsteer, on 5th October at 8.0pm. Fashions to suit all sizes and degrees of maturity, by courtesy of CC of Kendal, will be modelled by local ladies. Bring your menfolk to see what they should be buying for you. Proceeds towards replastering the west wall of St.John's church, Helsington. Tickets £8 including wine and canapés are available from Elizabeth Bradshaw (68434), Mary Cross (68685), any other member of the PCC or by e-mail to mjfleetwood@btinternet.com.

Compline at Cartmel Fell 8.00pm Tuesday 20th September

There will be a service of sung Compline at St. Anthony's, Cartmel Fell at 8.00pm on Tuesday 20th September. Do come along and bring your own candle as we enjoy this wonderfully atmospheric service in St. Anthony's. The service lasts just under 30 minutes.

Pilates

From September 9th onwards, Cindy Clarke is introducing an additional Pilates class at Helsington & Brigsteer Village Hall.

Classes are on Fridays at 12noon to 1.00pm (the new class) and 1.15 to 2.15pm (as before). Class fees are £54.00 per six-week half-term.

If you are interested in joining, contact Cindy on 01524 273974.

A date for your diary – Saturday 8th October 7.30pm. 60s and 70s night with music from "Sole Survivors". Pies, peas and puns - Tickets £12 More details next month.

Christian Aid Week Totals for Two Valleys

Thank you to everyone who donated, using their Christian Aid envelope. The total received was £162 from all 4 churches (Winster, Cartmel Fell, Witherslack and Crosthwaite). Whilst this might not seem like a very high amount, it may well be that donors sent their envelopes directly to Christian Aid as specified on the envelope. Added to this was the fact that there weren't enough envelopes provided to go into each Parish magazine, but this will be rectified next year, when I hope we can improve on this year's total. Many thanks again, Christian Aid collector, Lorraine Brierley.

Alpha

The New Alpha Course starts on Thursday 29th September 2011.

Alpha is a 12 week course which presents the basics of the Christian faith. It has proved a huge success in all sorts of Churches around the country in the last few years. The course is suitable for those new to the faith and those who may want to brush up on the basics learnt some years ago. A meal is provided and then each session consists of a presentation followed by an opportunity to share your point of view in a small group discussion.

Time: 7.00 – 9.30 pm **Venue:** Sunnybank, Underbarrow, LA8 8HG

The home of Tim and June Harmer

Come and try the first evening: *Life is worth exploring*

If you feel it's not for you there is no commitment to come again.

Details from Tim Harmer, 68865 or Michael Woodcock 68276

Marie Curie Charity Event

Join us for a social evening of entertainment by The Silver Bell Jazz Band in Helsington & Brigsteer Village Hall, in aid of Marie Curie Cancer Care, on Friday 9th September, 7.30-11.00pm.

Tickets at £10.00 include a glass of wine. Contact Zita Walmsley 015395 68765.

Christmas Shoebox Campaign 2011

We are once again asking for your support for the Operation Christmas Child Shoebox Appeal and we would like to encourage as many people as possible to fill shoeboxes. Empty shoeboxes and leaflets will be available in your local church and the contact people for the Two Valleys Parishes are as follows –

District Coordinator: Rosemary Webster 01539568013

Cartmel Fell: Ann Ratcliffe 01539558107

Crosthwaite: Caroline Holmes 01539568599 or Geraldine Wilson 01539568836

Helsington: Diana Dew 01539560680

Underbarrow: Diana Dew 01539560680

Witherslack: Tony and Irene Brennand 01539558337

Winster: Margaret Gambie 01539442325

Filled shoeboxes can be left in church and will be collected by the contact person.

The date for collecting shoeboxes and any extra items that you may have from Crosthwaite Exchange is Wednesday 16th November 2011.

The checking day for all shoeboxes is Monday 21st November at Winster Village Hall.

Thank you for your support.

Underbarrow Marrow Day

Sunday 11th September

At The Punchbowl Inn Underbarrow

12 noon – 4 pm

Everyone welcome – come and support our local charities.

We are once again asking for your support in raising money for local Cancer Charities. When making your jam, marmalade, pickles and chutneys can you please spare a jar for Marrow Day.

Please look at information in the August newsletter.

Stalls this year will include cakes, fruit & vegetables, nearly new , etc
Donations to Maggie Kaye , Low Mill, Underbarrow. Tel 01539568795

Other attractions include, barbeque, raffle, duck races, tombola, ferrets, childrens' attractions and so much more!

This year there will be a Dog Show with various categories, including:-

Working dog (under one)

Any dog (under one)

Working dog (over one)

Any dog (over one)

Waggiest tail

Entry fee £1

MARROW COMPETITION CLASSES

Heaviest Best Looking Pairs Ugliest

LOCAL CLASSES

Heaviest Best Looking

Ann Atkinson Memorial Cup (grown within 3 miles of Underbarrow)

Entries close for judging 1 pm. Entry fee £1

We look forward to seeing you there.

NOTICES FOR INDIVIDUAL PARISHES

CARTMEL FELL

Cartmel Fell Community Trust are holding a prize draw at their Bonfire Night Party, and would like to sell their prize draw tickets in advance. The actual bonfire arrangements will be advertised in the October issue.

Cartmel Fell Community Trust
★ **PRIZE DRAW** ★
on Bonfire Night, Saturday, 5th November, 2011

Prizes to include:

2 hours Boat Hire on Coniston (LDNP) • 12 Free Swims at Lakes Leisure Pools
Round of Golf for 2 at Becksid Golf Club • £30 Voucher for the Hare & Hounds
Copy of Book 'Life on the Fell' • 1 Hour Ride at Witherlack Riding School • Trug of Home Grown Vegetables
£30 Voucher for the Mason's Arms • Fresh Chicken from Higginsons
£20 Voucher from Holecat Garden Centre • Pet Portrait by Jennifer Forsyth
Basket of Home Baking • Collection of Storytelling CDs • Emma Bridgewater Mug from Armstrong Ward
Cowmire Hall Christmas Pudding and Bottle of Damson Gin

TICKETS: £1 EACH - £10 PER BOOK

BUY THEM AT BOWLAND BRIDGE STORES

St Anthony's Church grounds

A survey of the grounds was recently undertaken and revealed an amazing **120** varieties of wild flowers scattered amongst the graves. There is a comprehensive list of the plants in the Church Porch for all to see; in order to maintain and possibly increase this number we plan to have the first cut of the season early in July; this should ensure that the daffodils have completely died back and the seeds of the wild flowers have set. We are looking forward to more wild flowers next year, there have been several complimentary comments in the Visitors Book about the churchyard.

ST ANTHONY'S ROTAS

COFFEE

Vickie Barratt; Audrey Smith

FLOWERS

Margaret Hodgson & Lesley Wright

CARTMEL FELL AND DISTRICT LOCAL HISTORY SOCIETY

Autumn and Spring programme 2011/2012
now available.

Meetings in the Parish Hall (next to the church) at 8 p.m. LA11 6NT from September to April. Members £8 p.a., visitors £2. All are welcome

September 12th—A talk by the Archivist from Barrow Record Office
“Diaries of William Fleming of Pennington”

CROOK

Crook and Winster Parish Council.

The next meeting of the Council will be held on Tuesday 13th September at Winster Village Hall at 7.30pm and members of the public are invited to attend. At our last meeting, Judith Derbyshire of Cumbria Rural Housing Trust addressed the Council on the Housing Needs Survey which is to be carried out in the parish between September and November. This is to assess if there is a proven need for affordable housing to be made available in our very rural area. Residents are encouraged to complete the survey forms when they are received. Your Parish Council continues to monitor planning applications and has recently made representations to the Planning Authority concerning the number of retrospective applications currently being received. The condition of road signs in the parish and the perennial problem of speeding vehicles on the B5284 road are regular topics for discussion. At the September meeting, the Council will be considering the possible setting up of a Parish Council website. There is always an opportunity at the start of the meeting for public participation.
Kevin M Price. Parish Clerk. 01539-821596.

CROSTHWAITE www.crosthwaiteandlyth.co.uk

Two Valleys Magazine Deliveries

We need help with the collection and delivery of the monthly magazines as Anne and Peter McDonald may be leaving Crosthwaite soon. At present there are three couples who collect the magazines from the printers in Milnthorpe, sort them into bundles and drop them off to the local deliverers, who then deliver them house to house. We do two months at a time and then have a break for four months and it is not very hard work – in fact very pleasant as it gives one a chance to meet other people!

If anyone is interested please contact Anne and Peter on 015395 68308 or Michael Woodcock on 015395 68276.

ST MARY'S ROTAS

Rotas & Notices for September 2011

COFFEE & REFRESHMENTS

11th Lorraine & Megan Brierley

25th Geraldine & Arthur Wilson

FLOWERS

4th Angela Jones.

11th From Wedding.

18th Nan Shepherd & Wyn Marsden

25th Harvest Festival

Note: Will Volunteers for Flowers please contact Vonnie Sharpe (52005) or Eileen Alston (68565)

Decorating the Church for the Harvest Festival will be done on Saturday September 24th starting at 1.30pm.

The Flower Arrangers would like as much help as possible. Please come along if you would like to help.

CROSTHWAITE HELPLINE

Please contact Geraldine & Arthur Wilson on 015395 68836.

Harvest Festival

Our Harvest Festival Service will be at 11.00am on Sunday 25th September in St. Mary's church. Do come and join us.

Crosthwaite Harvest Supper will be held in the Memorial Hall on Monday 26th September at 7pm prompt, there will be a delicious two course supper followed by a short auction and sale of produce.

It is always an enjoyable evening, so why not come and join in the fun.

Tickets- £7 for adults and £3.50 for children are available from members of the PCC or ring Denise Park on 015395 68502.

CROSTHWAITE & LYTH Bowling Club

We all enjoyed the hospitality of Kirkby Stephen bowling Club and on a lovely July day we reciprocated with a friendly match followed by afternoon tea provided by members.

Our Club competition for the Ted Inman Teapot was won by Norman Richardson with Robin Holliday as runner up.

Indoor Bowling

Tuesday October 4th, will be the first Indoor Bowling session of the season. We meet at Crosthwaite Memorial Hall every Tuesday and Thursday evenings, 7.30 – 10.00pm, where we play short-mat bowls. These evenings are sociable and fun, so come and join us and have a go.

Crosthwaite Art Club

The Art Club will re-convene for its autumn season at 1.45pm on Monday 3rd October in the Memorial Hall. We hope to have a tutor once a month, on other Mondays members assist one another with advice, criticism (constructive!) and encouragement.

Members have a fair mix of abilities, and work in watercolour, acrylics, pastels and oils. Our meetings are also very pleasant social occasions. Anyone who would like to come along to join us or see what we do is assured of a warm welcome. For further information contact Rodney Sale on 015395 68785

HELINGTON

Prayer Corner

At St. John's we have a prayer board on which our many visitors are invited to leave a prayer, to be included in the intercessions at our Sunday service. Beneath the prayer board is a selection of booklets, which may prove helpful to those who have a sick relative or have been bereaved, and some prayer cards which people can use in the church or take away. We print around 100 cards a year, so we know they are well used, but recently two visitors from Cheshire left a note saying "Thank you for both of these prayers - we are taking them home as offered and will think of and pray for this chapel when we re-read them". How encouraging to have visitors pray for us.

THE BIG CLEAN

Many people have already responded magnificently to the appeal for help on Wednesday mornings at Helington Church, thank you so much. Now we are asking for the final heave-ho on Monday and Tuesday, September 19th and 20th, 9.30am onwards. By then the scaffolding will have been removed from the west wall, and the dust is bound to be extensive. If we get enough people, we may not need help on both days, but if you can't do one day, but could do the other, that would be wonderful. Please bring sandwiches, drinks provided. Could you let Mike Fleetwood know if you help tel:68148. Of course this will be in preparation for Harvest Sunday.

St John's Church Helsington

Harvest Festival Thanksgiving Service

9.30am Sunday 25th September

Come and join us for this traditional Church Festival Service

Helsington Harvest Supper

Monday 26th September 7pm Brigsteer Village Hall

£7.50 per ticket to include a glass of wine.

Do join us for a traditional harvest supper and an enjoyable evening. It has felt like a very special year for us all. Let's make these occasions a celebration of all it means to us to live in the valley, and the village.

Tickets available from P.C.C members, for the Supper, all seats free in Church!

Second Saturday Coffee Morning

The 'Second Saturday' will take place on 10th September 10.30-12noon in the Village Hall, Brigsteer. Sue and Robin Jager will be running it. For further details, phone 68288, Everyone is most welcome to attend.

Yoga in Helsington and Brigsteer Village Hall

Our weekly class is restarting on Tuesday 6th September 6.00 to 7.30pm. We practise a gentle form of Yoga that promotes health and well-being. Our small, friendly class is suitable for all ages and abilities.

We extend a warm welcome to new members. For more details please contact:

Jan Boulding 07881626475
janmelaniebouding@talktalk.net
Barbara Clifford 015395 68355
barbara@abclifford.co.uk

UNDERBARROW

Underbarrow Marrow Day

Sunday 11th September

At The Punchbowl Inn Underbarrow

12 noon – 4 pm. Everyone welcome – come and support our local charities. See page 8

Advance Notice

All Saints Church Underbarrow

Harvest Festival Service

6pm Sunday 2nd October

Come and join us for a traditional Harvest Festival Service

Underbarrow Harvest Supper

Tuesday 4th October 7pm Underbarrow

Village Institute. Tickets available from P.C.C. members from mid September.

Underbarrow & Bradleyfield Parish Council.

The next meeting of the Council will be held on Monday 5th September at Underbarrow Institute at 7pm and members of the public are invited to attend. At the last meeting, a full report on the footpaths in the parish was presented by Mark Basey-Fisher, Footpaths Officer, and repairs to the base of the 'mushroom' on Scout Scar were agreed.

The Parish Council now has its own website at www.underbarrowparishcouncil.co.uk and this includes access to the minutes and agendas of the Council meetings, as well providing links to Church activities, the County and District Councils, and the local bus timetable.

The Council was able to contribute £100, together with the other Parish Councils on the bus route, to the retention of this valuable service.

There is always an opportunity for public participation at the start of each meeting. Kevin M Price. Parish Clerk. 01539-821596

UNDERBARROW HELPLINE Please contact:

Frank Hodson on 01539 728280

Mabel Evans on 015395 68481

Tom Handley on 01539 724013

WINSTER

BOOK AND PLANT DAY

at Winster Old School

Saturday September 24th 10.30am - 4.30pm

Do come and join us in our cosy surroundings. The fire will be lit, the soft music will be playing in the background, the aroma of coffee will waft across the room as you browse the books and face the ultimate decision----- "which cake shall I choose?"

All contributions of books, plants or sales table items will be gratefully received. For further information please contact:

Margaret 015394-42325 or

Cath 015395-68684

We would still be grateful for a bookcase in dark wood or black if you have one to spare.

Crook and Winster Parish Council.

The next meeting of the Council will be held on Tuesday 13th September at Winster Village Hall at 7.30pm and members of the public are invited to attend. See p10

Strawberry Tea Thanks

The Strawberry Tea had to be held in the Village Hall because of rain and heavy showers. It was well attended and people enjoyed their tea of strawberries, cakes and homemade scones and of course, the ever popular tombola. Thanks to all who came to support the event, to those who set out the tables and chairs and to the ladies who prepared and served tea.

A net amount of £189 was raised.

Although we were not able to hold the event at Brandybarrow as planned we were nevertheless grateful to Grant Weatherstone for his kind offer.

CAB ADVICE

Desperate times, desperate consumers

Con merchants and rogue traders have never had it so good. The recession has provided an opening for money-making scams and sharp practices disguised as sources of help.

Rogue traders are taking advantage of us all as we try to find ways of saving money, earning more, getting a job or finding somewhere affordable to live.

Watch out for these scams being reported by CAB's across the country.

- Fake 'jobs' in local Jobcentres or on the internet that require fees to be paid in advance but leave people without work
- Training scams that promise useful qualifications but fail to deliver
- Bogus flats offered to would-be tenants who are then asked to prove they can pay the rent by transferring money they never see again

Mis-selling of utilities such as gas, electricity and phone bills, promising savings that are not possible. The CAB is lobbying Government for better consumer protection, if you have had a problem let us know so we can add your story to our body of evidence. Follow the link on our website www.cumbriaruralcab.org.uk and click on Social Policy.

Our AGM is on 28th September at Windermere CAB, 3.00 pm for anyone interested in coming along.

Free, confidential advice and help is available on any aspect of this article as well as debt, benefits, employment, and any other problems. You can contact the Grange or Windermere Citizens Advice Bureau by phone or in person. Call 015395 33100 / 015394 46464.

WITHERSLACK

www.witherslack.org

ST. PAUL'S

READERS

September 4 th	George Page
September 11 th	Chris Bagnold
September 18 th	Trevor Farrer
September 25 th	Val Pattison

SIDESMEN

September 4 th	Henry Jackson
September 11 th	Janet Read
September 18 th	Dorothy Mallinson
September 25 th	Marianne Whiteway

ALTAR FLOWERS

September 4 th	Mrs L Park
September 11 th	and
September 18 th	Mrs M Whitewax
September 25 th	

Witherslack Art Club

Our autumn term begins on Friday 9th September. There is a varied programme, which includes a full day workshop on monoprinting with Tracy Levine and a demonstration by Geoff Kersey. Members work in a variety of media. For further details, please contact Val 52398.

Flower arranging

Some interest has been expressed in doing a few sessions of basic flower arranging.

These would probably begin in mid - October in the Barwick Hall.

Let Val know if you are interested.

Tel: 52398

SUNDAY CLUB

The next Sunday Club will be on Sunday 4th September. We meet at St. Paul's church, Witherslack from 9.30am - 10.30am.

All children aged 3 - 12 are welcome and will enjoy making friends with our small existing group who eat biscuits, play games and create craft items! For more details phone Michelle Woodcock on 015395 68276.

WITHERSLACK COMMUNITY SHOP

Monday	7.45 – 6.30
Tuesday	7.45 – 6.30
Wednesday	7.45 – 12.30
Thursday	7.45 – 6.30
Friday	7.45 – 7.00
Saturday	9.00 – 4.00

Tel. 015395 52188

Harvest Supper and Auction Sale

Witherslack Parish Hall on Saturday 1st October at 6:45 pm

Enjoy a locally made pie with mushy peas, wine, sweet and coffee - followed by a short auction

Adults £6.50 (inc. wine) Children £2.50 (inc. soft drink) Tickets available from Janet (52481), Anne (52316), Community Shop (52188) and other PCC members

Contributions of produce for the Auction are most welcome

Witherslack Art Exhibition.

Last year we served light refreshments in the Church during some of the weekends of the art and craft exhibition held in the Barwick Hall. This proved to be very pleasant and successful. We would like to do the same this year. The exhibition is on from the 16th September until the 16th October.

We need helpers and bakers! If you feel you could help out in any way, please contact Janet 52481

Drainage matters!

People resident in the two valleys parishes are probably aware that the Environment Agency is ceasing to maintain the pumps that help drain the mosses in the valley bottoms. The Agency has decided that this is no longer economical or sustainable and that their priority should be protecting homes from flooding. The Environment Agency will continue to maintain the main river courses...the Kent, Gilpin, Bela etc. In response, our local CCC and SLDC Councillors have set up a Drainage Group together with local landowners, farmers and other interested parties, to oversee the future drainage of the mosses. It is proposed that the pumps and drainage work on the mosses should in future be paid for by an extra tax added to the council tax of every household in a 'catchment area' defined by the Drainage Group. All those who own land in the 'catchment area' will also pay an additional charge per acre. This increased tax levy will help farmers and landowners maintain their yields from the mosslands. There will be no direct benefit to other local householders funding the scheme.

The 'catchment area' includes most parts of the parishes of Levens, Helsington, Underbarrow, Crosthwaite, Heversham and Witherslack. All households within the 'catchment area' will pay the extra tax levy to SLDC who will disburse it to the Drainage Board. This will then be used to help keep the fields less waterlogged. Paradoxically, some of the land on the mosses is in receipt of higher levels of EU subsidy for re-wetting with the aim of increasing bio-diversity; a scheme supported by the RSPB. The drainage Group is in the final stages of consulting with central government on the mechanics of the scheme. It will operate as a Quasi Government Agency (a 'Quango') and once set up will be able to apply for increases to our taxes to maintain it's functions. Local people need to be aware of these plans.

The proposed scheme is now at an advanced stage. People should write to, or contact their parish clerk, County, District or Parish Councillor or MP if they have questions or would like further information.

Mary Harkness, Parish Council for Crosthwaite and Lyth

As the new school year begins—here is a short prayer for all who are starting school or returning to school.

This is our school let peace dwell here
Let our classrooms be full of contentment
Let love abide here
Love of one another
Love of mankind
Love of life itself and love of God
Let us remember that as so many hands build a house so many hearts
build a school.



BRIGSTEER

Brigsteer WI

Will meet on Thursday, 15th at 7.30 in the Village Hall. We will have a talk from Terry Belshaw, who is a Crime Prevention Officer. Please note the date, and come along. New and old members will be most welcome.

CROSTHWAITE & LYTH

Crosthwaite WI

The Argles Memorial Hall resounded to the sound of a hearty rendition of Jerusalem and the meeting that followed saw the members laughing throughout the evening. We were enjoying Eileen Belshaw's sometimes graphic tales of her nursing training which started in Liverpool in 1968 and she is still working hard as a community midwife 930 deliveries later. Nurse training is very different today, and probably not nearly as much fun. Eileen promised to come back to regale us with more tales of life as a community midwife. We await her return with eager anticipation. It promises to be another excellent evening.

Crosthwaite and Lyth W.I.

Come and join us at our
 OPEN MEETING
 on Wednesday October 19th at 8pm.
 Speaker

David Hardy from Underbarrow
 will give us an illustrated talk on the
 development and operation of the gas
 production facilities in Morecambe Bay

Admission £2-00, including light
 refreshments

All welcome at this local interest evening

WITHERSLACK

Witherslack WI

August is our holiday month so 15 members and friends went out to tea to the Midland Hotel Morecambe. On a sunny and breezy afternoon we enjoyed a stroll on the Stone Pier before a lavish tea in the stylish hotel. Completely refurbished in 2008, the 1930s original retains a lot of the austere decor of that era and the entrance hall is very impressive!

Next meeting September 13th.

Jan Hawkins talks about the Great North Air Ambulance. See advert below.

This is an Open Meeting so everyone is welcome at 8pm (visitors).

Witherslack W.I.

Come and join us at our
 OPEN MEETING

on
 September 13th at 8pm.
 in the Parish Hall

Speaker

Jan Hawkins will give us a talk on the
 Great North Air Ambulance.

All welcome at this interesting talk.

A little mental exercise .. answer

The common English word is **startling** and if you remove one letter each time.

Startling

Starting

Staring

String

Sting

Sing

Sin

In

I

CROSTHWAITE SHOW

Congratulations to all the prize winners especially those who won cups:-

ERIC BOWMAN PERPETUAL CUP - Pat Howarth

KATHLEEN LAWSON PERPETUAL CUP - Claire Hensman

AGRICULTURAL COMMITTEE PERPETUAL CUP - Caroline Holmes

CROSTHWAITE PERPETUAL JUNIORS CUP - Katie Richardson

WI COMPETITION CUP - Margaret Sale

JACK and MARY MYERS ROSE BOWL - Caroline Holmes

PAT WILSON CUP - Wendy Shepherd

ESTHER BOWMAN VASE - Verline Hill

KID'S CORNER

O	L	I	V	E	S	P	I	N	A	C	H	H	L	I	Z	T	Harvest
N	M	M	C	A	B	B	A	G	E	C	A	R	R	O	T	L	Festival
I	P	A	R	S	N	I	P	B	E	E	T	R	O	O	T	I	Wordsearch
O	X	V	C	A	U	L	I	F	L	O	W	E	R	F	P	M	
N	R	H	U	B	A	R	B	B	A	N	A	N	A	Z	S	E	
A	S	P	A	R	A	G	U	S	T	U	R	N	I	P	T	R	
P	P	E	G	R	A	P	E	F	R	U	I	T	Q	L	R	B	
R	R	A	J	C	V	E	H	N	M	E	L	O	N	E	A	E	
U	O	C	S	Y	D	A	P	U	M	P	K	I	N	M	W	A	
N	U	H	Q	Q	B	R	O	C	C	O	L	I	D	O	B	N	
E	T	C	U	C	U	M	B	E	R	E	N	Z	A	N	E	Y	
T	O	M	A	T	O	C	H	E	R	R	Y	R	T	B	R	J	
V	N	A	S	I	A	P	R	I	C	O	T	S	E	J	R	P	
M	U	S	H	R	O	O	M	U	O	C	E	L	E	R	Y	E	
Z	Q	S	L	E	E	K	V	E	V	Y	A	P	P	L	E	A	
O	R	A	N	G	E	P	I	N	E	A	P	P	L	E	T	J	
C	P	O	T	A	T	O	O	H	W	M	G	R	A	P	E	M	

Can you find the following fruits and vegetables? APPLE, APRICOT, ASPARAGUS, BANANA, BEAN, BEETROOT, BROCCOLI, CABBAGE, CARROT, CAULIFLOWER, CELERY, CHERRY, CUCUMBER, DATE, GRAPE, GRAPEFRUIT, LEEK, LEMON, LIME, MELON, MUSHROOM, OLIVE, ONION, ORANGE, PARSNIP, PEA, PEACH, PEAR, PINEAPPLE, POTATO, PRUNE, PUMPKIN, RHUBARB, SPINACH, SPROUT, SQUASH, STRAWBERRY, TOMATO, TURNIP, YAM.

REGULAR EVENTS

BRIGSTEER

- Scottish Dancing Thursdays at 7.30pm in Brigsteer Village Hall
Contact Pauline Hampson 015395 68672
- Table tennis Tuesdays at 8pm in Brigsteer Village Hall
- Yoga Tuesdays 6–7.30pm from 14th September in Brigsteer Village Hall
- Women's Institute 2nd Thursday of the month, 2pm winter, 7.30pm summer
- Pilates... Fridays 1.15pm–2.15pm in Brigsteer Village Hall
Contact Cindy Clarke 015242 73974
- Zumba Gold Fitness Class Every Monday 10.30 a.m.—11.30 a.m. in Brigsteer Village Hall
Contact: Janet Hurst 07733 883865

CARTMEL FELL

For bookings contact Helen Caldwell Tel. 015395 68428

- Women's Institute First Wednesday in the month at 7.30pm
- Local History Society Second Monday in the month at 8pm during winter

CROOK MEMORIAL HALL

- Table Tennis Monday & Friday 7.30–10pm (from September through winter months)
- Young Farmers Club Tuesday 7.30 – 9.30pm
- Aerobics/body toning Thursday 10 – 11am
- Folk Dance Group Thursday 7.30 – 10pm

CROSTHWAITE MEMORIAL HALL

Check bookings online at <http://www.crosthwaiteandlyth.co.uk>

- Rainbows Mondays 4.30pm–5.30pm (term time only)
- Aerobics Mondays 7.30pm–8.30pm (term time only)
- Playgroup Tuesdays & Thursdays 9.30–11.30am
- Exchange 1st Wednesday 1pm–4pm; other Weds 2pm–4pm
- Women's Institute Every 3rd Wednesday in the month 7.30pm

UNDERBARROW INSTITUTE

- Quilting class Mondays 2–4pm
- Billiards Club Mondays from 7.30pm
- Brigsteer Table tennis Tuesdays 8pm (see above)
- WI Every 2nd Wednesday of the month at 7.30pm

WINSTER

- Book & Plant days 10.30am–4.30pm last Saturday in the month (April to November)
- Line Dancing Classes Mondays 7.30pm–9.30pm at Winster Village Hall
- Tai Chi Class Thursdays at 4.15 pm at Winster Village Hall

WITHERSLACK

- Indoor Bowling Wednesdays 7.30–10pm (except July & August)
- Parent & Toddler Group Tuesdays 10am until Noon
- Tea & Chat Group Every 1st Tuesday of the month at 2pm
- Women's Institute Every 2nd Tuesday of the month at 7.30pm
- The Art Club Fridays 9.30am–12.30pm