

**SEPTEMBER 2015 70p**



**CARTMEL FELL**



**CROSTHWAITE**



**CROOK**

**TWO  
VALLEYS PARISH  
NEWS**



**HELSINGTON**



**WINSTER**



**UNDERBARROW**



**WITHERSLACK**

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## Church Services for SEPTEMBER 2015

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### 6th September

9.30am	Cartmel Fell
9.30am	Underbarrow
9.30am	Witherslack
11.00am	Crook
11.00am	Winster
6.30pm	Crosthwaite

### The 14th Sunday after Trinity

Matins (BCP)	Mr. Bob Emmett
Joint Holy Communion with Helsington (CW)	Rev. Andrew Knowles
Morning Worship (CW)	Rev. Michael Woodcock
Morning Worship (CW)	Tony & Hilary Fitch
Holy Communion (BCP)	Rev. Michael Woodcock
Evensong (BCP)	Rev. Michael Woodcock

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### 13th September

9.30am	Cartmel Fell
9.30am	Helsington
9.30am	Underbarrow
10.00am	Witherslack
11.00am	Crook
11.00am	Winster
11.00am	Crosthwaite

### The 15th Sunday after Trinity

Holy Communion (BCP)	Rev. Michael Woodcock
Morning Worship (CW)	Mrs Maureen Stevens
Holy Communion (CW)	Rev. Brian Crowe
All-age Service	Mrs. Dorothy Grace
Morning Worship (CW)	?
Matins (BCP)	Mr. Leonard Lambert
Holy Communion (CW)	Rev. Michael Woodcock

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### 20th September

9.30am	Cartmel Fell
9.30am	Helsington
9.30am	Underbarrow
9.30am	Witherslack
11.00am	Crook
11.00am	Crosthwaite
4.00pm	Winster

### The 16th Sunday after Trinity

Holy Communion (BCP)	Rev. Derek Jackson
Holy Communion (CW)	Rev. Ron Rutter
Holy Communion (BCP)	Canon Michael Middleton
Morning Worship (CW)	Rev. Michael Woodcock
Holy Communion (CW)	Rev George Briggs
All-age Service	Rev. Michael Woodcock
Joint Evensong with St. Mary's, Windermere congregation	

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**Monday 21st** 8.00pm Sung Compline at St. Anthony's, Cartmel Fell

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### 27th September

9.30am	Cartmel Fell
10.30am	Helsington
11.00am	Crook
11.00am	Winster
11.00am	Crosthwaite
6.00pm	Underbarrow
6.30pm	Witherslack

### The 17th Sunday after Trinity

Holy Communion (BCP)	Rev. Michael Woodcock
Harvest Thanksgiving	Rev. Brian Crowe
Morning Worship (CW)	Mr Kevin Cook
Matins (BCP)	Mr. Roger Bingham
Holy Communion (CW)	Rev. Michael Woodcock
Harvest Thanksgiving	Rev. Brian Crowe
Holy Communion (CW)	Rev. Michael Woodcock

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**Wednesday 30th** 7.30pm "Refresh" (Informal Praise) hosted by St. Mary's, Crosthwaite

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## *A LETTER FROM TONY FITCH*

“Nostalgia ain’t what it used to be!”

I have to admit that I am quite a fan of nostalgia. According to my dictionary, the word is derived from the Greek word “nostos” meaning “home”. So nostalgia, strictly speaking, means a desire to return home – to the security of the past. The great thing about the past, of course, is that we know what happened next; with the future, we don’t, and it can sometimes be unsettling!

I used to like the section in the Westmorland Gazette many years ago that was entitled “Then and Now”. It put two photographs side by side – one old and one present day – to show how things had changed with the passing of time. Often the old photograph portrayed a more peaceful and rustic way of life, and one had to remind oneself that in those days sanitation was poor, the workhouse was just down the road, and world war was not far away!

The “Then and Now” section of the Gazette has now been replaced by almost a whole page near the back, entitled “Nostalgia” with articles and photographs contributed by various readers. Increasingly they tell of times gone by that I can remember and identify with!

An article I read recently warned that there is a danger of living in the past as we grow older. Experience of the past should be used to equip ourselves with, rather than undermine, our faith in the future. “Memories...should not be hammocks to rest in, but springboards to propel us forward.” Quite a challenge!

Memories of the past can indeed become distorted and out of context and can weaken our resolve to cope with the trials and tribulations of today and tomorrow. As Christians, we believe that God is working his purpose out – even though, as humans we often find this difficult to comprehend – and that He has a plan for us, both individually and collectively. I for one would become very depressed if I did not have faith that God is in charge – He is in the driving-seat. Our faith is not just about life after death, it is equally about life here and now – travelling through life with hope. With hope in our hearts we will never walk alone! God is with us. The Bible teaches us that eternal life starts when we accept Jesus into our lives. We are then equipped for the rest of the journey ..... and beyond.

*Tony Fitch*

# FROM THE REGISTERS



## Weddings

13<sup>th</sup> August Simon Cocker and Heather Crook at St. Mary's, Crosthwaite



## Funerals

6<sup>th</sup> August Patricia Marie Crewdson (88) Funeral & Burial at Holy Trinity, Winster

15<sup>th</sup> August Margaret Wilkinson (80) Funeral & Burial at St. Mary's, Crosthwaite

## Holy Days in September

- 3 Gregory the Great, Bishop of Rome, Teacher of the Faith, 604 - Lesser Festival
- 8 The Birth of the Blessed Virgin Mary - Lesser Festival
- 13 John Chrysostom, Bishop of Constantinople, Teacher of the Faith, 407 - Lesser Festival
- 14 Holy Cross Day - Festival**
- 15 Cyprian, Bishop of Carthage, Martyr, 258 - Lesser Festival
- 16 Ninian, Bishop of Galloway, Apostle of the Picts, c.432 - Lesser Festival
- 17 Hildegard, Abbess of Bingen, Visionary, 1179 - Lesser Festival
- 20 John Coleridge Patteson, First Bishop of Melanesia, and his Companions, Martyrs, 1871 - Lesser Festival
- 21 Matthew, Apostle and Evangelist - Festival**
- 25 Lancelot Andrewes, Bishop of Winchester, Spiritual Writer, 1626 - Lesser Festival
- 27 Vincent de Paul, Founder of the Congregation of the Mission (Lazarists), 1660 - Lesser Festival
- 29 Michael and All Angels - Festival**

## ***CALLING ALL PARISHIONERS***

### Following Jesus

The question “what does it mean to be a disciple of Jesus?” is a key one for today. Alison Morgan has written a book which offers a radical new contribution to the debate in helping people answer this question. Discipleship, Alison suggests, is about living our Christian faith, not just being taught it; it is not about what we know, but about who we are becoming. Defining discipleship as “a form of apprenticeship undertaken in community”, she offers a compelling mix of personal experience, real life stories and theological reflections.

We are shortly offering a short course as we look at Alison's book and would like to suggest that you buy your own copy of this book “Following Jesus – The Plural of Disciple is Church”, by Alison Morgan, and that we read two chapters a week then come together for a short study-reflection on what we have read. The dates for these four Reflections will be as follows: Meet at the Vicarage, Crosthwaite at 2.00pm (and repeated in the evening at 7.30pm) on the following four Tuesdays: 15th September, 22nd September, 29th September, and 6th October.

Contact Rev. Michael Woodcock 015395 68276 for any further details.

## "Time to Pray" for the Two Valleys

Our next gathering will be at 2.30pm on Tuesday 8th September in St. Mary's, Crosthwaite We meet together for about 45 minutes to pray for all that is going on in our parishes. Let Michael Woodcock or Brian Crowe know if you have any particular requests for prayer.

## Lots of Useful Web links

Have you seen our LINKS page on our Two Valleys Churches' Website? If not take a look at [www.crosthwaiteandlyth.co.uk/twovalleyslinks](http://www.crosthwaiteandlyth.co.uk/twovalleyslinks) You will find dozens of links to pages relating to Farming; Marriage & Family; Environment, Fair Trade and Social Justice; Bereavement support; and how to Find out more about the Christian Faith. On a wet day why not do some browsing.....?

Churches Together in Cumbria's annual gathering **Celebrating Together** will be held this year on **Saturday 19 September 10.00am-4.00pm** at the Applethwaite Centre, St Mary's Church, Windermere.

Our 2015 theme is **Let Justice Roll Down: how the Church responds to poverty.**

We are privileged to have 2 excellent keynote speakers to explore this issue with us:

- The **Chair of the [Trussell Trust](#), Chris Mould**; and
- **Paul Morrison** of the national [Joint Public Issues Team](#), author of the report *The lies we tell ourselves: ending comfortable myths about poverty.*

Express your interest by email: [lkctic@yahoo.com](mailto:lkctic@yahoo.com) - or call Helen on 07503 931196 - for priority places once bookings open.

## REFRESH

The next meeting of Refresh will be on Wednesday 24th September at 7.30pm in Crosthwaite Church. We meet to worship God in a more informal way, using a mixture of traditional and contemporary hymns and songs, with time for prayer and to look at some aspect of Christian teaching. Everyone is welcome, whether you come to Sunday church or not; just come as you are and see if you like it. The following two meetings, always on the last Wednesday of the month, will be 28th October and 25th November (no meeting in December). For more information please contact

Dorothy Grace (68569; [dorothy.grace@tiscali.co.uk](mailto:dorothy.grace@tiscali.co.uk)) or  
Lindsay Dobson (68334; [lindsaydobson@hotmail.co.uk](mailto:lindsaydobson@hotmail.co.uk)).

## Thank You

to the many people who gave donations towards the work of Friends of Chernobyl's Children. We managed to fill Liosha's Bag to the brim and also send a further £120 to the Charity. Many thanks to you all, Michael & Michelle Woodcock.

## **BRAND NEW.... Sunday School @ Crosthwaite**

As from October 2015, there will be activities for primary school-aged children during the Sunday morning services at St Mary's Church, Crosthwaite. Activities will vary from week to week - playing games, doing puzzles, craft, singing, drama, praying, reading - based around the relevant bible reading. Not only will this be a lot more fun for children, but parents can feel easy about bringing young ones without having to entertain them silently during the service! We look forward to welcoming you.

Claire Parsons and Lindsay Dobson

## **Parish of Underbarrow with Helsington**

On 1st August 2015 the Church Commissioners approved a Pastoral Scheme which created a new parish of Underbarrow with Helsington from the pre-existing parishes of All Saints' Underbarrow and St. John's Helsington. All Saints' Underbarrow becomes the Parish Church, while St John's Helsington becomes a Chapel of Ease which will continue to be licensed to conduct weddings, funerals and baptisms, and be available for public worship.

There will now be a single PCC, with its appropriate officers (wardens, treasurer etc) which should reduce the administrative burden a little, while retaining the flexibility to use both buildings for worship. The next stage in the legal process is to elect the new PCC with its officers and disband the existing PCC's. As importantly, we need to get to know each other better and grow in love for one another as we continue to love the same Lord Jesus Christ.

We look forward to our common journey together!

Landowners of Crosthwaite and Lyth

Moth evening at Township Plantation

Saturday 12th September 7.45pm until late

Join members of Butterfly Conservation hunting for spectacular moths of all sizes and colours.

Please park by the mill stone and walk up the main track to the bright moth lights. This event will be cancelled if the weather is bad.

Please contact Martin Tordoff on 01539 735935 or Tony Marshall on 015395 68304 or [tony@marshallecology.co.uk](mailto:tony@marshallecology.co.uk) for more details.

## **Winter Shelter Project 2015-16.**

Manna House, Kendal's homeless charity, is recruiting again for this year's Winter Shelter project.

*Do you have a heart for the homeless? Are you compassionate but robust? Have you experience in working with vulnerable adults with complex needs?*

### **Then we need you!!**

We need team members to man a church homeless shelter one night a week, supporting guests, making beds and food.

Please let Penny know if you are interested on 01539725534 or penny@manna-house.org.uk

**CROSTHWAITE MEMORIAL HALL  
7.00PM SATURDAY 17 OCTOBER 2015**



# **CEILIDH**

**DANCING TO LIVE BAND- "JUMP THE GUN"  
WITH CALLER – DAN MASON**

**Admission £10 (adults), £5 (juniors 11-16) includes pie and peas supper.**

**Beer wine and soft drinks bar. Licence applied for:**

**TICKETS AVAILABLE FROM**

**ROGER SMITH 015395 68671**

**JIM BOWNASS 015395 68203**

**MARILYN SHUTTLEWORTH 015395 68522**

**PROCEEDS WILL BE SHARED BETWEEN  
THE VILLAGE HALL AND THE FIRST RESPONDERS**

# The Witherslack Artists and Makers Group

## Annual Show 2015

Friday 11<sup>th</sup> September till Sunday 11<sup>th</sup> October 2015

The Old School Room (Barwick Hall next to the Church)  
Witherslack

Open Daily 10am till 5pm

Admission free

Jane Bradley Alvin F Irving Fiona Clucas Paul Girling Jacqueline Dobson

Hans Ulrich Jo Vincent Judy Evans Elizabeth Shorrocks Imogen Bone

Eileen Strand John Calver Pip Hall Owen Jones Beverley White

### Refreshments

During the Witherslack Artists and Makers Exhibition in Barwick Hall,  
we shall be serving homemade refreshments in the Church every  
weekend.

Saturday 12<sup>th</sup> September till Sunday 11<sup>th</sup> October 2015  
10.30am till 4pm

Everyone is welcome to pop in for tea or coffee and homemade cakes.  
There will also be books, plants and homemade jams for sale.  
Any contributions gratefully received.

**Contact Janet Read 015395 52481**

## Boxes of Hope, Cumbria – Launch of 2015 Shoebox Campaign and an Invitation to You

Yes, it's that time of year already, when people throughout Cumbria are thinking of filling shoeboxes for Boxes of Hope, Cumbria, our local shoebox charity, to provide a bit of happiness for children in Romania who would otherwise have nothing or very little at Christmas. This is our third year as a Registered Charity. As a humanitarian aid organisation, we have been greatly encouraged by the tremendous support from local people – not only filling a shoebox, but also raising money for Tinca School. The benefits of being a “local” charity are that a team from Cumbria (all self funded) takes the shoeboxes, and brings pictures and stories back of the children who receive them. Also, we are all volunteers and have no staff to pay, so any surplus funding goes towards longer term educational support for these children.

Children and adults alike love to fill a shoebox – it is a simple and fun thing to do, doesn't have to cost a lot of money, and it really does make a difference to a child who has none of the basics we take for granted. For these children there is none of the commercialisation we endure for weeks leading up to Christmas. Many of them have never in their lives had a gift. Many have never had a toy.

So..... you can pick up a leaflet from church, and this will give you further information about the children we help and, more importantly, how to go about filling a shoebox. It includes a boy/girl label for you to stick on your box. All the information is also on our website: [boxesofhopecumbria.co.uk](http://boxesofhopecumbria.co.uk) and on our Facebook page which you can access from our website without being a member of Facebook.

In short, you obtain a medium sized shoebox (NOT a boot box) and cover it with bright wrapping paper. Decide whether your box is for a boy or a girl, then fill your box with basic hygiene and stationary items, warm hat/scarf/gloves/socks, a few toys or games, sweets .. and a £2 donation which goes towards the essential costs of getting the shoeboxes from Cumbria to Romania. Secured by an elastic band, take your box in early November to church or to the Crosthwaite Exchange on Wednesday, November 11<sup>th</sup>. The checked shoeboxes leave the UK on November 17<sup>th</sup>, in time for our team going out in early December to give them out.

And now for a special invitation – Nicu Gal, who leads our partner charity in Romania, is coming to the UK to show us photos and tell us more about the children he helps, with our support. We warmly invite you to meet Nicu at either of the following venues:

Carver Church, Windermere, Thursday, September 24<sup>th</sup>, 2-4pm;  
St Mark's School, Natland, Friday, September 25<sup>th</sup> 7-9pm.

Please consider taking part in this simple but effective project to bring a child in Romania a bit of the magic of Christmas.

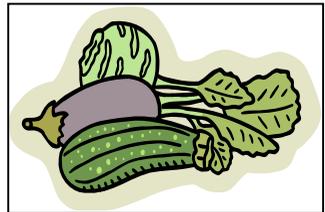


**UNDERBARROW MARROW DAY**  
**Sunday 13<sup>th</sup> September 2015**  
**12noon-4.30pm at The Punchbowl**  
**Free Entry!**

*Marrow Competitions for adults and children, Duck Race, Helicopter Flights, Magic Show, Bouncy Castle, Dog Show, Hog Roast, Ice-cream parlour, Local Produce Stalls, Cream Teas, Children's Ride, and Games and much much more!!!*

**MARROWS**

£1 Entry  
Classes: Heaviest,  
Heaviest Local,  
Best Pair, Ugliest



**CHILDRENS MARROWS**

50p Entry, Fabulous prizes to be won!!!

**DOG SHOW**

£1 Entry  
Classes: Working Dog Under 2, Working Dog over 2,  
Dog Under 2, Dog over 2,  
Waggiest Tail, Fancy Dress Dog & Owner

**BAKING COMPETITION**

A cake made with a vegetable  
A damson product  
£1 entry produce to be auctioned after Marrow day

**ALL PROCEEDS TO MARROW DAY CANCER**  
**CHARITIES**

# ***NOTICES FOR INDIVIDUAL PARISHES***

## **CARTMEL FELL**

### **Harvest Festival**

Our Harvest Festival Service will be at 5.30pm on Sunday 11th October in St. Anthony's church, with the Harvest Supper following immediately afterwards.

### **Lake Windermere Talk**

On Wednesday, September 2nd at Cartmel Fell Parish Hall at 7.30pm, Andy Lowe will speak about 'The Lake Windermere Area, its Architecture and Industrial Heritage.' The competition subject will be 'a photograph of local history'. Visitors welcome.

### **Cartmel Fell Parish Council.**

The next meeting of the Council is on Thursday 10th September at the Parish Hall at 7.30pm and everyone is welcome to attend. There is always an opportunity for public participation at the start of the meeting.

Pauline Goodridge will give a brief summary of what all the Ramblers' Groups are hoping to do over the next couple of years. They are trying to put on to the statutory map footpaths (Public Rights of Way) which may not have been in use for some years. This is because in 2000, Parliament decided that old Rights of Way that had not been legally recorded by 2026 would be extinguished, which puts pressure on the Ramblers (the Ramblers' Association) to lay claims to paths before this deadline.

She writes " The work of evaluation will entail researching historic documents to find evidence of Rights of Way. It will also involve talking to local communities

who may recall paths that provided useful routes between dwellings and facilities in the countryside which may not be in use today because of our preference for car usage. So I am asking for local people to cast their minds back some decades to think about which routes they used on foot through the parish and to check that they are on an Ordnance Survey map, preferably the 1: 25,000 scale. "

Kevin M Price. Parish Clerk.

## **CROOK**

### **Coffee Morning**

On Friday 25th September St Catherine's Church is hosting a Coffee Morning on behalf of Macmillan Cancer Support, in Crook Memorial Hall, from 10am to 12 noon. Do come along and join us for coffee, and help to support this worthwhile charity.

Thank you,

Ruth Hunter (Church Warden).

### **Crook and Winster Parish Council**

See entry under Winster for details

### **Fundraising Supper Dance**

The fundraising supper/ dance attended by 160 people held at Crook Hall recently, raised £2600, for cancer care. A cheque has been sent to the marrow day fund in memory of Doreen Swindlehurst of Underbarrow, who was a keen supporter of all going on in the village. Also, Angela Gorton, our daughter in law Emma's mother, who sadly passed away last year. Both of these lovely ladies are greatly missed. Grateful thanks to all who have helped us to raise this money.

Many thanks

# CROSTHWAITE

[www.crosthwaiteandlyth.co.uk](http://www.crosthwaiteandlyth.co.uk)

## Harvest Festival

Our Harvest Festival Service will be at 11.00am on Sunday 11th October in St. Mary's church.... Do come and join us ... with the Harvest Supper following day on Monday 12th

## Alzheimer's Fundraiser at the Exchange.

Many thanks to all for your generous donations. A total of £355 was raised. Geraldine Wilson.

## CROSTHWAITE CHRISTMAS FAIR

The Village Hall  
Saturday 7th December  
10am until 12.00 noon.

All the usual stalls, Santa's Grotto, Carols, etc.

Contact Marilyn on 015395 68522 if you want a stall - £7.00

## ST MARY'S CHURCH FLOWERS

September 6 <sup>th</sup>	Angela Jones
September 13 <sup>th</sup>	Caroline Holmes
September 20 <sup>th</sup>	Flowers from wedding on the 17 <sup>th</sup> & 19 <sup>th</sup>
September 27 <sup>th</sup>	— ditto —

## Crosthwaite and Lyth W.I.

We're holding the 2nd of the year's popular

### OPEN MEETINGS

on  
Wednesday 16th September at 8pm  
at Crosthwaite Memorial Hall

Speaker – Tom Clare  
(ex Mayor of Kendal)  
who will give an illustrated talk about  
Stone Circles!

Admission £2.50, including light refreshments

Come and join us  
Men welcome too!

## AEROBICS CLASSES – ARGLES MEMORIAL HALL, CROSTHWAITE

### CLASSES BEGIN ON MONDAY 7<sup>th</sup> SEPTEMBER

We are so fortunate to have this excellent fitness class in the village, led by a qualified and experienced instructor and suitable for ALL ages.

If you would like to improve your stamina, strengthen your muscles and generally feel fitter, come and join us.

New members most welcome, with the first session free!

P.S. Sandwiches and chips at the end of each term!!!

If you need any more information, please contact  
Wendy Townend on 015395-68263.

# HELINGTON

## Harvest Supper

The annual Harvest Supper will take place in Brigsteer & Helington village hall at 7.00 pm on Monday, 28th September. The supper will once again be a chance to chat with friends and neighbours while enjoying a hot meal (veggie option available) and home-made puds. A glass of wine or a soft drink is included in the ticket price of £7.50, or £2.50 for under 12s. There will be the traditional raffle with a harvest theme, but this year by popular preference maximum opportunity for eating, drinking and catching up on news and gossip, uninterrupted by entertainment. Tickets can be obtained in advance from Mike Fleetwood 01539 568148, mjfleetwood@btinternet.com or any member of the PCC. Proceeds in support of church funds.

## Ancestry Talk - Advance Notice

Mike Fleetwood will be speaking on ancestry at the October meeting of Brigsteer WI on Wednesday 14th October at 7.30 in the village hall. The meeting will be open to all and he'll be explaining how he found all the family history and information on the nine people named on the war memorial at St. John's, Helington. The meeting will be of particular interest to those who saw his presentation of The Helington Nine earlier this year, when he presented his findings in the form of a mini play and gave us an insight into life in the parish at the time. All welcome.

# UNDERBARROW

## Harvest Festival

The Harvest Festival will be held at 6 p.m. on Sunday 27th September. The church will be decorated with flowers. On this occasion we are asking for non-perishable food to be brought to the church instead of fresh fruit and

vegetables. The food will be given to the food bank established by the King's Church, Kendal.

## Harvest Supper

This year we are breaking with the tradition of many years to hold the event on the Wednesday rather than the Tuesday after the Harvest Festival. The Harvest Supper will be held at 7 p.m. on Wednesday 30th September in The Institute. Tickets, £10 for adults and £5 for children, are available from PCC members.

# WINSTER

## Harvest

Our Harvest Festival Service this year will be at 11.00am on Sunday 4<sup>th</sup> October in Winster church.

## Crook & Winster Parish Council

The next meeting of the Council is on Tuesday 15th September at Winster Village Hall at 7.30pm and everyone is welcome to attend. There is always an opportunity for public participation at the start of the meeting.

The moves to make the B5284 road safer continue. Nothing further had been received from either the Police or CCC Highways following the meeting held earlier in the summer. Correspondence from a resident was noted and that there had been a further incident at Smithy Cottages. It was also noted that there has been a further motorcycle accident on this road.

A number of concerns from residents regarding highways issues (potholes etc) were reported and these have been passed on to the County Highways Authority for attention.

Kevin M Price. Parish Clerk.

**Holy Trinity, Winster  
Cake, Book and Plant Sale  
Saturday, September 26th  
10-4pm**

Take time out for a  
relaxing drink and snack.

TEA, COFFEE, HOME-MADE CAKES,  
SOUP, BOOKS, AND LINENS  
VAL AND MARGARET'S PLANTS  
THIS MONTH!

for info:- call Margaret 015394-  
42325  
Lily 015395-60247

## WITHERSLACK

### Witherslack Listening Project

We would like to introduce to you our new **“Witherslack Listening Project”** for the village as we seek to discover many stories of yesteryear (and also of more recent history) about Witherslack, Meathop and Ulpha and make some audio recordings for posterity. We would like to explore people's memories of all the aspects of our village: the Church; the School; Farming; the Shops from the past; the Girls Friendly Society; any War memories; the Sports from the past; the WI; Dean Barwick Trust; Brownies; Hunting; the story of our Community Shop; the Derby Arms; the Parish Hall; the Constance Cottage Surgery, etc. We would like to find folk from the village (including those who used to live here and now live nearby and also those who may have moved into the village from elsewhere) who would be willing to tell their stories about life in the village. We can easily make a simple audio recording of these stories and conversations and then make them available on our website and perhaps have some made into a CD for sale. You may already be aware of this new initiative and perhaps by now have been

approached. Please do let us know if you have a story to tell. We will be aiming to begin recording these conversations this autumn. This Project is being initiated by St. Paul's Church as part of our Heritage Lottery Fund bid for vital funds for the Restoration of our lovely church. We are really looking forward to listening to all your memories and recording them for posterity. Please speak to any of the following: Rev. Michael Woodcock, Anne Walshaw, Jean Mallinson, Sarah Bradley, Karen Barden, Kath Wilkinson.

### St. Paul's Harvest Festival

Our Harvest Festival Service this year will be at 9.30am on Sunday 4<sup>th</sup> October in St. Paul's Church. Service followed by coffee and biscuits.

### St. Paul's Harvest Display

This year, we plan to have a special Harvest display for our Festival. We would be most grateful for any produce, flowers etc which could be used to enhance our displays. These could be left in the back of our Church in the few days before the Festival which is on 4<sup>th</sup> October. Afterwards any produce will be distributed appropriately within the village. For any queries please contact Liz 52155

### Harvest Supper and Auction Sale

Witherslack Parish Hall

**Saturday 3<sup>rd</sup> October at 6.45pm**

Enjoy a pie and peas supper with wine, then sweet

-followed by a short auction

Adults £7.50 (inc. wine) Children £3 (inc. soft drink)

Under 5 free

Tickets available from the Community Shop (52188)

Contributions of produce, flowers, cakes, homemade

Chutneys and jams for the auction are most welcome.

## Tea & Chat

14 persons and 1 dog met in the Dean Barwick Hall on Tuesday 4th August. We enjoyed tea and home baked tray bakes and a good chat. 1st September is our next get together when our AgeUK Village Agents, Ruth and Brian will bring along an assortment of games e.g.- curling mat and bowls. Why not drop by from 2p.m. and try your skills, enjoy some refreshments and have a pleasant chat with Friends.

## WITHERSLACK COMMUNITY SHOP

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<b>Mon/Tues/Thurs</b>	<b>7.45 – 6.30</b>
<b>Wednesday</b>	<b>7.45 – 12.30</b>
<b>Friday</b>	<b>7.45 – 6.00</b>
<b>Saturday</b>	<b>9.00 – 1.00</b>

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*And much, much more, such as homemade cakes, Suma, Ecover, bird nuts, kindling, W.Gazette, damson produce + recycle batteries, donate to the Food Bank, Dry Cleaning, local craft presents, Community Notices, Parish Council Planning folder, Bus timetables.*

*Use it or lose it*



## BRIGSTEER

Our August meeting was very informal, being held on the terrace at our President Beryl's garden. For the first time in years we managed to sit outside and enjoy the sun setting over the valley (last year she had her fire lit!).

Whilst enjoying our wine, nibbles and cakes, we planned trips to the Centenary Arts & Crafts Exhibition on Monday 24th August when one of our members Sheila Smallshaw has some of her artwork on display. Names were also taken for the Annual Council Meeting on Tuesday 20th October and Mary Cross proposed a trip to one of the Alan Ayckbourn plays at The Old Laundry Theatre in Bowness. Liz will check out availability for Thursday November 12th as at least twelve people were interested. Our next meeting is on Wednesday September 9th in the village hall at 7.30 when we have Susan Oliver demonstrating gift wrapping. All welcome.

## CARTMEL FELL

### 2015 Outing

We had a lovely day out to Lancaster Castle. After morning coffee we had a guided tour of the castle. Our guide was really interesting though a lot of the facts were rather macabre! It was followed by a good lunch at the Nice cafe there. We then had a quick trip to Glasform (glass blowing studio) followed by a hour at Barton Grange Garden Centre where we could at last appreciate the lovely weather! Many thanks to the friends that helped us fill the coach.

On Wednesday, September 2nd at Cartmel Fell Parish Hall at 7.30pm, Andy Lowe will speak about 'The Lake Windermere Area, its Architecture and Industrial Heritage.' The competition subject will be 'a photograph of local history'. Visitors welcome.

## CROSTHWAITE

The July meeting was packed full of information about the many celebrations for the WI Centenary. We welcomed Maggie Norton and friend who gave an inspiring and informative performance of Women's Voices in the First World War.

Reports were given by members who had attended the AGM in London and visited Buckingham Palace for the WI garden party.

Plans are being made for the Westmorland Show at the beginning of September and for the WI outreach event which will be held at the Crosthwaite Exchange on 30th September.

On 16th September there will be an open meeting on Stone Circles with Tom Clare.



☎ 015395 68237

### Light Lunch Menu

(Served from 12.00 – 5.30pm Mon-Fri  
and 12.00 – 4.00pm Saturdays)

Local watercress & pea soup  
crème fraîche, smoked bacon  
£4.95

Smoked haddock  
champ mash, poached egg, mustard sauce  
£11.95

Barnsley chop  
minted peas, onions, goats cheese  
£12.50

Crab risotto  
mascarpone, lemon, pea shoots  
£9.95

Asparagus salad  
crayfish, fennel, hollandaise  
£10.50

Ale battered fish and chips  
mushy peas, tartare sauce  
£11.95

Salted pork hash cake  
fried duck egg, damson ketchup  
£10.50

Chicken Caesar salad  
grilled gem lettuce, anchovies, quails eggs, parmesan  
£11.95

### Open sandwiches (served on our homemade bread)

Coronation chicken, carrot, beetroot and raisin salad  
Creamed mushrooms and spinach, toasted brioche  
Smoked salmon and prawn Marie rose, pickled cucumber,  
capers  
£6.50 each

## St Matthew, Apostle and Evangelist

We keep the Feast of St Matthew on 21 September, although there is no particular reason for this choice of date. Saints are usually commemorated on the date of death, but we have no information in Matthew's case, and we don't even know how he died, or where. Tradition has it that he was martyred, but the uncertain quality of the legends is shown by the fact that there is considerable variety in where the martyrdom is supposed to have happened – Ethiopia, Persia or Pontus, for example – with a number of places subsequently claiming to have his relics, including Salerno in Italy.

Truth to tell, we know nothing about Matthew's life beyond the slim details in the gospels. According to the gospel traditionally ascribed to Matthew himself, a figure by the name of Matthew was one of the early followers of Jesus (Matt 9. v.9), called when sitting at the receipt of custom in Capernaum (Matt 10 v. 3). Such a figure most likely collected taxes from the Jews for Herod Antipas, a puppet king within the Roman Empire. In the gospels of Mark and Luke, however, Jesus calls a tax-gatherer by the name of Levi (Mark 2 v.14, Luke 5 v.27). Luke additionally says that Levi was the son of Alphaeus. Neither Mark nor Luke says that this is the same figure as Matthew, but it is generally assumed that it was and that he had both names. The only other references to Matthew in the New Testament are in Matt. 10 v.3, Mark 3 v. 18, Luke 6 v. 15, and Acts 1 v.13. And that's it!

So why do we honour Matthew as the author of the gospel narrative that comes first in our Bibles? It's a question that is impossible to answer, except by reference, once again, to tradition. There is actually no hard evidence to support his authorship, and indeed no certain evidence about when the gospel was written, except that the dating evidence, such as it is, is consistent with any date between c. 65 AD and c. 100 AD. Obviously, well before the latest of these dates, someone who knew Jesus would not have been alive to write the text as we now have it. Most modern scholars believe that what we know as Mark's gospel came into existence before the gospel attributed to Matthew, and that 'Matthew' drew heavily upon 'Mark', as well as making use of another source, now lost, which we refer to as 'Q' (from the German *Quelle*, 'Source', since the theory was originally proposed by a German scholar). Not everyone agrees, however; and if we go back into history we see that St Augustine of Hippo thought that Matthew's gospel was written first. This reflects an established tradition recorded in the writings of Origen of Alexandria (c. 185-c. 254), one of the greatest of the early theologians and biblical scholars, and it is this idea that accounts for the position of the Gospel of Matthew as the first of the four gospel texts in the Bible.

What is distinctive about this gospel is that it focuses on Jesus' teaching and its relation to Jewish Law, with the new teaching being clearly presented as the 'New Law'. This Jewish interest is further reflected in the long genealogy which opens the gospel, carefully demonstrating, as no other gospel sets out to do, that Jesus is the Son of David and the Son of Abraham. And so it makes sense to see Matthew's Gospel as having been written primarily for Jewish Christians.

## REGULAR EVENTS

### HELINGTON & BRIGSTEER

Book online at [sites.google.com/site/brigsteer/home](https://sites.google.com/site/brigsteer/home)

Zumba Gold Fitness Class	Mondays 10.30 - 11.30am
Short Carpet Bowls	Mondays 7.30 - 9.30pm September - April
U3A Circle Dancing	Tuesdays 10.00 - 11.45am
Table Tennis	Tuesdays 8.00pm September - April
Book Group	3 <sup>rd</sup> Wednesday of the month, 7.30pm
Women's Institute	Second Wednesday evening of the month, 7.30pm
UFOs Sewing Group	2 <sup>nd</sup> & 4 <sup>th</sup> Thursday of the month, 2.00pm - 4.00pm
Pilates	Fridays 12.00pm - 1.00pm and 1.15pm - 2.15pm

### CARTMEL FELL

For bookings contact Helen Caldwell ☎ **015395 68428**

Women's Institute	First Wednesday in the month at 7.30pm
Local History Society	Second Monday in the month at 8pm during winter

### CROOK MEMORIAL HALL

For bookings contact Mrs. Kath Jackson ☎ **015398 21415**

Table Tennis	Monday & Friday 7.30 - 10pm (from September through winter months)
Young Farmers Club	Tuesday 7.30 - 9.30pm
Aerobics/body toning	Thursday 10am - 11am
Folk Dance Group	Thursday 7.30pm - 10pm
WI	Wednesday 7.30pm (1st Wednesday of the month)

### CROSTHWAITE MEMORIAL HALL

Check bookings online at [www.crosthwaiteandlyth.co.uk](http://www.crosthwaiteandlyth.co.uk)

Playgroup	Tues & Thurs 9.30am—11.30am but <b>NOT</b> 1st and 10th
Exchange	Wednesday 2pm - 4pm (1pm on the 1 <sup>st</sup> Wednesday)
WI	Wednesday, 16 <sup>th</sup> at 7.30pm, (open meeting this month)
Art Club.	No regular Art Club during the Summer. Restart Monday October 5th.
Snooker Club	Wednesdays 7pm - 9pm in the Parish Room, Crosthwaite
Aerobics	Mondays 7.30 pm
Yoga	Wednesdays 7.00pm (23 <sup>rd</sup> & 30 <sup>th</sup> only)

### UNDERBARROW INSTITUTE

For bookings contact Richard Simpson ☎ **015395 68228**

Quilting class	Mondays 2 - 4pm
Billiards Club	Mondays from 7.30pm
WI	Every 2 <sup>nd</sup> Wednesday of the month at 7.30pm
Zumba Gold class	Tuesday night 6.30pm to 7.30pm

### WITHERSLACK

Indoor Bowling	Wednesdays 7.30pm - 10pm (except June, July & August). All equipment is provided
Parent & Toddler Group	Tuesdays 10am until Noon
Tea & Chat Group	Every 1 <sup>st</sup> Tuesday of the month at 2pm
Women's Institute	Every 2 <sup>nd</sup> Tuesday of the month at 7.30pm
The Art Club	Fridays 9.30am - 12.30pm
Stretch and Tone	Mondays 2.00pm - 3.00pm
Fitness Pilates	Thursdays 6.00pm - 7.00pm

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## Cartmel Fell, Crosthwaite, Winster & Witherslack

Parish Priest: Rev'd. Michael Woodcock, The Vicarage, Crosthwaite, Cumbria. LA8 8HX  
☎ 015395 68276 Email: [mich@elwoodcock.com](mailto:mich@elwoodcock.com) (not available Fridays)

### St. Anthony's, Cartmel Fell

Churchwardens: Mr. Anthony Clarke ☎ 015395 31481  
Mrs. Vanda Lambton ☎ 015395 31311

### St. Mary's, Crosthwaite

Churchwardens: Mr. Matthew Dobson ☎ 015395 68849  
Mr. John Holmes ☎ 015395 68599

### Holy Trinity, Winster

Churchwardens: Mrs. Lily Holme ☎ 015395 60247  
Mrs. Cath Casson ☎ 015394 44958

### St. Paul's, Witherslack

Churchwardens: Mrs. Janet Read ☎ 015395 52481  
Mrs. Marianne Whiteway ☎ 015395 35059

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## Underbarrow and Helsington

Parish Priest: Rev'd. Brian Crowe, Middle Blakebank, Broom Lane,  
Underbarrow. ☎ 015395 68959 Email: [brian.crowe@gmail.com](mailto:brian.crowe@gmail.com)

Reader: Maureen Stevens ☎ 01539 734358 or [m-stevens@hotmail.co.uk](mailto:m-stevens@hotmail.co.uk)

### St. John's, Helsington

Churchwardens: vacant  
vacant

### All Saints, Underbarrow

Churchwardens: Mr. Bert Bolton ☎ 015395 68196  
Mr. J.A. Lee ☎ 015395 68470

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## St. Catherine's, Crook

Vicar: Rev'd. George Briggs, St. Thomas Vicarage, South View Lane,  
Windermere Rd, Kendal. Tel. 015395 83058

Readers: Tony and Hilary Fitch 015395 68577 or [fitchesuk@aol.com](mailto:fitchesuk@aol.com)  
Reg Bradby 01539 725800 or [regbradby@hotmail.com](mailto:regbradby@hotmail.com)

Churchwardens: Mrs. Ruth Hunter ☎ 015395 60117  
Mrs. Mary Allcock ☎ 01539 821312

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## Magazine Editor next month:

Charles and Ros Walmsley ☎ 015395 68745  
Magazine postbox c/o Crosthwaite Vicarage  
E-mail: [twovalleysnews@yahoo.co.uk](mailto:twovalleysnews@yahoo.co.uk)

Advertising Manager: Matthew Dobson, Aspen, Crosthwaite. LA8 8BS ☎ 015395 68849

Magazine postal service: Matthew Dobson, Aspen, Crosthwaite. LA8 8BS ☎ 015395 68849

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## MAGAZINE DEADLINES

For **HELINGTON** to Mary Cross (( 68685) by **9<sup>th</sup>** of previous month  
For **UNDERBARROW** to Mabel Evans (( 68481) by **9<sup>th</sup>** of previous month  
**All others** to the Editor(s) by **12<sup>th</sup>** of previous month by e-mail or letter

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*As well as supplying all your groceries we:*  
*Recycle batteries, take in dry cleaning, collect for the Food Bank,*  
*Provide the Westmorland Gazette*