

TWO VALLEYS PARISH NEWS

WWW*CROSTHWAITEANDLYTH*CO*UK



**Serving the parishes of Cartmel Fell, Crook, Crosthwaite,
Helsington, Underbarrow, Winster, & Witherslack**

DECEMBER 2019

70P



**ST MARY'S
CROSTHWAITE**

**CHRISTMAS TREE DROP IN
13-15 DECEMBER 2019**

Forget the shopping, leave your To Do list at home and drop in to enjoy the special atmosphere of St Mary's Church in Crosthwaite.

Enjoy a coffee or a mulled wine (or both!) with a mince pie on Friday and

Coffee and biscuits on Saturday and Sunday.

Come for ten minutes or stay for longer – but DO drop in!



Timings:

Friday 13th - 5 p.m. - 8 p.m.

Saturday & Sunday - 10 a.m. - 4 p.m.

**Cover photograph: A fine tree on Totter Bank, Crosthwaite in winter
Church miniature pictures from watercolours by John Wilcock**

Church Services for DECEMBER 2019

Sunday 1st December		The 1st of Advent	
9.30am	Cartmel Fell	Matins (BCP)	Mr. David Hunt
9.30am	Underbarrow	Joint Holy Communion	Rev. Prof. Ian James
9.30am	Witherslack	Holy Communion (CW)	Rev. Michael Woodcock
11.00am	Winsters	Holy Communion (BCP)	Rev. Michael Woodcock
11.00am	Crook	Morning Worship	Tony & Hilary Fitch
6.30pm	Crosthwaite	Evensong (BCP)	Rev. Michael Woodcock
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Thursday 5th December		9.30am Holy Communion at St. Mary's, Crosthwaite	
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Sunday 8th December		The 2nd of Advent	
9.30am	Cartmel Fell	Holy Communion (BCP)	Rev. Michael Woodcock
9.30am	Underbarrow	Holy Communion (CW)	Rev. Andrew Knowles
10.00am	Witherslack	Family Christingle	Rev. Michelle Woodcock
11.00am	Winsters	Morning Worship (CW)	Mr. Leonard Lambert
11.00am	Crosthwaite	Holy Communion (CW)	Rev. Michael Woodcock
11.00am	Crook	Morning Worship	Mr. Neil Carter
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Sunday 15th December		The 3rd of Advent	
9.30am	Cartmel Fell	Holy Communion (BCP)	Rev. David Parsons
9.30am	Witherslack	Holy Communion (CW)	Rev. Michael Woodcock
11.00am	Winsters	Holy Communion (BCP)	Rev. Michael Woodcock
11.00am	Crosthwaite	Worship4All	Lay team
2.30pm	Crook	Christmas Carol Service	Rev. George Briggs
4.00pm	Helsington	Christmas Carol Service	The Laity
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Thursday 19th December			
7.30pm	Crosthwaite	The Longest Nights - a quiet Christmas Carol service (see p. 5)	
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Saturday 21st December			
5.00pm	Cartmel Fell	Christmas Carol Service	Rev. Michael Woodcock
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Sunday 22nd December		The 4th of Advent	
11.00am	Winsters	Christmas Carol Service	Rev. Michael Woodcock
11.00am	Crook	Morning Worship	Mr. Kevin Cook
3.00pm	Witherslack	Christmas Carol Service	Rev. Michael Woodcock
4.00pm	Underbarrow	Christmas Carol Service	Rev. Bob Dew
5.00pm	Crosthwaite	Christmas Carol Service	Rev. Michael Woodcock
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Tuesday 24th December		CHRISTMAS EVE	
4.30pm	Crosthwaite	Crib and Carols	Lay team
11.15pm	Crosthwaite	Midnight Communion (CW)	Rev. Michael Woodcock
11.15pm	Crook	Midnight Communion	Rev. George Briggs
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Wednesday 25th December		CHRISTMAS DAY	
9.30am	Witherslack	Christmas Communion (CW)	Rev. Michael Woodcock
9.30am	Underbarrow	Christmas Communion (CW)	Rev. Bob Dew
9.30am	Cartmel Fell	Christmas Communion (CW)	Rev. Michelle Woodcock
10.00am	Crook	Christmas Morning Service	Mr. Tony Fitch
11.00am	Winsters	Christmas Communion (BCP)	Rev. Michael Woodcock
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Sunday 29th December		The 1st Sunday of Christmas	
9.30am	Witherslack	Christmas Morning Worship	

A LETTER FROM MICHAEL WOODCOCK

Dear friends,

Before we can believe it we are at the end of another year. The Church's Year actually begins this month on 1st December with the first Sunday of Advent. Thanks to generous donations from several of our village congregations we have been able to give each family in our local Church School in Crosthwaite a gift of The Real Advent Calendar, which tells the real story of Christmas with a special Family Activity book accompanying it. But we haven't reached Christmas yet. The season of Advent helps us take a little time to prepare. Each Sunday we build our sense of anticipation as each week we light one of the Candles on our Advent Wreaths – four for each of the Sundays and one for Christmas Day. There are many variations of what each candle represents, but one version gives each candle the meaning of hope, faith, joy, peace, and light & purity. We could certainly do with a good dose of hope in the world today, not least in our own country as we go to the Polls this month and elect a new Government.



For some people, the prospect of Christmas is daunting. Perhaps families are fragmented or dysfunctional? It can be a very stressful and daunting prospect sometimes when families gather. Perhaps we have faced illness or even the loss of a loved one this year? Perhaps the financial pressures of Christmas become too much? Perhaps we will be alone this Christmas? Perhaps we just find Christmas a really difficult time when everyone around us seems to be happy (although appearances can be deceptive)? This year we are offering an alternative simple Christmas Carol Service entitled "The Longest Nights". We will sing a few Carols, though not too many; we will hear some Christmas Bible readings, but not too many; we will make it a short and sympathetic gathering for those who may just be struggling to enjoy Christmas in the usual way this year. The service is for anyone who lives in our seven villages (and beyond) and is at 7.30pm on Thursday 19th December hosted in St. Mary's, Crosthwaite. Why not come along?

See also all the other Christmas gatherings in our churches by referring to page 3 of this magazine; you are most welcome at any of them.

Underlying all the glitz, commercialism, and empty promises of a secularized Christmas, there is a different message of hope and joy. We do tend to discover within ourselves and in this special season a greater capacity for warmth and joy compared to the rest of the year. Perhaps the gift of God's son, in the birth of Jesus, is a gift that spreads unexpectedly to us and we experience the love of God working amongst us? We need hope and joy. One way or another, I hope that you may find some this year as we prepare to celebrate the birth of Christ once again.

Yours in friendship,
Rev. Michael Woodcock,
The Vicarage, Crosthwaite.



FROM THE REGISTERS



Weddings – Congratulations to:

2nd November Craig Quinn & Lindsey Walker at St. Mary's, Crosthwaite

Funerals – With Sympathy, we remember those who have recently passed away:

28th October Hilda Simpson (91) Funeral at Beetham Crematorium and interment at All Saints, Underbarrow

7th November John Hallas (76) Funeral & Burial at St. Mary's, Crosthwaite

CALLING ALL VILLAGES

“The Longest Nights””- A service for those who find Christmas really hard and are feeling blue. 7.30pm Thursday 19th December hosted in St. Mary's church, Crosthwaite

This will be a quiet service for anyone who finds it hard to buy into the forced merriment of Christmas, for anyone who wants some space, for anyone for whom this might be a difficult time of year. Christmas always seems to be accompanied by jolly songs, ringing tills, and the expectation that you will have a good time. But that's not how it feels for many people. Maybe your year has been hard – for whatever reason (bereavement, illness, estrangement, worry) – and Christmas seems to highlight the difficulties. Or maybe in an over busy life, you just want space to reflect, recall, regroup. Why not come along to this short and simplified Christmas Carol service in a quieter, more reflective atmosphere? We invite and welcome people from all the village across the Two Valleys if they would value this opportunity.

Two Valleys “Time to Pray” 2.30pm Tuesday 10th December in the Vicarage

We meet again to pray for our parishes at 2.30pm in the Vicarage at Crosthwaite. Anybody is welcome to come and join us for a short time as we learn to pray together for our lovely parishes with their various needs. As we gather, we can pray either silently or out loud; all our prayers are valid as we pray for all local needs. If you have any local requests for prayer then do let Michael Woodcock know. 015395 68276 mich@elwoodcock.com

Midnight Communion - Please note that this year on Christmas Eve there will a Midnight Communion service at 11.15pm in St. Mary's, Crosthwaite and also at 11.15pm at St. Catherine's, Crook.

Crib and Carols 4.30pm Christmas Eve in St. Mary's, Crosthwaite -

Come along for a service for all the family. There will be Christmas Carols, prayers and readings... all within that wonderful time on Christmas Eve when excitement builds and we look forward to the festivities ahead. Special Refreshments will be served at the end of the service.

Children's Christmas musical from scratch. Monday 23rd December. 9am-12 noon.

What can you do with your excited children once school has finished but your Christmas shopping or wrapping isn't quite done? Why not bring them to St. Mary's Church, Crosthwaite on Monday 23rd December for a morning of fun, singing, dancing, costume making and acting. We will be learning songs, rehearsing, making props and costumes and then performing a Christmas nativity musical all in the space of the morning. This event is suitable for all primary school aged children and is £7.50 per child. The morning ends with a final performance of our show at 11.40am followed by tea, coffee and mince pies. All profits will be going to The Brathay Trust as part of my 10in10 fundraising. Places are limited, so book your soon by contacting me on 07468 535387 telling me how many children you wish to book in and their ages.

Michelle Woodcock

United Service at 9.30am Sunday 29th December at St. Paul's, Witherslack

We will be holding a joint service of Christmas Carols and Readings with Communion at St. Paul's on this last Sunday of 2019. Do come and join in as we enjoy gathering all our congregations together for this one service in our Two Valleys.

Boxes of Hope - Shoe Box drop-off points

There are many locations where you can drop off your shoe boxes. To find the location nearest you, please check the Boxes of Hope website - <http://www.boxesofhopecumbria.co.uk/>



I'm looking online for fancy dress costumes for my kids. But I'm worried as I've read stories about some costumes not being fire-safe and some children being hurt. What should I look for to keep them safe?

Unfortunately you're right. There have been a number of incidents where children's costumes were set alight by accident. Check the costume comes with safety instructions, a CE marking and the manufacturer's name. A CE marking means the product complies with health and safety requirements, and the product has been tested for flammability. (Sometimes a fake CE mark is used. A giveaway is the middle line of 'E', which should be shorter than the other parts.)

Make sure you're buying from a reputable online retailer. Find out as much about them as you can, like customer reviews, or ask them directly for safety information. Also check whether the product has ever been recalled before, on the website productrecall.campaign.gov.uk.

Talk to your children about how best to stay safe while having fun in fancy dress, like keeping away from candles and open flames. And if you're in doubt, don't buy the product. You can always contact Citizens Advice consumer helpline on 03454 04 05 06 for further help or to report an issue.

Free, confidential advice and help is available from South Lakes Citizens Advice on any aspect of debt, consumer problems, benefits, housing, employment or any other problems. We can give detailed advice over the phone – telephone 03444 111 444. For email see our website: www.southlakescab.org.uk. We have various outlets across South Lakeland if an appointment is required. For Money Advice and for on-going enquiries please call 015394 46464.



Mindful Meditation – Going Deeper on Mondays
6,13,20,27 January 3,10,24 Feb & 2 March from
2pm- 3.30pm in The Detached Room, Castle Street
Centre, Kendal. If you have already followed an

introductory course or already meditate, you may like to spend some time deepening your practice. Come and meditate in a group where you'll be able to participate in: longer meditations and with reduced guidance, walking meditation, mindful movement, poetry and music. Suggested donation of £2.50 per session. For more information and to book your place, please contact Age UK South Lakeland on **01539 728118**.

IT Drop - In Sessions South Lakes Foyer, Kendal - 1st Monday of the month and Age UK Finkle Street - 3rd Thursday of the month both from 1.30-3.30pm and **at** Windermere Library on the 2nd Friday of every month **from 10.00am - 12 noon**. Volunteers will offer support with any queries or problems regarding Laptops, Tablets or Smart Phones.

If you would like further information about any of the above or any of the services which Age UK South Lakeland can offer older people, or if you would like to volunteer for us, please contact Age UK on 01539 728118.

Appleby Creamery at Crosthwaite Christmas Fair Saturday 7th December 10am - 12 noon

**We will be there with a full range of cheeses
and our**

Christmas Cheese Gift Boxes at £15 each

**They each contain 6 hard cheeses and are
easy to post. The ideal present.**

**If you would like to order a Christmas Cheese
Box please phone Ann Smith on
01539568671. If leaving a message please
leave your name and phone number or Email
roger.smith100@btinternet.com**

HOHOHO

It's that time of year again when we are starting to think about the upcoming festivities.

BUT Before we do we are doing a Big Breakfast as a fundraiser to which you are all invited & everyone family & friend etc are ALL WELCOME 😊

It is on **Sunday 1st December 2019** at Underbarrow Village Hall from 10am - 1pm..

See the advert on page 10 for further details.



This year Santa will be visiting children in the Two Valleys again this year whilst raising funds for Santa's Two Valley Tour & Underbarrow, Brigsteer & Bradleyfield Sports to help both of these AMAZING Events continue year on year for the fab children living in & around our valley & beyond so all donations gratefully received.

We do have a suggested donation of £3.50 per child this year to enable Santa to give his Elves a Christmas Bonus & to enable this Christmas Tradition to stay alive for years to come.

Santa will be visiting *Levens, Brigsteer & Underbarrow* on **16th December**.

He will be at Levens Bus Stop by the Shop at 6.15pm, then moving to the Hare & Hounds at Levens at 6.40pm, The Wheatsheaf at Brigsteer around 6.50pm. He will then be calling at Underbarrow Institute at around 7:15pm.

Santa will then be visiting *Witherslack & The Gilpin Bridge* on **17th December**.

He will be at Witherslack by The Derby Arms at 6.15pm, then onto Witherslack Church at 6.30pm then onto The Gilpin Bridge around 6.50-7pm.

Santa will be visiting *Crook, Hubbersty Head Starnthwaite Road, Winster & Cartmel Fell* on **18th December**.

He will be at Mill Dam at Crook at 6pm, Hubbersty Head Junction at 6.30pm, 6.45-7pm outside the Brown Horse at Winster then onto Cartmel Fell near the Hare & Hounds at Bowland Bridge at 7.15 then onto the Masons Arms Pub at 7.30pm.

Santa's final visit of the week will be on **19th December** at *Crosthwaite, The Row & The Lyth Valley Hotel*.



He will be at Crosthwaite Village Hall at 6.30pm, then onto The Row at 6.50pm then his final destination of the week will be The Lyth Valley Hotel at 7-7.15pm.

ALL DONATIONS GRATEFULLY RECEIVED & WILL BE SPLIT BETWEEN FUNDING SANTA'S SLEIGH NEXT YEAR & HELPING TO FUND UNDERBARROW, BRIGSTEER & BRADLEYFIELD SPORTS ON SATURDAY 27TH JUNE 2020.

All venues and times are subject to change so please keep an eye open for any changes.



If you would like to see Santa, please let us know the ages of your children and where you will be so we can ensure Santa has enough parcels. You can either message Santa's helpers on Facebook or phone or text 07902874523. Thank you!

Crosthwaite and Lyth Parish website - News Feed

One of the weaknesses of the new website (www.crosthwaiteandlyth.co.uk) is that it has been virtually impossible to see what any site updates actually are. Thanks to an excellent suggestion by Julie Woodgate of Cartmel Fell, this has all changed. Any update or change that occurs to the site now automatically generates a News Feed item which appears on the front page, with the latest item at the top of the list. Clicking the item then takes you directly to the detailed information. If you subscribe to an RSS feed, you can add the Crosthwaite & Lyth News Feed, by obtaining the feed URL after clicking the orange RSS button.

If you have any other suggestions like this to improve our website, please email webmaster@crosthwaiteandlyth.co.uk.

CHRISTMAS FAIR

In aid of
Martin House Children's Hospice

At
P V Dobson's Car showroom

Thursday 5th December
6pm – 9pm

Jo's Christmas Puddings

Homemade in a ceramic bowl

900ml - 1 ½ pints

£5.99

In aid of Down's Syndrome Supporters
Suitable for vegetarians and very,
very tasty!!

To order phone Ann 01539 568671



BIG BREAKFAST
IN AID OF UNDERBARROW,
BRIGSTEER & BRADLEYFIELD
CHILDREN'S EVENTS



SUNDAY 1ST DECEMBER 2019

10AM -1PM

UNDERBARROW INSTITUTE

£7.50 PER ADULT

£5.00 PER CHILD UNDER 10YRS

FOR MORE INFO PHONE 015395 68285 / 07902874523



NOTICES FOR INDIVIDUAL PARISHES

CARTMEL FELL

Cartmel Fell Community Trust - Calendars

Our beautiful 2020 calendars, celebrating 'Life on the Fell' are now available to buy at the price of £6. The 13 photographs on the calendar are all winners from our Photographic Competition, and depict different aspects of Fell life throughout the seasons.



Look out for the Calendars at events around the Two Valleys over the next couple of months. They can also be purchased from John and Molly Wood at Bowland House, Bowland Bridge or by phoning Helen on 079798 40889.

Christmas Carol Service - There will be a Christmas Carol Service at 5.00pm on Saturday 21st December in St. Anthony's - this will be a special occasion as we sing our Christmas carols in the beautiful candlelit setting of our wonderful church. Make a note of the date now.....and bring your friends and neighbours along.

Christmas Carols and Songs - at Masons Arms, Cartmel Fell.

Sunday December 8th at 7-30 ish. A joining-in "Do". For a good night out.

John Wood 015395 68501

The **Cartmel Fell and District Local History Society** will meet in the Parish Rooms on Cartmel Fell (LA11 6NH) at 7.30 pm on Monday 9th December for sherry and nibbles before Bill Myers speaks about "**Pubs and breweries in South Cumbria**". The AGM on January 13th will be followed by members presentations. All welcome, visitors £3.

CROOK

Crook Church

The Carol Service at St. Catherine's will be at 2.30pm on Sunday 15th December and the Christmas Eve service will start at 11.15pm.

Christmas Coffee Morning

Please make a diary note that there will be a Christmas Coffee Evening in the Memorial Hall on Saturday 7th December at 7.30pm. There will be bingo and dominoes and fun for all..

Art Group

The recent Exhibition by Crook Art Group proved very popular. The visitors were very impressed by the variety of work and a number of paintings were sold.

Annual Quiz and Hot Pot Supper

Please make a diary note that this will take place on Saturday 4th January 2020.



CROSTHWAITE

Christmas Carol Service - There will be a **Christmas Carol Service at 5.00pm** (note the time) on Sunday 22nd December. We look forward to these special occasions and the musical input from our Two Valleys Choir. Make a note of the date now and bring your friends and neighbours along.



St. Marys – Crosthwaite Flower arrangements for Christmas

St Marys will be displaying a show of Christmas Trees sponsored by Groups and Organisations within Crosthwaite. (see page 2)

These will be set up during the week commencing December 9th ready for the Groups to dress them during Friday morning (13th) in readiness for an opening later that afternoon.

Vonnie & Eileen will be arranging the Christmas Flowers on the Friday morning 13th and would welcome volunteers to join them to help with this commencing at 9.30am.

Could volunteers please contact and confirm to Vonnie (015395 68028) or Eileen (015395 68565).

Jean Denney wishes all her friends a very Happy Christmas and a Happy, Healthy New Year.

Crosthwaite and Lyth Parish Council Newsletter – November 2019

The Parish Council met on Tuesday evening 05 November to discuss business. A full set of draft minutes showing decisions is available on the Community Web site <http://crosthwaiteandlyth.co.uk/> along with a copy of the agreed [October minutes](#).

• Open Forum

◇ There were 16 people present, along with councillors for this meeting. The Chairman commented how good it was to see so many turn out on a November night.

◇ There was only one subject to be brought up in the Open Forum, and that was the Planning Application 7/2019/5613 The High, Hying Brow.

◇ Councillors listened at all comments which lasted for over an hour with nobody speaking in support of the application.

◇ Objections raised by members of the public included :-

◇ Farm Diversity – this is not normal for farm diversity, it is a major development.

◇ Access – is totally unsuitable for any development at this site, in particular the turn of from the A5074

◇ UNESCO World Heritage – this goes against the ethos of this status

◇ Visibility – 'The High' can be seen from Crosthwaite Village, the Winster and Lyth Valleys;

and any development will be detrimental as it would be visible day and night.

◇ Water supply was a big issue and is a subject that the Parish Council has been pursuing for some time.

◇ Local Occupancy – evicting tenants and moving the local occupancy is not satisfactory.

• Reports

SLDC Councillor John Holmes reported that SLDC have been :-

◇ Looking at the installation of 7 charging points for electric cars

◇ 'Get Safe On-Lime' project has meetings at Ambleside, Ulverston, Barrow and Grange

◇ Contingency plans are in place for a 'hard Brexit'.

◇ 468 homes have been provided towards the target of 1000 by 2025

◇ Free parking on on each Sunday in December leading up to Christmas

◇ The Millennium Wood will be thinned out using horses

◇ Glebe Road car park in Bowness reduced to 128 spaces to next Easter

• Planning

The Council agreed that it has no objection to the following planning applications

◇ 7/2019/5565, Cannons Transport, Levens

◇ 7/2019/5673, Haycote Barn, Crosthwaite

◇ 7/2019/5646, Sarabi, Crosthwaite

◇ 7/2019/5685, West View Farm, Crosthwaite

The Council objected to the planning application :-

◇ 7/2019/5613, The High, Crosthwaite. A letter will be sent to the LDNPA setting out the Council's objections to this application and drawing on information discussed at the meeting.

• Neighbourhood Plan

◇ The group has met with Kirkwells Ltd and will be continuing to work with them on the Plan

◇ A grant of £5270 has been received to cover the work planned up to the end of the financial year.

◇ Kirkwells have highlighted several issues which the group will be discussing with LDNPA in December.

• United Utilities

The Clerk will be continuing to raise the matter for water outages with United Utilities.

• Jubilee Wood

A new name plate will be purchased.

• Village Walkway

◇ Cllr Roger Smith has secured the backing of the LDNPA through Marion Jones the local Ranger

◇ The project is coming together well with the next stage being to apply for funding.

• Speed Indicator

We are looking for a volunteer in the Parish who would be happy to put up and take down this speed indicator. If anyone has the time please contact me and I will pass your name on.

People can subscribe to the newsletter by contacting the Clerk

crosthwaiteandlyth.pc@hotmail.co.uk The newsletter is circulated via Mail Chimp.

Written by Martin French, Clerk to Crosthwaite and Lyth Parish Council

The Atkinson and Lyth Charities

welcome applications for Educational grants from young people living in the parish of Crosthwaite and Lyth who are going on to further education or apprenticeships. If you would like to be considered for a grant please send a short application letter to Rev. Michael Woodcock at The Vicarage, Crosthwaite, Kendal LA8 8HX. Applications should be made before the Trustees meeting on 10th December 2019.

The Grand Autumn Banquet: Crosthwaite Village Hall, 2nd November 2019.

Well what a splendid night it was at The Grand Autumn Banquet on Saturday night, the 2nd of November. From the moment you stepped into the room, (looking magnificent thanks to Vonnie's beautiful flower arrangements), it was clear we were in for something special.

We were greeted in dignified style by two dinner suited gentlemen – Peter Sherratt and John Holmes - who proceeded to ply us generously with a seemingly never-ending supply of red and white wine and other posh but considerably less potent victuals.

Accompanying them were The Happy Pals. Wow. Happy is an understatement. Musicians par excellence, they soon had us tapping our feet and swaying to the dulcet tones of "Won't You Come Home, Bill Bailey" and many other old favourites.

Good as they all were, the real highlight was the meal. A salmon salad starter, pork with veg and How Geraldine, ably assisted by Caroline and a good many other familiar volunteers, managed to pull off such a corker for so many of us in that tiny kitchen is beyond me. delicious creamy mashed potatoes, followed by a lemon and passion fruit meringue dessert was topped off with tea, coffee and chocolates. The vegetarian option looked equally delicious. We are eagerly awaiting the imminent arrival of the village hall's first Michelin star.

In addition to everyone already named, there are so many people we should thank for a truly spectacular evening, including those who printed the tickets, helped to set up the hall, the washers up who beavered away behind the scenes, the wonderfully efficient servers and everyone who packed away at the end. But special mention must go to the debut appearance of three of our village youngsters, James, Eleanor and Leala. Like ducks to water, it was great to see them so involved and, hopefully, enjoying the evening.

The princely sum of £905 was raised towards the upkeep of the Village Hall, so thanks again, Geraldine, who's idea it was and who masterminded the event, Caroline, her able deputy and everyone who pulled together in a tremendous show of community spirit. If they do it again, you'd better get in early as it is bound to be a sell out.

UNDERBARROW

Our afternoon social will be held in the Village Hall on the **12th January** from 1.30. You need to be over 65 and residing in the Underbarrow and Bradleyfield area. Invitations will be circulated in the area nearer the time.



There will be a **Big Breakfast** which will be held on Sunday, 23rd February, 10 am to 1 pm. For more details contact Valerie O'Loughlin on 015395 68655.

WINSTER



The Old School at Winster

The end of another successful year for the Old School, although additional water inspections and charges made a big hole in our profits for the year!! However, our September Day mainly for Macmillan Cancer meant that we were able to send £200 to help with their care programme.

Thank you to all our wonderful bakers and yet again, many thanks to all our customers for their unfailing support and we look forward to seeing them all again in April. The schedule for 2020 will be the same, with Sales on the last Saturday of every month 10-4pm starting at the end of April.

May we wish our customers a very happy Christmas and every health and happiness in the New Year.

Lily, Debbie and Margaret

Christmas Carol Service - There will be a Christmas Carol Service at 11.00am on Sunday 22nd December at Holy Trinity, Winster - Make a note of the date now.....and bring your friends and neighbours along.

WITHERSLACK



The 1671 Club

Become a member of the "1671 Club" – by leaving a Legacy to Witherslack Church – as part of our fund-raising Campaign we have produced some new literature on how you can make a difference to the local community of Witherslack through leaving a legacy to our church in your Will. Some of our neighbouring churches have benefitted considerably through generous legacies and these have ensured that the future of those churches is secure. We would like to do the same for St. Paul's in Witherslack. With this in mind, we are forming a new **"1671 Club"**. St. Paul's church was consecrated in June 1671, and thus we celebrate our 350th anniversary in 2021. Our new 1671 Club celebrates the commitment of all those generous individuals, past and present, who have indicated that they will leave a gift to St. Paul's church in their Wills. Each year at 8pm on 29th June (the Feast of St. Paul) we will gather together in the Derby Arms and raise a glass to all those who are Benefactors to our Church, ensuring that their generosity is remembered in perpetuity. We hope that you too might consider remembering St. Paul's in your Will and become a member of the 1671 Club. We have produced a new glossy Leaflet outlining the positive impact leaving legacies can have, and also a Will

Information Pack that explains how to go about leaving a Legacy to our Church. You can find these available at the back of Church or on the Donations and Legacies page of our website www.witherslackchurchrestoration.uk/page10.html or please contact Rev. Michael Woodcock and he will gladly pass you a copy of the Pack. (If you have already made a Will with the intention of leaving St. Paul's a Legacy, you can still let us know by completing the Legacy Declaration Form which can be found at the end of the Information Pack.) It would be wonderful if we could build up pledges of many Legacies for the future, as this would help ensure the survival and flourishing of our local church.

Update on Witherslack Church Restoration Project

We are making progress on our applications to Grant funders for Phase One of our restoration Project. As you know this includes the restoration of the Tower which is the most expensive part, and alongside this the construction of a disabled-access toilet and small kitchenette. The only way we will be in with any chance of raising the money we need from Grants is if we were to include a toilet and kitchenette. Funders these days receive literally hundreds of applications and they state quite categorically that they will not be interested in investing their money in our project unless we can make the case that significantly more people will be engaged with our building and heritage. We cannot hope to encourage a greater use of the building unless we can offer such modern-day and expected conveniences. With an ageing population and the need for easy disabled-access as the law requires, our facilities need to be in line with these expectations and what is more Grant funders also expect it. That's just the way of it. We would never be able to raise enough money just for the Tower without applying for Grants and we won't get any Grants unless we can demonstrate a greater use of the building. As you can imagine, this is quite hard and pain-staking, working up each application and ensuring we comply with their requirements and expectations. But we only have one shot at this, and we are determined to try our best and seek to restore St. Paul's for the village. The alternative is to give up and let the building slowly fall into further decay and eventual closure. Meanwhile, if anyone else wishes to come on board and help us with our applications, please let us know. See our website for more detailed information (<http://witherslackchurchrestoration.uk>)



RED ROSES OF REMEMBRANCE CHRISTMAS in ST. PAUL'S, WITHERSLACK

This year we are offering anyone in the Two Valleys the opportunity to sponsor a red rose in remembrance of a loved one.

These red roses will be displayed in the church over Christmas 2019. The name of your loved one will also be displayed in the church porch for this period.

If you are interested please pop in to the Witherslack Village Shop and ask to sponsor a red rose. You need to leave your name together with the name of your loved one and a minimum donation of £2 per rose. All proceeds will go towards buying the red roses. Any surplus money will go towards the St. Paul's tower appeal. For further information, or for telephone sponsors, please contact: Steve Ratcliffe (015395) 52524 or Liz Croy 52155



Witherslack Parish Hall

Committee
invites you to the annual

Christmas Fair



At the hall on
Saturday
December 7th
10 until 12



Raffle, stalls, tombola
and cake ☺

Please come and support your Parish Hall

Christmas Carol Service - Come along to our traditional Christmas Carol Service in Witherslack at 3.00pm on Sunday 22nd December in St. Paul's church... This will be the one opportunity for the whole village to come together for a big Christmas celebration.

Calendar 2020

Witherslack Community Shop Calendar will be ready soon. The images this year are all paintings by our local artist Bob Sutcliffe. Bob has very generously given us permission to use his art. Many local businesses have also given donations for the production of this calendar.



You can get the calendar for £6 from Witherslack Community Shop. We hope you will buy it and enjoy it.

	<h2>REPORTS & NEWS</h2>
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BRIGSTEER WI

It was almost a full house for our Annual Meeting this month, when Penny, Sarah and Dorothy were pleased to report another successful and solvent year and no change in officers this time. Four members had recently taken part in the WI quiz at the Gilpin Bridge and once again came in the middle of the field. Carol singing around the village with the Brigsteer band will take place on Monday 16th December. Meet at the bus shelter at 6pm. All proceeds in aid of the North West Air Ambulance Service. Our Christmas lunch this year will be at The Lyth Valley on 15th December.

CROOK WI

Several members helped to serve coffee and also helped on the sales stall before the Annual Council Meeting in Kendal Town Hall. The speakers in the morning were from the armed services who were very enthusiastic and able representatives. The speaker at the afternoon session told us all about the huge amount of work which is involved behind the scenes in order to stage large musical productions.

The Lyth Valley Group meeting was at Cartmel Fell Parish Hall. Unfortunately our booked entertainer was unable to find us but, as is usual, the WI rose to the occasion. The County Chairman, Mrs Karen Hanks, told us something about herself and Cartmel Fell WI produced an entertaining quiz. In the event everyone enjoyed a sociable and friendly evening.

One or two members enjoyed the lunch at Castle Green Hotel, organised by the Federation, when the guest speaker was Edwina Currie. She proved to be very interesting and answered a wide selection of questions.

At the WI Annual Meeting Mrs. Sue Mulvany was re-elected as President and the next meeting on Wednesday 4th December will have entertainment organised by the committee.

UNDERBARROW WI

Underbarrow WI really enjoyed the November speaker who was Maria Whitehead, owner of Hawkshead Relish. She related the story of the rise of her business from a family cafe in dire straits due such events as mad cow disease and the lack of tourists, to the international and

prestigious business they are today. The WI members tasted their latest products such as black garlic ketchup, and made purchases for Christmas.

The Christmas meal is the next event on December 11th when 24 members will dine at the Kendal College Restaurant.

Anyone who is interested in joining the WI please contact Maggie Stockdale, next year's President. Subscriptions are now due and will be £43.

WITHERSLACK WI

On Tuesday the 12th November we held our Annual Meeting (AGM) with an extremely good attendance. Our President Caroline Blee went through the Business matters including a thank you card from Scales WI whom we had entertained to afternoon tea in October and they have invited us to visit them for a similar event. This will be arranged into the new year. Also there was a discussion around where to go for our Christmas Meal in January, ideas were put forward. The calendar for 2020 was discussed and Linda Park has secured some very interesting speakers on topics which all members will enjoy. Linda was thanked for her continued hard work in contacting and arranging the programme for the new year. The Financial Statement for 2019 was produced and a copy given to each member to view and discuss. Voting then took place to elect our President for the forthcoming year and it was unanimously agreed to re-elect Caroline Blee who was delighted to accept. We wish Caroline another successful term of office.

The evening then followed to a sit down supper of hot made soup and puddings, which everyone thoroughly enjoyed. Our next meeting will take place on the 10th December and the topics is Heart Start by speaker Pete Elwell. Visitors are welcome.

TVPN Advertisers

To all who advertise in our Two Valley Parish News we say "Thank you" for your support during the past year. If you would like to renew your advertisement for 2020 with or without alteration, or if you would like to advertise for the first time (Colour Adverts are available) then please contact the Advertising Manager, Matthew Dobson, ASPEN, Crosthwaite LA8 8BS No later than 1st December 2019.

aspendobson@yahoo.com

MAGAZINE SUBSCRIPTION 2020

Subscriptions for 2020 are DUE at the beginning of January.

The price has been kept at £6.00.

Parishioners Please pay your Parish distributor promptly.

Those who receive the magazine by POST please send a cheque for £13.00, made payable to Crosthwaite PCC, to

Matthew L. Dobson, Aspen, Crosthwaite, Kendal, LA8 8BS

Those on the Helsington postal list should make cheques payable to "Underbarrow with Helsington PCC" and send them to

Ms Marilyn Taylor, 5 Crow Wood, Brigsteer, Kendal, LA8 8AW

Editorial note: if any of our readers have any picturesque, colourful seasonal photographs of the Two Valleys & surrounding area, that you think would be suitable for use on the front cover or back cover of the magazine, please send them to: twovalleysnews@yahoo.co.uk. Please state approximately where & what time of year the photo was taken and who took the photograph.

Thanks in advance - Two Valleys News Editorial Team

Two Valleys Churches

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Parish Priest: Rev'd. Michael Woodcock, The Vicarage, Crosthwaite, Cumbria. LA8 8HX
☎ 015395 68276 e-mail: mich@elwoodcock.com (not available Fridays)

Reader: Dorothy Grace dorothygrace01@btinternet.com

St. Anthony's, Cartmel Fell

Churchwardens: Mr. Anthony Clarke ☎ 015395 31481
Mrs. Vanda Lambton ☎ 015395 31311

St. Mary's, Crosthwaite

Churchwardens: Mr. Matthew Dobson ☎ 015395 68849
Mr. John Holmes ☎ 015395 68599

Holy Trinity, Winster

Churchwardens: Mrs. Lily Holme ☎ 015395 60247
Mrs. Cath Casson ☎ 015394 44958

St. Paul's, Witherslack

Churchwarden: Mr Tony Walshaw ☎ 015395 52491

Safeguarding Officer: Mrs. Jane Eccles ☎ 015395 58138 / 077799 53763
for the above four parishes.

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Church Administrator: Janet Sullivan assjadmin@stkmail.org.uk ☎ 01539 730683

Churchwardens: Mr. John Lee ☎ 015395 68470
Mr. Peter Smith ☎ 015395 68927

St. Catherine's, Crook

Vicar: Rev'd. George Briggs, ☎ 015395 83058
St. Thomas Vicarage, South View Lane,
Windermere Rd, Kendal.

Readers: Tony and Hilary Fitch ☎ 015395 68577
or fitchesuk@aol.com

Churchwardens: Mrs. Lilian Atkinson ☎ 01539 821389
Mrs. Mary Allcock ☎ 01539 821312

Magazine Editors next month: Colin Edwards ☎ 015395 68879
Magazine postbox c/o Crosthwaite Vicarage. e-mail: twovalleysnews@yahoo.co.uk

MAGAZINE DEADLINES

Items for entry to the Editor(s) by 12th of previous month by e-mail or letter please

Advertising in the Two Valleys Parish News

Would you like to advertise your company, business, shop, hotel, crafts, art or services to the local community? We have a circulation of almost 700 potential customers!

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REGULAR EVENTS

HELSINGTON & BRIGSTEER

Book online at sites.google.com/site/brigsteer/home

Pilates Intermediate Class	Mondays 9:30 - 10:45am
Pilates Fundamentals Class	Mondays 11am - 12 pm
Sports Specific Pilates	Tuesdays 5:15 - 6:15pm and 6:30 - 7:30pm
Short Mat Bowls	Mondays 7.30pm -9.30pm, September to April
Circle Dancing	Tuesdays 10am -11.45am
Table Tennis	Tuesdays 8pm -10pm, September to May
Yoga Class	Wednesdays 9.30am -11am
Pilates	Friday 12pm -1pm
WI	Second Wednesday of the month 7:30pm
Community Tea Shop	Fourth Tuesday of the month 3pm - 4.45pm
Storynights	Second Thursday of the month 7:30 pm

CARTMEL FELL

For bookings contact Helen Caldwell ☎ **015395 68428**

Women's Institute	First Wednesday in the month at 7.30pm
Local History Society	Second Monday in the month at 7.30pm during winter

CROOK MEMORIAL HALL

For bookings contact Mrs. Kath Jackson ☎ **015398 21415**

Table Tennis	Monday & Friday 7.30pm - 10pm (from September through Winter months)
Young Farmers Club	Tuesday 7.30pm - 9.30pm
Aerobics/body toning	Thursday 10am - 11am
Folk Dance Group	Thursday 7.30pm - 10pm
WI	Wednesday 7.30pm (1 st Wednesday of the month)

CROSTHWAITE MEMORIAL HALL

Please check bookings online at www.crosthwaiteandlyth.co.uk/memorialhall.php

For bookings contact Kath Edwards ☎ **015395 68879**

Mini Movers	Mondays, 10 - 11am
Playgroup	Tuesdays & Thursdays 9.30am -11.30am
Indoor Bowling	Tuesday & Thursday 7.30 - 10.00 p.m. (Oct 8 - Dec 19 : Jan 7 - Mar 26)
Exchange	Wednesdays 2pm - 4pm (1pm - 1st Wed of month)
Yoga	Wednesdays 7.00 - 8.30pm (In school on the 11th)
WI	Third Wednesday of each month, 7.00 for 7.30pm
Art Club	Mondays 1.30-4.00 pm.

UNDERBARROW INSTITUTE

For bookings contact Richard Simpson ☎ **015395 68228**

Snooker Club	Mondays from 7.30pm
WI	Every 2 nd Wednesday of the month - 2pm October to March inclusive, 7.30pm April to September inclusive

ALL SAINTS CHURCH, UNDERBARROW

Yoga	Thursdays 9.30—10.45. Coffee 10.45—11.15
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WINSTER

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WITHERSLACK

Indoor Bowling	Wednesdays 7.30pm - 10pm (from September to end of April). new members welcome - all equipment is provided
Parent & Toddler Group	Tuesdays 10am until Noon
Tea & Chat Group	Every 1 st Tuesday of the month at 2pm
Women's Institute	Every 2 nd Tuesday of the month at 7.30pm
The Art Club	Fridays 9.30am - 12.30pm
Yoga	Wednesdays 6.00pm pm in the Dean Barwick Hall (£7/session)

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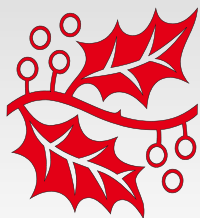
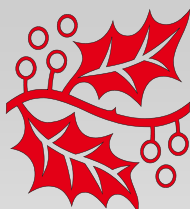
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Roger Smith: 015395 68671 / 07855 347 295

Marilyn Shuttleworth 015395 68522

Children: £4.50

Adults: £9



Crosthwaite Christmas Fair



The Village Hall
Saturday December 7th.

10am till 12.00 noon

Unique gifts for Christmas
available from visiting
specialist stalls



Local stalls selling local goods

New this year An Elves Workshop

Children's activities

Carols by the children

Everyone 50p admission

Coffee & mince pie £2.00

Appleby cheeses



Contact Marilyn on 01539568522 if you want a stall @ £7.00

