

September 2010

60p



CROSTHWAITE



CARTMEL FELL



HELINGTON

**TWO
VALLEYS PARISH
NEWS**



UNDERBARROW



WITHERSLACK



WINSTER

A LETTER FROM TIM HARMER

Is there any more to life than this?

This is the question posed by the Alpha course which starts again in the Two Valleys this autumn, on 16th September. You will find more information about our next course further on in this edition of the magazine. The aim of the Alpha course is to present the case for the Christian faith in a relaxed and informal way. There are ten thought provoking weekly sessions. These sessions look at the basic tenets of the Christian faith in an amusing and interesting way. Each session starts with a full meal followed by a 40 minute DVD presentation of an aspect of the faith and then a discussion time. The participants are free to ask any question they wish and in fact the discussion time can be a significant period of interaction and exploration for most people who attend. There is no expectation on anyone to change their mind or their faith position. What we do know is that you will enjoy the food, the company and the crack.

Alpha is a cultural phenomenon in the 21st century church. Over 2 million people in the UK and 14 million worldwide have already attended the Alpha course. The Guardian newspaper reports, "What Alpha offers, and what is attracting thousands of people, is permission, rare in secular culture, to discuss the big questions – life and death and their meaning." The Daily Express reports that "Alpha makes Christianity relevant to modern life." Bear Grylls, the TV adventurer and Chief Scout says, "I believe the Alpha course touches lives. I have seen so many people find a personal relationship with God and a quiet strength in their life after doing the course... Alpha is a non pressured fun course and it shows us how Christianity can be relevant and empowering in our lives."

We do hope that you would like to join our 2010 autumn course. We feel it is important to provide an opportunity for people to discuss the important questions about life and faith that they have always wanted to chew over. Alpha provides just such an opportunity which is why Michael, Michelle, June and I see it as a priority to put our effort and commitment into running the course.

Tim Harmer

FROM THE REGISTERS



Baptisms

18th July

Harry Luke Pilkington at Holy Trinity, Winster
Elizabeth Rose Pilkington at Holy Trinity, Winster
James Henry Walton at Holy Trinity, Winster



Weddings

17th July

31st July

31st July

31st July

Jeremy Lumb and Catherine Aram at St. Mary's, Crosthwaite
Paul White and Nicola Wolstencroft at St. Mary's, Crosthwaite
Tom Neale and Rebeka Mukherjee at St John's Helsington.
Matt Crook and Amy Rathbone at All Saints Underbarrow



Funerals

15th July

20th July

5th August

Ellen Pearce (84) Funeral & Burial at Cartmel Fell
Doris Mark (93) Funeral & Burial at St. Paul's, Witherslack
Alan Wilson (79) Funeral & Burial at St. Mary's, Crosthwaite

HARVEST FESTIVALS

Crosthwaite Harvest Festival Service will be at 11.00am on Sunday 26th September in St. Mary's church.... Do come and join us ... with the Harvest Supper on Monday 27th.

St John's Helsington Festival service on Sunday 3rd October 9.30am with Supper in the NEW Village Hall on Mon 4th at 7pm.

All Saints Underbarrow Festival service on Sunday 3rd October 6pm with Supper in the Village Institute on Tues 5th at 7pm

Witherslack Harvest Festival is on the 3rd October. Remembering the stunning displays on Heritage Day, I wonder if any of the village groups – or individuals – would like to create a display in the Church. It would be great if we could make St. Paul's look really 'harvesty'. If you are interested, please get in touch with Val on 015395 52398 and give some idea of what you have in mind.

Holy Days in September

- 3 Gregory the Great, Bishop of Rome, Teacher of the Faith, 604 - Lesser Festival
- 8 The Birth of the Blessed Virgin Mary - Lesser Festival
- 13 John Chrysostom, Bishop of Constantinople, Teacher of the Faith, 407 - Lesser Festival
- 14 Holy Cross Day - Festival**
- 15 Cyprian, Bishop of Carthage, Martyr, 258 - Lesser Festival
- 16 Ninian, Bishop of Galloway, Apostle of the Picts, c.432 - Lesser Festival
- 17 Hildegard, Abbess of Bingen, Visionary, 1179 - Lesser Festival
- 20 John Coleridge Patteson, First Bishop of Melanesia, and his Companions, Martyrs, 1871 - Lesser Festival
- 21 Matthew, Apostle and Evangelist - Festival**
- 25 Lancelot Andrewes, Bishop of Winchester, Spiritual Writer, 1626 - Lesser Festival
- 27 Vincent de Paul, Founder of the Congregation of the Mission (Lazarists), 1660 - Lesser Festival
- 29 Michael and All Angels - Festival**

Doris Mark

Doris was the eldest of five children born to Richard and Mary Spencer of Barrow in 1917. Her parents came from Northern Ireland, her father an Orangeman and her mother a roman catholic. As a result of this unusual liaison they were ostracized from their families and crossed the Irish Sea to Barrow. Doris went to Holker Street School and as a young woman she developed skills with her hands in knitting, sewing, crocheting and particularly cooking. She left school at 14 and became a housemaid at Beck head in Witherslack. She met and married Joe in February 1940 with whom she had the twins, Pat and Melvin. Tragically Joe was killed in the War in 1944 at Arnham and Doris moved to Halecat and became a housekeeper/cook at the Nursing home, as it then was. Then Peter Mark came into her life and they eventually married in 1952. They moved first to Halecat Lodge and eventually to Bowes Lodge when Peter took over the farm. There Doris enjoyed opening the farm as a B&B and they made many friends over the years who returned again and again. The W.I. was an important part of Doris's life and she and Peter also became part of the Coniston Fox Hounds social scene.

Alan Wilson

Alan was born in 1931 at Low Barn in Docker to Thomas and Mary Wilson. After a brief time at Nether House, Longsleddale, the family moved to Low Tarn Green, Witherslack where Alan and his three brothers settled. Alan left Dean Barwick school at 14 and continued to farm with his parents. He met Pat at a local dance in Crosthwaite and they married in 1956 and immediately moved to Spout House in Crosthwaite. There they both farmed for the remainder of their lives. Children, Brian and Carol, completed their family and Pat and Alan became vital members of Crosthwaite village and the local farming community. We were all so sad when Pat died last year and Alan has never been the same since. His passing leaves a further hole in the village and in the lives of those who knew them both, but our memories live on.

Our next ALPHA Course is coming up this Autumn - and this year will be held in Crosthwaite in the home of Michael and Michelle Woodcock at the Vicarage. Alpha is all about gently discovering what Christianity actually is and these days there seems to be more and more confusion as religion in general comes in for a bashing. It will be on Thursday evenings at 7.00pm, beginning on Thursday 16th September. The evening includes a meal, then we watch a short DVD and learn about the Christian faith in a fresh and inspiring way. We also encourage you to come with your own questions as we begin to explore these together. The course will last about 10 weeks with a break in the half term holiday and is designed for absolutely anyone at whatever stage of faith you find yourself. Why not come along to the first session and see what you make of it.... you don't need to commit to the whole thing there and then, but see how you feel. But please contact either Michelle Woodcock (015395 68276) or Tim and June Harmer (015395 68865) to let us know you are coming to that first meeting so that we can have enough food prepared. Remember 7.00pm Thursday 16th September at The Vicarage, Crosthwaite.

Helen Bland would like to say "thank you for the prayers, cards and kindness shown to me following my recent back operation."

Children's Choir & Breakfast!

Do you enjoy singing? Do you like breakfast? Are you in Year 2 - Year 11 at school? If the answer is yes to any of the above then read on!

We are starting a children's choir and breakfast club at St. Mary's Church, Crosthwaite on a monthly basis. We plan to meet at the church at 10am have a choir practice which will include learning hymns, songs and other music along with some basic musicianship skills. We will stop for breakfast at about 10.35am. We are open to ideas as to what the breakfast may be, but croissants, jam, muffins and favourite cereals are likely to be a feature. At 11am we will wipe away the jam stains and help the adult choir to lead the morning service. (A very important job).

Parents, you are welcome to accompany your child (you may even wish to think about joining our adult choir, which is friendly and always welcoming of new members) or you may drop your child off at church for 10am and collect them at 12.10pm when the service will have finished.

Due to Michelle's ongoing training as a Curate (still a few weekends away) it will take a while for us to be able to fix a regular Sunday of the month but the dates for this term are below and we would love to see you. Please feel free to contact us if you require more information, or just turn up at St. Mary's Church, Crosthwaite on Sunday 12th September at 10am, we'll be delighted to see you! (By the way, it's a good idea to have breakfast if you're up early and have a second breakfast at church!)

Breakfast Choir will run from 10am – 12.10pm on the following Sundays...

Sunday 12th September, Sunday 25th October, Sunday 28th November & Sunday 12th December. Contact Michelle Woodcock 015395 68276 for further details.

Pathfinders

Pathfinders resumes on Monday 13th September. We meet from 4.45pm – 6.45pm at The Vicarage in Crosthwaite and we begin each session with a hot, home cooked meal. We then spend some time studying the Bible together in various interactive and fun ways. All young people in Year 5 (age 9) and above are welcome...why not come along and bring a friend; you may be surprised at how much fun it is! Please contact Michelle Woodcock for further details or to let us know you are coming so that we have enough food. 015395 68276.

Children's Holiday Club – Advance notice. 28th/29th October 9.45am – 12pm

You may have noticed that we didn't run our annual Children's Summer Holiday Club this year. Completing Ordination training and needing time for a Holiday too left us with too little time to fit one in, but have no fear...instead we plan to run a workshop style Holiday Club at St. Mary's Church, Crosthwaite on Thursday and Friday 28th and 29th October. (Half term). The Holiday Club will run from 9.45am – 12.30pm and all children aged 3 – 12 are welcome. There will be a series of craft workshops to join in with (more details nearer the time) and mums and dads are welcome to stay and join in or leave their children to have fun without them. Put the date in your diary now and look out for further details soon! Michelle Woodcock 015395 68276.

BOWLAND BRIDGE SHOP

As most of you probably now know, we are retiring from Bowland Bridge Shop on August 26th.

Thank you for your custom, we have had 28 years of happy trading and appreciate the loyalty and friendship we have received since 1982.

We have plenty to do in the coming years, travel, gardening and joinery being just some of our interests so we will not be bored!!

Brian and Kim from Town End will be re-opening the shop after a short break for alterations and we really hope you can give them your support – they will not be strangers to most of you. We are to continue living at Bowland so we will still see our many friends.

Thank you again. Molly & John Wood.

RE-OPENING OF BOWLAND BRIDGE STORE – Monday 13th September

John and Molly will close the doors of Bowland Bridge Store for the last time on Thursday the 26th August, after 28 years of serving the community. Secretly famous for their bacon butties, they now plan to enjoy tending their garden and travelling to see more of the world.

We felt it would be a real shame if the shop was to close permanently and we think we have identified a way to run it alongside of our other interests. So Kim is finishing work in London, and during early September we will be preparing for re-opening the store.

Initially we will keep the existing range very much as it is (apart from paint and some of the hardware) and we look forward to adding things once we get a better feel for what you want to buy. The store will also provide us with an all year round sales outlet for our alpaca products, which we sell at local agricultural shows and on the internet.

We will be accepting debit and credit cards, and will also be investigating whether it will be possible to re-open the Post Office. We are not able to keep the Soupery open, but we do intend to provide a small range of take-away food and coffees.

Initially opening hours will be from 8:30am until 6pm weekdays, and 9am to 5pm on a Saturday. We will also be trialling opening on a Sunday from 10am. We are looking for people to help manage the store – if you are over 18 and interested in some part time employment, please call us on 015395 68341.

Apparently, we are only the fourth couple to run the store in over a hundred years, and some hard acts to follow! We look forward to seeing you in the store soon.

Kim Kearney and Brian Raine, Town End Alpacas

CALLING ALL PARISHIONERS

HARE HILL KITE FESTIVAL

On Cartmel Fell, Sunday 3rd October, Noon – 5pm

Come fly your kite and help raise money for Step by Step Cumbria

Bring your kite, family and friends

Cream teas, stalls, tractor rides Entrance - £2.50, 6 years and under free

For more information ring 015395 31311 or email lambton@kencomp.net

Step by Step: “Restoring broken lives back into the community through 12 transforming steps of faith and Christian hope”

CROOK SUMMER BARN DANCE - RESCHEDULED!!

In Aid of Crook Village Hall and The Wooden Spoon Society
Live Music by 'Branded' Supported by Mr Sos Wilson
At High Farm, Crook

Now on Saturday 18th September at 7pm

Hotpot Supper, Homemade puddings, Reasonably priced bar & Raffle

Tickets: Adults - £10, Children 8-16yr - £5, Under 8's - Free

Please book early to avoid disappointment.

For tickets please contact: George Taylor Jnr 015395 68004

HOWDENJONES IN CONCERT

Helsington & Brigsteer Village Hall - Friday, October 15th at 7.30 pm.

Kate Howden and Paul Jones will be playing their contemporary acoustic music featuring vocals, fiddle, guitar, mandolin, bodran and other instruments. This will be the first concert in our new hall. Tickets: adults £6.00, children free. Please phone Peter 015395 68498 or Elizabeth 68434.

A UNIQUE SERVICE AT CARTMEL FELL

Advance notice of a very special and unique service to be held at St. Anthony's, Cartmel Fell on Sunday 31st October. We plan to re-create a service of Holy Communion from the very first English Book of Common Prayer of 1549. This was published in the reign of King Edward VI and St. Anthony's church was just 45 years old at the time. It would have been a big change for any parish as the liturgy changed from the Roman Catholic Latin mass to the first Church of England English Communion service. This first Prayer Book only lasted 3 years before it was replaced with the 1552 version, and it gives us an intriguing glimpse into how our service of Holy Communion evolved and changed. We have invited local singers and musicians to take part in this service, presenting music that would have been around at that period, so recorders and viols and voices will combine to accompany this fascinating occasion. Make a note in your diary and why not come along to the service in period costume to add to the occasion – anything "Tudor-looking" will suffice, but this is of course optional !

Lyth Valley First Responder Group.

As is known the Lyth Valley Group includes Brigsteer, Crook, Crosthwaite, Underbarrow and Witherslack. We would like to include Cartmel Fell and Winster into the Group to fully cover these areas. We are prepared to fund the set up of Equipment Boxes in these villages providing we can recruit some Responders from the villages.

We are always seeking to increase the number of Responders in all the villages.

Will anyone who is interested in obtaining further information please contact the Secretary to the Group – John Holmes 015395 68599 email cjh@coyote-software.com

Is there anyone out there who can possibly help me? Four weeks ago my weekly help stopped working. I have exhausted the Age Concern list; all of the people who would come out to Underbarrow were fully booked. I only need an hour a week, mainly for upstairs work. If you can help or know anyone who can, please ring me on 015395 68481 to discuss it. Thank you. Mabel Evans.

NOTICES FOR INDIVIDUAL PARISHES

BRIGSTEER

Helsington and Brigsteer Village Hall

Our Hall is now open and we have a full programme of activities and events planned. Existing activities will be returning including: W.I., table tennis and Scottish dancing. New activities are expected to include: yoga, pilates, book group, 'Unfinished Symphonies' (sewing and knitting projects etc), gardening group, and a games afternoon. Event nights in September and October include: Dreamfired Storynights on Weds 29th September and Weds 27th October at 7.30 pm and a concert by Kate Howden and Partner on Friday 15th October. The hall is also available for appropriate private bookings. For up-to-date information visit www.helsingtonandbrigsteer.co.uk

The '**Second Saturday**' Coffee Morning will be held at our new Village Hall on 11th September 10.30-12 noon. It will be hosted by Robin and Sue Tel; 015395 68288. Everyone will be most welcome.

The W.I. meeting will be on Thursday, 16th September, at 7.30pm. Our speaker will be Kirsty Pelling and her subject is 'Slummy Mummy to Slammy Mummy. Stand up Poetry. Intriguing, is there an 'e'? Kirsty will know! Come and enjoy.

Dominic Kelly performs Crow

Dreamfired Storynight at Helsington and Brigsteer Village Hall
Wednesday 29th September
7.30pm Tickets £7 (£5 concessions)

Dominic is an up and coming storyteller who was awarded the Cambridge Storytelling Commission in 2009 and produced Crow. The show blends traditional tales of crows, with reminiscences of the Fylde area. The performance requires focused listening and touches on some difficult subjects so is recommended from about 12 years old to adult. Followed by Open Mic (all art forms, so long as the piece tells a good story). To reserve tickets contact katq@dreamfired.co.uk 0789 148 7375
www.dreamfired.co.uk/storynights

Brigsteer **Table Tennis group** will start at 8pm on every Tuesday from October 5th, in the new Brigsteer Village Hall. New players will be welcome.

CARTMEL FELL

CARTMEL FELL WI

Cartmel Fell WI extend a warm welcome to everyone, including husbands, friends and neighbours to a **Wine Tasting by Majestic Wines of Kendal**, Wednesday October 6th at 8pm in Cartmel Fell Parish Hall

A wide variety of wines will be available with advice and information from an expert. It should be an excellent evening and one not to be missed. Put the date in your diary now. There will be a small charge of £2 for guests. Looking forward to seeing you all.

Cartmel Fell Parish Council. The next meeting of the Council is on Thursday 16th September at the Parish Hall, Cartmel Fell, at the earlier time of 7pm. At the last meeting it was reported that much work has been carried out by the Parish Lengthsman, par-

ticularly with regard to drains, verges and overhanging branches on our narrow country lanes. This has been paid for by the increased Precept (the amount claimed each year from SLDC to pay for the Council's work) and I am sure the improvements will be noticed by everyone. There is still one vacancy for a Parish Councillor and we would like to see this filled! There are currently four meetings each year, usually two at the Parish Hall and two at Tower Wood OPC. For further information or to express an interest, please contact either the Chairman, Councillor Ted Walsh, any Councillor, or the Clerk Kevin Price on 01539-821596

The Autumn programme for the **Cartmel Fell Local History Society** begins at 8pm on Monday, 13th September in the Parish Hall. The subject is one of oral history: "The Big House during the war" 11th October: "Lakeland Inscribed" Lyn Wilman discloses unusual monuments and inscriptions, found when walking in the Lake District, 8th November. Andy Lowe. "Power from the Fells" 13th December. Christmas dinner. Enquiries to the secretary, Jeni Boothman, 015395 68389

Cartmel Fell Community Trust QUIZ & BINGO NIGHT Saturday 9th October at 7.00 p.m. at Cartmel Fell Parish Hall. Tickets £6.50 to include Pie & Pea supper. Bring your own drinks.

ST ANTHONY'S ROTAS COFFEE

September 12th Anne Ratcliffe;
26th Evelyn Cervetti.

FLOWERS

Margaret Hodgson & Lesley Wright.

CROSTHWAITE

Calor Cumbria Village of the Year 2009
www.crosthwaiteandlyth.co.uk

Crosthwaite Harvest Supper will be held on Monday 27th September in the Memorial Hall at 7pm prompt. Main course supplied by Higginsons, followed by a choice of home-made puddings and tea or coffee.

There will be a short auction (30 mins) of Harvest produce after the meal with all proceeds going to Charity. Tickets are available from members of the PCC or telephone Denise Park on 015395 68502. Do join us for what is always a very enjoyable evening.

CROSTHWAITE ART CLUB

The Art Club will re-convene for its autumn session at 1.45pm on Monday 4th October in the Memorial Hall. We hope to have a tutor once a month and on other Mondays members endeavour to assist one another with advice, criticism (constructive!) and encouragement. Members have a fair mix of abilities and work in watercolour, acrylics, oils and pastels. Our meetings are also very pleasant social occasions. Anyone who would like to come along to join us or see what we do is assured of a warm welcome. For further information contact Rodney Sale on 015395 68785.

RAINBOWS

Helen Todd leader of the Rainbows appeals for more girls to join this Happy Group they have to be 5-7 years old, also needs a helper contact her on 015395 68384 or Cowmire Cottage, Crosthwaite, LA8 8JJ.

F.R.O.C.S

F.R.O.C.S. have had a very busy year they have raised £3,000, it has been used to buy waterproofs for nursery and reception children, paid for the coach to the pantomime at Xmas, bought a shed for the garden and contributed to the new playground and lastly funding for the new classroom.

100 CLUB

The 100 Club costs £12 a year and your number is entered into a DRAW for £25 in November there is a further DRAW for £100, if interested contact HELEN TODD on 015395 68384 or Cowmire Cottage, Crosthwaite, LA8 8JJ.

Exchange News.

Do you need help with your hearing aid or perhaps advice regarding devices that make listening to the television, telephone, doorbells etc easier. If so, then please do come along on Wednesday 22nd September, when a Mr. Hugh Stirling, from Capi-tas Care will be in the meeting room to offer FREE ADVICE to anyone inter-ested. No appointment necessary.

CROSTHWAITE FLOWER SHOW

Congratulations to all prize winners especially those who won cups:- ERIC BOWMAN PERPETUAL CUP - Pat Howarth. KATHLEEN LAWSON PERPETUAL CUP - Douglas Blair. AGRICULTURAL COMMITTEE PERPETUAL CUP - Geraldine Wilson. CROSTHWAITE PERPETUAL JUNIORS CUP - Charlie Cross and Elliot Cross. WI COMPETITION CUP - Tony Schofield. JACK AND MARY MYERS ROSE BOWL - Geraldine Wilson. PAT WILSON CUP - Eileen Dobson

Many thanks to Penny Blair and Jean Sherratt for providing the judges' lunches, to the WI ladies for serving teas and to all those who helped in many other ways. Due to the weather there were less flower, fruit and vegetable entries this year though some of you produced some amazing exhibits. The number of entrants and general attendance is down and your support is very much needed for the show to continue in the future. The committee would welcome any comments and suggestions.

Valerie Harrison, Caroline Holmes, Pat and Gordon Howarth, Jill Wesson, Geraldine Wilson.

Housing Matters!

For the attention of those in need of homes, and those who can provide homes, in the parish of Crosthwaite and Lyth!

There will be a meeting in the Argles Memorial Hall on Wednesday November 10th at 7.30pm when Senior Planner David McGowan and Community Housing Officer Paula Allen from the LDNPA will come to tell us about the Authority's new planning policies. We are very much hoping that these will prove to be more flexible and that some much needed local homes can be built that will meet our community's aspirations. Come and find our more! Mary Harkness on behalf of Crosthwaite and Lyth Parish Council.

ST MARY'S ROTAS COFFEE

12th Caroline & John Holmes
26th Geraldine & Arthur Wilson

FLOWERS

5th From wedding 4/9/10
12th From Blessing 10/9/10.
19th Volunteers please.
26th Harvest Service.

Note: Will volunteers for Flowers please contact Vonnie Sharp (52005) Or Eileen Alston (68565)

Decorating the Church for the Harvest Festival will be done on Saturday September 25th starting at 1.30pm. Anyone who would like to help is very welcome to come along at that time.

CROSTHWAITE HELPLINE

Please contact:

Geraldine & Arthur Wilson on 68836

HELSINGTON

Harvest Supper in NEW Village Hall

The traditional Helsington harvest supper will be held for the first time in the new Helsington & Brigsteer village hall at 7.00pm on Monday, 4th October. So do come along and enjoy a hot meal (vegetarian option available) with homemade puddings and cider/soft drinks, with live entertainment, sale of produce and a raffle. Convivial company and a chance to experience the superb new venue are guaranteed. Please note tradition demands that you bring your own knife fork and spoon! Tickets at £7.50 for adults, £2.50 for children under 12 and £20.00 for a family are available from members of the PCC or at the door. Proceeds in aid of church funds.

UNDERBARROW

MACMILLAN CANCER SUPPORT COFFEE MORNING

THURSDAY 23RD SEPTEMBER

At Lowfield, Underbarrow, the home of Mrs RJ Harris. 10-30am – 12 noon
Entrance £1, Raffle & Games. For more

details see posters or ring 015395 68044

Underbarrow Institute Committee are holding a **Big Breakfast** on Sunday 5th September, 10am-1pm, only £5-99.

No tickets required, just turn up!

All proceeds to Institute Funds.

Underbarrow & Bradleyfield Parish Council. The next meeting of the Council will be held at Underbarrow Institute, on Tuesday 31st August at 7pm. Members of the public are welcome to attend and there is always an opportunity for questions and comments at the start of the meeting. Minutes and agendas of meetings are also displayed on the Parish Notice Board. At our last meeting, Sue Thompson, National Park Ranger, addressed the Council, bringing us up to date concerning the work being carried out on footpaths in the parish by the Authority. A report from our local Community Police Officer is usually received at each meeting. Kevin M Price. Parish Clerk. 01539-821596

UNDERBARROW HELPLINE

Please contact:

Frank Hodson on 01539 728280

Mabel Evans on 015395 68481

UNDERBARROW MARROW DAY SUNDAY 12 TH SEPTEMBER

AT PUNCHBOWL INN UNDERBARROW 12 NOON – 4 PM

Marrow Competition Classes Local Classes

Heaviest

Heaviest

Best Looking

Best Looking

Pairs

Ann Atkinson Memorial Cup (must grown within

Ugliest

3 miles of Punchbowl Underbarrow)

Entries close for judging 1.00 pm

Children's Competition - Most Original Marrow - Entries Close for judging 1.30 pm

Stalls: Plants, books, cakes, fruit & veg, jams pickles & chutney

Other Attractions: Barbeque, Raffle, Duck Races, Live Music, Tombola, Ferrets, Gallon of Whisky. Clay Pigeon Shoot from 11.00 am – 1.00 pm. For details contact Charlie Johnson on 015395 68426. Duck Race tickets are now on sale and can be bought from any committee member. Come & enjoy a family day out - all money raised is donated to local cancer charity.

WINSTER

BIGGEST COFFEE MORNING ALL DAY!

**Old School House, Sat 25th September
10.30am - 4.30pm, Old School House
(next to Church)**

All the money raised at this month's **Book and Plant Day** will go to Macmillan Cancer Support as part of their 'Put a Smile on your Mug' campaign. In addition to the usual books and plants, we will have a Home Made/ Home Grown produce stall - cakes, jams, garden produce, plants etc. If you have any produce or other items to donate please bring it along either Friday morn to the School House, leave it at Yvonne's or Margaret's or bring along on the day. Home made cakes and jams are always popular so bring as much as you can. We hope to make this a bumper fund raising effort so bring along friends, neighbours and relatives! Coffee, tea and homemade cakes will as usual be served either in the School House by the log fire or in the garden if fine. Look forward to seeing you. **For further information tel. Yvonne/Margaret 015394 42945/42325**

Book and Plant Day

Sat 25th September All proceeds raised on this day will go towards the Macmillan Cancer Support campaign - see item above.

A DATE FOR YOUR DIARY

Andy Lowe is coming to give a talk and slide show at Winster on Friday 29th October. Further details to follow.

HOLY TRINITY FLOWERS

5th & 12th Margaret Gambie for Joan Woods; 19th & 26th Marie Thomason

WITHERSLACK

www.witherslack.org

WITHERSLACK COMMUNITY SHOP

| | |
|-----------|--------------|
| Monday | 7.45 - 6.30 |
| Tuesday | 7.45 - 6.30 |
| Wednesday | 7.45 - 12.30 |
| Thursday | 7.45 - 6.30 |
| Friday | 7.45 - 7.00 |
| Saturday | 9.00 - 4.00 |

Tel. 015395 52188

WITHERSLACK SHORT MAT BOWLING CLUB

Don't be shy, come along and have a go! A warm welcome is extended to all, bowlers and beginners alike. Enjoy the social atmosphere, refreshments and chat. We meet on **Wednesday evenings at 7.30pm** in Witherslack Village Hall. All equipment is provided. If you need more information, phone Ann on 52313 or Danny on 52202.

Harvest Supper and Auction Sale

Witherslack Parish Hall. **Saturday 2nd October at 6:45 pm**

Enjoy a Higginson's pie with peas, wine, sweet and coffee - followed by a short auction Tickets available from Hilda (52341), Val (52398), The Community Shop (52188) and other PCC members. Contributions of produce for the Auction are most welcome

The Tea & Chat group meeting held on Tuesday 3rd August was a very jolly and convivial meeting. 23 Adults, 1 baby and 2 dogs arrived. It was good to welcome some village residents who had not called in before and some visitors. A special welcome to Adele Jones and Mike Walford who married recently, A Long and Happy life to you Both. Our Books and produce stalls were appreciated and especially the Tea and Biscuits. Thank You all for your donations. Next meeting is on Tuesday 7th September 2010 from 2.p.m. to 3.30p.m. ALL

WELCOME.

SUNDAY CLUB The next Sunday Club will be on Sunday 5th September. Apologies that the advertised Club in August did not take place. We meet at St. Paul's church, Witherslack from 9.30am - 10.30am. All children aged 3 - 12 are welcome and will enjoy making friends with our small existing group who eat biscuits, play games and create craft items! For more details phone Michelle Woodcock on 015395 68276.

ST PAUL'S ROTAS

SIDEMEN & READERS

5th Henry Jackson & George Page.

12th Tony Brennand & Chris Bag-nold

19th Dorothy Mallinson & Trevor Farrar

26th Diane Woolard & Val Pattison

FLOWERS

Mrs L Park & Mrs I Atkinson



CROSTHWAITE & LYTH

This was a meeting with a difference, following a rousing rendition of Jerusalem members heard from Penni Blair and Jean Sceal the details of their proposed resolution to be put to the National WI AGM. Following an awe inspiring talk earlier in the year by Susannah Bleakley, they wanted to make a difference, and felt that a resolution banning single use carrier bags would be the way forward. They have done a tremendous amount of research, and have support from Lancaster City Council, The Morcambe Bay Partnership and Jersey W.I. The resolution had to go before all the members, and it was carried unanimously.

It will now be sent forward by the Cumbria and Westmorland Federation to the National Federation for consideration. The first resolution ever to be submitted from Cumbria and Westmorland. Members then had a quick business meeting before they welcomed a host of visitors who had come to hear Jan and David Hawkins give a talk on the Great North Air Ambulance. This was a truly memorable night, our speakers showed a depth of humility, and incredible humour that you rarely experience. We all learned a great deal about the Cumbria Air Ambulance, and we also learned of the selfless dedication of so many people. The paramedics and doctors who pay for their own training in their own time, and in the case of the paramedics take a drop in pay to join the team. The doctors work unpaid. Nothing is provided by the NHS, not even the drugs. It costs over 1 million pounds a year to run the Cumbria Air Ambulance, and Jan and David spend their lives raising it. Some days it can do over 30 calls, and the patients are delivered to the hospital which will best meet their needs. The helicopters are regularly upgraded, and have to meet EU regulations. Mary Harkness thanked Jan and David Hawkins for a mind blowing audio visual experience. After tea members gathered to finish the business of the day, they were asked to lobby their M.P and M.E.P. about COOL, the 2010 AGM resolution which has to be accepted by the E.U. for it to have any effect, and we were told that Margaret Sale is to feature in Cumbria Life with her Damson Recipe. Penni announced that after 5 years as co president she will be retiring at the AGM. In August members will be having an outing to Holker Hall, and on September 15th Vicky Cowburn will give a talk on Project Linus U.K. This is about making quilts for seriously ill children in the North of England. If you are interested do come along at 7.30pm in the Argles Memorial Hall.

REGULAR EVENTS

BRIGSTEER

- Scottish Dancing Thursdays at 7.30pm in Brigsteer Village Hall
Contact Pauline Hampson 015395 68672
- Table tennis Tuesdays at 8pm in from October 5th in Brigsteer Village Hall
- Yoga Tuesdays 6 - 7.30pm from 14th September in Brigsteer Village Hall

CARTMEL FELL

For bookings contact Helen Caldwell Tel. 015395 68428

- Women's Institute First Wednesday in the month at 7.30pm
- Local History Society Second Monday in the month at 8pm during winter
- Chi Kung (beginners) Wednesdays 4-5pm
- Tai Chi Thursdays 4-5pm

CROSTHWAITE MEMORIAL HALL

Check bookings online at <http://www.crosthwaiteandlyth.co.uk>

- Art Club Mondays 1.45pm from Monday 4th October
- Rainbows Mondays 4.30pm-5.30pm
- Playgroup Tuesdays & Thursdays 9.30-11.30am from 7th
- Exchange 1st Wednesday 1pm-4pm; other Weds 2pm-4pm
- Women's Institute Every 3rd Wednesday of the month at 7.30pm

UNDERBARROW INSTITUTE

- Quilting class Mondays 2-4pm
- Billiards Club Mondays from 7.30pm
- Brigsteer Table tennis Tuesdays 8pm (see above)
- WI Every 2nd Wednesday of the month at 7.30pm
(1.30pm in Nov, Dec, Jan & Feb)

WINSTER

- Book & Plant days 10.30am—4.30pm last Saturday in the month
- Keep Fit Mondays 9.30am-10.30am
- Line Dancing Classes Mondays 7.30pm-9.30pm at Winster Village Hall

WITHERSLACK

- Indoor Bowling Wednesdays 7.30-10pm
- Parent & Toddler Group Tuesdays 10am until Noon
- Tea & Chat Group Every 1st Tuesday of the month at 2pm
- Women's Institute Every 2nd Tuesday of the month at 7.30pm
- The Art Club Fridays 9.30am-12.30pm