

DECEMBER 2010 60p



CARTMEL FELL



CROSTHWAITE



CROOK

**TWO
VALLEYS PARISH
NEWS**



HELSINGTON



WINSTER



UNDERBARROW



WITHERSLACK

P.V.DOBSON & SONS (MOTORS) LTD

Volvo, Mazda and Jaguar Main Dealers

Free car collection
M.O.T. Testing Centre

Free courtesy car if needed
☎ Witherslack 52441

T.C. JOHNSON

Your Local Building Contractor Specialising in slating, walling, plastering
All General Building work and Demolition work undertaken
Little Moss Side, Lyth, Nr Kendal LA8 8DL
☎ 015395 68426 Mobile 07770 742877

PARKIN AND JACKSON LTD

Monumental Sculptors "Stonemasons since 1855"
12 Appleby Road, Kendal Tel: Kendal 722838
Memorials in Granite, Limestone, Marble and Green Slate
Additional Inscriptions and Renovations

COLOUR IN YOUR GARDEN ALL YEAR!

Winter—Summer
Baskets and Containers
Planted to Order
Tel: Margaret 015395 68533 or Val 015395 68538

TERRA FIRMA (Joel Crompton)

For hard landscaping ponds, patios, rockeries, turfing, fencing etc.
Also digger service ☎ 07786 073606

TARNSIDE LUXURY BOARDING CATTERY AND KENNELS

Fully Licenced, Heated and Spacious. Regular Exercise in Lovely Countryside.
Inspection Welcome. Open All year.
Contact Hilary on 015395 52150/07764 372272

JAMES E PARK

Forestry, tree services and locally sourced seasoned logs delivered.
All aspects of tree work undertaken.
Tel: 015395 34977 or 07866 479949

DAMSON DENE HOTEL AND LEISURE CENTRE

Serving Bar Meals 12 pm to 8.30 pm
Table d'hôte Dinner
Bar open all day
Tel: 015395 68676

L ROBINSON CONTRACTING & FIREWOOD SUPPLIES

All types of tractor and digger work undertaken.
Quality logs for sale.
Phone 07816 015173 or 015395 68992

Church Services for DECEMBER 2010

5th December

The 2nd Sunday of Advent

9.30am	Cartmel Fell	Matins (BCP)	Tony & Hilary Fitch
9.30am	Witherslack	Holy Communion (CW)	Rev. Michael Woodcock
9.30am	Underbarrow	Holy Communion (BCP)	Canon Michael Middleton
9.30am	Helsington	Morning Prayer	Mark Houston/Maureen Stevens
10.00am	Crook	Holy Communion (CW)	Revs. B. Crowe & T. Harmer
11.00am	Winsters	Holy Communion + Baptism	Rev. Michael Woodcock
6.30pm	Crosthwaite	Evensong (BCP)	Rev. Michael Woodcock

12th December

The 3rd Sunday of Advent

9.30am	Cartmel Fell	Holy Communion (BCP)	Rev. Michael Woodcock
9.30am	Helsington	Holy Communion (CW)	Revs Tim Harmer & Matt Allen
9.30am	Underbarrow	Holy Communion (CW)	Rev. Bob Dew
10.00am	Crook	Morning Worship	Rev. B. Crowe & Tony Fitch
11.00am	Crosthwaite	Holy Communion (CW)	Rev. Michael Woodcock
11.00am	Winsters	Holy Communion (BCP)	Revs. Tim Harmer & Matt Allen
4.00pm	Witherslack	Evensong (BCP)	Rev. Michael Woodcock

Thursday 16th 6.30pm Witherslack Christmas Carol Service

19th December

The 4th Sunday of Advent

9.30am	Cartmel Fell	Holy Communion (BCP)	Rev. Michael Woodcock
9.30am	Witherslack	Holy Communion (CW)	Rev. Tim Harmer
11.00am	Underbarrow	Holy Communion (CW)	Rev. Tim Harmer
11.00am	Winsters	Christmas Carol Service	Rev. Michael Woodcock
2.30pm	Crook	Christmas Carol Service	Revs. Crowe & Montgomery
4.00pm	Helsington	Carols by Candlelight	Rev Tim Harmer
4.00pm	Crosthwaite	Christmas Carol Service	Rev. Michael Woodcock

Monday 20th 7.00pm Cartmel Fell **Christmas Carol Service** Rev. Michael Woodcock

Tuesday 21st 7.00pm Underbarrow **Christmas Carol Service** Rev. Tim Harmer

24th December Christmas Eve

4.00pm	Crosthwaite	Crib, Carols & Christingle <i>with Puppet Theatre</i>	
11.15pm	Crook	Midnight Communion (CW)	Revs. Crowe & Montgomery
11.30pm	Helsington	Midnight Communion (CW)	Rev. Tim Harmer
11.30pm	Cartmel Fell	Midnight Communion (BCP)	Rev. Michael Woodcock

25th December

Christmas Day

9.30am	Witherslack	Christmas Communion (CW)	Rev. Michael Woodcock
9.30am	Crosthwaite	Christmas Communion (CW)	Rev. Tim Harmer
10.00am	Crook	Christmas Worship	Hilary Fitch & Rev. Crowe
11.00am	Winsters	Christmas Communion (BCP)	Rev. Michael Woodcock
11.00am	Underbarrow	Christmas Communion (CW)	Rev Tim Harmer

26th December The 1st Sunday of Christmas

9.30am	Crosthwaite	Holy Communion (CW)	Rev. Michael Woodcock
10.00am	Crook	Morning Worship	Kevin Cook

Every THURSDAY 9.30am Holy Communion (CW) in Crosthwaite

Two Valleys Churches

"Enriching lives Embracing God"

Parish Priest: Rev'd. Michael D. Woodcock, The Vicarage, Crosthwaite, Cumbria. LA8 8HX
Tel. 015395 68276 Email: mich@elwoodcock.com

St. Anthony's, Cartmel Fell

Churchwardens: Mr. Oliver Barratt 015395 68200
Mrs. Vanda Lambton 015395 31311

St. Mary's, Crosthwaite

Churchwardens: Mr. Matthew Dobson 015395 68849
Mr. John Holmes 015395 68599

Holy Trinity, Winstler

Churchwardens: Mr. Michael Hopkinson 015394 42681
Mr. David Porritt 015394 43461

St. Paul's, Witherslack

Churchwardens: Mrs. Hilda Jarvis 015395 52341
Mrs. Janet Read 015395 52481

Parish Priest: Rev'd. Tim Harmer, Sunnybank, Underbarrow, Cumbria. LA8 8HG
Tel. 015395 68865 Email: revtim.harmer@virgin.net

St. John's, Helsington

Churchwardens: Mr. Vernon Wrigley 015395 68429
Mrs. Margaret Wrigley 015395 68429

All Saints, Underbarrow

Churchwardens: Mr. J.H. Willison 015395 68359
Mr. J.A. Lee 015395 68470

Assistant Curate: Rev'd. Brian Crowe, Middlelake Bank, Broom Lane, Underbarrow
Tel. 015395 68959 Email: brian.crowe@mail.com

St. Catherine's, Crook

Churchwardens: Mr. Tony Fitch 015395 68577
Mr. Don Webster 015395 68705

Assistant Curates: Rev'd. Michelle L. Woodcock, The Vicarage, Crosthwaite
Tel. 015395 68276 Email: michellewoodcock74@hotmail.com
Rev'd. Matt Allen, 20 Gandy Street, Kendal.
Tel. 07739465073 Email: matt@stkmail.org.uk

Magazine Editor: Magazine postbox c/o Crosthwaite Vicarage
Email: twovalleysnews@yahoo.co.uk

Advertising Manager: Matthew Dobson, Aspen, Crosthwaite. LA8 8BS
Tel. 015395 68849

Magazine postal service: Mrs. Anne McDonald, Fern Lea, Crosthwaite. 015395 68308

MAGAZINE DEADLINES

For **HELINGTON** to Mary Cross (68685) by **9th of previous month**
For **UNDERBARROW** to Mabel Evans (68481) by **9th of previous month**
All Others to the Editor by **12th of previous month by email or letter please**

A LETTER FROM MICHAEL WOODCOCK

Everyone is welcome! This is the message our churches in this Two Valleys team wish to convey. And by everyone we include those who may have come from a different denominational background to the Church of England. In most of our villages the only church presence is the Anglican church; there are no Methodist, Baptist, Roman Catholic, United Reformed church buildings within our parish boundaries. Therefore everyone is left with a choice; either to travel quite some distance to find the nearest, say, Methodist church, or to take the plunge and join the Anglicans!

Our PCCs have become increasingly conscious of this and some of us have recently agreed on a Declaration of Ecumenical Welcome which has been pinned up on some of our Noticeboards. The words of this Declaration are as follows:

A Declaration of Ecumenical Welcome and Commitment

As the only denominational church in this parish we welcome people of all Christian denominations to share in the life and worship of this place.

You are more than welcome to join us at any of our services and, if baptised and communicant members of another Church, to receive Holy Communion here.

We are the body of Christ. In the one Spirit we were all baptised into one body.

We meet in his name and share his peace.

Let us be clear that we are not intending to poach members of other congregations, but simply to say that people of all backgrounds would be welcome to join us in their local church. This is of fundamental importance to me, as I think of myself first and foremost as a "Christian", and it is only of secondary importance that I happen to find myself being an Anglican. In fact I grew up attending both my local Baptist and Anglican churches at different stages through the various organizations they both ran: Nursery school; Sunday School; Church Choir; Bible Club; Boys' Brigade; Youth Group, et cetera. What is of first importance is that we follow Jesus Christ; He doesn't mind if we are Methodist, Baptist, Catholic, or Anglican. It is only of secondary importance whether we happen to be Baptist, Methodist, Catholic or Anglican.

We have come a long way in terms of church unity. There is still and probably always will be a long way to go, but Christians today are much more open and accepting of each other; recognizing and often celebrating our differences and the strengths we can share with one another.

Of course, some of you are committed members in your own denominations and that is right and good, but we would also want you to feel welcome to join in with your local village church from time to time and wherever you felt it to be appropriate.

As we approach Christmas and the many Carol Services being planned, we do hope that those of you from any or no denomination will feel welcome at any of our services.

The Peace of the Lord be always with you

Yours in friendship,

Michael Woodcock

FROM THE REGISTERS



Baptisms

22rd October
23rd October

Miriam Ruth Lace at St. Paul's, Witherslack
Abigail Jane Saunders at All Saints Underbarrow



Weddings

23rd October
23rd October
12th November

Robin Jager and Sue Singleton at St John's Helsington
Paul Saunders and Nicola Dixon at All Saints Underbarrow
Nathan Holmes & Heidi Townson at St. Mary's, Crosthwaite



Funerals

4th November
5th November

Marjorie Prickett at All Saints Underbarrow
Eliza MARY Birtles (93) at St. Paul's, Witherslack

THE WINSTER VALLEY - THEN & NOW

Cartmel Fell & District Local History Society has produced its 2011 calendar depicting old scenes from the photographic archive and comparing them with the identical modern day view. In addition, there are snippets of historical interest which augment the pictures.

This attractive calendar is still available for sale from local outlets, including Bowland Bridge Shop and Witherslack Community Shop.

Members of the Society can purchase copies at a discounted price from John Caldwell (68222) or Beryl & John Offley (52057).

Valley News SUBSCRIPTION 2011

subscriptions for 2011 are due the beginning of January.

The price has been kept at **£6.00** Parishioners please pay your Parish distributor promptly.

Those who get by post, pay cheque **£10.00** made payable to **Crosthwaite PCC** and sent to Matthew L. Dobson, ASPEN, Crosthwaite, Kendal, Cumbria. LA8 8BS

Those on the **HELSINGTON** Postal list: Please make Cheques payable to **Helsington P.C.C.** and send to **M. Wrigley**, Orchard House, Brigsteer, Kendal LA8 8AN

Holy Days in December

- 6 Nicholas, Bishop of Myra, c.326 - Lesser Festival
- 7 Ambrose, Bishop of Milan, Teacher of the Faith, 397 - Lesser Festival
- 8 The Conception of the Blessed Virgin Mary - Lesser Festival
- 13 Lucy, Martyr at Syracuse, 304 - Lesser Festival
- 14 John of the Cross, Poet, Teacher of the Faith, 1591 - Lesser Festival
- 24 Christmas Eve
- 25 Christmas Day - FEAST
- 26 Stephen, Deacon, First Martyr - Festival
- 27 John, Apostle and Evangelist - Festival
- 28 The Holy Innocents - Festival
- 29 Thomas Becket, Archbishop of Canterbury, Martyr, 1170 - Lesser Festival

Marjorie Prickett - A Life remembered...

Marjorie was born at Wray Farm Docker on 14th February 1912. She had two sisters and a brother: Evelyn, Doris and Billy. Her father had been born and brought up at Tranthwaite in Underbarrow, then part of the Lowther Estate, and this continued to be farmed by Marjorie's aunt and uncle. But her uncle died young and Marjorie's father was asked to take over the farm in 1917 when Marjorie was 5 years old. However in 1922 heavy death duties forced the Lowther estate to sell, and Marjorie's family moved temporarily to Thorns Villa. In 1923 her father bought Chapel House a small farm of 39 acres near All Saints' Church in Underbarrow for £1950. Almost from the first Mrs Prickett with the help of her daughters started taking visitors on full board consisting of breakfast, lunch, high tea and a supper tray. They also had one set of long-staying guests who helped pay for the installation of a bathroom in 1931. The water supply was from a spring in the orchard below the farm, and one of Marjorie's and Evelyn's duties was to pump the water by hand from the orchard tank into the house. An electric pump arrived in 1938 when mains electricity reached the house for the first time. Marjorie's sister Doris died in 1926 of septicaemia following an operation, and her brother moved to run a dairy in Liverpool which involved keeping cows indoors. When the cows reached the end of their lactation Billy put them on the train to Staveley where they were met by her father and Marjorie who walked them back to Underbarrow. These were the days when farming was a hard existence and stock also had to be walked to market in Kendal, and back again if as occasionally happened they did not sell! Her father died in 1936 when much of the land was let out and Mrs Prickett and her two daughters made a living taking in visitors and selling produce in Kendal market. A key incentive in Marjorie learning to drive at age 50 (of which she was proud) was the difficulty of getting the produce into Kendal due to the vagaries of the local bus service! Another of Evelyn's and Marjorie's physical tasks was to roll the tennis court in the Mill Dam field for the use of the visitors. Mrs Prickett died in 1957, and the sisters continued to take visitors at Chapel House until it was sold in 1971 when they moved to their new bungalow Lynwood in Chapel Lane. Evelyn died in 1983, but Marjorie continued to take visitors until 1996 when she was 84. To this day past visitors who were children in the 1940's and 50's appear in Chapel Lane enquiring about the family and telling tales of the wonderful hospitality they received. Similarly some Underbarrow folk still remember being invited to feasts at Chapel House after pigs were killed.

Marjorie was a keen gardener and the garden at Lynwood was kept in good order with help from Caroline Sale and other neighbours until 2000 when Marjorie gave up driving and moved to Kendal to be near her great friend Mary Wharton. She kept the much smaller garden at her bungalow in good order too, and even this year raised her own tomato crop from seed giving the surplus to her friends.

Marjorie was involved in many village activities. She was a keen member of the WI from very young and a supporter of the Institute. It was very fitting that she was asked to open the newly refurbished Institute in 2000. She was also a great supporter of All Saints' Church and the clergy. For much of her life there were really only two houses on Chapel Lane, the farm and the vicarage. She was a great support to the Reverend Robert Bowers and his sister, and helped to nurse him in his last illness. She opened and shut

the church for many years and also stoked the old coal-fired boiler. She was secretary of the PCC for 32 years. She continued to support church events in Underbarrow right up until her death. Few if any one can have done more for the church in Underbarrow since the new building was erected in 1869. Marjorie died in hospital on 26th October.

Barbara Lee and Henry Willison

CALLING ALL PARISHIONERS

CAROL SERVICES IN THE TWO VALLEYS

Cartmel Fell - St. Anthony's Christmas Carol Service on Monday 20th December at 7.00pm

Crook - St Catherine's Crook Carol Service on Sunday 19th December at 2.30pm

Crosthwaite - St. Mary's, Crosthwaite Christmas Carol Service on Sunday 19th December at 4.00pm

Helsington - St John's Helsington Carols by candlelight on Sunday 19th December at 4.00pm.

Underbarrow - All Saints Underbarrow Carol Service on Tuesday 21st December at 7.00pm with the Two Valleys Choir

Winster - Holy Trinity Winster on Sunday 19th December at 11am

Witherslack - St Paul's Witherslack on Thursday 16th December at 6.30pm.



Tree of Memories

The Rotary Club
of Kendal

Christmas is a time for families, for remembering, for celebrating and for giving. It is at a time such as this that the loss of a loved one can be mostly keenly felt.

We invite members of the public to make a donation (£5 suggested minimum) in return for having a loved one's name and a brief message displayed around our tree in the Westmorland

Shopping Centre and on our website.

In this our first year, the principal beneficiary will be:

CancerCare South Lakeland

Donations and messages can be sent via the website or by post with the accompanying leaflet available in shops around the area.

Phone enquiries to 0800 043 4260

Web Site: www.treeofmemories.co.uk



TWO VALLEYS CHOIR

Christmas – the Two Valleys Choir will be singing at several of our Carol Services around the Two Valleys . Practices commence on Thursday 25th November (joint Advent and Christmas music rehearsal) and continue on Thursdays 2nd, 9th & 16th December at 4pm, plus Saturday 18th December at 9.30am, all in St Mary's, Crosthwaite. Anyone is very welcome to join us. For more information contact Dorothy Grace (015395 68569).

BE A HOST THIS CHRISTMAS!

Home for Christmas? Would you share your festivities with an international student at a UK university who might otherwise be stuck on an empty campus? HOST is looking for invitations for 2 or 3 days for students from China and many other countries. Hosting makes a worthwhile contribution to international goodwill. Please see www.hostuk.org or call HOST's voluntary regional organiser Alan Robson on 01946 822128.

CROSTHWAITE AND LYTH CHARITY

The above charity is very willing to give GRANTS to young people of Crosthwaite & Lyth, Who are in their first year at University or College. If you think you qualify, please get in touch with Rev'd Michael Woodcock, Crosthwaite Vicarage, Phone 015395 68276 or E-mail : mich@elwoodcock.com

Before our next meeting in December 2010.

WESTMORLAND DAMSON ASSOCIATION– TREASURER

Janet Read, our current Treasurer, will be stepping down from this position at the next AGM in 2011. If you are interested in taking on this position would you please contact John Holmes on 015395 68599 (07766 74326) or email at: cjh@coyote-software.com.

F L O W E R S H O W 2 0 A U G U S T 2 0 1 1

The Art and Photography classes for next year's show are:

- Lyth; Heritage; Love

We look forward to some interesting entries.

MACMILLAN CANCER SUPPORT

Jean Berry would like to thank all friends and neighbours who came to support her.

Clamping to be banned – know your rights!

Wheel clamping and towing away on private land, such as shopping centres and residential car parks, is to be banned by the coalition government as part of the Freedom Bill to be introduced in November and which will come into force after Royal Assent. The CAB is collecting evidence of good and bad practice to make sure that new rules are being used. You can help by letting us know your experiences.

The ban will apply to private land only and will not change existing traffic rules from

local authorities and the police. The ban covers all forms of vehicle immobilisation, including towing and clamping.

When the new rules are implemented, anyone who clamps, tows or immobilises a vehicle on private land without specific legal authority to do so will face criminal proceedings or civil sanctions.

Individuals are still able to clamp or block in their own vehicles (for example, to prevent theft) and bailiffs with the lawful right to do so will still be able to clamp vehicles in lieu of outstanding debts.

You can get more information on dealing with wheel clamping, towing and parking fines at your local bureau or via the CAB website www.adviceguide.org.uk.

Free, confidential advice and help is available on debt, benefits, employment, and any other problems. You can contact the Windermere or Grange bureaux by phone or in person. Call 015394 46464/015395 33100.

Buying presents? Know your rights!

If you choose to buy goods from the comfort of your home it is called 'Home shopping' and includes anything purchased by post, telephone, fax, email, mobile phone, interactive TV and the Internet.

You have the same rights as if you had bought from a High Street shop, the goods must match their description and advertising claims, be of satisfactory quality and they must be safe.

Did you know that you also have additional rights when you buy without meeting the seller face to face? These include the right to:

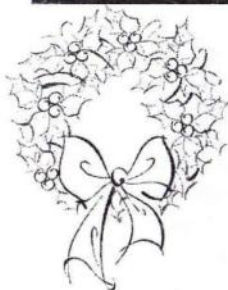
- clear information including any extra charges such as delivery or VAT,
- cancel your order at any time up to 7 working days after you received the goods
- have goods delivered within 30 days
- protection from fraud, if someone makes dishonest or fraudulent use of your payment card, you can cancel the payment and the card issuer must refund all the money to your account.
- keep or dispose of any goods you receive but have not ordered, if a seller demands payment for unsolicited goods you don't have to pay or return the goods.
- a cooling off period of 7 working days after placing an order, however you cannot cancel if you buy goods which were made to order, perishable, newspapers, software, and audio or video recordings which have been unsealed.

These rights do not apply to food or drink, timeshare agreements or financial services such as a loan. Be aware that there are different rules if you buy goods from a private individual or from Internet auction sites such as eBay or the seller is based outside the EU.

If you would more details or have a problem with a product you have purchased the CAB can give you more information or help you directly, either by phone or in person or online at www.adviceguide.org.uk. We are even open on Saturday at the Windermere bureau.

Free, confidential advice and help is available on any aspect of this article as well as debt, benefits, employment, and any other problems. You can contact the Grange or Windermere Citizens Advice Bureau by phone or in person. Call 015395 33100 / 015394 46464.

NOTICES FOR INDIVIDUAL PARISHES



BRIGSTEER

The 'Second Saturday' Coffee Morning will be held at Glenwood, Brigsteer, on 11th, 10.30 - 12noon. Please 'phone Jim and Lesley Boyer for details. Everyone will be most welcome.

DREAMFIELD STORYNIGHT

The monthly storytelling at Brigsteer is early in December, a warm up for Christmas - and the tales this month are not for those of delicate disposition. Kat Quatermass, Dreamfired Storynight's organiser is performing her collection "A Sweet Revenge and Other Bawdy Delights". In a tradition which stretches back to Chaucer and Shakespeare, these tales mock the greedy, expose the impious, and celebrate the earthy side of life, so the show is definitely for adults and older teenagers only. It's on Saturday 11th December at 7.30pm, and there will be the usual coffee and cake in the interval followed by guest stories, spoken, read or told. Tickets from Kat on 0789 1487375 or katq@dreamfired.co.uk

CARTMEL FELL

CHRISTMAS CAROL SERVICE

There will be a Christmas Carol Service at 7.00pm on Monday 20th December in St. Anthony's - this will be a really special occasion as we sing our Christmas carols in the beautiful candlelit setting of our wonderful church. Make a note of the date now.....and bring your friends and neighbours along.

MIDNIGHT HOLY COMMUNION - will begin at 11.30pm in St. Anthony's. Consequently there will NOT be a service on Christmas Day morning, and on Boxing Day but there will be one service at Crosthwaite at 9.30am.

Christmas Eve - Drinks and Nibbles
Anthony and Marion Clarke of The Ashes, Cartmel Fell would like to invite everyone who is attending the Midnight Mass at St Anthony's to join them for drinks and nibbles before the service from 9.30pm onwards. If you would like to join us, please can you let us know on 015395 31481.

THE TUDOR EXPERIENCE

The church was full for this unique occasion. The Service of Holy Communion was taken from the first English Book of Common Prayer produced in 1549. There was no difficulty in reading the old English spelling and the Service was a most moving, enjoyable and instructive experience. The local Singers and Musicians added to the atmosphere along with the 'period style' costumes and refreshments. Everyone departed feeling they had understood a little of what life would have been like in the Church in the mid 16th century.

FIGURE OF CHRIST

The copy of the Crucifix carved by Tony Schofield is now mounted on the East wall of the Church. It is a very impressive and inspiring addition, we will treasure it.

A DATE FOR YOUR DIARY

Burns Night on 25th January at Cowmire Hall by kind invitation of Oliver & Vicky. Further details in the next Magazine.

"Cartmel Fell Parish Council. The next meeting will be on Thursday 2nd December at Tower Wood Outdoor Pursuits Centre commencing at 7.30pm. Members of the public are welcome to attend and there is always an opportunity for public participation at the start of the meeting, in order to raise matters of concern for discussion by the Council. We still have one vacancy on the Council, despite previous advertising and we would welcome an expression of interest, which should be communicated to the Clerk, Kevin Price on 01539-821596. There are currently four meetings each year, usually on Thursday evenings, two of which are held in the Parish Hall and two at Tower Wood"

"The Cartmel Fell Educational Foundation is meeting on 8 February 2011. If you are under 25 and live in St Anthony's Parish and would like to be considered for a grant please send a short application letter explaining how you would use the funds to the Foundation Secretary Mrs Angela Nicholson at Little Hartbarrow Cartmel Fell Windermere LA23 3PA. The Foundation encourages applications from all students, apprentices or young people pursuing artistic or sporting talents or interests. Individual grants are typically up to £50 and in addition a small grant is paid for each child of primary school age living on the Fell direct to the school they attend. If any children have recently moved into the area or have just started school please let us know so that we can include them."

CARTMEL FELL LOCAL HISTORY SOCIETY—AUTUMN PROGRAMME

13th December: Christmas dinner.

Enquiries to the secretary, Jeni Boothman, 015395 68389

ST ANTHONYS ROTAS

COFFEE Audrey Smith

10

FLOWERS Advent No flowers; Christmas everyone

CROOK

St Catherine's Crook Carol Service - Sunday 19th December 2.30pm

ST CATHERINE'S CAROL SINGERS

We will be singing carols at some of the outlying homes in Crook on Monday December 20th, and we will be in the centre of Crook village on Tuesday 21st between 6.30 and 9.30pm. This year we will be collecting for the Air Ambulance and the Crook First Responders. If anyone would like to join us, please contact Peter and Mary Simm on 01539 821503.

CROOK MEMORIAL HALL COMMITTEE are hosting a **Christmas Coffee Evening** for all the family on Friday 10th December at 7.30pm, with bingo, dominoes, stalls and raffles. On Saturday 8th January, 2011 there will be a **Kid's Tea Party** between 2 and 4pm, followed by a **Hot Pot Supper and Quiz** at 7pm. All are welcome.

CROSTHWAITE

Calor Cumbria Village of the Year 2009 www.crosthwaiteandlyth.co.uk

CRIB, CAROLS & CHRISTINGLE - **4.00pm Christmas Eve in St. Mary's, Crosthwaite** - a similar service to last year will take place on Christmas Eve at 4.00pm in St. Mary's Crosthwaite. The Puppet Theatre project will be presenting "The Nativity" ... a re-telling of the Nativity story ... and there will be Christmas Carols, drama, prayers ... all within that wonderful time on Christmas Eve when excitement builds and we look forward to the festivities ahead. Special Refreshments will be served at the end of the service.

CROSTHWAITE & LYTH BOWLING CLUB

The Lyth Valley Hotel was the venue for our annual dinner on 13 October, 23 people attended and enjoyed the excellent food and hospitality.

CHRISTMAS FAIR ARGLES MEMORIAL HALL, CROSTHWAITE

10.00 to 12.30, 4th December 2010

Father Christmas, Christmas music, children singing, Christmas card making for children, Stalls selling:

- Plants/wreathes
- Cakes gifts
- Raffle
- Tombola
- Coffee and mince pies

Admission 50p

Applications for stalls (£5 per stall) to Marilyn Shuttleworth tel. 015395 68522

as possible to help decorate the Church for Christmas.

19th Carol Service @ 4.00pm. Christmas Decorations.

24th Christmas Eve @ 4.00pm Christmas Decorations.

25th HC @ 9.30 Christmas Decorations.

26th HC @ 9.30 Christmas Decorations.

Any queries please contact Eileen Alston (015395 68565) or Vonnice Sharp (015395 52005)

CROSTHWAITE HELPLINE

Please contact:

Geraldine & Arthur Wilson on 015395 68836.

HELSEINGTON

CAROLS BY CANDLELIGHT - St John's Helsington Sunday 19th December 4pm.

HELSEINGTON COMMUNITY TRUST

Looking back over the last few decades the parish of Helsington and in particular the community of Brigsteer has lost a number of community resources, the shop, post office, church hall and school. Some local residents have recognised this diminution of community held resources and a Community Trust has been identified as the best way to address this loss. Following on from initial discussions at Parish Council level a Steering Group was set up in Autumn 2009 with the aim of establishing the viability of a Community Trust. The group has a vision for re-establishing community held capacity which they feel will be needed to support a thriving and sustainable parish in the future.

A Community Trust is established in a community to acquire fixed assets and then hold on to them in perpetuity for local use. They work on a non profit basis raising money from new sources and unlock-

ST MARY'S CHURCH FLOWER FESTIVAL

This event will now be held on the weekend of 25th and 26th June 2011, please note the change of date! Would anyone who would like to help with the flowers at this event please contact Yvonne Sharp Tel. 015395 52005 or Eileen Alston Tel. 015395 68565.

ST MARY'S ROTAS

COFFEE

12th Geraldine & Arthur Wilson

19th Minced Pies & Mulled Wine. Denise Park.

24th Sherry & Florentines, Soft drinks & Cookies. Michelle Woodcock

25th HC 26th HC

FLOWERS

5th No Flowers – Advent.

12th No Flowers – Advent.

18th Saturday – 1.30pm As many volunteers

ing other resources to provide and manage housing, workspace, community buildings and green spaces including allotments. CTs can also be registered with the charity commissioners.

CTs work by enabling occupiers to pay for the use of buildings and services at prices they can afford while the value of land, subsidies, planning gain and other equity benefits are permanently locked in on behalf of them and future occupiers by the Community Trust.

CTs are an expression of community engagement and they offer a new set of legal, financial and resource management tools to communities to establish, maintain and build resources held by the community for the community into the future. Affordable Housing is one obvious route for the Helsington CT to pursue. A local housing survey carried out in April 2008 has identified a need in the parish for 17 affordable homes.

The members of the original steering group are: Mike Whelan, Vice Chair of Helsington Parish Council; Andrew Dobson, Parish Councillor; Neil Richardson Parish Councillor; John Park, Local resident; Mike Whorwood, Local resident; John Griffiths Local resident; Tim Harmer, Vicar to the Parish. The group has now formed itself into a not for profit limited company called Helsington Community Trust and has obtained grant funding to set up and take the vision of the Trust forward. We will hold an open public meeting at Brigsteer Village Hall on Monday 6th of December at 7.30pm to share our vision and in particular discuss the need for affordable homes within the parish.

Tim Harmer

BRIGSTEER OPEN GARDENS 2011

Sunday & Monday May 29th & 30th

Although this seems a long way ahead it will come all too quickly. Lots of help will be needed from opening your garden to assisting with parking and catering. Please put the dates in your diaries. If you need more information or wish to volunteer please phone Beryl Mansbridge on 015395 68570.

UNDERBARROW

CAROL SERVICE - All Saints Underbarrow - Tuesday 21st December 7pm with the Two Valleys Choir

UNDERBARROW HELPLINE

CHRISTMAS SOCIAL

The Christmas Social will be held in the Institute on **Friday 3rd December at 7 p.m.** Come and enjoy a jolly evening to include amongst other delights a reindeer drive, Christmas songs and a light supper. Tickets £6 for adults and £3 for children are available from all PCC members. Proceeds are in aid of the All Saints' Church.

Please contact:

Frank Hodson on 01539 728280

Mabel Evans on 015395 68481

Tom Handley on 01539 724013

WINSTER

CHRISTMAS CAROL SERVICE

There will be a Christmas Carol Service at 11.00am on Sunday 19th December at Holy Trinity, Winster - Make a note of the date now.....and bring your friends and neighbours along.

On **Christmas Day** there will be a service at 11.00am as usual, but please note that there will NOT be a Service on Sunday 26th December in Winster... instead there will be a

9.30am Holy Communion service at St. Mary's Crosthwaite.

HOLY TRINITY FLOWERS

No flowers in advent. Christmas - everyone welcome.

WITHERSLACK

www.witherslack.org

CHRISTMAS CAROL SERVICE

Come along to our traditional Christmas Carol Service in Witherslack at 6.30pm on Thursday 16th December in St. Paul's church... This will be the one opportunity for the whole village to come together for a big Christmas celebration.... and we will be offering mulled wine and mince pies in the School afterwards...

On Christmas Day there will be a service at 9.30am as usual, but please note that there will NOT be Service on Sunday 26th December in Witherslack... instead there will be a 9.30am Holy Communion service at St. Mary's Crosthwaite.

Witherslack Christmas Fair

The Christmas Fair, in aid of St Paul's Church, will take place on Friday 3rd December at 7 p.m. in the Village Hall.

Come and join in the fun and get that Christmas feeling! Local crafts, a fantastic raffle, Tombola, games, Christmas gifts and decorations, cakes and lots more.

Donations for the above gratefully received.

Adults £1 Children free. This includes coffee/squash and a mince pie. For further information contact Janet 52481, Val 52398 or Jackie 52524

Sunday Club

The next Sunday Club will be on Sunday 5th December and we meet at St. Paul's church, Witherslack from 9.30am - 10.30am. This month we will be celebrating and learning more about Christingles. It will be great fun, do join us if you can. For further details contact Michelle Woodcock 015395 68276.

EVENING SERVICES : NOVEMBER – MARCH

From November the evening services at Witherslack will be held at 4.00pm through the winter until the end of March.

BARWICK HALL

The renovations are almost complete and what a difference! Volunteers, to whom we are most grateful, have redecorated the hall and kitchen and have installed a toilet block. If you wish to hire the hall, please contact Irene Brennand 015395 52337
irene.brennand@mypostoffice.co.uk

ST PAUL'S ROTAS SIDESMEN

5th Anne Duffin
12th Danny Jackson
19th Richard Coates & Steve Hodgson
26th Janet Read

READERS

5th Hilda Jarvis
12th Chris Bagnold
19th Trevor Farrer
26th Val Pattison

FLOWERS

Mr. & Mrs. T. Farrer



REPORTS & NEWS

BRIGSTEER

The December Meeting will be on the 9th. Further details from committee members.

CARTMEL FELL

Cartmel Fell WI's AGM was held on Wednesday 3rd November. Minutes from last AGM read and accepted, Finance and Committees reports were presented, the Auditor was reappointed, the committee re-elected and the chairman, Ann Ratcliffe thanked all committee members for their support throughout the year. Next year's program was announced which is interesting and varied - this was very well received by members. A Jacob Join supper was enjoyed by members before the packing of boxes for the annual Christmas Shoe Box Appeal.

The next meeting is the Christmas Dinner which will be at The Punchbowl, Crosthwaite on Wednesday 1st Dec 6.30pm for 7pm.

The first meeting in 2011 will be 'Kendal Treasures' by Trevor Hughes on Wednesday 5th Jan at 7.30pm in Cartmel Fell Parish rooms.

For further information tel Anne Ratcliffe 015395 52107

CROSTHWAITE W.I.

Penny Blair welcomed several guests to the Open Meeting, TERRY BOND M.B.E. gave an audio visual show entitled Lancaster Castle Fortress to a Prison, the slides showed how over the years the Castle has changed and is now a category C Prison.

It was Crosthwaite's Turn to host the Lyth Valley Group Meeting, Penny Blair welcomed Ann Walshaw (Executive Member),

Judy Webster (Group convenor) and all the members from our Group. Margaret Anderson demonstrated WINTER WARMERS all her dishes were raffled. After refreshments entertainment took place when Marylyn Shuttleworth Mary Harkness and Jean Sherratt gave a humorous sketch on "How to make a Xmas Cake".

WITHERSLACK

The Annual Meeting was held a bit later than planned as an important meeting about the Derby Arms Underpass took place in the Parish Hall first. However we started by eating a tasty meal of baked potatoes and various fillings, followed by desserts. Then the ordinary meeting took place. Two teams had enjoyed the Quiz Night at Gilpin Bridge but had not come near to winning. A donation will be sent towards the retirement present for Noreen Leese at the end of her time as Federation Chairman. The annual dinner will be on January 18th at the Royal Oak at Lindale. Tilly van Rees gave a report on a very enjoyable Annual Council Meeting. Several members enjoyed the Group Meeting at Crosthwaite.

The Annual Business followed at which Treasurer Lin Bowman presented the Financial Statement. Secretary Pauline Hodgson gave the Committee's report. There are 25 members on the register with 2 new members joining this year. Chairman Ann Walshaw thanked all who had supported her throughout a busy year and gave Doreen Tatlock a present on her retirement from committee.

The committee was voted in en bloc and Ann Walshaw was re-elected Chairman. New Programme Secretary is Linda Park. New Assistant treasurer is Shirley Christie. All other officers remain unchanged. Next Meeting December 14th Speaker : Sue Wearing on Flowers. Visitors always welcome Tel; 015395 52302

REGULAR EVENTS

BRIGSTEER

Scottish Dancing	Thursdays at 7.30pm in Brigsteer Village Hall Contact Pauline Hampson 015395 68672
Table tennis	Tuesdays at 8pm in from October 5th in Brigsteer Village Hall
Yoga	Tuesdays 6 - 7.30pm from 14th September in Brigsteer Village Hall

CARTMEL FELL

For bookings contact Helen Caldwell Tel. 015395 68428

Women's Institute	First Wednesday in the month at 7.30pm
Local History Society	Second Monday in the month at 8pm during winter
Chi Kung (beginners)	Wednesdays 4-5pm
Tai Chi	Thursdays 4-5pm

CROSTHWAITE MEMORIAL HALL

Check bookings online at <http://www.crosthwaiteandlyth.co.uk>

Art Club	Mondays 1.45pm 6th Dec only
Rainbows	Mondays 4.30pm-5.30pm until 13th Dec
Aerobics	Mondays 7.30pm-8.30pm until 13th Dec
Playgroup	Tuesdays & Thursdays 9.30-11.30am until 16th Dec
Exchange	1st Wednesday 1pm-4pm; other Weds 2pm-4pm until 15th Dec
Women's Institute	Wednesday 8th Dec at 7.30pm
Indoor Bowling	Tuesdays and Thursdays 7.30pm—10.00pm until 16th Dec

UNDERBARROW INSTITUTE

Quilting class	Mondays 2-4pm
Billiards Club	Mondays from 7.30pm
Brigsteer Table tennis	Tuesdays 8pm (see above)
WI	Every 2nd Wednesday of the month at 7.30pm (1.30pm in Nov, Dec, Jan & Feb)

WINSTER

Book & Plant days	10.30am—4.30pm last Saturday in the month
Keep Fit	Mondays 9.30am-10.30am
Line Dancing Classes	Mondays 7.30pm-9.30pm at Winster Village Hall

WITHERSLACK

Indoor Bowling	Wednesdays 7.30-10pm
Parent & Toddler Group	Tuesdays 10am until Noon
Tea & Chat Group	Every 1st Tuesday of the month at 2pm
Women's Institute	Every 2nd Tuesday of the month at 7.30pm
The Art Club	Fridays 9.30am-12.30pm

TREE SURGERY

PROFESSIONAL TREE CARE @ COMPETITIVE PRICES

Free quotations. Contact **DAVID ELLERAY**, 24 Greengate Lane, Kendal LA9 5LQ

Mobile: 07973 492078 All Aspects of Work Undertaken

IAN WHITEWAY Dip. Cons.

Craft Bookbinder & Bookseller

Books repaired & second-hand books bought

HADWINS (LINDALE) LTD

Audi-Volkswagen Dealers - Service & Parts

☎ Grange (015395) 35522 / 34242

W.F. WILKIN & SON

Inc. AMBLESIDE FUELS

Your Local Approved Coal Merchant

Stockists of Best Quality British Fuels COAL prices from £10.90 per 50kg bag

Kindling *** Logs *** Fireside Accessories *** Pre packed fuel

Regular, Reliable Deliveries throughout the Lake District, Kendal & Furness Areas

PHONE 015395 36300

STATION YARD, CARK-IN-CARTMEL

GRANGE SECURITY & ELECTRICAL SERVICES

Burglar Alarms, Security Lighting & Cameras, Locks, Bolts etc

Free advice and quotations ☎ 015395 35032; Mobile 07933 368112

JANET E. SMEDLEY PHYSIOTHERAPY

Registered Member of the Health Professions Council

Low Wood Club, LOW WOOD HOTEL, Windermere. www.jesphysio.co.uk

J BEGG QUALIFIED TIME-SERVED BUILDER

All aspects of building and maintenance work: Roofing, Gutters, Chimney stack work, Fire-places, Patios, Plastering and Tiling. **No job too small.**

Call: 015397 29066; mobile 07925 16185

JEREMY SMITH — HANDYMAN

For all the jobs around the house that you don't seem to get to do.

Painting, Decorating, Gardening, Plumbing, Woodwork and Brickwork. All work considered.

No matter how small or large. **Ring 015395 68595 or 07717 859486** for a free quotation.

Or email me on jsmith@jrsmith1.plus.com

J. R. ELLWOOD GENERAL BUILDER

Hollin Bank Cottage Underbarrow **Telephone: 015395 68306 Mobile: 07773572712**

Email: Blackcatasphalt@btconnect.com Mastic Asphalt Roofing & Flooring

Extensions and Repairs, Sleepers, Timber & Telegraph Poles for sale

DC ACCESS LTD, Oakthwaite, Crosthwaite (24hr call-out)

Tree Surgery, Rope Access, Chemical Spraying (with ATV or by hand)
Tractor for hire with driver. NPTC/IRATA fully qualified. Fully insured.

015395 68097 07748 550891 www.dcaccess.co.uk

WITHERSLACK COMMUNITY SHOP

Groceries, Fruit & Vegetables. Local Produce & Frozen Meat.
Damon products, local home crafts & cards, small gifts.
Confectionery, Ice cream, Pet foods. Home baking. Fresh bread

BOWLAND BRIDGE STORES

Fresh bread, cakes, milk, eggs and local produce
Groceries, confectionery, off-licence and garden sundries
For more information including opening hours see
www.bowlandbridgestores.co.uk or call 015395 68643

ALAN HUTCHINSON & SONS Aldyth, Lowgate, Levens, Kendal

Funeral Director **Joiner & Contractor**
Private Chapel of Rest (24 Hour Service)
Cremations arranged ☎ 015395 60481 & 60491

STONECRAFT DESIGN

Monumental Sculptor + Architectural Masons

Proprietors: Andrew & Penny Irvine

Longlands, Bowness-on-Windermere Tel: 015394 43600 or Fax: 015394 88077
Memorials in Green Slate, Limestone, Granite & Marble
Additional Inscriptions and Renovations

SAM CROMPTON - JOINER

LOFT CONVERSIONS, WINDOWS, DOORS, CONSERVATORIES etc.

in Hardwood, Softwood or UPVC

Any other internal and external joinery work and alterations undertaken

PVC fascia boards and guttering supplied and fitted

Telephone 015395 68298 or 077894 34903

**Slurry Spreading, Rough Muck Spreading, Hedgecutting,
Tractor and Trailer Hire, all aspects of digging work and much more.**

For an efficient, friendly contracting service at competitive rates

call John on 07774 612720

MILKMAN and NEWSAGENT

Contact Stephen and Mandy Walling for your fresh milk, eggs, potatoes and daily newspapers

☎ 015395 68135

STAYCLEAN SERVICES

Family-owned business based in Carnforth

Superb, specialist cleaning for carpets, upholstery, rugs & leather.

Domestic one-off cleaning service & spring-cleans, Wood floor polishing & cleaning

*** ALL WORK FULLY INSURED ***

High pressure jet washing for drives, patios, outbuildings etc.

Please call us on 01524 720120

www.localclean.co.uk

ANTHONY CLARKE

Chapel of Rest

Funeral Director and Joiner

☎015395 31481 (Day or night)

The Ashes, Cartmel Fell

Cremations arranged

KEVIN BATEMAN MONUMENTAL MASON

NEW MEMORIALS also ADDITIONAL INSCRIPTIONS and RENOVATIONS

CLEANING and RE-PAINT/RE-GILD service

Tel: 01539 723903 Mobile 07817 060619 For a brochure

VIDEO / DVD / PRODUCTIONS**B.V.S. Productions**

All types of Video Productions undertaken

Convert your 8/16mm/slides
to video or DVD**JIM BOWNASS**

015395 68203

07768 798481

ARCHITECTURAL DRAWINGS

DRAWINGS FOR EXTENSIONS, LOFT CONVERSIONS, NEW BUILD, ETC.

PHONE: B. J. WALKER F.T.C. BUILDING SCIENCE ☎015395 52211

DEREK O'LOUGHLIN—Builder

Lound Cottage, Cartmel Fell, Windermere ☎Crosthwaite (015395) 68885

BB Contracting — S & M Carter

Round Baling and Wrapping, Slurry Spreading at competitive rates.

Please ring Simon 07774 799109 or Michael 07876 013362

SEPTIC TANK EMPTYING * SKIP HIRE *** FIREWOOD**

Phone 07766 971167 or 07866 690809

SEWING SERVICES

Curtains—Roman Blinds—Loose Covers—Bed Spreads

LISA ELLERAY

Mobile 07973 690496

Tel. 01539 736311 after 6pm

D & A MYERS (BUILDING SERVICES) LTD

New build/restoration & repair, roofing, traditional stonework, fine plastering & tiling, central & under-floor heating, Corgi registered plumbing & fine lead-work, drives & patios, kitchens & bathrooms designed & fitted. No VAT. Please ring for a free quotation.

Tel: 015395 68418

Mobile: 07890 556857

Email: myersdavid7@aol.com

THE LYTH VALLEY RESTAURANT AND BAR

Not only for Special Occasions

Our exciting Menu offers delicious food at realistic prices

For reservations call 015395 68233