

JUNE 2015 70p



CARTMEL FELL



CROSTHWAITE



CROOK

**TWO
VALLEYS PARISH
NEWS**



HELINGTON



WINSTER



UNDERBARROW



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Church Services for JUNE 2015

7th June

| | | | |
|---------|--------------|-----------------------------------|-----------------------|
| 9.30am | Cartmel Fell | Matins (BCP) | Mr. Julian Lambton |
| 9.30am | Underbarrow | Holy Communion joint w Helsington | Rev. Bob Dew |
| 9.30am | Witherslack | Holy Communion (CW) | Rev. Michael Woodcock |
| 11.00am | Crook | Holy Communion (CW) | |
| 11.00am | Winster | Holy Communion (BCP) | Rev. Michael Woodcock |
| 6.30pm | Crosthwaite | Evensong (BCP) | Rev. Michael Woodcock |

The 1st Sunday after Trinity

14th June

| | | | |
|---------|--------------|----------------------|-------------------------|
| 9.30am | Cartmel Fell | Holy Communion (BCP) | Rev. Michael Woodcock |
| 9.30am | Helsington | Morning Worship (CW) | Mrs. Maureen Stevens |
| 9.30am | Underbarrow | Holy Communion (CW) | Canon Michael Middleton |
| 10.00am | Witherslack | Morning Worship | Mrs. Dorothy Grace |
| 11.00am | Crook | Morning Worship (CW) | |
| 11.00am | Winster | Matins (BCP) | Mr. Brian Stabler |
| 11.00am | Crosthwaite | Holy Communion (CW) | Rev. Michael Woodcock |

The 2nd Sunday after Trinity

Tuesday 16th 8.00pm Compline hosted at St. Anthony's, Cartmel Fell

21st June

| | | | |
|---------|--------------|------------------------|--------------------------|
| 9.30am | Cartmel Fell | Morning Worship | Jane Eccles & Bob Emmett |
| 9.30am | Helsington | Holy Communion (CW) | Rev. Ron Rutter |
| 9.30am | Underbarrow | Holy Communion (BCP) | Rev. Brian Crowe |
| 9.30am | Witherslack | Holy Communion (BCP) | Rev. Michael Woodcock |
| 11.00am | Crook | Morning Worship (BCP) | |
| 11.00am | Winster | Holy Communion (BCP) | Rev. Michael Woodcock |
| 4.00pm | Crosthwaite | Songs of Praise | Rev. Michael Woodcock |

The 3rd Sunday after Trinity

Wednesday 24th 7.30pm "Refresh" hosted at St. Mary's, Crosthwaite

28th June

| | | | |
|---------|--------------|------------------------|-----------------------|
| 9.30am | Cartmel Fell | Holy Communion (BCP) | Rev. Michael Woodcock |
| 9.30am | Helsington | Morning Worship (CW) | Mrs. Maureen Stevens |
| 9.30am | Underbarrow | Holy Communion (CW) | Rev. Brian Crowe |
| 11.00am | Crook | Morning Worship (CW) | |
| 11.00am | Winster | Matins (BCP) | Mr. Roger Bingham |
| 11.00am | Crosthwaite | Holy Communion (CW) | Rev. Michael Woodcock |
| 4.00pm | Witherslack | Songs of Praise | Rev. Michael Woodcock |

The 4th Sunday after Trinity

A LETTER FROM HILARY FITCH

Flaming June! My favourite month when I was a child. June is my birthday month and it was also when we often went away for our family holiday during the early June half term. Even now, I still enjoy holidays in June. You may think that being retired, my life should be one long holiday but it never quite works out that way. Why do we feel the need to go away on holiday, even for a few days? The classic answer is ‘to get away from it all’. Styles of holiday vary – from activity holidays, the luxury of a cruise, relaxing on a beach or sightseeing in an historic city. Even in an action packed holiday, we are seeking a break from the usual pattern of life to recharge the batteries – as they say ‘a change is as good as a rest’!

In the Bible, Jesus makes a wonderful, warm invitation. He says “Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light”. (Matthew 11:28-30).

Jesus does not specify what the burdens might be – the worries of life can vary in detail from person to person and can be moral, physical, emotional, financial or some other anxiety. Also, Jesus is not offering us a holiday! He is encouraging us to take up his yoke, which is used for work! The yoke in question is a wooden crosspiece that is fastened over the necks of two animals and attached to the plough or cart that they are jointly to pull. So Jesus is actually presenting us with an invitation to work alongside him, with him sharing the load. As a carpenter, perhaps Jesus had made farm implements such as a yoke and would know how to make one which fitted well without rubbing the neck and shoulders of the bearer. The yoke which Jesus offers gives rest to the soul because it comes from his love and mercy and gives a sense purpose and inner satisfaction to those who take up his offer and trust in the partnership with the one who is gentle and humble in heart. The yoke is not only comfortable but light because Jesus is taking much of the weight. If you are feeling weary and harassed then take up the yoke of Jesus – it will give you an everlasting peace that no holiday can ever give.

Hilary Fitch

FROM THE REGISTERS

Weddings

4th April Matthew Walker and Victoria Jones, St Johns Helsington
9th May Rebecca Wilkinson & Oliver Cartwright at St. Paul's, Witherslack
9th May Barny Sykes and Heather Squire at St Johns Helsington

Funerals

9th April Gary Middleton age 74 , St Catherines Crook
14th April Sep Atkinson age 95 All Saints Underbarrow
22nd April John Wardle age 73 St Catherines Crook
11th May Doreen Swindlehurst age 60 All Saints Underbarrow

Tony Brennand was a long-standing parishioner of Witherslack who, other than two years in the army, lived all 84 years of his life in the village. Tony was born in 1931, the youngest of four children to Elizabeth and Frederick Brennand. He went to Dean Barwick School at Witherslack, leaving at fourteen to start an apprenticeship at Hodgson's joiners in the village. Upon serving his time he undertook his National Service with the Royal Artillery, stationed in Germany from 1952 to 1954. He was a good athlete, and was promoted to lance-bombardier. Upon leaving the army he returned to Witherslack and Hodgson's joiners. As a young man he enjoyed watching sports - following Blackpool FC, and went to the Isle of Man TT Races annually. He bought a plot of land on Rocky Common, and commenced building his family home. He married Irene in St Paul's at Witherslack on the 19th April 1965, and they moved in to their newly-built house, Oakdene.

A strong work ethic ran throughout his life. From an early age he delivered newspapers for Brennands Newsagents, walking and cycling far and wide. When Tony left Hodgson's in 1968 he set up his own painting and decorating business. Always committed to doing the decorating job to high standards, he gained many loyal customers.

Tony was dedicated to family life and work. Tony, Irene and their three children had many happy holidays caravanning across northern England. As the family expanded Tony became a much loved grandfather and great grandfather, overseeing a family of which he was immensely proud. Tony retired in 1994, although retirement did not mean sloth. Tony and Irene made the gardens at Oakdene both productive and beautiful, and they enjoyed many holidays both at home and abroad. In Witherslack, he was involved in many social groups, including the silver jubilee committee, the parish hall committee, the parish council, short mat bowling, the millennium committee, and always the church of St Pauls, where he was a warden for many years.

DOREEN SWINDLEHURST

We would like to thank everyone for their support over the past few months whilst Doreen was ill, it is much appreciated by us all.
Many thanks , P W Swindlehurst & family

WINIFRED BREWITT

Winifred lived for many years in Crosthwaite at Spindlewood. She moved to Bury St. Edmonds and passed away recently at the age of 97.

Holy Days in June

- 1 Justin, Martyr at Rome, c.165 - Lesser Festival
- 5 Boniface (Wynfrith) of Crediton, Bishop, Apostle of Germany, Martyr, 754 - Lesser Festival
- 8 Thomas Ken, Bishop of Bath and Wells, Nonjuror, Hymn Writer, 1711 - Lesser Festival
- 9 Columba, Abbot of Iona, Missionary, 597 - Lesser Festival
- 11 Barnabas the Apostle - Festival**
- 16 Richard, Bishop of Chichester, 1253 - Lesser Festival
- 22 Alban, first Martyr of Britain, c.250 - Lesser Festival
- 23 Etheldreda, Abbess of Ely, c.678 - Lesser Festival
- 24 The Birth of John the Baptist - Festival**
- 28 Irenæus, Bishop of Lyons, Teacher of the Faith, c.200 - Lesser Festival

FAREWELL TO MICHELLE

As most of you know, Rev. Michelle Woodcock is to become Team Vicar of Haverthwaite, Finsthwaite and Staveley-in-Carmel from 12th June this year. She will be working part-time in these parishes on Sundays and three weekdays. Michelle has contributed so much to the Two Valleys parishes over the last 9 years for which we are so grateful; we will really miss her ministry here. However, we wish her well in her new post. Her Licensing is on Friday 12th June in Haverthwaite church.

ALLEGRI SINGERS AND PLAYERS

return to Crosthwaite to perform Mozart's greatly loved Requiem, Purcell's delightful Birthday Ode "Welcome to all the Pleasures", and Pachelbel's gloriously cheerful setting of Psalm 100 "Sing to the Lord".

Though often performed by large choirs, Mozart's Requiem was first sung by a choir of 16. This performance by Allegri's 24 singers will give you a chance to hear the orchestral parts in great detail. Relish the trombone solo in the Tuba Mirum and the clarinet duets that appear throughout this great work.

Purcell's "Welcome to all the Pleasures" is the first of his Birthday Odes, written to celebrate St Cecilia's Day in 1683. Written for small choir and strings, this performance gives you a chance to hear short solos by a number of Allegri's singers. The Pachelbel psalm setting is for double choir, with each voice supported by a instruments to give a great feeling of richness.

The Crosthwaite performance is in St Mary's Church on Sunday 14th June at 7:30pm. There will be a retiring collection to be split between choir and church funds.

5th Sunday Service at Helsington - 10.30am on Sunday 31st May Come to Helsington church for our special united 5th Sunday service. This time we are focussing on our work in local schools and what is happening for our young people. These gatherings are always a good time as we meet up with friends across our two valleys parishes.

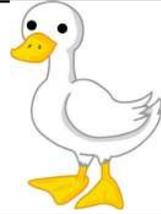
CALLING ALL PARISHIONERS

BRIGSTEER OPEN GARDENS
Brigsteer Open Gardens (BOG Day)
will take place on
Sunday 24th and Monday 25th May 2015
Spring Bank Holiday from 11am to 5 pm
Twelve secret gardens open, linked by an easy walking trail.
£5 adults. Children free.
Proceeds support the Village Hall.
Tea and yummy cakes available in two locations.
Light lunches at The Wheatsheaf.
Further details barbaraclifford100@gmail.com

Save The Date!

DUCK DAY

Friends of Crosthwaite School are holding their
DUCK DAY on **Sunday 12th July** from **12noon**
in **Bowland Bridge**. Lots of fun for all the family!



CROSTHWAITE SHOW 15th AUGUST 2015

The schedules for this year's show will be available around Easter time from
Crosthwaite Exchange, Bowland Bridge Stores or Valerie Harrison at The Old Post
Office Crosthwaite. £1.00 which includes entry to the show.

BARN DANCE AND PIE & PEA SUPPER

SATURDAY 11TH JULY

7 P.M. TILL LATE

IN THE BARN AT CROOK HALL

LA8 8LF

Supper at 7.45 p.m.

Fundraising event for Cancer Care/Cancer Research

Featuring live music from the 60's and 70's by

Strawberry Fields

Bar and Raffle

Tickets: £10 for adults, £5 for children under 13

From Pat and Richard Metcalf on 015395 821352

(Reserve and collect on the night)

DATES FOR YOUR DIARY...

CARTMEL MAGNA CARTA 800

Celebrations at Cartmel Priory
Friday 25th till Tuesday 29th September
Details on <http://magnacarta800th.com/events/>

THE CARTMEL PRIORY EVENTS

This year's events start with a lecture from David Starkey (well known historian and personality) in the priory on Wednesday 10th June at 7.30.
Tickets at the door are £5 per person. More details on www.cartmelpriory.org.uk under heading "What's Happening".

OPEN THE BOOK - 'ENABLING EVERY CHILD TO HEAR THE STORY OF THE BIBLE AT SCHOOL IN THEIR PRIMARY YEARS.'



Open the Book (OtB) is a set of Collective Worship provided by the Bible Society, that works its way through the whole Bible, story by story. There are 4 of us on the Crosthwaite OtB team, and since Easter we have been delivering OtB at our school in Crosthwaite. The stories often involve a variety of parts to play: nasty villains and beautiful young ladies, God-fearing prophets and all sorts of animals, rich kings and penniless people. We are

grateful to the Levens OtB team, who are kindly lending us various props and costumes, but do hope to gradually build up our own stock.

So, where do YOU come in?

1. Acting. It would be great to get more people on board, and acting a small (or big) part is a good way to do this! Lines do not need to be learnt, and there are no rehearsals - the commitment would simply be about half an hour from 12.45pm on a Wednesday.
2. Old unused fabric. If you have any that might make a good costume, please get in touch.
3. Costume making. We would really appreciate any offers of very simple tabard or tunic making.

Please contact Lindsay Dobson on lindsaydobson@hotmail.co.uk or Judi Webster on dnjwebster@btinternet.com. We'd love to hear from you!

THE LANDOWNERS OF CROSTHWAITE AND LYTH – SAVE THE DATE

Heversham Award Bicentenary Celebration Day Saturday 18th July Ceremonial opening of the new footpath at **Fellside Plantation**, picnic at the north end of **Township Allotment** and then a summer walk on **Township Plantation** with Rob Petley-Jones from Natural England. Come for all or some of this day's events. For more details please see the July Parish Magazine, C&L website or Martin Casson 015395 68612/Tony Marshall 015395 68304 nearer the event.

Barnabas the Apostle

June 11th is the feast-day of Barnabas the Apostle. This is how he is named in the calendar of *Common Worship* and how he is generally known in church tradition, though he was not one of the Twelve. In fact, he was one of the prominent figures of the early church and for part of the time was closely associated with St Paul, who is also regarded as an apostle, even though he too was not one of the apostles in the Gospels. The word ‘apostle’, from the Greek ‘apostolos’, means ‘someone sent away’ in the sense of being sent out as a messenger or ambassador. Both Barnabas and Paul are rightly apostles in being leading missionaries in those early years, and indeed they are described together by this term in Acts 14 v. 14.

Barnabas is a biblical saint about whom we know a good deal: he is a notable figure in Acts, and he is mentioned in the Epistles of St Paul as if he is someone who is likely to be known by the Christian communities outside Judaea. Like Paul, he was a missionary to the Gentiles, but was also evidently well known to the Twelve Apostles because it was Barnabas, as described in Acts 9 v. 27, who introduced St Paul to them after his conversion on the road to Damascus. Tradition has it that he was one of the seventy disciples sent out by Christ (Luke 10 v. 1), though in truth we have no idea who these were. However, that did not stop tradition from claiming that certain very early saints were among their number: it was assumed for the evangelist Mark, for example, as well as Barnabas.

The name of Barnabas was given to him by the Apostles; as we learn from Acts 4 v. 36, his original name was Joseph. The same passage tells us that he was a Levite from Cyprus, where he was evidently well-to-do, since he was able to sell an estate and give the proceeds to the Twelve. After introducing St Paul, he was sent to Antioch to investigate whether or not the gospel of Christ, already being taught to the Gentiles there, was being properly transmitted. Barnabas was impressed with what he found, and in order to support the new community further, he travelled on to Tarsus to find Paul and take him back to Antioch. After teaching and preaching there for a year, Barnabas and Paul were sent by the elders to Jerusalem to transmit money for famine-relief to the Christians of Judaea. On their return to Antioch, they brought with them John Mark. Then they took a bolder step, embarking upon a missionary journey in the eastern Mediterranean. Subsequently, they returned to Antioch, from where they were sent to Jerusalem again, this time to consult about whether the Gentile converts needed to submit to Jewish law and custom. The mission of Paul and Barnabas to the Gentiles was accepted and the momentous decision was made that Gentiles who became followers of Christ would not need to adopt Jewish observances. But although Paul then asked Barnabas to accompany him on another missionary journey (Acts 15, v. 36), they disagreed over whether John Mark should go with them. Paul consequently set out on his own, while Barnabas and John Mark went to Barnabas’s own island of Cyprus. The belief that Barnabas was martyred there, at Salamis in AD 61, can be traced back to the third century, but there is in fact no reliable record of the later stages of Barnabas’s life.

THANK YOU FOR OUR FLOWER FESTIVAL

Over the Spring May Bank Holiday weekend St. Anthony's church was ablaze with colour and creativity. It was far more than a Flower Festival as the land art created in the Churchyard added a new dimension to what are always inspiring events. We were simply bowled over by the skill and ingenuity of so many arrangers from all across this corner of the North-West. The theme of children's literature lent itself so well to the ideas and imagination of the very kind people who gave their time and enthusiasm to the sublime setting of St. Anthony's. How many cumulative hours work must have been involved! Our thanks go to Sue Wareing who had the original idea and co-ordinated and organized all the arrangers and their floral and land art installations. Thanks too to the many helpers both from St. Anthony's and many neighbouring parishes who worked so hard over the three days in stewarding and making and serving refreshments.

We raised a grand total of £4,000 and after the costs of the flowers, etc. we have a surplus of £3,009. A portion of this surplus is going to the Disasters Emergency Committee for aid to Nepal (following the recent earthquake) and also to a Cancer charity yet to be decided; the remainder will go towards the upkeep of St. Anthony's church. Many thanks to all of you who came and supported this one-off spectacle!

JOINT CHURCH-SCHOOL SERVICE 9.30am THURSDAY 2ND JULY

Our Joint Church- School service this term takes place in St. Mary's church on Thursday 2nd July. Everyone is welcome to come for coffee and refreshments from 9.00am onwards before the children join us at 9.30am for our simple 30 minute service. Do come along if you have any connection with Crosthwaite School or simply wish to support the school in this way.

COMPLINE AT CARTMEL FELL

There will be a service of sung Compline at St. Anthony's, Cartmel Fell at 8.00pm on Tuesday 16th June. Bring your own candle and make this a special way to round off the day in evening candlelight.

TWO VALLEYS "TIME TO PRAY" 2.30pm Tuesday 9th June in Helsington Church

We meet again for a short "time to pray" for our parishes at 2.30pm in St. John's, Helsington this month. Anybody is welcome to come and join us as we learn to pray together for our lovely parishes with their various needs.

LAMBING SERVICE THANK YOU

Thank you to everyone who attended the Lambing Service on 10th May at High Farm Crook, there was a lovely atmosphere with lambs; Burneside Brass Band accompanying the hymns; and of course the tea and scones afterwards! The collection amounted to £110 and will be donated to the Disasters Emergency Committee for Nepal. Thank you again everyone.

Two Valleys Emergency Prayer Chain

Here is an updated version of our emergency Prayer Chain with some new names added, as we give thanks for others who have retired from this list after many years of faithful service. Should an urgent matter for prayer occur (e.g. an accident, or someone suddenly taken ill, or an operation about to take place) and prayer be needed quickly, those at the top of the list are informed, who then telephone the next person down on the list, who then telephones the next person, and so on..... Very quickly a "chain" of prayer is set up, and each person commits themselves to pray for the situation confidentially.

Here is our Prayer Chain for the villages across our Two Valleys.

Please do cut this page out of the magazine and keep it by your telephone.....

Anne Bennett
015395 31405

Anne Wolfenden
015395 68919

Dorothy Dobson
015395 68378

Anne Ratcliffe
015395 52107

Brian Crowe
015395 68959

Pat Howarth
015395 68652

Geraldine Wilson
015395 68836

Lily Holme
015395 60247

Shirley Holt
015395 68479

Chris Tomlinson
07770 688644

Michael & Michelle Woodcock
015395 68276

If you want to use the Prayer Chain, call up the people at the top of the list. If they are in, they will pass on the message to the next person on the chain. The prayer request will then travel down the list. In the event of someone being out, a message may be left on an answer-phone and the next person on the list is contacted - we will try to ensure that the request gets through to everybody in the end.

Do use the Prayer Chain again for follow up information - e.g. if you send a message that someone is extremely ill, please follow up with a message to say what the outcome is, so that those who are praying are informed. If you wish your request to be kept confidential within the Prayer Chain then make that very clear when you contact the first person and ensure they understand to pass that message on.

NOTICES FOR INDIVIDUAL PARISHES

CARTMEL FELL

CARTMEL FELL FESTIVAL OF CHILDREN'S LITERATURE

Thanks to Sue Wareing for organising a fantastic Flower Festival. The exhibits were interesting and beautifully crafted - a really interesting and magical festival.



CARTMEL FELL COMMUNITY TRUST 100 CLUB

It is now time to renew, or take up membership of the Cartmel Fell Community Trust 100 Club. The annual subscription for this is £12 per year, with a draw every month for £25. All current members will receive a renewal form shortly.

If you are not a member please consider joining and supporting our Parish Hall, membership forms are available from Bowland Bridge Stores.

All proceeds from the 100 Club go towards the upkeep of our much loved parish hall.

FAMILY BBQ and GAMES NIGHT

Saturday 18th July in and around the Parish Hall. More details to follow next month.

CROSTHWAITE

www.crosthwaiteandlyth.co.uk

SONGS (& SCONES) OF PRAISE

Please note our special "Songs of Praise" service which we are holding in St. Mary's, Crosthwaite at 4.00pm on Sunday 21st June. If you have any suggestions and requests for well-known hymns and songs and also any short life-stories that anyone would like to contribute then please contact Rev. Michael Woodcock (015395 68276) a.s.a.p.

ST MARY'S CHURCH FLOWERS

| | |
|-----------------------|--------------------|
| June 7 th | Caroline Holmes |
| June 14 th | Volunteers Please |
| June 21 st | Volunteers Please |
| June 28 th | Volunteers Please. |

Would Volunteers prepared to help please contact Vonnie 68028 or Eileen 68565
Thank you.

THE DANCING VILLAGE OF CROSTHWAITE

Known as "the dancing village of Crosthwaite" generations of local children learnt "stepping" which we know as clog dancing for over 60 years. Robert Casson Robinson was teaching at The Punchbowl Crosthwaite in 1869 and Balls were held in the "large assembly room" at the Inn. Alf Robinson followed in his father Jos Robinson's footsteps teaching at The Punchbowl and he was followed by Tommy Cannon who was the publican at The Punchbowl and taught dancing classes there from 1900 until 1925. His nickname was "That There" because he would hit offending knees with his violin bow and say "you do it that there". By 1904 the

Balls had moved their venue to the School Room in Crosthwaite.

Many Crosthwaite folk remember Diddy Dickson who was brought up by Tommy Cannon and his family at The Punchbowl and who lived in Crosthwaite all her life. She in her latter days would play the piano for village dances. Described as small and lively with tiny feet, Diddy would dance on stage in the Kendal Cinema during the interval to entertain the audience. Diddy passed on many of the traditional Westmorland dance steps to today's dancers and the Westmorland Step and Garland Dancers perform them to this day having taken great care to learn the steps from people in the three valleys who were taught by Tommy Cannon. Westmorland Step Dancing has a distinctive springing step and bent knees.

Garland dancing is now quite confined to the three valleys and reaching up as far as Hawkshead, Elterwater, Ambleside and Grasmere where Garlands are carried in the annual Rush Bearing ceremony.

WESTMORLAND STEP AND GARLAND DANCERS

Will be performing at The Punchbowl Inn
Crosthwaite on Monday
15th June from 8pm.

All are welcome.

CHILDREN'S SOCIETY COLLECTION BOXES—ST MARY'S

It is now time for the Children's Society Boxes to be collected and money to be counted. I would be grateful if you could bring the boxes to St Mary's Church on a Sunday or deliver them to me, Denise Park at Thornrigg, The Howe, Lyth, or telephone me on 015395 68502. Many thanks, *Denise Park*

CROSTHWAITE & LYTH PARISH COUNCIL

Thank you for all who attended the Annual Parish meeting this month, and to Mr Robert Sykes for his talk on the 200yrs of The Landowners of Crosthwaite and Lyth, it was both interesting and informative.

Please save the date of 18th July for a walk/party on Whitbarrow Scar to celebrate. Thanks also to the organisations from Crosthwaite and Lyth who updated us on their services, that provide excellent resources for our residents and will continue developing.

The Parish Council wish to remind everybody that there is a Community Bus Service every Wednesday stopping at Crosthwaite to go to Bowness or Kendal, which is struggling to get people using it. It can only be maintained when it is being adequately used, so please support it or when you need it it won't be there. You have to apply to go on the bus but you can get the forms on the bus and take an initial journey.

And lastly there is a New Parish Community Plan on the horizon, please be sure to complete this form when it is delivered to your doorstep. It is your chance to say what/how you feel about the Parish, the services and development.

Joanne Taylor
Clerk

MEMORIAL HALL JUMBLE SALE

Thank you to everyone who sent jumble for the sale last month. We made on the day over £350. We also removed some items from the sale to sell on ebay, which we know will make more than we were offered on the Saturday, so our final total may not be known for a few weeks. A big thank you to all our helpers who turn up **13** very regular basis to help set-up and then on the Saturday spend a couple of hours on Saturday

afternoon cajoling money out of the browsers.
Thank you all.
Village Hall committee.

CROSTHWAITE POST OFFICE

Temporary change of hours
Closed: Tuesday 7 July 2015
We are very sorry for any inconvenience caused.

CROSTHWAITE & LYTH RECREATIONAL FIELD TRUST

STRAWBERRY TEA

Sunday 19th July
2pm to 4pm
Cakes/Plants/Raffle etc

**Tickets Adults £3.50 (on the gate
£4.00) Children £2.50**

Available from:
Any Field Trust Committee Member
John Holmes 015395 68599
Crosthwaite Exchange

HELSEINGTON and BRIGSTEER

SUNDAY 5TH JULY

10.30am at St John's Helsington
Celebration Service with a special focus on family and farming. This is the monthly United Service for Helsington and Underbarrow but all are welcome. Bring a picnic for afterwards and enjoy the wonderful view.

14

Coffee Morning

The 'Second Saturday' Coffee Mornings are to be discontinued during the summer months.

Diary Date

Brigsteer Open Gardens will take place on Sunday 24th and Monday 25th May 2015 of the Spring Bank Holiday weekend.
Contact **Barbara Clifford Tel 68355**
barbaraclifford100@gmail.com

WINSTER

HOLY TRINITY WINSTER

Cake, Book and Plant Day
At Winster Old School
Saturday May 30th
June 27th
July 25th
10-4pm

Join us for refreshments by a cosy log fire or outside in our tranquil garden.
For info:

Margaret 015394-42325

Lily 015395-60247

FINANCIAL VOLUNTEERS NEEDED FOR WITHERSLACK COMMUNITY SHOP

BOOKKEEPER, 3 - 4 hrs/week, as relief for current volunteer or job share. Experience of Sage or similar would be helpful.

STOCKTAKE ORGANISER

2 - 4 times a year approx. Spreadsheet knowledge.
Contact Janet Read on 015395 52481

TREASURER for Committee with accounting skills. Contact Liz Croy 015395 52155



The beautiful gardens of The Scowcroft

Family will be open again on

SATURDAY JULY 25TH

2-5.30pm

£5.00 children £2.50

New attractions this year and a new hydrangea bed. An event not to be missed

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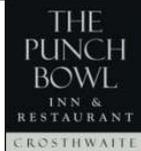
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Planning applications,

Bus timetable,

Witherslack maps

Use it or lose it



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(Served from 12.00 – 5.30pm Mon-Fri and
12-4 Saturdays)

Parsnip soup

Roast turkey, walnut pesto

£4.95

Smoked haddock

champ mash, poached egg, mustard sauce

£11.95

Game casserole

Thyme dumplings, glazed beetroots

£13.95

Crab risotto

mascarpone, lemon, pea shoots

£9.95

Confit duck leg

Bubble and squeak, Lyth valley damsons

£12.95

Ale battered fish & chips

mushy peas, tartare sauce

£11.95

Pork and sage faggots

Apple purée, caramelised onions

£10.50

Chicken Caesar salad

grilled gem lettuce, quails eggs, parmesan

£11.95

Open sandwiches

(served on our homemade bread)

Coronation chicken, carrot, beetroot & raisin
salad

Creamed garlic mushrooms and spinach,
toasted brioche

Smoked salmon & prawn Marie rose, pickled
cucumber, capers

£5
£6.50 each

Underbarrow is really quite active!

The Community News pages of the Westmorland Gazette give a fair idea of what is going on in the various communities within its catchment area but of course it by no means provides a complete picture of community activity. I suspect that Underbarrow is typical of a small Cumbrian village – the Women's Institute meets regularly and provides interesting copy for both members and others outside the organisation. The Marrow Day Committee is active throughout the year organising events to raise substantial amounts of money for the local cancer charities and these are well attended as maximum advance publicity is given. The Underbarrow Institute also plays a significant and well-publicised role with both ends of the age spectrum catered for with the annual pensioner's tea and entertainment being well patronised and Sports Day providing a challenging outlet for the children.

Apart from these activities one might be forgiven for assuming that for the rest of the year the village becomes a Cumbrian *Sleepy Hollow* which is understandable when one considers the make-up of the population of the community which contains quite a large number of retirees who have plainly settled for rural tranquillity after busy urban lives. On the plus side there are relatively few properties which are occupied for only part of the year as holiday homes – these rarely contribute much towards maintaining a viable and active community. Farming continues to be a mainstay of the village and there are no signs that this will diminish in the future.

There is plenty of talent living in the village with a resident artist who specialises in both wild and domestic animal portraiture, an author with two published works on military history to his credit and a poet who has appeared in print writes movingly, often on subjects close to the ethos of a village community. Music is not absent as there is a healthy mix of both professional amateur musicians.

Whilst the village is much diminished in that it no longer has a shop, a post office, a school or a blacksmith's workshop it is by no means dead. The Punchbowl Inn goes from strength to strength and is reasonably well patronised and provides a valuable venue for the Annual Marrow Day event, which overflows into a nearby field to allow a helicopter to provide sight-seeing flights around the village. Marrow growers compete bringing their produce from many places well away from Underbarrow. Many rural parish churches have been hanging on by their finger-tips and our village is no exception but who knows what future enterprise might produce?

I think that the one feature of rural life that my wife, Ann, and I particularly value and enjoy is knowing so many people who will stop and talk; this is not necessarily the case in the more anonymous urban environment and to my mind this is a great loss to humanity.

Mike Wolfenden



BRIGSTEER

President Beryl presided over our May meeting when we welcomed Noreen Leese, a WI adviser who came to speak to us on this year's resolution: "This meeting calls on HM government to reduce the distinction between nursing care and personal care in the assessment of the needs of individuals, in order to advance health and well-being." Members were in support of the resolution and Liz Threadgold will take our vote forward as our representative at the WI's centenary AGM at the Royal Albert Hall in London in June. Following tea and chocolate cake, plans for serving tea and cakes at the village Open Gardens weekend were finalised as well as for the trip on the Lancaster canal on Tuesday 9th June. Names were taken for the federation visit to Heysham power station in July and for the theatre trip to the new musical *The Girls*, written by Gary Barlow at *The Lowry* in January.

CARTMEL FELL

W.I. members have been joining in outside events during the past month, with some members running a stall with homemade products on Damson Day, and five attending the tea party at Underbarrow to celebrate the 100 years of the birth of the W.I. when Olive Clark, Life president, and Ruth Rigg, the present president of Cumbria-Westmorland W.I. announced their arrival by the ringing of a Town Crier's bell. Members were supposed to walk to the event as they might have done a

hundred years ago but rain threatened to ruin their hats and dresses so they had to use a modern form of transport, the car. The May meeting was taken up with a discussion of the resolution to be voted on at The National AGM at The Albert Hall, and this was followed by a Jacob's Join supper.

On Wednesday, June 10th (please note the date) at 7.30pm at Cartmel Fell Parish Hall, David Fellows will speak on 'A Cumbrian colony in the South Pacific.' All welcome.

CROSTHWAITE

Tom Attwood gave an excellent talk on the renovation of Halecat nurseries. His photos followed the evolution of the business and clearly showed his and Abi's efforts and passion for plants.

The Centenary celebrations continue with a number of events. Jean Seal, the President, announced that Jean Sherratt and Mary Choiseul would be representing our WI at the special Buckingham Palace Garden Party held in June. The plans for our twinning day with Bingley WI on 6th June were outlined. These include demonstrations of our activities and a walk around the parish. This event was mentioned in the recent WI monthly *Life* magazine.

Members were encouraged to get out their posh frocks (with optional hats) for our celebratory afternoon tea at Storrs Hall. This will be a day to remember on the lakeside of Windermere with a quartet providing the music.

Our Westmorland Show preparations have started and a meeting was arranged for interested contributors. We are hoping to build on our success at last year's show.

UNDERBARROW

On Saturday 2nd May, Underbarrow WI hosted Let's Connect, the Centenary Linked get-together to help mark the 100th Anniversary of the WI and the 95th Anniversary of the Cumbria-Westmorland Federation. In spite of wet and blustery weather, 64 WI members from 12 WIs, armed with cake, made their way to the Institute by varying and sometimes bizarre forms of transport to enjoy tea, cake and a chat. With members dressing up for the occasion it made a jolly afternoon on a dismal day and the arrival of Ruth Rigg, Federation Chairman, Olive Clarke, Honorary President, heralded by the Town Crier made the event really special.

Wednesday 13th May was a busy day for members as we held our Plant Sale and Ploughman's Lunch in the morning and our monthly meeting in the evening. It was a lovely sunny day and everyone was able to browse through a wide selection of plants outside the Institute before enjoying a tasty lunch inside.

In the evening, the monthly meeting commenced with a few minutes silence to remember Doreen Swindlehurst who passed away on 2nd May. Doreen was an active member of the WI and will be sadly

missed by all who knew her. A donation in Doreen's memory will be made to the Memorial Bursary Fund. All the members who recently attended the Food Hygiene course at the WI Office passed the exam and were handed their certificates. After a discussion and vote on the Resolution to be taken forward to the AGM, the speaker, Robert Thompson talked to us about the life of Arthur Ransome who is best known for writing stories for "children of all ages". Mr Thompson showed us with the aid of slides how Ransome's lifetime friends and experiences both in the Lake District and in East Anglia had provided him with the inspiration for his characters and adventures.

The next meeting will take place at 7.30 pm on June 10th when the Speaker will be David Ward who will be talking about the "Theatre By the Lake".

WITHERSLACK

Sarah Bradley chaired the May meeting of 14 members and after local business introduced Noreen Leese who had come along to inform us about the NFWI resolution to be decided upon at the AGM. Next month, June 9th, Sally Farrington will give a talk about tea tasting

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Thursday 25th June, Victoria Hall, Grange
Tuesday 30th June, The Marchesi Centre Windermere
Thursday 9th July, Kirbie Kendal School, Kendal

All at 7.30pm. Admission free, donations welcome
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| | |
|--------------------------|--|
| Zumba Gold Fitness Class | Mondays 10.30 - 11.30am |
| Short Carpet Bowls | Mondays 7.30 - 9.30pm September - April |
| U3A Circle Dancing | Tuesdays 10.00 - 11.45am |
| Table Tennis | Tuesdays 8.00pm September - April |
| Book Group | 3 rd Wednesday of the month, 7.30pm |
| Women's Institute | Second Wednesday evening of the month, 7.30pm |
| UFOs Sewing Group | 2 nd & 4 th Thursday of the month, 2.00pm - 4.00pm |
| Pilates | Fridays 12.00pm - 1.00pm and 1.15pm - 2.15pm |

CARTMEL FELL

For bookings contact Helen Caldwell ☎ 015395 68428

| | |
|-----------------------|---|
| Women's Institute | First Wednesday in the month at 7.30pm |
| Local History Society | Second Monday in the month at 8pm during winter |

CROOK MEMORIAL HALL

For bookings contact Mrs. Kath Jackson ☎ 015398 21415

| | |
|----------------------|--|
| Table Tennis | Monday & Friday 7.30 - 10pm (from September through winter months) |
| Young Farmers Club | Tuesday 7.30 - 9.30pm |
| Aerobics/body toning | Thursday 10am - 11am |
| Folk Dance Group | Thursday 7.30pm - 10pm |
| WI | Wednesday 7.30pm (1st Wednesday of the month) |

CROSTHWAITE MEMORIAL HALL

Check bookings online at www.crosthwaiteandlyth.co.uk

| | |
|--------------|--|
| Playgroup | Tues & Thurs 9.30am—11.30am |
| Exchange | Wednesday 2pm - 4pm (1pm on the 1 st Wednesday) |
| WI | Wednesday, 15 th at 7.30pm, |
| Art Club. | No regular Art Club during the Summer. Restart Monday October 5th. |
| Snooker Club | Wednesdays 7pm - 9pm in the Parish Room, Crosthwaite |
| Aerobics | Mondays 7.30 pm |
| Yoga | Wednesdays 7.00pm (22 nd & 29 th only) |

UNDERBARROW INSTITUTE

For bookings contact Richard Simpson ☎ 015395 68228

| | |
|------------------|--|
| Quilting class | Mondays 2 - 4pm |
| Billiards Club | Mondays from 7.30pm |
| WI | Every 2 nd Wednesday of the month at 7.30pm |
| Zumba Gold class | Tuesday night 6.30pm to 7.30pm |

WITHERSLACK

| | |
|------------------------|---|
| Indoor Bowling | Wednesdays 7.30pm - 10pm (except June, July & August). All equipment is provided |
| Parent & Toddler Group | Tuesdays 10am until Noon |
| Tea & Chat Group | Every 1 st Tuesday of the month at 2pm |
| Women's Institute | Every 2 nd Tuesday of the month at 7.30pm |
| The Art Club | Fridays 9.30am - 12.30pm |
| Stretch and Tone | Mondays 2.00pm - 3.00pm |
| Fitness Pilates | Thursdays 6.00pm - 7.00pm |

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Churchwardens: Mr. Anthony Clarke 015395 31481
Mrs. Vanda Lambton 015395 31311

St. Mary's, Crosthwaite

Churchwardens: Mr. Matthew Dobson 015395 68849
Mr. John Holmes 015395 68599

Holy Trinity, Winster

Churchwardens: Mrs. Lily Holme 015395 60247
Mrs. Cath Casson 015394 44958

St. Paul's, Witherslack

Churchwardens: Mrs. Janet Read 015395 52481
Mrs. Marianne Whiteway 015395 35059

Underbarrow and Helsington

Priest-in-charge: Rev'd. Brian Crowe, Middle Blakebank, Broom Lane,
Underbarrow. Tel. 015395 68959 Email: brian.crowe@ymail.com

Reader: Maureen Stevens 01539 734358 or m-stevens@hotmail.co.uk

St. John's, Helsington

Churchwardens: vacant
vacant

All Saints, Underbarrow

Churchwardens: Mr. Bert Bolton 015395 68196
Mr. J.A. Lee 015395 68470

St. Catherine's, Crook

Vicar: Rev'd. George Briggs, St. Thomas Vicarage, South View Lane,
Windermere Rd, Kendal. Tel. 015395 83058

Readers: Tony and Hilary Fitch 015395 68577 or fitchesuk@aol.com
Reg Bradby 01539 725800 or regbradby@hotmail.com

Churchwardens: Mrs. Ruth Hunter 015395 60117
Mrs. Mary Allcock 01539 821312

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Magazine postal service:

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MAGAZINE DEADLINES

For **20** **HELSINGTON** to Mary Cross ((68685) by **9th** of previous month
For **UNDERBARROW** to Mabel Evans ((68481) by **9th** of previous month
All others to the Editor(s) by **12th** of previous month by email or letter

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