

SEPTEMBER 2016

70p



CARTMEL FELL



CROSTHWAITE



CROOK

**TWO
VALLEYS PARISH
NEWS**



HELINGTON



WINSTER



UNDERBARROW



WITHERSLACK

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PHOTOGRAPHY

☎ 015395 30552

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Church Services for SEPTEMBER 2016

4th September

9.30am	Cartmel Fell	Matins (BCP)	Mr. Julian Lambton
9.30am	Helsington	Joint HC with Underbarrow	Rev. Andrew Knowles
9.30am	Witherslack	Holy Communion (CW)	Rev. Michael Woodcock
11.00am	Winster	Holy Communion (BCP)	Rev. Michael Woodcock
6.30pm	Crosthwaite	Evensong (BCP)	Rev. Michael Woodcock

The 15th Sunday after Trinity

11th September

9.30am	Cartmel Fell	Holy Communion (BCP)	Rev. Michael Woodcock
9.30am	Helsington	Joint HC with Underbarrow	Rev. Ian James
10.00am	Witherslack	All-age Service	Mrs. Dorothy Grace
11.00am	Winster	Morning Worship (CW)	Mr. Leonard Lambert
11.00am	Crosthwaite	Holy Communion (CW)	Rev. Michael Woodcock

The 16th Sunday after Trinity

18th September

9.30am	Cartmel Fell	Holy Communion (BCP)	Rev. Derek Jackson
9.30am	Helsington	Joint HC with Underbarrow	Rev. Ron Rutter
9.30am	Witherslack	Holy Communion (CW)	Rev. Michael Woodcock
11.00am	Winster	Holy Communion (BCP)	Rev. Michael Woodcock
11.00am	Crosthwaite	All-age Service	Dorothy Grace & Lindsay Dobson

The 17th Sunday after Trinity

Monday 19th 8.00pm Sung Compline at St. Mary's, Crosthwaite

25th September

9.30am	Cartmel Fell	Holy Communion (BCP)	Rev. Michael Woodcock
9.30am	Helsington	Joint MW with Underbarrow	Mrs Maureen Stevens
11.00am	Winster	Matins (BCP)	Mr. Roger Bingham
11.00am	Crosthwaite	Holy Communion (CW)	Rev. Michael Woodcock
6.30pm	Witherslack	Evensong (BCP)	Rev. Michael Woodcock

The 18th Sunday after Trinity

Wednesday 28th 7.30pm "Refresh" (Informal Praise) hosted by St. Mary's, Crosthwaite

Holy Days in September

- 3 Gregory the Great, Bishop of Rome, Teacher of the Faith, 604 - Lesser Festival
- 8 The Birth of the Blessed Virgin Mary - Lesser Festival
- 13 John Chrysostom, Bishop of Constantinople, Teacher of the Faith, 407 - Lesser Festival
- 14 Holy Cross Day - Festival**
- 15 Cyprian, Bishop of Carthage, Martyr, 258 - Lesser Festival
- 16 Ninian, Bishop of Galloway, Apostle of the Picts, c.432 - Lesser Festival
- 17 Hildegard, Abbess of Bingen, Visionary, 1179 - Lesser Festival
- 20 John Coleridge Patteson, First Bishop of Melanesia, and his Companions, Martyrs, 1871
- 21 Matthew, Apostle and Evangelist - Festival**
- 25 Lancelot Andrewes, Bishop of Winchester, Spiritual Writer, 1626 - Lesser Festival
- 27 Vincent de Paul, Founder of the Congregation of the Mission (Lazarists), 1660 - Lesser Festival
- 29 Michael and All Angels - Festival**

A LETTER FROM MICHAEL WOODCOCK

There's been a lot of talk recently about trying to create a more equal society. Our new Prime Minister, for whom we pray, made some very powerful statements outside her new home back in July. Is that concept of fairness right? It might seem so. Would it really be right to begin from the outset to create an unfair, unequal society? I like the concept of fairness and justice. The one thing that will make me angry is when I see examples of injustice that just don't seem fair. It's part of my naivety I guess, but nevertheless it is an ideal which continues to appeal to me; an ideal which sets out equality for all.

I see this most clearly in the ways Jesus related to the people he met. Especially in the gospel of Luke, we find encounter after encounter where Jesus treated everyone he met with respect, with integrity, with care and concern; most especially those who were often treated poorly by the ones with power and influence; the poor, the sick, women, and those of other faiths.

Some of my favourite New Testament verses are from Galatians ch.3 where Paul writes so clearly how God sees us. God does not look on our race or religion and make distinctions; whether Jew or Greek, Muslim or Hindu, Atheist or Christian, we are all equal in his eyes. He does not see us as working class or middle class; whether royalty, nurse, or road sweeper, we are all equal in his eyes. He does not distinguish us according to our gender; whether male or female, we are all equal in his eyes.

This is radically counter-cultural, because more often than not we define ourselves over and against one another. We have seen this more and more in the world recently, as a very few have caused chaos and fear which serve to set us apart from one another.

The radical example and teachings of Jesus Christ overturn this tendency we all have and challenge us to see each other on equal terms.

This does not mean a bland equality or even that we will all be completely equal in terms of wealth or health; we live in a world that is at times unfair and that relies upon wealth to create wealth. We are all unique and our diversity is part of the beauty and wonder of the world. However, on a personal, more local level, we are challenged to treat each other so differently from the ways and paths some have led us down over the centuries.

Today more ⁴ than ever we need to find ways to break down the barriers and walls

we build between us, even when we are afraid and our natural reaction is to do so. Once again, for me Christian faith shows me a way that is worth following because the power of Christ Jesus begins to transform me into someone better – it may take a lifetime, but it feels a good road to be on.

26 for in Christ Jesus you are all children of God through faith. 27 As many of you as were baptized into Christ have clothed yourselves with Christ. 28 There is no longer Jew or Greek, there is no longer slave or free, there is no longer male and female; for all of you are one in Christ Jesus. Galatian 3:26-28

Yours in friendship,

Michael Woodcock

Michael Woodcock

FROM THE REGISTERS



Weddings

30th July Luke Gleadow & Lauren Bate at St. Anthony's, Cartmel Fell



Funerals

18th July Elsie Rigby (94) Funeral & Burial at St. Paul's, Witherslack

CALLING ALL VILLAGES

“Time to Pray” for the Two Valleys

Our next gathering will be at 2.30pm on Tuesday 13th September in St. Anthony's, Cartmel Fell. We meet together for about 30-45 minutes to talk and pray for all that is going on in our parishes. Do come and join in, even if you are not comfortable with praying out loud – silent prayers are just as valid. It makes all the difference having you there.

“Compline” for the Two Valleys 8.00pm Monday 19th September in Crosthwaite church

There will be a sung service of Compline at 8.00pm this time in St. Mary's, Crosthwaite on Monday 19th September. This is a lovely, ancient service using Gregorian chant and reflecting the end of the day. It is very atmospheric and relaxing. Bring along your own candle as we sing (or listen if you prefer) by candlelight.

Bible Book of the Month – ROMANS (6th book of the New Testament)

Date: about AD 57, relating to St Paul's eventual visit to Rome as a prisoner, c. AD 60, recorded in Acts.

Author: Paul the apostle

Purpose: A Letter to introduce himself and his message to a church he has never visited.

Structure: Romans is a carefully-worked treatise on the work of Christ and how we may benefit from it (ch.1-11) and how to apply this in our Christian relationships (ch.12-16).

Content:

- Shows how we have all fallen short of God's standards
- Claims that the death of Jesus has made atonement (at-one-ment) between God and humankind
- Says that the Old Testament way to God was provisional and not completely effective
- Encourages us to apply the reconciliation we have with God to our relationships with others

For Today:

- "Religious" activities won't bring us closer to God
- Accept Christ's forgiveness and new life as a gift, not as an "earned" right
- Nothing can shake us out of Christ's caring hand, once we have accepted his gift
- Be active: serve and receive from one another – even those you may not like!

Crosthwaite Show Registration

Tuesday 13th September, 7pm - 9pm is the date and time to bring your entry forms and fees to the Memorial Hall.

If you plan to exhibit any art and photography please bring your exhibits on this date also, to give the Show Committee extra time to display your work on Show day. Please write your name clearly on the back, in the top right hand corner of each exhibit and refer to the Schedule for additional information about art and photography presentation.

If for any reason you are unable to bring your entries to the Hall on the Registration date, they should be posted or delivered to Pat Howarth, Scarsdale (next to the Punchbowl) Crosthwaite LA8 8 HR by 12 noon on Tuesday 13th September.

We look forward to getting lots of entries!

Ordinary Time

Here we are, already in Sept, and deep into what the church calls Ordinary Time – on the face of it, a pretty uninspiring name for a period in the liturgical year! But it's nothing to do with ordinariness in our normal use of the word. The run of Sundays from Trinity Sunday to Advent Sunday are called 'Ordinary Time' because the Sundays are designated by numbers; the Eighth Sunday after Trinity, the Tenth Sunday after Trinity, and so on, or the such-and-such Sunday of Ordinary Time, as some churches name them. Before Trinity Sunday was formally instituted in the fourteenth century, assigned to the Sunday after Pentecost, the practice was to name the Sundays in the second half of the year by counting from Pentecost, or sometimes from the Octave of Pentecost (which subsequently became Trinity Sunday). But whichever way you do it, numbers come into it. And that is where the term 'Ordinary Time' comes from: 'ordinary' in this context being related to 'ordinal', as in the *ordinal numbers* first, second, third, and so on (as opposed to *cardinal numbers* one, two, three, etc). Ordinary Time is the period when we designate the Sundays by sequential numbering because it is the period of the church's year when there are no major feasts or seasons marking the great events of the gospel narrative.

The length of Ordinary Time in the second half of the year varies. How long it is depends on when Easter falls because that then determines the date of Ascension (forty days later) and Pentecost (fifty days later), which in turn determines the date of Trinity Sunday, one week after Pentecost. The Book of Common Prayer and the current Common Worship set out in their calendars the maximum possible number of Sundays of Ordinary Time after Trinity, and if Easter is as early as it can possibly be, then they will all be needed before we get to Advent. But the later Easter is, the later Trinity Sunday is, and then the last Sundays in the numbered sequence are dropped, varying according to what may be needed in that year (apart from the last one before Advent, which we always use). The other period of Ordinary Time comes early in the year, between Epiphany and Lent. It's always shorter than the run of Sundays after Trinity, but it too varies in length. Epiphany is a fixed point in the calendar (6 January). But the beginning of Lent varies according to whether Easter (to which Lent is tied) is early, late, or somewhere in between. Again, the BCP and Common Worship make provision for the maximum number of numbered Sundays in this stretch of Ordinary Time, but we only need to use them all if Easter is as late as it could possibly be. In a year where that happened, the run of Sundays after Trinity would, of course, be correspondingly shorter. Conversely, when Easter is earlier, the Ordinary Time after Epiphany is shorter and the Ordinary Time after Trinity is correspondingly lengthened to compensate. This flexibility that Ordinary Time provides allows us to accommodate what would otherwise be awkward shifts between those feasts which are on fixed dates within the standard (solar) calendar, such as Christmas and Epiphany, and those which are moveable, such as Easter, Pentecost, and all feasts and seasons tied to them, which are determined by the lunar calendar.

The liturgical colour for Ordinary Time is green, symbolising life and growth. Readings reflect this, focusing on the growth of the church through Christ's teaching. 7

Joyce Hill

Boxes of Hope, Cumbria – Launch of 2016 Shoebox Campaign



BOXES OF HOPE, CUMBRIA, PRESS RELEASE

Reg. No 1153106

It may be the middle of summer, but it is time to bring you news of Cumbria's 2016 Christmas shoebox campaign, covering Eden, South Cumbria and Furness.

The benefits of being a “local” charity are that a team from Cumbria takes the shoeboxes and brings pictures and stories back of the children who receive them and, as a small charity we have no staff to pay, so any surplus funding goes towards longer term educational support for these children. The boxes contain educational supplies such as pens and pencils, toys (such as dolls, cars and tennis balls), sweets and hygiene items such as face cloths and soap.

Children and adults alike love to fill a shoebox – it is a simple and fun thing to do, doesn't have to cost a lot of money, and it really does make a difference to a child who has none of the basics we take for granted. For these children there is none of the commercialisation we endure for weeks leading up to Christmas. Many of them have never in their lives had a gift. Many have never had a toy.

Please do start looking for empty shoeboxes and shoebox bargains such as toys, games, fun items, hygiene and stationary items, warm hat/scarf/gloves/socks, sweets, and pick up a leaflet from local shops and offices, or check out our website where you can download it.

The campaign runs from Nov 1st – 12th and more information will be released later in the Autumn as to where you can drop off your shoebox in November, together with the £2 donation for transport costs. There will be a drop off point local to you!

For more information, take a look at our website, www.boxesofhopecumbria.co.uk and our Facebook page. You can contact us on info@boxesofhopecumbria.co.uk.



Holiday problems on the rise!

Flights that don't exist, hotels next to rubbish dumps and cancelled transfers leaving people stranded are just some of the problems making holidays a misery. Too often people don't get what they have paid for.

To avoid your dream holiday becoming a nightmare:

- Choose a provider with an Air Travel Organiser's Licence (ATOL) for security even if the company goes bust.
- Take out travel insurance from the day you book. Check the excess charges on cheap policies and make sure you insure everything you plan to do, e.g. sports.

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- If the operator significantly alters your holiday before you go, you don't have to accept and can ask for a full refund.

- If flights, transfers and accommodation are not as described, complain straight away to a rep, and if still not satisfied, use the tour operator's complaints procedure.
- If your flight is cancelled, you are entitled to a replacement flight or a refund.
- Travel insurance normally pays better compensation than airlines for luggage problems.

For more help, contact Citizens Advice.

Free, confidential advice and help is available from South Lakes Citizens Advice on any aspect of debt, consumer problems, benefits, housing, employment or any other problems. We have various outlets across South Lakeland and can also give advice over the phone – telephone 015394 46464 for an appointment and help. South Lakes Citizens Advice is a registered charity, No: 1118656 and company limited by guarantee, No: 6113551. FRN: 617574

HOT AND BOTHERED

How many days does it take to make good hay? My husband says that you need four fine days together; day 1 to cut the grass, day 2 and 3 to scale it (turn and spread the grass to allow the drying process) and day 4 to row it up, bale and wrap it. We have been waiting for that window of fine weather since the beginning of June. This year it fell in the very week that my husband was away on his annual holiday. He had given me a quick 10 minute résumé on how to operate the tractor and the scaler but neither of us thought that I would need to put it into practice!

The weather forecast was good and the grass was in peak condition. Not knowing when we would get another opportunity, I acted on the advice of my farming neighbours and made the decision to make hay. It was a steep learning curve, driving the tractor, operating the scaler and the bale carrier. I did worry though about the impending thunder storm - would the bales be wrapped before it rained?

I had dithered at the start and lost one day of fine weather so, with my husband's mantra of '4 fine days' ringing in my ears, I was concerned that the hay would be dry enough. However I was blessed with 2 of the hottest days of the summer as I scaled the grass. It was still 28 degree Celsius at 5pm on day 3 as the contractors moved in to complete the process. There is a degree of satisfaction in hay making and, having sat on a hot tractor for several hours in the heat of the sun, I now have a greater understanding and appreciation of what my husband and other farmers do every year. I would like to say a big thank you to my neighbours for their help, support and encouragement in my new venture. Have I met my husband's exacting standards in making good hay? Well the proof of the pudding, as they say, will be in the Autumn when we open the first bale - the sheep will be my judge!

Interested in Photography?

OUR NEW SESSION BEGINS ON 10th OCTOBER!

The Grange and District Photographic Society
Meets on Monday evenings at 7.30pm in the
Methodist Church Hall in Grange-over-Sands.



We welcome anyone who has an interest in photography and wants to meet like-minded enthusiasts from beginners to seasoned, professional photographers. We invite those just starting photography, young photographers (DoE candidates), photography students and visitors to come along and meet us. Our members have a huge knowledge base and can offer advice on many aspects of photography and image processing. In addition to our competitions, topics this session will include “Drone Photography”; demonstration of the latest photographic equipment by Wilkinsons Cameras; digital image improvement; “Trains and Planes in the Landscape”; macrophotography; surreal and fantasy images and landscape photography. For further information, directions and details of our programme please visit our website at:

<http://www.grangephotographicsociety.co.uk/> where you can view some of our images or contact us at: rrdcroy@gmail.com

*Whatever is BROADBAND? is it something I can wear
a belt perhaps for waists like mine or something for my hair
Where should I put my IPOD Has it come from outer space?
Should I keep it in my deep Freeze or find another place
I just can't think where EBAY it has a foreign sound
I seem to think it was sold for several hundred pounds
And what is a maxi-pixel?
Might I have one round my pond
A rather dumpy garden gnome
whose shape has gone all wrong
Explain to me Down-Loading
think I might be pleased with those
If they put away my shopping whilst I have a little doze.
If you have any answers write them on a postcard
Please don't phone then please don't phone
then drop it in the digi box that I planted near my home*

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by Margaret Waddington, contributed by Jean Denney

Hello my name is Matt Atkinson and I am the proud producer of my own Damson Ketchup. The business is named Cartmell Farm Foods after Peter Cartmell, the founder of the Westmorland Damson Association, whom allows me to pick his orchard for free every year!. I am now reaching out to all neighbours in the surrounding valley's. If you have damsons available to pick this year, please get in touch with me on 07846949563 or email me at cartmellfarmfoods@hotmail.com

Dallam school annual craft fair

Dallam School in Milnthorpe are holding their Annual Craft Fair on Saturday 5th November 2016, 10.00am until 3.00pm in the School Hall. If people would like a stall (£10 a stall) they can book via Liz Nelson on 015395 62257 Or email: nelsonlizzie@aol.com

NOTICES FOR INDIVIDUAL PARISHES

CARTMEL FELL

Cartmel Fell Parish Council:

The next meeting of the Council will be held at the Parish Hall, Cartmel Fell, on Wednesday 31st August at 7.30pm. At the time of writing, the Council still has one vacant seat. If you are interested in being co-opted please contact me or any Councillor. There are four meetings each year so the commitment is not too great. Members of the public are welcome at all of our meetings and a Council website is in

the process of being set up, where full details of Council activities and documents will be made available.

Kevin M Price. Parish Clerk. 07712-430932 kevtherev7@hotmail.com

HARVEST FESTIVAL

Our Harvest Festival Service will be at 5.30pm on Sunday 9th October in St. Anthony's church, with the Harvest Supper following immediately afterwards.

CF&DLHS programme

- 12th Sept. Andy Lowe- 'Making a Grand Entrance'- the history of doorway in Cumbria
10th. Oct. Barry Mckay -'Sneck Bitted or Twice Ritted: The Cumbrian Shepherd's Smit-mark books'
14th. Nov. Les Gilpin -'Watermills of Cark'
12th Dec. Dr.Rob David-'An Oriental Mirage-eastern influences in Cumbria'

2017

- 9th. Jan. AGM
13th. Feb. Robert Thompson -'Arthur Ransome'
13th. March Jean Scott-Smith- 'Folklore ,Traditions and Customs in Cumbria'
10th. April Jean Turnbull- 'Railway workers and their families in Cumbria in early C20th'

Mon. 8th. May Visit NT Dalton Castle 1.30pm.

Wed. 14th. June NT Townend 2.00pm.

CROOK

The next meeting of the Council will be held at Crook Memorial Hall on Tuesday 13th September at 7.30pm. Members of the public are welcome to attend and there is always an opportunity for questions and comments to be addressed to the Council at the start of each meeting.

A meeting has recently been held, jointly with Burneside Parish Council and CCC Highways to discuss the issues connected with speeding vehicles on the B5284. A report, with recommendations, is awaited. Kevin M Price. Parish Clerk. 07712-430932 kevtherev7@hotmail.com
www.crookandwinsterparishcouncil.co.uk

CROSTHWAITE

CEILIDH



**CROSTHWAITE VILLAGE
HALL**

SATURDAY 26 NOVEMBER

7.30PM

DANCING TO TUMBLING TOM

PRICE £11

INCLUDES PIE AND PEA SUPPER

LICENCED BAR

**TICKETS FROM ROGER – 015395 68671, JIM 68203,
12 MARILYN 68522 OR GORDON 68210**

HARVEST FESTIVAL

Our Harvest Festival Service will be at 11.00am on Sunday 9th October in St. Mary's church.

Do come and join us ... with the Harvest Supper on the following day on Monday 10th

3-course gourmet dinner

In the
**CROSTHWAITE VILLAGE
HALL**

Damp
Damson Day
Disappointment
Diversion
Due to
Deliciously
Desirable
Dinner
Dedicated to
Delectable
Damson
Delights

A special 3 course gourmet dinner to celebrate Lyth Valley Damsons. Saturday 1st October 2016 7 pm for 7-30pm.

Tickets at the Exchange £18.

For information contact
Geraldine 015395 68836,
mob. 077 666 46504
email: grangeel@hotmail.co.uk

Crosthwaite Post Office

Open Wednesday 21 September
Closed Thursday 22 September
Sorry for any inconvenience caused.

CROSTHWAITE HARVEST SUPPER

In

THE MEMORIAL HALL

on Monday 10th October at 7pm
prompt.

Ploughman's supper followed by
delicious homemade desserts and
tea or coffee followed by a short
auction of produce.

ALL WELCOME

Adults £7 BYO drinks Children £3

HELINGTON

BRIGSTEER WI

invite you to a
FASHION SHOW
by

Kitty Brown Fashions of Carnforth
Wednesday 12th October
At the Helington and Brigsteer
Village Hall

Admission £5 including wine and
nibbles
All welcome **13**

UNDERBARROW

UNDERBARROW

MARROW DAY

Sunday 11th September

12-4pm

To be held at the Punchbowl Pub, Underbarrow LA8 8HQ

Marrow Competition, Duck Race, Helicopter Flights, Bouncy Castle, Grand Raffle, Dog Show, Hog Roast, Cream Teas, Tombola, Nearly New, and much more!!!

FREE ENTRY!!! Everyone welcome.

Children's Competition- An animal made of vegetables!

50p Entry, Fabulous prizes to be won!!!

Marrow Competition 50p entry Classes:

Heaviest, Heaviest Local, Ugliest and Best Pair

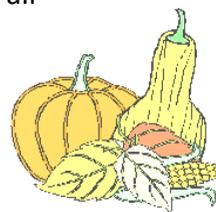


Dog Show

£1 Entry

Classes:

Working Dog Under 2, Working Dog over 2, Dog Under 2, Dog over 2, Waggiest Tail, Fancy Dress Dog & Owner



WI Baking Competition £1 entry

Five Decorated Cup Cakes, everyone welcome to enter.

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ALL PROCEEDS TO MARROW DAY CANCER CHARITIES

FOR MORE INFO PLEASE CALL 015395 68234

A Strawberry Tea

held at Lowfield, Underbarrow on Sat July 30th raised the sum of £338.70 for the charity Breast Cancer Care .Hostess Rosie Harris would like to thank all those who helped, baked cakes and scones, and those who came to eat them! This was a great result, so thank you to all.

Underbarrow Marrow day

will be going ahead as usual at the Punchbowl Pub on Sunday 11th September. Do come along and support this fun event, from which all the proceeds go to local cancer charities. This year we are planning to make a donation on the day to the local Macmillan nurses who have supported people locally and provide an excellent service.

We need donations please of “Nearly New” items. Please take them to the pub who will advise where to take them. We also need cakes for the cake stall please. Any contributions gratefully received on the day from 11.00a.m.

The competitions are as usual for the Marrows, the Dog Show, and there is a WI Baking Competition of Five Decorated Cup Cakes. Everyone is welcome to enter. We hope to see you there and let's hope for a sunny day like last year.

Any queries to Louise at the pub 68234 or Maggie 68662.

The Parish Council

is looking for someone who might be willing to take over the running of the village website (NB Not the Parish Council website, which is run directly by the Council). Please contact me or any Councillor if you are interested, so the Council may be able to make a decision at their October meeting.

Kevin M Price. Parish Clerk.
07712-430932 kevtherev7@hotmail.com
www.underbarrowparishcouncil.co.uk

WINSTER

Harvest

Our Harvest Festival Service this year will be at 11.00am on Sunday 2nd October in Winster church.

WITHERSLACK

Graveyard boon day

Saturday 3rd September at 10.00 am

Please come and help. Refreshments will be served!

Harvest festival service

Our Harvest Festival Service this year will be 9.30am on Sunday 2nd October in St. Paul's church. Harvest flowers will be arranged on Friday 30th September and Saturday 1st October starting at 9.30am. Please come along and help. You are welcome to bring your own flowers.

Harvest supper and auction sale

Witherslack Parish Hall Saturday
1st October at 6.45pm

Enjoy a pie and peas supper with wine, then sweet - followed by a short auction

Adults 7.50 (includes wine)
Children 3.00 (includes soft drink)
under 5 free

Tickets available from the
Community Shop (52188)

Contributions of produce, flowers, cakes, homemade chutneys and jams for the auction are most welcome.



Holy Trinity Church

Cakes, Books and Plants
At Winster Old School



September 24th

10.00am - 4.00pm

TEA, COFFEE, SOUP, HOME-MADE CAKES,
BOOKS, PLANTS, TABLECLOTHS, THROWS, CUSH-
ION COVERS, and AUTUMN ODDMENTS, ETC.

**Contributions of books, plants, cakes, jam, would
be very welcome.**

**For info:- Margaret 015394-42325 or
Lily 015395-60247**

New School Year

As the school year starts, we offer a warm welcome to all at Dean Barwick School.

Another action-packed year drew to a close at Dean Barwick school in July. The leaver's ceremony at St Paul's church was both a joyful and sad event, especially so this year as, in addition to our student leavers, we bid a fond farewell to Linda Graves, Headteacher. We thank Linda and her team's dedication to our school for the past 11 years.

We are delighted that long standing teacher of the school, Paul Mc Farlane, will be taking up the reins as Acting Headteacher for the next two terms and we wish him well in his new role. As the Governing body for Dean Barwick school, we will be working 'behind the scenes' to

support Paul and his team as they inspire and nurture our children.

We thank you as a community for all your support of Dean Barwick School. Particularly by attending the events organised by staff and parents. Last year included: the awesome annual mountain bike challenge; 'Bingo' & games nights were fantastic fun; and delicious coffee and cake mornings. Also the Magna Carta medieval pageant & fayre which was a hugely enjoyable event for all. The school field was brought alive and gave us all a taste of Witherslack in times gone by!

We look forward to seeing everyone at events to be staged this coming academic year... watch this space!

Best wishes to all
Chair of Governors

Homemade refreshments in church

During the Art and Craft Exhibition held in the Barwick Hall, we will be serving light refreshments in St. Paul's Church on Saturdays and Sundays from 10.30am - 4.30pm from the 10th September until 9th October. Everyone is welcome to pop in for a cup of tea or coffee. Jars of jam, marmalade and chutney are gratefully received for the produce stall and plants for the plant stall. All money raised will go towards the repair of the church tower.

Dean Barwick School

This Autumn term I am delighted to be returning to Dean Barwick School and welcoming everyone back as Acting Head Teacher.

Dean Barwick School ended its summer term with fond farewells to our school leavers, including Linda Graves as she retired from her role as Head Teacher. Linda was showered with gifts throughout her final days as children, parents, governors and staff demonstrated their thanks for her work as Head. In her eleven years at the school Linda and her team have done a fantastic job developing Dean Barwick School into the thriving, vibrant school we are so fortunate to have in our village.

It is a privilege to be entrusted with the job of leading Dean Barwick in the next steps of its development. Rest assured I will work tirelessly to ensure the school continues to flourish and maintains its welcoming, friendly, family feel. I have several ideas for how we can ensure Dean Barwick School continues to improve, but I am planning to build on the solid foundations already in place so do not expect to see major changes in the short term - contrary to rumour mountain

biking and fell running will not be made compulsory for all pupils (at least not straight away!) However, having recently achieved our Learning Outside the Classroom Gold Standard award (the only school in Cumbria to have received this) we will continue to teach and learn utilising the wonderful outdoor environment we have right on our doorstep here in Witherslack.

No doubt there will be many challenges ahead, not least as the government makes changes to what is expected of schools. It is important that as a community we work together to make sure OUR school serves the needs of OUR community and OUR young people. By working together can we ensure children enjoy school and develop the skills, knowledge and attitudes they need to build successful, happy lives. If you would like to get involved at school please come along to our 'Friends of Dean Barwick' meeting on Wednesday 14th December at 6:30pm. This is a new group and I would love to see you there.

Paul MacFarlane

Witherslack Meathop & Ulpha Parish Council:

The next meeting of the Council will be held at Witherslack Parish Hall on Wednesday 7th September at 7.30pm. Members of the public are welcome to attend and there is always an opportunity for questions and comments to be addressed to the Council at the start of each meeting.

Kevin M Price.
Locum Clerk.
parishclerkwitherslack@gmail.com



REPORTS & NEWS

BRIGSTEER

August is our garden meeting at the home of our President Beryl. The mention of a heat wave on the way had us all thinking we'd be on the terrace enjoying the view but as usual our plans were thwarted! Nevertheless we all enjoyed the minimal business although most importantly we were happy to decide on the venue for our Christmas meeting, especially when accompanied by a glass of wine or two, and not forgetting the excellent array of refreshments! Final arrangements were discussed for the card making in September. In October we are holding a fashion show in the village hall. See separate advert with details.

CROSTHWAITE

The President welcomed members to our busy meeting where arrangements were made for the trip to Sizergh Farm and lunch at the Strickland Arms. There were a number of members re at the meeting including progress on the Westmorland County Show, school fund raising and the trip to Bingley WI.

It was agreed that sailing experiences and growing bulbs were excellent ways of rising to the federation £10 challenge. There was also an explanation of the Global Warming green initiative supported by the national federation; a workshop is being arranged.

Christine Gibson enthused members in supporting the Living Memory project supported by the WI and the Commonwealth War Graves Commission.

The speaker was Ann Myatt, a dermatologist based at the local health trust, who gave a personal view and a highly informative presentation on the NHS.

The speaker on 21st September is Jo Dix talking about jewellery.



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REGULAR EVENTS

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Zumba Gold Fitness Class	Mondays 10.30 - 11.30am
Short Carpet Bowls	Mondays 7.30 - 9.30pm September - April
U3A Circle Dancing	Tuesdays 10.00 - 11.45am
Table Tennis	Tuesdays 8.00pm September - April
Women's Institute	Second Wednesday evening of the month, 7.30pm
UFOs Sewing Group	2 nd & 4 th Thursday of the month, 2.00pm - 4.00pm
Pilates	Fridays 12.00pm - 1.00pm and 1.15pm - 2.15pm

CARTMEL FELL

For bookings contact Helen Caldwell ☎ **015395 68428**

Women's Institute	First Wednesday in the month at 7.30pm
Local History Society	Second Monday in the month at 8pm during winter

CROOK MEMORIAL HALL

For bookings contact Mrs. Kath Jackson ☎ **015398 21415**

Table Tennis	Monday & Friday 7.30 - 10pm (from September through winter months)
Young Farmers Club	Tuesday 7.30 - 9.30pm
Aerobics/body toning	Thursday 10am - 11am
Folk Dance Group	Thursday 7.30pm - 10pm
WI	Wednesday 7.30pm (1 st Wednesday of the month)

CROSTHWAITE MEMORIAL HALL

Please check bookings online at www.crosthwaiteandlyth.co.uk—many changes

Aerobics	Mondays 7.30pm
Playgroup	Tuesdays & Thursdays 9.30am—11.30am
Indoor Bowling	Tuesdays & Thursdays, 7pm (starting on the 20 th)
Exchange	Wednesday 2pm - 4pm (1pm on the 1 st Wednesday of the month)
Yoga	Wednesday 14 th , 21 st (in school hall) & 28 th , 7.00pm
WI	Wednesday, 21 st 7.30pm

UNDERBARROW INSTITUTE

For bookings contact Richard Simpson ☎ **015395 68228**

Snooker Club	Mondays from 7.30pm
WI	Every 2 nd Wednesday of the month - 1.30pm October to March inclusive; 7.30pm April to September inclusive

WITHERSLACK

Indoor Bowling	Wednesdays 7.30pm - 10pm (except June, July & August). All equipment is provided
Parent & Toddler Group	Tuesdays 10am until Noon
Tea & Chat Group	Every 1 st Tuesday of the month at 2pm
Women's Institute	Every 2 nd Tuesday of the month at 7.30pm
The Art Club	Fridays 9.30am - 12.30pm
Fitness Pilates	Thursdays 6.00pm - 7.00pm

Two Valleys Churches

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Parish Priest: Rev'd. Michael Woodcock, The Vicarage, Crosthwaite, Cumbria. LA8 8HX
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St. Anthony's, Cartmel Fell

Churchwardens: Mr. Anthony Clarke ☎ 015395 31481
Mrs. Vanda Lambton ☎ 015395 31311

St. Mary's, Crosthwaite

Churchwardens: Mr. Matthew Dobson ☎ 015395 68849
Mr. John Holmes ☎ 015395 68599

Holy Trinity, Winster

Churchwardens: Mrs. Lily Holme ☎ 015395 60247
Mrs. Cath Casson ☎ 015394 44958

St. Paul's, Witherslack

Churchwardens: Mrs. Janet Read ☎ 015395 52481
Mr. Trevor Farrer ☎ 015395 52235

Underbarrow with Helsington

Parish Priest: Rev'd. Brian Crowe, Middle Blakebank, Broom Lane,
Underbarrow ☎ 015395 68959 Email: brian.crowe@ymail.com

Reader: Maureen Stevens ☎ 01539 734358 or m-stevens@hotmail.co.uk

Churchwardens: Mr. John Lee ☎ 015395 68470
Mr. Peter Smith ☎ 015395 68927

St. Catherine's, Crook

Vicar: Rev'd. George Briggs, St. Thomas Vicarage, South View Lane,
Windermere Rd, Kendal. ☎ 015395 83058

Readers: Tony and Hilary Fitch ☎ 015395 68577 or fitchesuk@aol.com

Churchwardens: Mrs. Ruth Hunter ☎ 015395 60117
Mrs. Mary Allcock ☎ 01539 821312

Magazine Editor next month: Colin Edwards – ☎ 015395 68879
Magazine postbox c/o Crosthwaite Vicarage
E-mail: twovalleysnews@yahoo.co.uk

Advertising Manager: Matthew Dobson, Aspen, Crosthwaite. LA8 8BS ☎ 015395 68849

Magazine postal service: Matthew Dobson, Aspen, Crosthwaite. LA8 8BS ☎ 015395 68849

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Items for entry to the Editor(s) by 12th of previous month by e-mail or letter please

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