

# TWO VALLEYS PARISH NEWS

[www.crosthwaiteandlyth.co.uk](http://www.crosthwaiteandlyth.co.uk)



Serving the parishes of Cartmel Fell, Crook, Crosthwaite, Helsington, Underbarrow, Winster, & Witherslack

**JANUARY 2022**

**TOP**



**Crosthwaite Christmas Fair - Saturday, 4th December 2021**

**Cover picture: Supernumerary rainbows over the vicarage  
(Charles Walmsley)  
Church miniature pictures from watercolours by John Wilcock**

## Church Services for JANUARY 2022

(subject to any Covid restrictions permitting)

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### Sunday 2<sup>nd</sup> January The 2<sup>nd</sup> Sunday of Christmas

9.30am	Cartmel Fell	Matins (BCP)	Mr. David Hunt
9.30am	Underbarrow	Holy Communion (CW)	Rev. Bob Dew
9.30am	Witherslack.	Carol Service for persecuted church	Rev. Michael Woodcock
11.00am	Winsten	Carol Service for persecuted church	Rev. Michael Woodcock
11.00am	Crook	Morning Worship (CW)	tbc
4.00pm	Crosthwaite	Carol Service for persecuted church	Rev. Michael Woodcock

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### Thursday 6<sup>th</sup> January The Epiphany

9.15am	Crosthwaite	Holy Communion (CW)	Rev. Michael Woodcock
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### Sunday 9<sup>th</sup> January The 1<sup>st</sup> Sunday of Epiphany

9.30am	Cartmel Fell	Holy Communion (BCP)	Rev. Michael Woodcock
9.30am	Underbarrow	Holy Communion (CW)	Rev. Simon Howard
10.00am	Witherslack	Family Service	Rev. Michelle Woodcock
11.00am	Winsten	Morning Worship (CW)	Nick Gray & Dorothy Grace
11.00am	Crook	Morning Worship (CW)	tbc
11.00am	Crosthwaite	Morning Worship (CW)	Rev. Michael Woodcock

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### Sunday 16<sup>th</sup> January The 2<sup>nd</sup> Sunday of Epiphany

9.30am	Cartmel Fell	Morning Worship (CW)	Mrs. Wendy Ellis
9.30am	Underbarrow	Holy Communion (CW)	Rev. Ron Rutter
9.30am	Witherslack	Holy Communion (CW)	Rev. Michael Woodcock
11.00am	Winsten	Holy Communion (BCP)	Rev. Michael Woodcock
11.00am	Crook	Holy Communion (CW)	tbc
11.00am	Crosthwaite	Morning Worship (CW)	Rev. Michelle Woodcock

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### Sunday 23<sup>rd</sup> January The 3<sup>rd</sup> Sunday of Epiphany

9.30am	Cartmel Fell	Holy Communion (BCP)	Rev. Vic Sekasi
9.30am	Underbarrow	Morning Worship (CW)	Rev. Simon Howard
11.00am	Winsten	Matins (BCP)	Mr. Roger Bingham
11.00am	Crook	Morning Worship (CW)	tbc
11.00am	Crosthwaite	Holy Communion (CW)	Rev. Simon Howard
4.00pm	Witherslack	Evensong (BCP)	Mrs. Dorothy Grace

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### Wednesday 26<sup>th</sup> January

7.30pm	Crosthwaite	Refresh
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### Sunday 30<sup>th</sup> January Candlemas

9.30am	Underbarrow	Holy Communion (CW)	Rev. Simon Howard
11.00am	Winsten	Holy Communion (BCP)	Rev. Michael Woodcock

## *A LETTER FROM MICHELLE WOODCOCK*

Believe! It's an interesting word, and one I have been hearing frequently in this past few weeks.

I'm writing this letter in the middle of December when I have just bought a new Christmas jumper. It's from M&S and is very smart....black with multicoloured letters spelling the word 'believe'. I thought it would look good with my 'uniform' as a priest and might be a bit of a talking point, a Christmas jumper and a bit of a laugh. I was prompted to go and buy one after my Twitter feed almost melted with pictures of delighted female clergy across the country wearing one. I was very happy to jump on the bandwagon. The jumper has been so popular with female clergy it has even made it into a piece in the Times Newspaper!



Also in the news this week have been many stories about events that may or may not have taken place in London last Christmas . I don't want to make any political comment or take any sides, but I have heard people of all political persuasions wondering just what to believe and who might be speaking the truth.

The word 'believe' means to accept that something is true, especially without proof.

It seems to me that it is becoming increasingly difficult to know what to believe or who to believe in all sorts of areas of our life just now. The ongoing pandemic leaves us questioning whether things we have previously taken for granted will be able to go ahead with everything from a simple meet up with friends to bigger planned events hanging in the balance right up until the point they are due to happen. There is huge uncertainty and our beliefs are being challenged on all levels.

So, as we head into a New Year which will undoubtedly be full of more uncertainty than we would have hoped for I would like to share with you this Bible verse which I often hold on to in these challenging days.

"Jesus Christ is the same yesterday, today and forever." (Hebrews 13:8)



I have found that when everything else is shifting all around me and I don't know who or what to believe, that this statement is still true. Jesus can be trusted to walk with us as we face these storms. He is the one faithful friend whom we can believe in and rely on, and an anchor through all the challenging storms ahead.

Wishing you and those you love a Happy and Healthy New Year.

Michelle x

*Michelle Woodcock*

FROM THE REGISTERS



**Funerals** With sympathy, we remember those who have recently passed away:

- 7th December Shirley May Holt (86) Funeral & Burial at All Saints Underbarrow
- 14th December John Wild (90) Funeral & Burial at Holy Trinity Winsters
- 16th December Eric Bowman (92) Funeral Service at Beetham Crematorium

CALLING ALL VILLAGES

**Two Valleys Mission Community House Groups**

What is a house group? Well, it's a group of people, perhaps 8-10 individuals, who meet together regularly (possibly every fortnight or once a month) in someone's home to study and discuss aspects of the Christian faith. This could be anything from a Bible passage or a character in the Bible to a current issue that affects us personally – it can be wide-ranging. The crucial thing is that those who meet develop friendship and trust so that we can support each other in a meaningful way through honest discussion.

The plan is to set up as many groups as required, across the whole Two Valleys Mission Community. There will be a designated leader for each group to coordinate its meetings, but not necessarily to lead or host the meetings – this could be a shared role. Each group will decide itself how frequently to meet, and where and what time of day, depending on where people live and availability during the day or evening.

If you would like to be in a house group, or would just like more information, please contact  
Pat Howarth ([howarth8hr@btinternet.com](mailto:howarth8hr@btinternet.com)),  
Dorothy Grace ([dorothygrace01@btinternet.com](mailto:dorothygrace01@btinternet.com)) or  
Rev. Michael Woodcock (68276, [mich@elwoodcock.com](mailto:mich@elwoodcock.com)).

## **An extra “Carol Service for the Persecuted Church”**

On Sunday 2nd January we will be holding an additional Carol Service in Witherslack, Winster and Crosthwaite. This is a Service for the Persecuted Church and includes some short stories of Christians who are struggling to live today in places such as Ethiopia, Iran, Bethlehem, and Iraq. We will still be within the 12 days of Christmas (2nd January will be the 9th day of Christmas) so it will be good to sing our traditional Christmas Carols again and to hear the Christmas Story related to those in other parts of the world.

Come along to any of them on Sunday 2nd January:

9.30am at St. Pauls Witherslack

11.00am at Holy Trinity Winster

4.00pm at St. Mary's Crosthwaite

## **Two Valleys Prayer Meetings**

We are beginning again our monthly gatherings to Pray for our Parishes. On the last Tuesday of each month we will gather at 1.00pm at The Vicarage in Crosthwaite during the colder months (and in our churches by rotation in the warmer months). Bring sandwiches if you wish and we will eat lunch and chat for a while, then turn to a short time of Prayer for our parishes and end by 1.45pm. We will also aim to cover a theme in our prayers each month as well, which we will advertise in the weekly Notice sheets beforehand. Do come along as we use different ways of praying (use of music, silence, visual aids, etc.)

We meet this month at 1.00pm on Tuesday 25th January at the Vicarage in Crosthwaite.

## **Refresh has been Refreshed!**

Refresh will restart in January 2022 but in a slightly different format. It will be every two months (Jan, Mar, May, Jul, Sep, Nov) on the last Wednesday of the month at 7.30pm. As before, it is for everyone across the Two Valleys Mission Community, and is hosted in Crosthwaite Church, where there is space for us to keep suitable Covid distance from each other. There will be refreshments at the start – tea/coffee with quality biscuits – and then a greater focus on music-based contemporary worship, with a more flexible structure than before. The whole thing will last about an hour. Curious? Just come along and see if you like it! Please contact [dorothygrace01@btinternet.com](mailto:dorothygrace01@btinternet.com) if you'd like to know more.

## **Dementia Hub**

The next Dementia Hub Meeting will be held on January 11<sup>th</sup> 2022 from 2.00-4.00 p.m. at the Abbot Hall Social Centre.

## William Laud

Usually my article for January deals with some aspect of Epiphany, a major liturgical season which begins on 6 January. But January has several commemorations in the Common Worship calendar, so this year I've decided to write about one of these: William Laud, Archbishop of Canterbury, whom we remember on 10 January, the anniversary of his beheading on Tower Hill. Laud is often said to have had quite humble beginnings, and to a degree that's true: his father was a clothier or master-tailor, but his mother was sister of Sir William Webbe, who became Lord Mayor of London. So although not from the gentry, Laud was from a reasonably well-established background, and in 1589 he became a student at St John's College Oxford, graduating as Doctor of Divinity by 1604. Even at this stage in his career, he was openly hostile to the quite plain way of doing things associated with the Calvinists, who were coming to dominate under the new rule of James I (1603-25). This is what characterises Laud: throughout his public life he fought to restore something of the solemnity of pre-Reformation liturgical practice. He thought the altar was more important than the pulpit, a view not shared by the Calvinists or Puritans; he wished to have the holy altar sited at the east end of the choir and protected by rails, rather than in the centre of the choir, as was more common at the time; and he was a convinced supporter of the ecclesiastical hierarchy, proclaiming that 'there could be no true church without diocesan episcopacy'. As Laud rose up through the ecclesiastical hierarchy himself, he was increasingly able to enforce his views, despite their increasing unpopularity as the Puritans gradually gained the upper hand. The outcome, perhaps predictably, was that those who held opposing views began to unify against him.

Laud became Dean of Gloucester in 1616, Bishop of St David's in 1621, Bishop of Bath and Wells in 1626, Bishop of London in 1628, and finally Archbishop of Canterbury in 1633. Charles I (1629-45) at first put a great deal of trust in him, but this waned as Charles came to recognise that Laud's determined enforcement of ritual was adding to the growing divisions in church and state. This, together with what was Laud's probably unavoidable entanglement with the increasing political turmoil around Charles, meant that by 1640 Laud's enemies felt able to accuse him of treason and have him imprisoned in the Tower and then beheaded. In the end he was a victim of the tussle between King and Parliament: it was Parliament that pressed for his execution, despite the fact that no specific treasonable acts were identified, and despite the fact also that the increasingly powerless Charles granted him a royal pardon. History swung in Laud's favour when, following the Civil War and the puritanical Commonwealth period, the Church of England, in a more monarchical guise, was restored under Charles II. His reputation has grown since then as a result of the increasingly formal liturgical practices adopted by the Church of England in the nineteenth century.

Laud was a considerable scholar and for a time was Chancellor of Oxford, creating professorships in Hebrew and Arabic, donating a considerable collection of manuscripts to the Bodleian Library, and carrying through a number of fundamental reforms in the way the university was run. He was also notable in his support of other scholars. But there is no doubt that many of the difficulties he faced were of his own making.

## Eric Joseph Bowman – a Tribute

Eric Joseph Bowman was born at 80 Umfreville Road, Harringay, North London on June 1, 1929 to Lilley Wingfeld (also known as Cissie) and Joseph Bowman. Lilley had worked with Joe's sisters, Ann and Grace, as a seamstress and it was as a result of this connection that they met. Joe had left home as a young boy of thirteen or fourteen, not having had a good relationship with his father, and part of his first job was to sleep on the counter in a jeweller's shop at night to ensure everything was safe, living on the premises during the day as well. He subsequently became a jeweller and pawnbroker with his own premises on Pimlico Road, London.

At five years of age Eric started attending the local Maddison Road Primary School. Family life was very happy, with forays to Wittering on the coast at weekends on motorbikes with sidecars. Cooking sausages on a campus stove with other members of his family who lived on the same street in Harringay was a great delight and Eric was to later repeat the experience with his own wife and daughter. However, life changed dramatically for Eric when he was about seven, as his dear mum collapsed and developed a thrombosis in her leg, which was amputated, followed by her other leg. She left hospital in a wheelchair and although her son was so young, he adapted to life well and with courage and managed to take his mum shopping in her wheelchair, also developing many skills around the house so as to be as supportive as possible.

In 1939 Eric was evacuated to Wisbech, Cambridgeshire. He was placed with a couple of families, but as he was to attend a school in Leverington, he ultimately settled with the very kind Shinkin family and lived on their farm in an old, basic farmhouse, with oil lamps, horses and large strawberry fields. He enjoyed being let off school to carry baskets/chips to the strawberry pickers. Apparently, there were two special rows of strawberries, the size of which he had never seen before – they were enormous – like large plums or apples. The farmer's wife used to make marvellous jam rolls full of strawberries, which made a lasting impression on him.

After a while, however, Eric had to return to London to help his mum and dad, as Cissie then suffered a further thrombosis in her arm, which also necessitated amputation. Life was very hard. Cissie died and Eric and his father, with the help of extended family members coped well with life, although missing Cissie tremendously, as she had been so very much loved by all.

When Eric was about eleven years' old he won a scholarship to a fee-paying public school called Stationer's Company School in Hornsey. It was to provide him with an excellent education which his family would not otherwise have been able to afford.

Eric left school at sixteen, his heart set on becoming a chartered quantity surveyor. Joe, his father, made great efforts to find a suitable firm – Widnell and Trollope, which was opposite St. James' Park station, Victoria, with M15 on the floor below. He was to be articled there for four years, earning £1.00 a week the first year, to be increased by five shillings a week after each year. His dad was intent that Eric should have a job with a pension, unlike his own job as a jeweller.



As time went on Joe was to marry again. Eric now had a stepmother. The marriage proved very quickly to have been too hasty and it caused much unhappiness for Eric and Joe, so when Eric met Esther through a mutual friend at Streatham ice rink, whilst watching a hockey match, it was both uplifting and a joy as their relationship developed and they married in March 1951, buying a ramshackle and dilapidated property in Stoneleigh, Surrey. Life was again challenging, and finances extremely tight, but also full of hope.

Eric had been forced to defer his qualifying as a chartered quantity surveyor due to the war, and thus qualified in 1951. Having married the same year, he went straight into the army as a staff sergeant for two years. He was stationed at York with the Command of Royal Engineers East and West Ridings (known as CRE), was billeted in New Earswick and cycled to work for a part-time job at Terry's chocolate factory on a pushbike. He used to return home once a month on a motorbike, just for the weekend, from Friday lunchtime to lunchtime on Monday.

In 1953, having left the army, he returned to Widnell and Trollope and subsequently joined the Ministry of Works in 1955, the same year that his daughter Lynn was born. He had applied to work for the Civil Service, encouraged by his former colleague who had secured a position there. He was interviewed by nine people and subsequently offered five different positions with various departments and he selected the Ministry of Works. During his time there Eric worked on the Ministry of Defence building at Whitehall, the National Physical Laboratory at Teddington, Hampton Court Palace and spent three years rebuilding Downing Street between 1960 and 1963. In 1963 he joined the Ministry of Housing and Local Government on the rehousing programme, building 400,000 houses a year under the then government. The Property Services Agency was subsequently formed and he was transferred to them, being responsible for the Post Office, which included telephones and post office work. Dips and Cons - Diplomacies and Consulate work – was subsequently added to the role. Later Eric moved to the Department of the Environment, where he was responsible for all building surveyors and architects. His last position before retiring was Director of Architectural Building and Quantity Surveyor Services. As he undertook defence work, Eric was given the army rank of Major General and, had there been a nuclear war, he would have had the role of Director of Works in the North East of England bunker. He was very proud to be included in "Who's Who" as well, although he was also humble about that fact.

Eric's family life with his wife and daughter brought him much joy and he continued enjoying visiting the coast and undertaking activities which had uplifted him as a child. The family was based in Surrey, had a good network of friends and spent time living in Guildford and Chipstead. Lynn married Stephen in 1978 and Eric and Esther then welcomed the births of grandsons Matthew and Thomas a few years later, experiencing such joy as a happily married and close couple, living in Crosthwaite, following Eric's retirement. A former boss of his, Bill Adam, and his wife, Sybil, had introduced them both to the area a few years before. They stayed with Nel Dobson at Cartmel Fell and explored the Lake District enthusiastically, buying Guide Post Cottage, Crosthwaite, a

couple of years before retirement, moving permanently to Mearsons Farm in the village when Eric retired.

Eric had always been an active man and when he took up interests he got thoroughly involved in them. As a child he had joined the Scouts, subsequently becoming a King Scout (his name featured in a book at St. George's chapel at Windsor castle to this effect), and he learned how to play crown green bowls, becoming a referee and never did anything by halves. He and Esther so enjoyed fell walking, gardening, reading, had attended and sold items at antiques fairs and loved going to car boot sales. Eric appreciated all kinds of music, but especially jazz, had played squash in his younger days, was a good swimmer and fisherman and an accomplished artist. His interests led him to become a founder member of the Crosthwaite Crown Green Bowls club, getting involved in the provision of the members' hut and sifting the earth to remove stones when the green was being created. His interest in this particular hobby spurred him on to qualify as a referee. He established the local flower show and enjoyed being a founder member of the art club in the village. He and Esther used to enjoy cultivating sweet peas for the local show for which they regularly won cups. Meeting up with local friends at the Exchange and attending Age U.K. lunches at the Damson Dene Hotel were also a joy for him. Strawberry teas on the green and bonfires at Hubbersty Head in years gone by were also a delight. Cooking and DIY kept him really busy.

Esther suffered from cancer for the last six years of her life, but she and Eric were able to celebrate their Diamond Wedding anniversary just before she died at St. Mary's Hospice in Ulverston, where Eric subsequently volunteered and worked in the Orangery café there. He was thrilled when his grandson Matthew married Fleur but devastated to lose him also to cancer in 2017. He coped well with life though and enjoyed the time with his daughter and son-in-law when they joined him to live at Mearsons Farm in 2018. He always appreciated the support of friends and the community in Crosthwaite and felt privileged to live there.

Many have described Eric as a gentleman. He was loyal, trustworthy, hardworking, discreet and an excellent husband and father. There was no side to him and he was indeed an intelligent, gentle man. Determined, focused, compassionate, with a wicked sense of humour at times. Life had dealt him hard blows along the way, but he remained positive and courageous to the end. He passed peacefully at St. Mary's Hospice, Ulverston where Esther had died in 2011 in the next room, having had the most excellent care from medical staff and those who loved him, in the presence of his daughter and son-in-law. He will be sorely missed, but leaves us with such an astonishing legacy. Eric made his mark on the world and leaves it a better place.

### **Encyclopaedia Britannica**

If anyone is interested in a full set of Encyclopaedia Britannica from 1992, then do contact Michael Woodcock on 015395 68276 or email [mich@elwoodcock.com](mailto:mich@elwoodcock.com). Happy to accept a token offer.

## SOME SNIPPETS OF LOCAL HISTORY

Some thirty years ago Frances Adams, a lovely lady who lived latterly in Underbarrow, knowing that I was interested in local history, gave me some pages from an account that she had written about her family, who came from the Lyth Valley. It was part of a little booklet that she had put together “for Matthew and Elizabeth” who I assume were her children. It seems that Frances was related to the Taylor and Martindale families, and to Edward Inman of Draw Well, on the Howe. Perhaps some reader will put me right about that. Sadly, Frances died a number of years ago, but I have held onto the papers that she gave me and they are so fascinating that I am setting out below an extract which some may find interesting.

“My mother, who was just twenty in 1915, had a rheumatic fever while she was at Broad Oak. It is difficult, nowadays, to imagine the rigours of everyday life in the country then; out in all weathers (and in Westmorland that meant out in a lot of wet weather); a fire in the kitchen, mostly of peat though with some coal which they brought themselves from the railway station by horse and cart; And no heat anywhere else in the house; the lavatory across the orchard, a spotless little white-washed building with a scrubbed wooden seat, usually with two holes, so that two could use it together.

“The bread, and all the food, was cooked in the fireside oven; the potatoes were boiled on top of the open fire, the bacon fried. The fireplace was of black lead and shiny steel, which needed a lot of elbow grease to keep it clean and bright. There was a crane hanging down from the chimney from which the pans and kettles were suspended. Water was heated in a side boiler and taken out as required in a “lading can”. The kindling for the fire had to be chopped and brought in every day; the peats carried in, in a swill, from the peat-house. The oil lamps had to be trimmed and filled up with paraffin, their glasses polished; the flagged floor to be washed daily. Calves, pigs and hens had to be fed morning and evening; and apart from the hen corn, there was little dry feeding then. The meals [grain], which, again, they would bring themselves from the nearest mill (most villages had a working mill) were first mixed with some cold water into a paste and then has boiling water poured over, stirred with a stick, some skimmed milk added, and then carried to the calves, two by two; then back to the house for the next lot. A pig tub was kept near the back door somewhere out of sight (and smell) into which scraps and leftovers were slung; and this would be added to the pig food. All this was women’s work.”

More next month.....

**Tony Fitch.**

### **Two Valleys News Email Address has changed**

If you need to contact the editors of this magazine, **the email address has changed.** It is now **tvn@crosthwaiteandlyth.co.uk**.

**It feels like everything is getting more and more expensive and with Christmas coming up, I'm really worried about how I'll manage. My partner and I would love to treat our kids but we're keen to avoid huge debts. Do you have any advice?**

Christmas can be costly for many of us and we know lots of people are struggling already this year. There can be a lot of pressure to spend more than you can afford, so here are a few key things to remember.

### **Be realistic and budget accordingly**

Work out how much you can afford to spend – and stick to it. There's nothing wrong with managing expectations, and suggesting things such as spending limits, secret Santas or maybe even that you don't need to swap gifts.

### **Don't forget the everyday bills**

Remember that the rent or mortgage, utility bills, food bills and other existing debts still have to be paid – the consequences can be severe if they're not. Even though it's Christmas, it's not worth starting the New Year being behind on your bills.

### **Tempted by Buy Now Pay Later (BNPL)?**

While it can be tempting to split payments, make sure you have a plan for how to pay the money back - particularly if your circumstances or income were to change. If you're using BNPL repeatedly or using multiple BNPL options, make sure you know how much you owe in total. Make sure you understand what you're signing up for, how you'll make the repayments and what will happen if you can't pay on time.

### **Buy safe to be safe**

Whatever the deal, whatever the temptation, don't buy from unauthorised traders and don't borrow from unauthorised lenders. These could put you at risk of unscrupulous collection methods – including threats and harm, unsafe products and unexpectedly high interest rates. You may also not be protected by Financial Conduct Authority rules.

### **Shop around**

Try as many different places as possible to find the best price. Buy what you want and not what other people say you need. Be wary of extended warranties; the cost of a repair could be less than the cost of the warranty.

### **Get help if you're struggling**

If you're worried about paying the bills, get free, independent advice as soon as possible. There's lots of information on the [Citizens Advice website](#) and you can call **South Lakes Citizens Advice** on **015394 46464** where an adviser will be able to help you understand your options and come up with a plan.

## Storm Arwen - Electricity North West Compensation

Our engineers have now restored power to 110,200 customers following the devastating damage to our network caused by Storm Arwen, the worst we have seen for a number of years.

We work hard to make sure you have a reliable and safe power supply. But there are lots of things outside our control that can cause problems.

### Claiming compensation for a power cut

Once we have restored supplies to all properties and the incident has been closed we will start to assess payments that are due. At this moment you do not need to do anything, we will manage this for you. We will proactively contact you in regards to these payments.

Thank you for your patience,

Kind Regards

**Scott Brogan**

Customer Advisor

Electricity North West



## MAGAZINE SUBSCRIPTION 2022

Subscriptions for 2022 are DUE at the beginning of January.

The price has to be increased to £6.50.

Parishioners, please pay your Parish Distributor promptly.

For those who get the magazine by POST, please make out a cheque for £14.50 made payable to **Crosthwaite PCC** and sent to

Matthew L. Dobson at

Aspen, Crosthwaite, KENDAL Cumbria LA8 8BS.

If paying by BACS (**sort: 40-26-02, a/c: 20262366**), please let me know, otherwise you may not receive the TVN.

Those on the Helsington postal list,  
please make your cheque payable to

**Underbarrow with Helsington PCC**

and send it to Ms. Marilyn Taylor at

5 Crow Wood, Brigsteer, KENDAL LA8 8AW

**Matthew Dobson** (015395 68849)

# NOTICES FOR INDIVIDUAL PARISHES

## CARTMEL FELL

### Sunday Lunch

Cartmel Fell Community Trust are holding a Sunday Lunch.

On Sunday 27th February 2022.

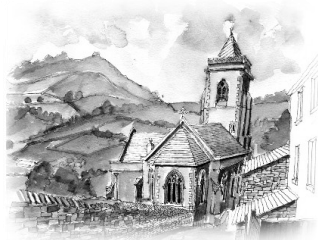
More details in next month's magazine.



## CROSTHWAITE

### Argles Memorial Hall 100 Club

A massive THANKYOU to everyone who joined our 100 Club last year. Thanks to you, we have been able to carry out essential maintenance work to the Hall. Renewal forms will be dropping into your email 'inbox', or through your letter box shortly; could all renewals be made by the 16th January? – any numbers not renewed by then will be offered to those on our waiting list! Again, many thanks and good luck for the draws next year!



## Crosthwaite Pantomime

It is with great disappointment that due to the uncertainty regarding the Omicron Covid 19 variant, the Panto Players have decided to POSTPONE the performances of GRANNY GET YOUR GUN from January until November 2022. We know you will all be disappointed – as are we – but hope that you agree this is the right decision made for our community. See you in November (oh yes we will!).

## Crosthwaite Panto Players



### EXCHANGE UPDATE

#### Future Exchange Dates:

**Wednesday 5th January, 2022.**

Special New year Lunch Party

with complimentary drink, earlier time of 12.30pm.

**BOOKING ESSENTIAL** no later than

**MONDAY 3rd JANUARY 2022.**

We look forward to seeing you all!



# **UNDERBARROW**

## **Annual Afternoon Social**

Underbarrow Village Hall Management Committee will be holding their annual afternoon social in the Village hall on Sunday, 9th January at 1.30 pm.

Hot Food and homemade desserts.

Available to anyone aged 65 and over and living in Underbarrow.

Please contact Valerie on 015395 68655 by the 3rd January if you would like to attend.



# **Charity Quiz Night 2nd February 2022**

## **The Black Labrador, Underbarrow**

### **Quiz starts 7:30: Teams of four**

### **Tickets: £5.00 per person to include sandwiches and chips**

Tickets available from Black Labrador pub or any committee member.

**Have a great evening having fun with friends and  
exercising those brain cells, whilst raising money  
for local charity.**

**Great Prizes to be won!**

**4 bottles of wine for the winning team**



**2 bottles for second place**



**Box of chocolates for third prize**

Current Covid19 precautions will be in place.

The Quiz night may be subject to change dependant on Covid 19 restrictions.

In the event of cancellation due to Government restrictions ticket money will be refunded.

## WITHERSLACK

### “Vicar’s Surgery” - last Wednesday of each month at The Derby Arms.

As I live some distance away from Witherslack and know it can be difficult for people to feel I am available in the village itself, I intend to come once a month to the Derby Arms generally on the last Wednesday of each month whenever possible from 12.00pm- 2.00pm. I will settle myself down at The Derby and can then be available for a kind of “Vicar’s Surgery” for a couple of hours. Do feel free to join me for a catch-up, a general time of sharing information of how things are in Witherslack, or for a more private conversation.



The first one will be 12.00pm-2.00pm on Wednesday 26th January, and likewise on the last Wednesday of each month whenever possible from then on.

**Rev. Michael Woodcock.** 015395 68276 email: [mich@elwoodcock.com](mailto:mich@elwoodcock.com)

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**theWI**  
**INSPIRING WOMEN**

## REPORTS & NEWS

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### BRIGSTEER

We held our Christmas Party in the Village Hall this year and Nicky and Sue did a great job of decorating the tables and organising the entertainment and music. Dorothy got us into the festive spirit with a poem. We then had to rack our brains over a Christmas quiz which was won by Jackie and Liz. We raised a glass to Elizabeth Bradshaw, who will be missed by us all.

Susie has put a great programme together for 2022, starting off with the first of our Open Meetings on Wednesday 12th January when David Hall, Manager of Blackwell Sailing will tell us all about this charity's work with the huge disabled - Life Through Sailing - Sailing Through Life.

We then have Sandra Gold-Wood at our February meeting talking about The Canary Girls - the forgotten heroines of the munitions factories.

Sandra and her supporters are campaigning to establish a memorial in the National Memorial Arboretum in Staffordshire, to honour the Canary Girls of both world wars.

All are welcome to our Open Meetings from 8pm and new members and visitors are very welcome to our meetings at 7.30 on the 2nd Wednesday of every month. Call Dorothy or Liz on 01539568048 / 01539324545 for more details.

Crosthwaite and Lyth W.I. gathered in force for their A.G.M. with 21 members present. After a lusty rendition of Jerusalem behind their masks we heard reports of the year's activities which had been very varied despite restrictions and details of next years programme which certainly has something for everyone and promises to be great fun. Members then enjoyed a little cheese and wine accompanied by a complicated quiz set by Jean Sherratt for which sadly there was no booby prize. The evening ended with Denise and Barbara performing their wonderful "Highly commended and prize winning" poem and reading with which they had competed in the County Reading Aloud competition. No wonder the judges enjoyed it, we certainly did.

## UNDERBARROW

Twenty ladies, members of the W.I. and guests, celebrated Xmas with a three course lunch at the Black Labrador pub in the village, where they were extremely well looked after in a traditional seasonal setting. W.I. Meetings will commence again in the New Year on Wednesday 12th January at 2.00pm in the upstairs room at the pub. They will be having a talk about Cumbria's past involvement with slavery. January is a good time to join the W.I. If anyone has been thinking about coming along, please contact Maggie Stockdale on 015395 68662.

**\* MISLEADING SIGNS:-**

1. In a Laundromat: Automatic washing machines: Please remove ALL your clothes when the light goes out
2. In a London department store: Bargain Basement Upstairs
3. In a department store conveniences: toilet out of order - please use floor below.

# Two Valleys Churches

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## **Cartmel Fell, Crosthwaite, Winstar, and Witherslack**

**Parish Priest:** Rev'd. Michael Woodcock, The Vicarage, Crosthwaite, LA8 8HX

(not available Fridays) [mich@elwoodcock.com](mailto:mich@elwoodcock.com)

015395 68276

**Associate Priest:** Rev'd. Michelle Woodcock

[michellewoodcock74@hotmail.com](mailto:michellewoodcock74@hotmail.com)

**Reader:** Dorothy Grace

[dorothygrace01@btinternet.com](mailto:dorothygrace01@btinternet.com)

### **St. Anthony's, Cartmel Fell**

Churchwardens: Mr. Anthony Clarke 015395 31481

Mrs. Vanda Lambton 015395 31311

### **St. Mary's, Crosthwaite**

Churchwardens: Mr. Matthew Dobson 015395 68849

Mr. John Holmes 015395 68599

### **Holy Trinity, Winstar**

Churchwarden: Mrs. Lily Holme 015395 60247

Mrs. Cath Casson 015394 44958

### **St. Paul's, Witherslack**

Churchwardens: Mr. Tony Walshaw 015395 52491

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## **Underbarrow with Helsington**

**Associate Priest:** Rev'd. Simon Howard

[revdsimonhoward92@outlook.com](mailto:revdsimonhoward92@outlook.com) : 07719 889577

For baptism, wedding, & funeral enquiries contact the **Church Administrator:**

**Janet Sullivan** [assjadmin@stkmail.org.uk](mailto:assjadmin@stkmail.org.uk) : 01539 730683

Churchwardens: Mr. John Lee 015395 68470

Mr. Peter Smith 015395 68927

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## **St Thomas' Kendal with St. Catherine's, Crook**

**Parish Priest:** Rev'd. George Briggs, St. Thomas Vicarage, South View Lane,

Windermere Rd, Kendal.

[george@stkmail.org.uk](mailto:george@stkmail.org.uk) : 015395 83058

**Curate:** Rev'd. Vic Sekasi

[vsekasi@gmail.com](mailto:vsekasi@gmail.com) 07786 061972

**Readers:** Tony and Hilary Fitch [fitchesuk@aol.com](mailto:fitchesuk@aol.com) :

015395 68577

**Church Administrator:**

**Janet Sullivan** [crookadmin@stkmail.org.uk](mailto:crookadmin@stkmail.org.uk) : 01539 730683

**St Catherine's Churchwardens:**

Mrs. Lilian Atkinson 01539 821389

Mrs. Mary Allcock 01539 821312

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**Safeguarding Officer:** Mrs. Jane Eccles 07779 953763 : 015395 58138

**Magazine Editor next month:** Jolyon Dodgson (015395 52222)

Magazine postbox c/o Crosthwaite Vicarage. e-mail: [tvn@crosthwaiteandlyth.co.uk](mailto:tvn@crosthwaiteandlyth.co.uk)

**Advertising Manager and**

**Magazine postal service:** Matthew Dobson, Aspen, Crosthwaite. LA8 8BS  
( 015395 68849)

## REGULAR EVENTS

(all subject to latest pandemic advice — please ring)

### HELSINGTON & BRIGSTEER

Book online at [brigsteervillagehall.co.uk](http://brigsteervillagehall.co.uk)

Contact Ann Bryan ( 015395 68067)

Pilates Intermediate	Mondays 09:15 - 10:15
Pilates Fundamentals	Mondays 10:30 - 11:30
Circle Dancing	Tuesdays 10:00 - 11:45
Table Tennis	Tuesdays 19:00 - 21:00 September to May
Yoga	Wednesdays 09.30 - 11:00
WI	Second Wednesday of the month 19:30
Dru Yoga	Wednesdays 18:00 - 19:30
Tai Chi	Thursdays 13:45 - 15:45
Pilates	Fridays 12:00

### CARTMEL FELL

For bookings contact Helen Caldwell Tel. 015395 68428

Women's Institute	First Wednesday in the month at 7.30pm
Local History Society	Second Monday in the month at 7.30pm during winter

### CROOK MEMORIAL HALL

For bookings contact Mrs. Kath Jackson Tel: 01539 821415

Music Group	Monday morning
Art Group	Monday afternoon
Table Tennis	Monday and Friday 7.30 – 10.00pm (from September during the winter months)
Guitar Group	Tuesday morning
Young Farmers Club	Occasional Tuesdays 7.30 – 9.30pm
WI	First Wednesday in the month (afternoons in winter, evenings rest of year)
Sewing/Craft Group	Occasional Wednesday evenings
Aerobics/Body Toning	Thursday 10am – 11.00am
Folk Dance Group	Thursdays 7.30pm – 10.00pm
Painting Group	Friday afternoon

### MAGAZINE DEADLINES

Items for entry to the Editor(s) by 12<sup>th</sup> of previous month by e-mail or letter please.

## CROSTHWAITE MEMORIAL HALL

Please check bookings online at website address:

[www.crosthwaiteandlyth.co.uk/memorialhall.html](http://www.crosthwaiteandlyth.co.uk/memorialhall.html)

For Bookings contact Kath Edwards **015395 68879**

Playgroup	Thursdays 9:30 to 11:30 (school term time)
Indoor Bowling	Tuesday and Thursday 7.30 – 10.00pm (Oct 5-Dec 16: Jan 6–Mar 31)
Exchange	<b>Lunches</b> 1st Wed of Month 1pm-3pm (12.30 on 5th Jan) <b>Teas</b> 3rd Wed of Month 2:30-4:30pm from Sept
Yoga	Wednesdays 7.00 – 8.30pm
WI	Social afternoons Monthly 1st Tuesday. 2-4pm Evening Meetings Monthly 3 <sup>rd</sup> Wed 7.30 to 9pm
Art Club	Mondays 1.30–4pm (Not 3rd January)

## UNDERBARROW INSTITUTE

For bookings contact Valerie O'Loughlin: Tel. 015395 68655

Snooker Club	Mondays from 7.30pm
WI	Every 2 <sup>nd</sup> Wednesday of the month - 2pm, October to March inclusive, 7.30pm, April to September inclusive

*Underbarrow Institute is taking bookings for events again from 1st September.*

## WINSTER

For bookings contact Jane Crowe: Tel. 015394 44098

Vinyasa Yoga	Tuesdays 7pm — 8pm
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## WITHERSLACK

For bookings contact Julie Walker (Tel 015395 52211)

Indoor Bowling	Wednesdays 7.30pm - 10pm (from September to end of April). New members welcome - all equipment is provided.
Parent & Toddler Group	Tuesdays 10am until Noon in the Parish Hall
Tea & Chat	Every Monday 1.30pm - 2.30pm in the Parish Hall
Women's Institute	Every 2 <sup>nd</sup> Tuesday of the month at 7.30pm
The Art Club	Fridays 9.30am - 12.30pm
Yoga	Wednesdays 6.00pm in the Dean Barwick Hall (£7/session)



## Caring for our Community

Are there times when you feel lonely, or in need of a listening ear? Many of us have struggled through these last months to come to terms with the effects of the pandemic.

There is now a small team of community visitors, alongside Rev. Michael Woodcock, for the parishes of Cartmel Fell, Crosthwaite, Winster, and Witherslack; each has been safely recruited under our Safeguarding Policy and is trained and experienced in this role. Please feel free to contact any of the team below if you would like some company, a phone-call or a friendly chat over a (socially-distanced) cuppa, irrespective of which parish you live in. Although we are not professionals, we can be a listening ear. It doesn't matter whether you attend any of the churches or not. All conversations are confidential.

Anthony Clarke (Cartmel Fell)	015395 31481
Lily Holme (Winster)	015395 60247
Pat Howarth (Crosthwaite)	015395 68652
Alyson Groom (Crosthwaite)	015395 68930
Dorothy Grace (Crosthwaite)	015395 68569
Rev'd. Michael Woodcock	015395 68276

## Advertising in the Two Valleys Parish News

Would you like to advertise your company, business, shop, hotel, crafts, art or services to the local community? We have a circulation of almost 700 potential customers!

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Phone 015395 68849 or e-mail [aspendobson@yahoo.com](mailto:aspendobson@yahoo.com)

**To all who advertise in our Two Valley Parish News we say "Thank you" for your support during the past year.**

If you would like to **renew** your advertisement for 2022 *with or without alteration*, or if you would like to advertise for the first time then please contact :

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# The Witherslack Calendar

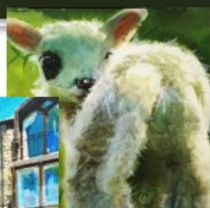
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## 2022 in aid of the Witherslack Community Shop

In conjunction with watercolour painter, Bob Sutcliffe (Bob on Paintings, <https://www.bobonpaintings.com/>), this year's Community Shop calendar features a further 13 of Bob's hand selected watercolour paintings from the local area. This is an opportunity, not to be missed, to purchase images of some of Bob's favourite paintings. The Calendar is available from the Witherslack Community Shop and is very reasonably priced at only £6.50 each. As with previous year's calendars we expect the demand to be high so don't delay, order your calendars at the shop today.



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