

TWO VALLEYS PARISH NEWS



**christian
aid**

Christian Aid Week 2024 12-18 May
See Page 5

**Serving the parishes of Cartmel Fell, Crook,
Crosthwaite, Helsington, Underbarrow, Winster &
Witherslack**

May 2024

70p



CHARITY BINGO NIGHT

Friday 17th
May 2024

Brigsteer Village Hall
£5 for 10 games

Come and enjoy a night of fun and prizes
in support of Carer Support South Lakes

BYO Drinks. Tea/coffee provided

All Welcome

7:00pm to 9pm

Cover picture: Aline Nibogora transporting baked bricks from the brick kiln for her new house.

Church miniature pictures from watercolours by John Wilcock

Church Services for MAY 2024

Sunday 5th May The 6th Sunday of Easter

9.30am	Witherslack	Morning Worship (CW)	Miss W. Ellis
9.30am	Underbarrow	Holy Communion (CW)	Rev.
11.00am	Winstar	Holy Communion (BCP)	Rev. Simon Howard
11.00am	Crook	Morning Worship (CW)	tbc

Thursday 9th May Ascension Day

7.30pm Preston Patrick Church - Deanery Holy Communion for Ascension

Sunday 12th May The 7th Sunday of Easter

9.30am	Cartmel Fell	Holy Communion (BCP)	Rev. Beverley Lock
9.30am	Underbarrow	Holy Communion (CW)	Rev.
11.00am	Crosthwaite	Morning Worship (CW)	Lay team
11.00am	Crook	Morning Worship (CW)	tbc

Wednesday 15th May

7.30pm Crosthwaite Refresh

Sunday 19th May Pentecost

9.30am	Underbarrow	Holy Communion (CW)	Rev. Simon Howard ??
11.00am	United service at High Farm, Crook Lambing Service		

Sunday 26th May Trinity Sunday

9.30am	Cartmel Fell	Matins (BCP)	Mr. J. Lambton
9.30am	Underbarrow	Morning Worship (CW)	Rev.
10.00am	Witherslack	Café Church in the Parish Hall	
11.00am	Crosthwaite	Holy Communion (CW)	Rev. Simon Howard
11.00am	Crook	Morning Worship (CW)	tbc

Sunday 2nd June The 1st Sunday after Trinity

9.30am	Witherslack	Morning Worship (CW)	Mrs. Dorothy Grace
9.30am	Underbarrow	Holy Communion (CW)	Rev.
11.00am	Winstar	Holy Communion (BCP)	Rev. Simon Howard
11.00am	Crook	Morning Worship (CW)	tbc

A LETTER FROM MICHAEL WOODCOCK

Dear friends,

We have reached May and surely by now we must be enjoying some sunshine and drier weather? (I write this in early April when it's still wet, windy and not very warm!). Thus, something more hopeful, more positive surrounds us. Do we look for signs of God's presence all around us in this positive frame of mind or do we pout, sulk and feel grumpy?

God is really all about generosity, abundance, and blessing, but this is an often-missed aspect of Christianity. The God we speak about is the one who transforms our mundane, earthly experiences through such things as creating 150-plus gallons of wine at the wedding in Cana, who turned five loaves and a couple of fish into a lunch to feed over 5000 people, who in the story of Jonah chose to save the rebellious city of Nineveh much to the chagrin of Jonah. This is the God who still pays a full days wage even to those who come late to the party and may only manage one hour's work. And in the parables God is likened to a shepherd who diligently searches for a lost sheep, and to a father who welcomes home his son who has frittered away all his advanced inheritance. Such descriptions of lavishness and undeserved generosity have often been in stark contrast to the mean-spirited, withholding images that imperfect men and women in the Church have created.

The whole point of us and God is that He meets us through positive experiences that are often all around us and right under our noses. In just appreciating the beauty of the people we encounter each week and in the myriad ways we find folk "loving their neighbours". Positive things are happening; lavish, generous things are going on all around us if we have eyes to see.

At its best the Church administers these things by feeding, healing, forgiving, comforting, and welcoming home the people God loves. At its worst, the Church has withheld such things in its feeble human attempts to lock God into a theology, or in a list of rules, or in strict doctrinal statements, or even in a building.

God is bigger, more generous, more welcoming than those constraining ways we impose on him.

The month of May is here. Spring and Summer beckon. Look for God in the people and blessings all around you and be surprized.

yours in friendship,

Rev'd. Michael Woodcock,
The Vicarage, Crosthwaite.



COMMENT ON LAST MONTH'S LETTER

This comment is prompted by Tony Fitch's letter on Truth in the April Parish News. Tony and I were both solicitors and I became HM Coroner.

Both civil and criminal cases are contests between rival parties- claims for compensation, boundary disputes, maintenance payments, or guilty/not guilty.

Someone wins and someone loses. The truth may or may not emerge. The judge or panel of magistrates listen to both sides and come to a decision.

In the Coroner's court an inquest takes place and there are no parties. Properly interested persons may participate and ask questions, but there are no winners or losers.

The inquest is a search for the truth, to place it on record and make it public. The Coroner asks questions first and is therefore directly involved in the process. Indeed the process itself is more important than the verdict or conclusion.

It seems that in the Post Office scandal the prosecution had only one aim which was to win. Justice and hundreds of blighted innocent lives were the price that was paid.

Ian Smith

Christian Aid Week 2024 – 12-18 May

Every Christian Aid Week, people across Britain and Ireland raise funds, act and pray for their global neighbours in a celebration of hope for a fairer world.

This year's appeal is focussing on the organisation's work in Burundi, one of the most densely populated and poorest countries in Africa. Alongside local partners, Christian Aid helped establish Village Savings and Loans Associations (VSLAs). These community-led groups mean people can save and borrow money, making small businesses possible, so families can eat regularly, get medicine when they need it, and build safer homes.

35 year old Aline Nibogora is the chairperson of a VSLA which supports some 25 families. With a small start-up loan, Aline began trading avocados and peanuts locally. She's now a grocery wholesaler and living on her own plot of land where she's building a home for her family

"I don't want my children to have a painful life like mine, remembering it makes me weep. I could never have dreamed I would one day have a brick house and be a successful businesswoman, able to feed and clothe my children. This is a plan and I will do it; I am a woman who is an achiever."

Please use the enclosed envelope to make your donation this Christian Aid Week or donate online at www.christianaid.org.uk.

Thank you.

FROM THE REGISTERS



Confirmation – Alan Telford was Confirmed by Bishop Rob Saner-Haigh on 21st April at St. Anthony's Cartmel Fell

CALLING ALL PARISHIONERS

REFRESH – 15th May at 7.30pm in St Mary’s Crosthwaite

What is Refresh? It’s an informal gathering for everyone in our Two Valleys churches. It’s an opportunity for us to gather for an hour or so for worship using more contemporary hymns, with a short time of prayer for each other, for our communities and for the world. As the name suggests, there are refreshments too!

On 15th May we want to focus particularly on music, and have a time together of learning new hymns and songs. Everyone is welcome; please feel free to bring an instrument to play. Or just come for a good sing! If you have a favourite hymn or song, contemporary or traditional, or are bringing an instrument, please let me know in advance (dorothygrace01@btinternet.com) so I can provide everyone with words and music. Thankyou.

ASCENSION DAY Thursday 9th May

This year Preston Patrick Parish Church is hosting the Deanery Ascension Day Communion service for the whole deanery.

7.30pm Deanery Ascension Day Holy Communion at Preston Patrick.

For the parishes of Cartmel Fell, Crosthwaite, Winster and Witherslack, if there any urgent Pastoral Care matters from 29th April until 11th June, please contact Mrs. Dorothy Grace (Reader) on 015395 68569 or Rev’d. George Briggs/St. Thomas’s team on 015395 730683.

NOTICES FOR INDIVIDUAL PARISHES

CARTMEL FELL Cartmel Fell Parish Council.

The Annual Parish Meeting will be held on Wednesday 29th May at 7pm at Tower Wood Outdoor Education Centre. This will be followed by the Annual Council Meeting. We thank the staff at Tower Wood and Lancashire County Council, for their hospitality to the Council over many years.

All five serving Parish Councillors were re-elected, unopposed, on 2nd May and we thank them for their continued service in the community.



CROOK Crook and Winster Parish Council.

The Annual Parish Meeting will be held on Tuesday 21st May at 7.30pm at Crook Memorial Hall. This will be followed by the Annual Council Meeting. Tea and biscuits will be served in between the two meetings.

Six of the seven serving Councillors were re-elected, unopposed, on 2nd May and we thank them for their continued service in the community. It is hoped to fill the vacant seat by co-option on 21st May.



St. Catherine's Church are having their Annual PCM after morning service on May 5th when there will be a review and reports for the year from January to December 2023. The following Sunday 12th May they are having a Church Gift Day. This is an occasion when we hope people in the village will be prepared to support our church in these times of depleting numbers

On 8th June there will be a Ba-B-Q in the village field for everyone. We will particularly remember that it is the 80th Anniversary of the D-Day landings in Normandy during World War II. On 6th June 1944 General Eisenhower led an armada of ships, planes, landing craft and some 156,000 troops, beginning the invasion of northern France. We are particularly asked to remember the enormous support provided by everyone not actually fighting but keeping life going back home.

CROSTHWAITE

Argles Memorial Hall, Crosthwaite Annual General Meeting

On Tuesday 14th May 2024

At 7pm in the Hall



Please come along to show your support for the running of our wonderful village hall. Everyone welcome!

Love, Lust and Loss

Music from the 17thC.

Furness Bach Choir, conducted by Alex Robinson,

Crosthwaite Village Hall

on Saturday June 29th 7.30pm

Music by Dowland, Wilbye and Morland and others. Refreshments will be available. Tickets, £15 from Sutton's Bookshop, Ulverston, Mary Harkness 015395 68223, or on the door.

Further information [01229 587757](tel:01229587757) or [01229 837680](tel:01229837680).

Have you had the phone call telling you that your account has been compromised. A strange phone call regarding your computer, and there are many more.

These scams are becoming more common, and more regular. If you live on your own, they can be quite scary, and upsetting. If you feel there is no-one you

can talk to about these calls, then a talk by Detective Constable Claire Keys from Cumbria police, will give a talk and offer advice at an open meeting in Crosthwaite village hall on Friday evening the 7th of June at 7pm. It is free to come along too. I heard and watched this talk with slide show recently at a venue in Ambleside, the hall was crowd and the advice offered by DC Claire Keys was invaluable.

She talked about scans on your home phone, mobile phone, computer, lap tops, and bank safety. And about an elderly lady in south Cumbria who was duped out of three hundred thousand pounds.

I know it's easy to say it will not happen to me, but listening to Claire, it is surprising how

easy people are tricked and their money gone.

So make a note in your diary Friday June 7th. 7pm Crosthwaite village hall. AND IT IS FREE SO COME ALONG

St Mary's Church Boon Day Facelift – Saturday 18th May

A day to give the inside of the church a good 'bottoming' (Yorkshire term for a good clean) as well as introducing some cultivated areas into the churchyard to attract wildlife and make the place more colourful!

We need volunteers please - either with dusters to dust, polish and clean church, or with spades to clear weeds, create beds and plant the donations of plants and shrubs which people are kindly giving to church. We can always use more as we have a lot of marginal areas we would like to plant up. So thank you for giving whatever you can.

If you can offer an hour or two of your time to help make our village church something to be even more proud of, please contact one of the churchwardens:

Steven 07470 169890

Geraldine 07766 646504

Pat 07765 010252

Or just turn up in the morning or early afternoon on 18th May.

Look forward to seeing you.

St. Mary's PCC

UNDERBARROW

Save the Dates

Underbarrow Marrow day - Sunday 22nd September 2024

The Underbarrow Marrow day 40th Anniversary dinner dance - Fri 1st Nov 2024



Underbarrow & Bradleyfield Parish Council

The Annual Parish Meeting will be held on Wednesday 22nd May at 7pm at Underbarrow Institute. This will be followed by the Annual Council Meeting.

The Institute Committee is holding a Spring Domino Drive on Friday, 24th May at 7pm start. Admission fee is £5 per adult and £2.50 per child. Tea and Coffee. Finger buffet. Cash Bar.



The Bingo night held on 19th of March was a resounding success! We would like to thank everyone attending for your support - you are unfailing in the support you give for our fund raising events for our chosen charities.

There were over 80 people on the night and we filled the Black Lab raising £1360 in the process!

Thanks to Paul Jones our Bingo caller extraordinaire!

A huge thank you to the team at the Black Lab and all the committee members for hosting and organising the event - we couldn't have done it without you.

The Easter Hamper draw also raised an impressive £74

WITHERSLACK

Witherslack Meathop & Ulpha Parish Council

The Annual Parish Meeting will be held on Tuesday 28th May at Witherslack Parish Hall at 7pm. This will be followed by the Annual Council Meeting.

All seven serving Parish Councillors were re-elected, unopposed, on 2nd May and we thank them for their continued service in the community.



theWI
INSPIRING WOMEN

REPORTS & NEWS

BRIGSTEER Sue welcomed 18 members to our April meeting. She reported on the excellent speakers at the Annual Council Meeting and a fantastic result from our Archive Afternoon Tea Party, when we raised over £500 for the Village Hall solar panel fund as well as generating a lot of interest from locals. Our monthly walks will be starting soon subject to the weather. Names were taken for our outing to Lowther in July. We then welcomed several visitors and enjoyed an interesting talk on swifts by Tanya and Ed Hoare who have been studying and nurturing these amazing birds for several years. They have over 35 nest boxes in their cottage in The Howgills and are actively involved in encouraging more people, local authorities and builders to give this red listed species a chance to survive by installing nesting bricks and boxes in their properties. Our next meeting is on Wednesday 8th May at 7.30 when we'll be discussing the resolution, Dental Health Matters followed by social time when we'll also sort through our archive material.

CARTMEL FELL Our meeting on 3rd April was an Open meeting and was well attended. 18 members and 22 visitors listened to Hannah Teagle describe the state of our rivers and the work they carried out to try to alleviate some of the problems. The South Cumbria Rivers Trust is run by volunteers and a few in the audience showed interest in helping.

Hannah happily answered many questions and Florence expressed our thanks. Tasty refreshments were enjoyed where Dave Daley won 1st prize in the raffle and the winners of the Water Themed Picture were Beryl, Vanda and Julie B.

6 members enjoyed the group meeting at Witherslack where Maurice Steele gave a presentation of the beautiful pictures he had taken in lock-down. Jane C won 1st prize with her photo of a pheasant and Ruth was 1st to chose a raffle prize.

Sue thanked Witherslack members for their hospitality and invited everyone to Cartmel Fell for the Autumn Group meeting on 30th October at 2p.m where she will demonstrate and help everyone make paper Christmas decorations.

Ruth and Sue attended the Annual Council Meeting at Kendal Town Hall on 8th.April. An efficient meeting of necessary business and encouraging remarks from Karen Hanks set the stage for Sally Kettle - Ocean Rower and Deputy Chief Guide who's talk was both inspirational and entertaining.

The next two speakers were equally interesting. Marion Hamer on MIND work at the Haybridge Estate and a talk about the work of Springfield Support South Lakeland, which

was followed by many questions.

Anne Boyle from Staveley W.I practiced on us with the resolution to be discussed at the Royal Albert Hall in June, she has our best wishes.

The next meeting of Cartmel Fell W.I will be to discuss the resolution, this will be followed by a Jacobs Join supper, the competition is for a savoury snack.

CROOK Recently the Lyth Valley Group of WI's had a lovely afternoon meeting. We met at Witherslack Village Hall and had an illustrated talk by Maurice Edmondson entitled "Eskdale in Lockdown". He had some beautiful slides and they were accompanied by delightful music. Rachael Edmondson brought lots of items from the WI shop which sold well. The ladies of Witherslack WI produced delicious tea and cakes and everyone agreed it had been a very happy event.

The April meeting of Crook WI was held in the evening and we welcomed Count Nikolai Vadzhyra who gave us a very interesting talk about himself and about the village and area where he was brought up. He explained how he came to London from Ukraine and then eventually moved to this area. He also told us about the customs and tradition surrounding Easter in Ukraine. He was wearing some traditional clothes and his talk sparked lots of questions. It is hoped to organize an outing in the summer to Dalemain House near Penrith and members were encouraged to sign up for events advertised in the newsletter.

CROSTHWAITE & LYTH Crosthwaite and Lyth W.I. had an excellent outing to Blackwell during the week that people with Lottery tickets could go to establishments which had received Lottery Funding free gratis. 7 members enjoyed the beautiful Arts and Crafts house as well as the tea shop. Later on in the month we had a return visit from Dr Simon la Frenais who gave us a fascinating insight into the life of Robert Fitzroy. There were many tragic incidents in his life, but this highly intelligent man had an amazing career. He was catapulted into captaining the Beagle part way through its first voyage when the Captain committed suicide on its first voyage to South America to survey the coast. Described as a "floating hell hole" this 3 masted 90ft vessel which was 24 1/2 foot wide was home to 74 men for 3 years. Needless to say it was not a happy ship when he took over and bad weather and sickness did not help. On his return home Fitzroy made sure that not only was the ship overhauled, but that it had the best instruments available and in 1831 set off again on the 2nd Beagle voyage with a 22 year old Darwin for companionship, 3 artists and a happier crew. Fitzroy was 26. The voyage which took nearly 5 years, produced very accurate charts which were used for many years and Darwin collected quantities of flora and rocks, but these good friends had different ideas about our beginnings, Fitzroy being a creationist and Darwin an evolutionist. On his return he led a very full and active life in many aspects of public service. The Met Office which he founded produced daily weather forecasts from data supplied by ship's captains at a time when there was boom in merchant shipping, helped many a sailor. Sadly this extraordinary, highly intelligent man took his own life in 1865.

UNDERBARROW Underbarrow WI had a fabulous evening in April with our Kitty Brown Fashion Show. It was well attended by members, and also WI members from around the Lyth Valley, and friends and family. Four local WI members acted as models for the evening, and they did a superb job, showing off the clothes and accessories they'd chosen

for themselves from the colourful range at the Kitty Brown shop in Carnforth. The ladies were even able to try things on afterwards and buy something new as a treat. Thanks to all involved in making this a great evening.

WI members will be having lunch out at Kendal College next week, a regular favorite. The May WI meeting on 10th at 7.30pm will be an art and craft session, painting on silk. There will be a demonstration and a chance to have a go. Visitors welcome. Also see our advert in this magazine for our Spring Coffee Morning, on Saturday 18th May, 10.30 to 12.30p.m.. Everyone is welcome, bring your friends and family. Enquiries to Maggie on 07887881011.

WITHERSLACK Witherslack hosted the March Lyth Valley group meeting at the parish hall. Maurice Steele gave an amazing slide and music presentation called “Eskdale in Lockdown”. Photographs were taken by Maurice on his walks around the area he lived progressing further away to the local tarns and hills around Eskdale. While we were having our tea and traybakes a quiz about Cumbria was enjoyed by the WI members.

April brought Vickie and Jane who gave us a very entertaining talk about their business Bampton Bathworks. Examples of the soaps and creams that they make at home were displayed for members to look at and smell and buy. They use the very best ingredients that nature has to offer and try to source local products for their packaging which is fully recyclable.

Caring for our Community

Are there times when you feel lonely, or in need of a listening ear?

There is now a small team of community visitors, alongside Rev. Michael Woodcock, for the parishes of Cartmel Fell, Crosthwaite, Winster, and Witherslack; each has been safely recruited under our Safeguarding Policy and is trained and experienced in this role. Please feel free to contact any of the team below if you would like some company, a phone-call or a friendly chat over a cuppa, irrespective of which parish you live in. Although we are not professionals, we can be a listening ear. It doesn't matter whether you attend any of the churches or not. All conversations are confidential.

Anthony Clarke (Cartmel Fell)	015395 31481
Lily Holme (Winster)	015395 60247
Pat Howarth (Crosthwaite)	015395 68652
Alyson Groom (Crosthwaite)	015395 68930
Dorothy Grace (Crosthwaite)	015395 68569
Rev'd. Michael Woodcock	015395 68276

Judy Goodland 26th May, 1938 – 18th February, 2024

Judy Goodland (née Ferro), who died peacefully at home in February, was a well-known and active member of the Crosthwaite community for over thirty years.

She combined a love of the Lake District with a successful career in education, starting as a French teacher in Cartmel Priory Secondary Modern in 1968, and retiring as Headmistress of Wycombe Abbey, one of the country's leading independent girls' schools.

Judy was born in Bramhall, a suburb of Stockport, just before the outbreak of the Second World War. Her earliest memories were of blackouts and bomb shelters – which she apparently enjoyed enormously! Her poor parents weren't kept awake during raids by the bombs, but by their excited baby daughter.

She won a scholarship to Howell's School in Denbigh, North Wales, where she flourished academically and made lifelong friends. A degree in modern languages at Bristol University followed and then, having met and married a farmer, her first move to the Lake District. The young couple bought a run-down farm in Hawkshead where, before the farmhouse was finished, her first child, Helen, arrived – followed quickly by Deborah and Bill.

Judy began teaching to supplement the farm income. First as a French examiner, and then, after a PGCE at St Martin's College in Ambleside, as a full-time teacher in Cartmel. She became deputy-head at Elleray, the St Anne's junior school, in Windermere before roles at St Kieran's in Moffat and then Casterton, in Kirkby Lonsdale. Her first major headship was of St George's School in Ascot in 1983.

Throughout this time, she kept her home in the Lakes, living in Windermere, then Staveley and then, in 1984, moving to Starthwaite Ghyll, in Crosthwaite.

The schools she led flourished: they grew in pupil numbers, they sprouted new buildings and new departments; their academic results soared.

After five years at St George's, Judy was appointed headmistress of Wycombe Abbey in High Wycombe, Buckinghamshire. She spent ten years there, modernising the school, expanding it and building on its stellar academic reputation. When she retired in 1998, it was a regular occupier of the top spot in the Good Schools Guide. Her own children were flourishing too. Helen became an architect, and married another architect – from Canada – in St Mary's Church, Crosthwaite, before moving to Vancouver and raising Judy's first two grandchildren, Leah and Charlie. Deborah qualified as a surveyor, married a mining engineer (also in St Mary's), and is now the senior partner of Walton Goodland, a surveying practice in Carlisle. She has two children, Oliva and William. Judy's son Bill attended Lancaster Royal Grammar School and Cambridge University, before pursuing a career in the internet industry, latterly with Virgin Media.

In retirement, Judy did not slow down! She was keen on bridge and chess; she played golf, she sailed and she was a passionate fell-walker – cherishing her Ordnance Survey maps on which she recorded her favourite routes.

She loved to try new things – from bell-ringing, to taking (and passing) a Latin A level. She also passed the Advanced Driving Test, and took lessons in playing the

harp! She recorded church antiquities and was chair of the South Lakes Decorative and Fine Arts Society.

But above all, she loved to be engaged in the local community. She gave her time to the Crosthwaite village hall committee, she was a Holehird Gardens warden, she was a trustee at Bendrigg and a volunteer at the Armitt Museum. She was a governor of Crosthwaite Primary School and a regular on stage in the village pantomime! In her later years, she took special pleasure in helping out at the Crosthwaite Playgroup, listening to the children read (and knitting jumpers for them in her spare time).

She was also, of course, a faithful member of the congregation both at St Mary's and at St Anthony's, Cartmel Fell, where she was buried.

It was typical of Judy's thoughtfulness that she left her children a page of helpful advice for arranging her funeral. There were a few suggestions but, in the last paragraph, only one instruction:

'No repining! I've had an exceptionally blessed life. Happy home, loved and loving family; wonderful children and grandchildren, lots of friends. Very satisfying career then a long and contented retirement in a warm-hearted community in a lovely part of the country. No one could ask for more.'

Apple Juicing 21 September.....watch this space...



CLEAN are organising an Apple Picking and Juicing event on 21st September. In the meantime, keep hold of those used screw-topped bottles and look out for more details about how you can join our picking crew and get your very own freshly squeeze apple juice.

At our recent talk Jack Ellerby from Friends of the Lake District explained the impact of lighting on wildlife and explained what steps could be taken to improve how we light our homes. Here are some things you could do but for more information visit

www.friendsofthelakedistrict.org.uk



Contacts;
Dancers- Gillian 07518461267
wsgdseclater1@gmail.com
Musicians-Roger 07855347295
roger.smith100@btinternet.com

 Westmorland Step and Garland Dancers

Westmorland Step and Garland Dancers Recruiting new dancers and musicians

Help us keep local folk dance traditions alive and kicking

Join us to learn

- Lakeland step dancing (Clog)
- North West Morris dancing with garlands, sticks, & hankies
- Play traditional tunes for the dancers

Practice night Mondays 8.15.-10.00pm

The Beck Community Centre
Esthwaite Avenue, Kendal LA9 7NZ

2 VALLEYS EVENTS IN MAY

"An empowering, exceptional talent, channelling the music of her ancestors."

- BBC Radio Ulster



CLARE SANDS

Weaving traditional roots with contemporary sounds and influences, Clare Sands sings for the young and the old, the brave and the bold.



Helsington & Brigsteer Village Hall

LA8 8AL

Sun 19 May 7:30pm

bar available

Tickets £12 | 07771 737629

book online: www.highlightsnorth.co.uk

highlights
rural touring scheme



You and all the family are invited to

Underbarrow Village Spring Coffee Morning

At the Underbarrow Institute

On Saturday 18th May 2024 10.30 a.m. to 12.30 p.m.



Teas and coffees, cakes, scones and biscuits

Come along and have a nice leisurely morning and chat

Raffle, Book Stall, Plant Stall, and the famous WI Gift stall with stationery, jewellery etc.

Fundraiser for Underbarrow WI



HOLY TRINITY CHURCH WINSTER

BOOKS/CAKES/PLANT DAY

In the SCHOOL HOUSE

SAT MAY 25th

10.00AM – 4.00PM

TEA, COFFEE, CAKES, SOUP SERVED ALL DAY

For info - YVONNE 01539488563/GILL 01539443301

YOU'RE INVITED TO...

Domino Drive
at Underbarrow Institute



FRIDAY 24TH MAY
7:00 PM

£5 adult • £2.50 children



Pizza and soft drinks included

Prizes for adults and children

Bar



Thanksgiving for Lambing Service

joins with Messy Church

in the barn at High Farm, Crook (LA8 8LR)

on Sunday 19th May at

10am for Messy Church activities followed

by a service at 11am

All are welcome from the Two Valleys Parishes of Cartmel Fell, Crosthwaite, Crook, Helsington, Underbarrow, Winster & Witherslack & beyond!

An occasion for all ages as we gather together to **give thanks and celebrate the end of the Lambing season.**

Burnside Brass Training Band will accompany the service
with some well-known hymns.

Tea & cakes will be served afterwards.

Please let Emma Taylor (07733415204) know if you can bring
some cakes to share or for further information.

Please bring a picnic blanket or rug as seating will be in the form of
hay bales! Parking is limited so car sharing would be appreciated.



Underbarrow & Bradleyfield

Sports Day

ALL WELCOME ON

Saturday 29th June 2024

12 Noon with races starting at 12.30pm prompt

On Underbarrow village sports field

Traditional sports races and tug 'o' war

BBQ & bar, strawberries and cream & Ice lollies

Prizes for every child. Sports day entry free.

For more information contact Alec: 07919233112

Katie: 07795084316 or Emma: 07733415204

See you there!





CROSTHWAITE SHOW 2024

Saturday 20th July from 2pm

Argles Memorial Hall

ADMISSION FREE

Schedules available from members of the organising committee, from village organisations and from the porch of the village hall.

Also available online in booklet form at

<http://tinyurl.com/3a9mjkw6>

and extra entry forms at <http://tinyurl.com/2b5s2sh7>

It's been a slow start to the season for vegetable growers, although as I'm writing this, I have just seen the first swallow, so perhaps summer may not be too far away.

Many of us will have delayed planting and sowing because the ground has been so cold and wet, but starting chard, cabbages, beetroot and beans under cover in pots or modules will give them a head start. Given some good weather in May and June, late sowings of lettuce and spring onions will also stand a good chance of being ready to harvest in late July. My tomato plants are only an inch high, so I'm doubtful any tomatoes will be ripe for the show, but they do grow amazingly quickly, so it's not impossible.

Good luck with the growing season – it would be great to see lots of entries in the fruit and vegetable classes at the Show. Remember we're not expecting Chelsea standard exhibits and there's even a mis-shaped vegetable class, so the "wonkier" the better!

Jenny Waldron, Show Committee

Notice to all 2 Valleys magazine contributors – particularly those involved in organising parish events.

Over the last 18 months or more there has been a huge increase in requests for full-page colour 'posters' advertising local events. It is great to see so much going on in the 2 Valleys, and we have always done our best to do justice to all material, but we need now to adopt a slightly more careful editorial policy as follows:

- The 2 Valleys Parish magazine is essentially a black and white publication and we can no longer guarantee colour printing for any contributors' material. 'Posters' advertising events can always be submitted in colour but will be reproduced in black and white. There may be an exception each month for just one such poster which may appear on Page 2 (inside the front cover) in colour at the Editor's discretion but there is absolutely no guarantee.
- When submitting 'posters', whether in black and white or in colour, it would help us very greatly if you could design them in 'landscape' format. Alternative versions of the same poster in both 'landscape' and 'portrait' format would be even better. A portrait format inevitably occupies a full page and can only be reduced to a ¼ page which is usually much too small for easy reading. On the other hand a 'landscape' format can be accommodated as a ½ page which is often enough to display all the necessary information and leaves half a page for another one. We are not banning full page portrait formats but trying to use available space to best advantage.

See p.17 for examples in this edition

Thank you. Please contact any of the Editors for further information or explanation.

Café Church

Sunday 26th May at 10am in Witherslack Parish Hall

What is Pentecost about? What happened?
What is its significance to us?
Come and join the discussion!

***Everyone is welcome, whether you
usually come to church or not.***

An Evening with Howlin' Mat

He's back – join us for another evening of Blues & Hill Country Rhythms (and an opportunity to make your own Cigar Box Guitar in a workshop in the afternoon)

Saturday, 8th June, 7.30pm-9.30pm (doors open 7pm, bar available)

Hare Hill Barn, Cartmel Fell, LA11 6NZ

Tickets for concert £10 from www.wegottickets.com/event/609098/

Workshop £40 (includes free entry to concert)

www.wegottickets.com/event/608067/#

Magazine Editor next month: Colin Edwards (01539 568879)

Magazine postbox c/o Crosthwaite Vicarage.

e-mail: tvn@crosthwaiteandlyth.co.uk

Advertising Manager and Magazine postal service:

Lorraine Brierley, 4 Whitbarrow Grove, Levens. LA8 8LT.

07826 800469 brierleyl@yahoo.co.uk

Two Valleys Churches

"Enriching lives Embracing God"

Cartmel Fell, Crosthwaite, Winstar, and Witherslack

Vicar: Rev'd. Michael Woodcock, The Vicarage, Crosthwaite, LA8 8HX
(not available Fridays) michaeldavidwoodcock@gmail.com 015395 68276
Reader: Dorothy Grace dorothygrace01@btinternet.com 015395 68569

St. Anthony's, Cartmel Fell

Churchwardens: Mr. Anthony Clarke 015395 31481
Mrs. Vanda Lambton 015395 31311

St. Mary's, Crosthwaite

Churchwardens: Mr. Steven Brierley 015395 60702
07470 169890
Mrs. Geraldine Wilson 015395 68836
Mrs. Pat Howarth 015395 68652

Holy Trinity, Winstar

Churchwarden: Mrs. Cath Casson 015394 44958

St. Paul's, Witherslack

Churchwarden: Mr. Richard Coates 015395 52469

Underbarrow with Helsington

Associate Priest: Rev'd. Simon Howard

revdsimonhoward92@outlook.com : 07719 889577

For baptism, wedding, & funeral enquiries contact the **Church Administrator:**

Janet Sullivan assjadmin@stkmail.org.uk : 01539 730683

Safeguarding Officer for all above:

Mrs. Jane Eccles 07779 953763 : 015395 58138

St Thomas' Kendal with St. Catherine's, Crook

Vicar: Rev'd. George Briggs, St. Thomas Vicarage, South View Lane,
Windermere Rd, Kendal. george@stkmail.org.uk : 015395 83058

Readers: Tony and Hilary Fitch fitchesuk@aol.com : 015395 68577

Church Administrator:

Janet Sullivan crookadmin@stkmail.org.uk : 01539 730683

St Catherine's Churchwardens: Mrs. Lilian Atkinson 01539 821389
Mrs. Mary Allcock 01539 821312

Safeguarding Officer for Crook: Mrs. Lilian Atkinson, Low Fold, Crook
lilatkinson8@gmail.com

REGULAR EVENTS

HELSEINGTON & BRIGSTEER

For bookings contact Ann Bryan 015395 68067. Email villagehall.brigsteer@gmail.com

Tuesday

Circle Dancing with Miggy		10.00 - 11.45	
Tea Shop	Tea and chat	Last Tues of the month	15.00 - 16.30
Table Tennis		19.00 - 21.00	

Wednesday

Yoga with Tara		09.30 - 11.00
W.I	Second Weds of the month	19.30 - 21.30

Thursday

Dru Yoga with Johan		09.30 - 11.00
Tai Chi with David	Intermediate	14.00 - 15.45
Ballroom and Latin Dancing		18.30 - 21.30

Saturday

Pilates with Emma		08.30 - 09.30
		09.45 - 10.45

CARTMEL FELL

For bookings contact Julie Balshaw Tel. 015395 68506 Email: balsh@hotmail.com

Women's Institute	First Wednesday in the month at 7.30pm
Local History Society	Second Monday in the month at 7.30pm during winter

CROOK MEMORIAL HALL

For bookings contact Mrs. Kath Jackson Tel: 01539 821415

Music Group	Monday morning
Art Group	Monday afternoon
Table Tennis	Monday and Friday 7.30 – 10.00pm (from September during the winter months)
Guitar Group	Tuesday morning
Young Farmers Club	Occasional Tuesdays 7.30 – 9.30pm
WI	First Wednesday in the month (afternoons in winter, evenings rest of year)
Sewing/Craft Group	Occasional Wednesday evenings
Aerobics/Body Toning	Thursday 10am – 11.00am
Folk Dance Group	Thursdays 7.30pm – 10.00pm

MAGAZINE DEADLINES

Items for entry to the Editor(s) by 12th of previous month by e-mail or letter please.

CROSTHWAITE MEMORIAL HALL

Please check bookings online at :

www.crosthwaiteandlyth.co.uk/memorialhall.html

For Bookings contact Kath Edwards **015395 68879** or **07407 386976**

Playgroup	Tuesdays & Thursdays 9:30-11:30am (school term time)
Indoor Bowling	Tuesday and Thursday 7.30-10.00pm (9 th Jan-28 th March 2024)
Exchange	Tea@2 1st and 3rd Wednesdays of month 2p.m. to 4p.m Celebration Lunches 1p.m. to 3p.m. 3rd Apr, 2nd Oct, 4th Dec Afternoon teas 1st May, 3rd July
Yoga	Wednesdays 7.00-8.30pm
WI	Every third Wednesday of the month 7.30 to 9.30 pm Social Afternoon every first Thursday of the month 2 to 4 pm
Art Club	Mondays 1.30-4pm (January-March then October-December)

UNDERBARROW INSTITUTE

For bookings contact Valerie O'Loughlin: Tel. 015395 68655

Snooker Club	Mondays from 7.30pm
WI	Every 2 nd Wednesday of the month - 2pm, October to March inclusive, 7.30pm, April to September inclusive.

WINSTER

For bookings contact Jane Crowe: Tel. 015394 44098

Books, Cakes and Plants Last Saturday in the month (April-November)

WITHERSLACK

For bookings contact Janet Crowe 07919 988566

janet.crowe@outlook.com

Indoor Bowling	Wednesdays 7.30pm - 10pm (from September to end of April). New members welcome - all equipment is provided.
Parent & Toddler Group	Please check the Witherslack Hub Facebook page for info
Women's Institute	Every 2 nd Tuesday of the month at 7.30pm

Advertise in the Two Valleys Parish News

We have a circulation of 240 every month, reaching homes in Brigsteer, Cartmel Fell, Crosthwaite, Crook, Underbarrow, Winster and Witherslack. With adverts starting from as little as £21.50 for 12 months, why not advertise your business to your local community?

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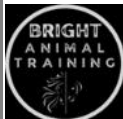
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The Witherslack 2024 Calendar



In aid of the Witherslack Community Shop

This year, as requested, we have composed the Witherslack 2024 Calendar with Witherslack views. It is illustrated with 12 amazing photos of local views and sites, and is suitable for sending to your friends and relations. The Calendar is only available from the Witherslack Community Shop and is very reasonably priced at only £8 each. As with last year's calendar we expect the demand to be high so don't delay, order your calendars at the shop today.





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