

TWO VALLEYS PARISH NEWS



Serving the parishes of Cartmel Fell, Crook,
Crosthwaite, Helsington, Underbarrow, Winster &
Witherslack

October 2024

70p

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Church Services for OCTOBER 2024

Sunday 6th October

9.30am Underbarrow
 9.30am Witherslack
 11.00am Winsters
 11.00am Crook
 11.00am Crosthwaite
 11.00am Cartmel Fell

The 19th Sunday after Trinity

Holy Communion (CW) Rev. Bob Dew
Harvest Festival Dorothy Grace
Harvest Festival Janet Thompson
 Morning Worship (CW) tbc
Harvest Festival Beverley & Brian Lock
Harvest Festival Wendy Ellis

Sunday 13th October

9.30am Cartmel Fell
 11.30am Underbarrow
 11.00am Crook
 11.00am Crosthwaite

The 20th Sunday after Trinity

Morning Worship Wendy Ellis
Harvest Festival Rev. Simon Howard
 Morning Worship (CW) tbc
 Holy Communion (CW) Rev. Howard Smith

Sunday 20th October

9.30am Witherslack
 9.30am Underbarrow
 11.00am Winsters
 11.00am Crook

The 21st Sunday after Trinity

Holy Communion (CW) Rev. Anne Pettifor
 Holy Communion (CW) Rev. Ian James
 Morning Worship (CW) Janet Thompson
 Holy Communion (CW) tbc

Sunday 27th October

9.30am Cartmel Fell
 9.30am Underbarrow
 11.00am Crook
 11.00am Crosthwaite

The 22nd Sunday after Trinity

Holy Communion (BCP) Revs. G. Briggs
 Holy Communion (CW) Rev. Simon Howard
 with Prayers for Healing
 Morning Worship (CW) tbc
 Morning Worship (CW) Brian Lock

Sunday 3rd November

9.30am Underbarrow
 9.30am Witherslack
 11.00am Winsters
 11.00am Crook
 4.00pm Crosthwaite

The 23rd Sunday after Trinity

Holy Communion (CW) Rev. Bob Dew
 Morning Worship (CW) Ben McLeod
 Holy Communion (BCP) Ven. Vernon Ross
 Morning Worship (CW) tbc
 All Souls Service Dorothy Grace

Cover picture: Dawn over Scar by Diane Dew
Church miniature pictures from watercolours by John Wilcock

A LETTER FROM NICK GRAY

Dear fellow travellers,

Neither summer nor autumn – September is a month on the cusp of change; a time of transition. Harvesting begins but flowers still bloom, and out of the wind the sun can retain its summer heat. As a verse from Dave Goulder’s song “January Man” goes: **“September man is standing near, to saddle up and lead the year, and autumn is his bridle”**.

Now that we are in October we can feel that autumn has arrived. Harvest is well under way, grass has been gathered, apples and damsons ripen and those early turning leaves of horse chestnut and lime are joined by cherry, oak and beech. The wind is changing with a chill in the air. At the beginning of September a very full church and choir at St Mary’s Crosthwaite gathered to celebrate the fruits of Michael’s 18 years of service in the Two Valleys Community. To look back over those past years with gratitude and reflection, and to wish Michael well for a new beginning and a complete change of lifestyle at Mucknell Abbey in Worcestershire.

The fruits of the earth, and the fruits of lives led, are continually harvested, recognised and honoured. Other parts of the year’s growth, and also of our own lives, die back and decay, but in that very process form rich structure and nutrients to support new growth in a fresh season.

As in nature, this cycle of growth, letting go, change and re-growth, can apply to different phases in our own lives; death of old ways and rhythms, followed by times of waiting and of discerning new patterns of life.

The wonder of the Christian faith is that this decline and resurrection to new life is foretold throughout the Bible in the stories of Moses and David, and in many other places, and brought to a supreme conclusion in the death and glorious resurrection of Jesus the Christ, the eternal Word. Promising us all a new way, a new truth and a new life.

Something for us all to ponder as we head towards the shorter days of autumn and winter. An “interregnum”, an interruption in continuity, for our churches in the Two Valleys; and maybe fallow times of waiting and renewal for us in our own lives. These are all very important phases of change and decay, that lead to vital shoots of new growth; as **“The man of new October takes the reins and early frost is on his shoulder”**.

With great hope, and very best wishes in these months of change,

Nick

FROM THE REGISTERS



Baptisms We welcome into the Lord's family:
Rosie Sharp Baptized at St. Paul's Witherslack on 15th September



Weddings Congratulations to:
Edward Carefoot & Lilian Main married at St. Paul's Witherslack on 7th September

Jonathan Roocroft & Lessane Portilho Afonso married at St. Paul's Witherslack on 28th September

We are looking for new blood to take over the management of the community website for Crosthwaite and Lyth.
[\(<https://www.crosthwaiteandlyth.co.uk>\)](https://www.crosthwaiteandlyth.co.uk).

There is also an opportunity to redevelop it in a way that leaves it easier to manage. At the moment there are two volunteers who do this.
If you would like to talk about what's involved then please email webmaster@crosthwaiteandlyth.co.uk or phone Colin on 01539 568879.

REFRESH

This is a bi-monthly gathering hosted in St Mary's Crosthwaite for everyone in the Two Valleys, on the 4th Wednesday of the odd-numbered months. We meet at 7.30pm for about an hour, with refreshments, to worship God together using mainly more contemporary hymns and songs. The St Mary's congregation has created its own booklet of modern hymns as an addition to the usual hymnbook, and most of what we sing at Refresh is in this booklet.

From September onwards the focus of Refresh will be much more on worship through singing, with an opportunity to pray for each other and our communities.

Magazine Editor next month: Lorraine Brierley (07826 800469)

Magazine postbox c/o Crosthwaite Vicarage.

e-mail: tvn@crosthwaiteandlyth.co.uk

Advertising Manager and Magazine postal service:

Lorraine Brierley, 4 Whitbarrow Grove, Levens. LA8 8LT.

07826 800469 brierleyl@yahoo.co.uk

CALLING ALL PARISHES

Dear friends,

Thank you so much for the Farewell Service we shared on 1st September. Half an hour before it started, I began to feel a bit wobbly and wondered if I would be able to hold it together, but I did and it was very touching to see so many people present and from so many different villages. Thank you for your immense generosity as well; I came home with a couple of Envelopes and a total of over £2500 as a gift from you all - that is quite overwhelming, but very much appreciated. Thank you also for the many cards, emails and kind notes that have been sent my way; I feel very humble and undeserving of your kindness.

After 18 years as your Vicar here in these villages I have got to know many people and I wish I could say Goodbye (God be with you) to each of you personally, but that is just not possible, so this written farewell has to suffice.



I have spent the past month clearing my home and preparing to move to Mucknell Abbey, which will happen on Tuesday 8th October. I will still be contactable by email (michaeldavidwoodcock@gmail.com) beyond then and do intend to send news every now and again of my Story. If you ever want to make a spiritual Retreat or if you are passing along the M5, then do check if I'm going to be there and pop by, even if just for a coffee and catch-up – it's just off junction 7. Whilst there I anticipate it being a time of exploration and discovery for me and what happens beyond the next 12 months is unknown.

Mucknell Abbey welcomes Guests to come and stay, but the guesthouse does get booked up some months in advance so do plan ahead. Here is their website <https://mucknellabbey.org.uk> and if you wanted to stay then email bookings@mucknellabbey.org.uk . Be patient, as the abbey can take a long time to reply!

My new address will be Mucknell Abbey, Mucknell Farm Lane, Stoulton, Worcestershire. WR7 4RB.

Yours with prayers and blessings and thanks and love,
Michael

5th Sunday 29th September

On this Sunday we will have another Parish Walk. Please gather at Winster Church (LA23 3NU) for an 11.00am start. A short, circular walk will be led by Jane Crowe with the intention to return to the Church between 12 and 12.30. If you'd like to bring your own Picnic Lunch as well, then we can share time together in the Churchyard and Old School Garden as we eat our lunch. These times are a good opportunity to get to know each other as we walk and talk, so do come if you can.

All Souls' Service 4pm Sunday 3rd November Remembering our loved ones

Each year in our All Souls' Service, at the beginning of November, we take time to remember those who are no longer with us on earth. The service at 4.00pm on Sunday 3rd November is hosted at **St. Mary's, Crosthwaite**. In this service we specifically remember those who have died within the last 12 months and whose funerals we have conducted; if you would like us also to include the names of others – perhaps loved ones who lived elsewhere but who have died this year, or special people from the past – then please write their names **clearly** in block capitals on the lists that will be in each church from Sunday 20th October onwards. All the names will then be read out and remembered in this special service. All are welcome to attend; it's an opportunity to take time out to give thanks for those who have been such a part of our lives in the past.

Calling all Gardeners across the Two Valleys

CLEAN and the Gardening Club are organising a plant and seed exchange (and sale by donation)

Plant and Seed Swop and Sale Argles Memorial Hall, Crosthwaite Saturday 12th October 10-12 noon

Please bring along potted surplus plants which you might be splitting or have grown during the summer months. They need to be labelled with basic details e.g. name, colour, height. If you have spare seeds from flowers or veg, please pop them in an envelope with details of type and variety so we can share and save money.

If you have nothing to swop and just want to increase your garden stock or fill up gaps in your borders, then please come along as there will be plants for sale by donation. This is an opportunity to pick up plants which grow well in our locality – and don't cost the earth!! For any further information please contact

Pat Howarth howarth8hr@btinternet.com or
Jenny Waldron jennifer.jane57@gmail.com

Vicar Vacancy – What Next for our Parishes?

The good news is that the Diocese has assured us that we can go ahead with the process to recruit a new Vicar – there is sufficient funding from our churches' gifting to the Diocese to support a full-time person.

The process we have to go through is quite involved. When a business is recruiting, it produces a description of the company, a job description and a person spec. We have to produce something very similar, called a Parish Profile. This document will describe our Mission Community, focusing on the parishes of Cartmel Fell, Crosthwaite & Lyth, Underbarrow with Helsington, Winster and Witherslack, and will include each church's activities within its community, what we would like to see happening in our communities church-wise in the future, and what particular qualities we would like in a new Vicar.

A Parish Profile Team of nine people, selected from the PCCs of each of the five parishes, will draft this document, and they have already started work on the descriptions of our parishes plus an overview of the whole Mission Community. The Team will then discuss and formulate hopes and aspirations for the future, for each parish and for the Mission Community as a whole, which in turn will shape the qualities we would like in our new Vicar.

When this initial stage is complete, we will have our first draft Profile to share with our congregations and communities for comment. Following circulation of the draft there will be an open meeting, hopefully later in November, to which all our congregations, and anyone else interested, will be invited. The date will be confirmed by email and on the local Facebook pages once it's been arranged, and published in the next magazine.

For further information, there's a useful generic description of the appointment process at [Choosing a New Vicar - The Appointment Process.pdf \(cpas.org.uk\)](http://cpas.org.uk) [For our parishes, the Patron is the Bishop, which simplifies the process]. For more specific queries, please contact Dorothy Grace (dorothygrace01@btinternet.com).

CALLING ALL VILLAGES

Good Quality Clothes and Toy Sale

Want to save money and save the planet? If so, please donate clothes and toys and come to this event which CLEAN is organising.

WHAT: Re-Wear or Re-Play Nearly New Sale

WHERE: Argles Memorial Hall, Crosthwaite

WHEN: Saturday 16th November 10.00am - 12.30am

This event is planned to encourage us all to offer the things we no longer need to someone who can make good use of them, instead of throwing them into landfill. We are holding this event before Christmas so you can buy good quality toys and children's and adults' clothes at lower prices.

We are asking you to look in your wardrobes for clothing (women's, menswear and children's) and select good quality, clean and wearable clothes that you no longer need. We also want toys of all kinds, games, books in good condition that your children may have grown out of or got tired of but would be exciting and new to other children.

Please bring adult and children's clothes (preferably on hangers!) and children's toys along to either of **two donation sessions** which will be held at the Village Hall in Crosthwaite on **Thursday 14th or Friday 15th November between 4 and 5pm.**

Then come along to browse, grab a coffee and get a bargain on Saturday 16 November.

This event is open to everyone in the Two Valleys; please support it and the ideas behind it. Proceeds from this event will be shared between Crosthwaite Playgroup and Crosthwaite School. For further information please contact **Pat Howarth (07765010252).**

Additional Magazine Editors

We still need to add more editors to the Two Valleys News editorial team. You would need a computer and it helps a little if you are familiar with Microsoft Word or Publisher, but, even if you aren't, the team members will help you get started. We are a cheerful supportive bunch and we find that we are generally only 'on duty' a few times a year. Please don't assume that someone else is going to volunteer.

Contact tvn@crosthwaiteandlyth.co.uk or telephone one of the editors if you would like to find out more.

NOTICES FOR INDIVIDUAL PARISHES

CARTMEL FELL

Cartmel Fell Volunteers

HELP OFFERED: Landowners on Cartmel Fell - if you have sites with Himalayan Balsam that you'd like some help to eradicate next year, please notify us of the location whilst it is still visible - as even if it's too late to clear it now (flowering/ seed dispersal is happening) we can note the request for next year and we'll get in touch with you to check what help you'd like with clearance.



Cartmel Fell & District Local History Society

We are to meet at 2.30 pm on Monday 14th October to hear Terry Harvey-Chadwick talk of "Life and Warfare in the Viking Age" This could be action packed as he promises to give the talk in costume and with various props. Members, and visitors, are more than welcome to dress for the occasion if they wish.

Our November meeting should be a little quieter for Jean Turnbull will recount the memories of those who lived through World War Two. "On the home front 1939-1945" . Evacuees, Home Guard, POW, farming and War Agricultural Committee, Land Army, black market, bombing and US convoys examine the War's impact on their lives at 2.30pm on 11th November.

For any queries contact Josephine Viney (gandjviney@live.co.uk)

St Anthony's Harvest Festival and Lunch Sunday 6th October

Our Harvest Festival service will be at 11am on Sunday, 6th October, followed by Harvest Lunch in the Parish Hall. We do hope you can join us!

Lunch tickets £10/head to include soup, Ploughman's and pudding. Soft drinks provided but please bring your own alcohol. To book your tickets please contact Vanda Lambton on 015395 31311 or 07766 592108 by Wednesday 3rd October.

We will be decorating the church on Saturday morning, 5th October.

Cartmel Fell Community Trust Bonfire Saturday 2nd November

See advert on page 27 for full details.

BRIGSTEER

SHORT MAT BOWLS

Brigsteer Village Hall. Monday evenings 19.30 - 21.30.

Everyone welcome. No experience necessary. All equipment supplied. Come and join this very friendly group. £2.50p per person - including refreshments.

Please bring flat soled indoor shoes.



CROOK

Harvest Festival 13 October

St. Catherine's Church, Crook are holding their

Harvest Festival on Sunday 13th October at

11.am. This will be followed by a Bring and Share

lunch in Crook Memorial Hall. After lunch we will be entertained by Nick Gray with some more stories of his life as a local vet in this area. We so enjoyed his talk last time that, by special request, we have persuaded him to return with more memories.



CROSTHWAITE

Crosthwaite & Lyth Charities

Fuel & Food poverty this winter

The trustees are conscious that there may be many in our parish who will struggle with fuel and food costs again this winter. As the Crosthwaite & Lyth Charities

have some small grants to offer, we wondered if you may know of someone who might benefit from such a grant (but who may themselves be too shy to admit this. You could propose them anonymously, as a neighbour or friend, to the Trustees as potential recipients of a grant. They must be resident in the parish of Crosthwaite & Lyth to qualify. Please make any proposals of any potential recipients in writing to Mr. Andrew Smith (Treasurer) c/o The Vicarage, Crosthwaite, LA8 8HX by the **end of November** at the latest, in time for the trustees' scheduled meeting on 3rd December, but remember that as a proposer you may remain anonymous.



We also welcome applications for small **educational grants** from young people living in the parish of Crosthwaite & Lyth and who are going on to further education or apprenticeships. Please apply in writing to Mr. Andrew Smith (Treasurer) c/o The Vicarage, Crosthwaite, Kendal LA8 8HX **by the end of November.**



CLEAN
CROSTHWAITE & LYTH
ECO ACTION NETWORK

Beat the Loss of the Winter Fuel Allowance with Cold to Cosy Homes!

This project, which CLEAN has been promoting, aims to help people make their homes more energy efficient and could be a real help in reducing fuel bills this winter. If you feel you might benefit or you are aware of a friend or neighbour who might, please get in touch with one of the local Cold to Cosy Energy Champions (details below) who can help with an initial assessment via a free home visit and refer you to Cold to Cosy Homes;

Roger Smith: 07855 347295 Henk Muller: 07855 268922

Charlotte Robinson: 07787 024641 Pat Howarth: 07765 010252

Update on CLEAN

You might not have heard much from CLEAN over the summer but we've been busy!

The focus of activity over the past few months has been increasing biodiversity -at church. Thanks to the generosity of local villagers and church members we have been able to create an enhanced garden space around the church building. With donations of plants and shrubs we have created a much more colourful and diverse space which will be attractive to birds, insects and small mammals - as well as humans.

We have opted to leave some of our grassed areas unmown at certain times of the year and are mowing other areas to keep the graveyard attractive and accessible to visitors. In November we will plant 30 extra indigenous trees and shrubs in the new graveyard to provide extra habitat and aerial pathways for birds.

Plans and manufacturing is underway to make and install a unit of 4 swift boxes in the belfry tower of the church, in the hope we can attract more of these attractive and elusive birds into our valley.

Other community events have included a bulk buy scheme of peat free compost, which was well supported and a knife and garden equipment sharpening service from KingSharp- both held in the church car park- so we did not have to travel miles and use our cars needlessly.

All these activities have contributed in part to St Mary's Church being awarded a Silver Eco Church Award- of which we are very proud!

In the meantime recycling at church is going well- we seem to have the world's supply of used pill blister packs and these and other items go for recycling via charities and other outlets.

Watch this space for other events which are planned over the next few months...

Argles Memorial Hall, Crosthwaite invite you to their



with Pie & Peas Supper

On Saturday 19th October 2024 at 7pm

Crosthwaite Memorial Hall

Tickets £10, to include Supper, available from Helen on 07979840889

or message us on our Facebook page

Tea & Coffee available – or bring your own bottle!

All Welcome!

In aid of Hall Funds

SAVE THE DATE!

Argles Memorial Hall, Crosthwaite are holding their

CHRISTMAS FAIR

on

Saturday 30th November 2024

If you would like a stall, please email Helen

helenatcowmire@talk21.com

EXCHANGE DATES FOR YOUR DIARY

For Events Bookable in advance contact Geraldine

Mobile 07766 646504/Tel. 015395 68836

grangee1@hotmail.co.uk



T@2 - Tea/Coffee and Cake – 2-4 p.m.

16th October

6th & 20th November

18th December –Festive Country Market

Lunches – 1-3 p.m. Bookable in Advance

2nd October Harvest Lunch - Macmillan Fundraiser

4th December Christmas Lunch

BIG BAND DANCE NIGHT

AT UNDERBARROW VILLAGE INSTITUTE

16TH NOVEMBER @ 7:30PM

TICKETS £15
(INCLUDES
BUFFET)



CASH ONLY
EVENT

WITH KENDAL BIG BAND



CONTACT VALERIE
O'LOUGHLIN
(07502548070) FOR
MORE INFO AND
TICKETS

BAR AND
RAFFLE ON
THE
EVENING

MAGAZINE DEADLINES

Items for entry to the Editor(s) by 12th of previous month by e-mail or letter please.

UNDERBARROW

Reminder to Save the Date
Friday 1st November 2024

Underbarrow Marrow Day 40th Anniversary dinner dance.



WINSTER



Coffee Springfield Morning

Domestic Abuse Support in South Lakeland

In aid of Springfield at
Winster Village Hall

Thursday October 24th
10-12 noon



HOLY TRINITY CHURCH WINSTER BOOKS/CAKES/PLANT DAY

In the SCHOOL HOUSE

Saturday October 26th

10.00AM – 4.00PM

TEA, COFFEE, CAKES, SOUP SERVED ALL DAY

For info - YVONNE 01539488563/GILL 01539443301

The Dean Barwick Educational Trust Post 16 Grant

When John Barwick died in 1664, he was the Dean of St Paul's Cathedral in London. He bequeathed money for a church and school to be built in Witherslack village where he grew up.

John Barwick also left a legacy to provide money for apprenticeships and dowries for the boys and girls respectively. The Dean Barwick Trustees have modernised this over the years and there are educational grants for students going onto further education or taking up apprenticeships. The grant is to help with books, tools or equipment.

The following grants are available to students entering Post 16 education.

Course grant

£300 a year towards books and educational equipment, (available for two years of a degree or further educational course). A third-year grant of £400 is awarded in the final year of study.

Apprentice grant

A one off £500 grant to assist with buying tools and equipment for an apprenticeship.

The factors taken into account by the Trustees when considering applications include, but are not limited to:

1. EITHER
 - a) Currently resident in the Parish of Witherslack, Meathop and Ulpha and attended Dean Barwick Primary School for at least one academic school year – i.e. 3 terms between Reception and Year 6.OR
 - b) Attended Dean Barwick Primary School for a full 6 years, (the whole of primary education, not including nursery) but do not reside in the Parish.OR
 - c) Resident in the village for most of your life, (at least 12yrs) but did not attend Dean Barwick Primary school for other reasons.
2. Are undertaking a recognised F.E. qualification, university course or formal apprenticeship.
3. Have not received a grant, (or series of grants) from the DBT before.

How to apply

Your application, a handwritten letter, should include home address and course attended, (Please note for the apprenticeship grant, a letter or statement from the employer is needed).

In applying, you must make sure that you describe your eligibility by reference to the factors stated above

Grant applications are considered at the Trustee meeting in November and must be received no later than **Monday 4th November**.

Applications to,
Cath Crawshaw, Clerk to The Dean Barwick Trust
C/o No 1, Halecat, Witherslack, Grange over Sands, Cumbria LA11 6RT

PLEASE NOTE if a grant is awarded, it is expected that you let the Trustees know by handwritten letter how you have used the grant money and whether you are continuing with the course by no later than the following November.

30th October at 2pm there will be a meeting of the Lyth Valley Group of WI's in Cartmel Fell Parish Hall. This will be a hands-on demonstration and workshop organized and led by Sue Wareing . We will learn how to make beautiful Christmas decorations from pretty papers and be able to take home the lovely results.

BRIGSTEER WI

President Sue welcomed 23 members to our September meeting where we all enjoyed making fabric cards under the guidance of Sylvia Bearpark of Underbarrow WI with some excellent results. Sue and Sara had enjoyed celebrating with fellow WI members at Witherslack's 100th birthday the previous evening. Five members had enjoyed a great walk to Potter Tarn last month. No wild swimming this time but maybe next. Mel will be leading the next one around Silverdale, most importantly starting and finishing at a cafe! Names were also taken for the Federation Quiz on 4th November which we are hosting, as well as the Lyth Valley Group Christmas decorations workshop on 30th October, and the live screening of Swan Lake at the Brewery in February. We're looking forward to our next meeting on October 9th when we have Stuart Hann, the blind chocolatier from Staveley, demonstrating, with tasting and a chance to buy some of his delicious products. New members and visitors are very welcome. Call Sue or Liz on 07718 904082 or 07894 710014.

CARTMEL FELL WI

22 members and guests enjoyed a very informative and interesting presentation by Julia Pigott of Bee Ed covering all aspects of pollinators. Not to spoil this for W.I's who may be looking forward to this talk, you will not be disappointed. Julia ended with a plea for all to be vigilant and report sightings of the Asian Hornet, an invasive species with no natural enemies in this country which predates upon our native bees and pollinators, it is distinguishable by its black body and legs which have yellow socks. Its sting is very unpleasant, in many cases leading to hospitalization. During the business meeting Molly reported on our summer outing to Skipton on a hot summer's day! Arriving in time for coffee there was plenty of time to view the extensive and varied market stalls and shops before enjoying a pre booked fish and chip lunch, ending a most enjoyable day.

Sue had attended the writers group and Lesley was looking forward to the next lace making day.

The next meeting is on 2nd October when Philip Burley will talk on The History of Puzzles the competition is Brain Food. As always visitors and new members will be made most welcome.

CROOK WI

Crook WI enjoyed their recent meeting when Jasmin Hall gave a presentation about skin care. Five volunteers were introduced to different creams and cleansers from the Tropic Skin Care range. It was a fun evening which included everyone learning how to perform a facial massage.

CROSTHWAITE & LYTH WI

The Village Hall was rather full when Crosthwaite and Lyth W.I. invited Ian Gregg to return to the village to tell us about the founding and subsequent growth of Greggs. It was an Open meeting to which friends and neighbours turned up in droves to learn about the importance Stotties had in the development of the Gregg's business and how their Charitable Trust funds school Breakfast Clubs feeding many thousands of school children every morning as well as many other things. Ian was thanked by President Jean Sherratt for his fascinating talk

WITHERSLACK W.I.

Our August trip to Harlow Carr was enjoyed by members and friends on a bright sunny day. We all appreciated the lovely gardens with many large drifts of flowering plants and bushes many of us also enjoyed the cakes at Betty's.

September was our 100th Birthday month. We had a party with guests from our friends in the Lyth Valley group and Karen Hanks and her friend. We also had the grand daughter of one of the founder members present. Liz Clarke did a wonderful buffet with puddings and we sang and danced with our singer for the evening Rachel Mercer. Rachel sang songs from the decades since we were formed in 1924. Photos and a scrapbook showing our birthday celebrations from the past were on display also many photos from previous outings. We all had a lovely evening.

UNDERBARROW W.I.

In September we had a brilliant talk by Joe Human about "Why climate change makes people move. " Joe was a geography teacher and then worked for Oxfam. His talk covered flood areas like Bangladesh, drought areas like Central America, and he described the risk to life from increasingly violent tornadoes across the world. His plea is that governments recognise environmental migrants, forced to move by risk of death or famine, as bona fide refugees, which they are not currently. We would recommend Joe to other WI's as a speaker on climate and sustainability issues.

On November 13th at 2.00pm we have a demonstration from a local company called Brampton Bath Works who make artisan soaps and creams. Everyone is welcome to attend (£3 for non-members) and there will be an opportunity to buy presents possibly for Christmas.

Our WI has 21 active and friendly members, so if you fancy joining us or coming along to try us out, please chat to Maggie on 07887881011.

Two Valleys Churches

“Enriching lives Embracing God”

Cartmel Fell, Crosthwaite, Winster and Witherslack

Vicar: Vacant

Reader: Dorothy Grace dorothygrace01@btinternet.com 015395 68569

St. Anthony’s, Cartmel Fell

Churchwardens: Mr. Anthony Clarke 015395 31481
Mrs. Vanda Lambton 015395 31311

St. Mary’s, Crosthwaite

Churchwardens: Mr. Steven Brierley 015395 60702/07470 169890
Mrs. Geraldine Wilson 015395 68836
Mrs. Pat Howarth 015395 68652

Holy Trinity, Winster

Churchwarden: Mrs. Cath Casson 015394 44958

St. Paul’s, Witherslack

Churchwarden: Mr. Richard Coates 015395 52469

Underbarrow with Helsington

Associate Priest: Rev’d. Simon Howard

revdsimonhoward92@outlook.com : 07719 889577

For baptism, wedding, & funeral enquiries contact the **Church Administrator:**

Janet Sullivan assjadmin@stkmail.org.uk 01539 730683

Safeguarding Officer for all the above:

Mrs. Jane Eccles 07779 953763 : 015395 58138

St Thomas’ Kendal with St. Catherine’s, Crook

Vicar: Rev’d. George Briggs, george@stkmail.org.uk 015395 83058

St. Thomas Vicarage, South View Lane, Windermere Rd, Kendal.

Readers: Tony and Hilary Fitch fitchesuk@aol.com : 015395 68577

Church Administrator:

Janet Sullivan crookadmin@stkmail.org.uk : 01539 730683

St Catherine’s Churchwardens: Mrs. Lilian Atkinson 01539 821389

Mrs. Mary Allcock 01539 821312

Safeguarding Officer for Crook: Mrs. Lilian Atkinson, Low Fold, Crook
lilatkinson8@gmail.com

REGULAR EVENTS HELSINGTON & BRIGSTEER

For bookings contact Ann Bryan 015395 68067. Email villagehall.brigsteer@gmail.com

Monday

Short Mat Bowls 19.30—21.30

Tuesday

Circle Dancing with Miggy 10.00 - 11.45
Tea Shop Tea and chat Last Tues of the month 15.00 - 16.30
Table Tennis 19.00 - 21.00

Wednesday

Yoga with Tara 09.30 - 11.00
W.I Second Weds of the month 19.30 - 21.30

Thursday

Dru Yoga with Johan 09.30 - 11.00
Tai Chi with David Intermediate 14.00 - 15.45
Ballroom and Latin Dancing 18.30 - 21.30

Saturday

Pilates with Emma 08.30 - 09.30
09.45 - 10.45

CARTMEL FELL

For bookings contact Julie Balshaw Tel. 015395 68506 Email: balsh@hotmail.com

Women's Institute First Wednesday in the month at 7.30pm
Local History Society Second Monday in the Month Sept-May at 2.30pm or 7.30pm. Please check time - gandjviney@live.co.uk

CROOK MEMORIAL HALL

For bookings contact Angela Dobson 07766 881183

Email: eventsdiary@crosthwaiteandlyth.co.uk

Music Group	Monday morning
Art Group	Monday afternoon
Table Tennis	Monday and Friday 7.30 – 10.00pm (from September during the winter months)
Guitar Group	Tuesday morning
Young Farmers Club	Occasional Tuesdays 7.30 – 9.30pm
WI	First Wednesday in the month (afternoons in winter, evenings rest of year)
Sewing/Craft Group	Occasional Wednesday evenings
Aerobics/Body Toning	Thursday 10am – 11.00am
Folk Dance Group	Thursdays 7.30pm – 10.00pm
Indoor Bowling	Tues & Thur 7.30-10pm (Oct 8th-Dec 17th / Jan 7th-Mar 25th 2025)

CROSTHWAITE MEMORIAL HALL

Please check bookings online at :

www.crosthwaiteandlyth.co.uk/memorialhall.html

For Bookings contact Angela Dobson Tel: 07766 881183 or
email: eventsdairy@crosthwaiteandlyth.co.uk

Playgroup	Tuesdays & Thursdays 9:30-11:30am (school term time)
Indoor Bowling	Tue & Thur 7.30-10p.m. Oct 8 th – Dec 17 th / Jan 7 th – Mar 25 th
Exchange	Tea@2 1st and 3rd Wednesdays of month 2p.m. to 4p.m Celebration Lunches 1p.m. to 3p.m. 3rd Apr, 2nd Oct, 4th Dec Afternoon teas 1st May, 3rd July
Yoga	Wednesdays 7.00-8.30pm
WI	Every third Wednesday of the month 7.30 to 9.30 pm Social Afternoon every first Thursday of the month 2 to 4 pm
Art Club	Mondays 1.30-4pm (January-March then October-December)

UNDERBARROW INSTITUTE

For bookings contact Valerie O'Loughlin: Tel. 015395 68655

Snooker Club	Mondays from 7.00pm (September to end of April)
WI	Every 2 nd Wednesday of the month - 2pm, October to March inclusive, 7.30pm, April to September inclusive.

WINSTER

For bookings contact Jane Crowe: Tel. 015394 44098

Books, Cakes and Plants Last Saturday in the month (April-November)

WITHERSLACK

For bookings contact Janet Crowe 07919 988566
janet.crowe@outlook.com

Indoor Bowling	Wednesdays 7.30pm - 10pm (from September to end of April). New members welcome - all equipment is provided.
Parent & Toddler Group	Please check the Witherslack Hub Facebook page for info
Women's Institute	Every 2 nd Tuesday of the month at 7.30pm

Advertise in the Two Valleys Parish News

We have a circulation of 620 every month, reaching homes in Brigsteer, Cartmel Fell, Crosthwaite, Crook, Underbarrow, Winster and Witherslack. With adverts starting from as little as £21.50 for 12 months, why not advertise your business to your local community?

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or brierleyl@yahoo.co.uk

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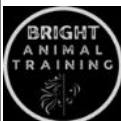
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