

# TWO VALLEYS PARISH NEWS



Serving the parishes of Cartmel Fell, Crook,  
Crosthwaite, Helsington, Underbarrow, Winster &  
Witherslack

December 2024

70p



## An Evening with Cartmel Fell and District Local History Society

Anyone visiting the Parish Hall in mid-October might have been surprised to see a Viking warrior wielding an enormous axe to shred a cabbage. It was merely Terry Harvey-Chadwick demonstrating the power of the weapon when decimating an enemy. In addition, to his beautiful weapons and shields, he showed us facsimiles of many domestic items including a compass, combs – both for hair and wool, needles, wrought iron keys and wooden items. We hope to invite Terry back in the guise of **The Tudor Alchemist** with promises of wizardry.

Jean Turnbull gave a talk on 11<sup>th</sup> **November** with personal tales of Evacuees, Home Guard, POW, farming and War Agricultural Committee, Land Army, black market, bombing and US convoys during the Second World War. On 9<sup>th</sup> December we will welcome Rod Moore with his, much postponed, talk “**100 years of Toys.**” An introduction to toys made over the last 100 years or so from world famous names to 'one offs' that will undoubtedly bring back childhood memories.



## Church Services for DECEMBER 2024

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<b>Sunday 1st December</b>	<b>The 1st Sunday of Advent</b>
9.30am Underbarrow	Holy Communion (BCP) Rev. Bob Dew
11.00am Crook	Morning Worship (CW) tbc
4.00pm Cartmel Fell	United Advent Service Dorothy Grace

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<b>Sunday 8th December</b>	<b>The 2nd Sunday of Advent</b>
9.30am Cartmel Fell	Holy Communion (BCP) Rev. George Briggs
9.30am Underbarrow	Morning Worship (CW) Tony & Hilary Fitch
11.00am Crosthwaite	Holy Communion (CW) Rev. George Briggs
11.00am Crook	Holy Communion (BCP) tbc

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<b>Sunday 15th December</b>	<b>The 3rd Sunday Advent</b>
9.30am Witherslack	Holy Communion (CW) Rev. Simon Howard
9.30am Underbarrow	Holy Communion (BCP) Rev. Ian James
11.00am Winster	Holy Communion (BCP) Rev. Ray Dent
11.00am Crook	Morning Worship (CW) tbc

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<b>Saturday 21st December</b>	5.00pm Cartmel Fell	Christmas Carol Service	Nick Gray
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<b>Sunday 22nd December</b>	<b>The 4th Sunday of Advent</b>
11.00am Winster	Christmas Carol Service Tony & Hilary Fitch
2.30pm Crook	Christmas Carol Service tbc
3.00pm Witherslack	Christmas Carol Service Rev. Rob McLellan
4.00pm Helsington	Christmas Carol Service Mike Fleetwood
5.00pm Crosthwaite	Christmas Carol Service Beverley & Brian Lock

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<b>Tuesday 24th December</b>	<b>Christmas Eve</b>
11.00am Crook	Holy Communion tbc
4.00pm Crosthwaite	Crib and Carols Everyone welcome!
4.00pm Underbarrow	Christmas Carol Service Rev. Simon Howard
9.00pm Witherslack	Christmas Communion (CW) Rev. Anne Pettifor

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<b>Wednesday 25th December</b>	<b>CHRISTMAS DAY</b>
9.30am Crosthwaite	Christmas Communion (CW) Rev. Howard Smith
9.30am Cartmel Fell	Christmas Communion (BCP) Rev. T. Wilcock
9.30am Underbarrow	Christmas Communion (CW) Rev. Simon Howard
10.00am Crook	Christmas Morning Service tbc
11.00am Winster	Christmas Communion (BCP) Rev. David Parsons

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<b>Sunday 29th December</b>	10.30am Crosthwaite	<b>The 1st Sunday of Christmas</b> Morning Worship for Christmas - Ministry Team
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## *A LETTER FROM HILARY FITCH*

### Keeping Promises

We have a new government here in Britain and in January 2025, the next President of the United States will be sworn in. Whether it is deserved or not, once they are in office, politicians do not have a very good reputation for keeping the promises they have made during the elections, so it will be interesting to see how things turn out! When I was a child, we were taught that keeping a promise was important and not to make a promise that you could not keep!



The story of Abraham and Sarah in the book of Genesis is centred around God's promises. They were living in a pagan city in Mesopotamia. Abraham was one of the few who had remained faithful to God and God called him to leave his land and to go to the land of Canaan. God promised Abraham that he would be the founder of a great nation, that he would be blessed and that through him all peoples on earth would be blessed too. Abraham obeyed God and after various ups and downs he finally found a place to live in Canaan. God promised Abraham that his descendants would possess that land and that they will be "as many as the stars in the sky". Despite the fact that they were too old to have children, as promised by God, Sarah was able to give birth to a son whom they called Isaac. Abraham and Sarah became the founders of the Jewish nation and although he would not live to see the all outcomes, Abraham had faith and believed that God would fulfil the promises he had made.

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## Keeping Promises

Over the generations, God revealed himself to Abraham's descendants as the all-powerful God of justice and righteousness but also as their loving Father and guide. As he was just, God expected his people to be just in their relationships with others, to be honest, kind and caring. He promised to be present among them but he wanted them to respond to him by holding him as their one true God, to the exclusion of all other gods. At various times the people went astray and suffered for their failings but God forgave them and rescued them back time and again. The nation was to be a beacon to all other peoples, showing them the love of God for all His creation but their beacon was always going to be a dim reflection of God's true glory which would be shown by Jesus.

Jesus was the fulfilment of God's promise to Abraham, that through him, all the peoples of the earth would be blessed. The birth of a Jewish baby boy, in a scruffy stable in Bethlehem, was the turning point in history. Nothing would be the same ever again. God himself had to come dwell with humankind by taking on human flesh and living amongst them.

God keeps his promises! Jesus - Emmanuel - God with us. Halleluiah!

Merry Christmas!



Hilary Fitch

**Cover: St. Catherines—Ink & Watercolour by Graham Aldridge  
Church miniature pictures from watercolours by John Wilcock**



## TWO VALLEYS PARISH NEWS SUBSCRIPTION FOR 2025

We wish all our subscribers a very Merry Christmas and a happy New Year.

The Two Valleys Parish News subscription for 2025 will be **£7.50** for 12 issues. Please pay your **Parish Distributor** promptly. If you want to pay by cheque, you can send your cheque made payable to Crosthwaite PCC to Lorraine Brierley at the address below.

If you receive your TVPN by POST then the cost for the next year is £17.70. Please make cheques payable to Crosthwaite PCC and send to:-

**Lorraine Brierley, 4 Whitbarrow Grove, Levens, Kendal, LA8 8LT.**

Tel: 07826 800469

Email: [brierleyl@yahoo.co.uk](mailto:brierleyl@yahoo.co.uk)

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If you are on the Helsington postal list please make cheques payable to:

**Underbarrow with Helsington PCC**

And send to:-

Marilyn Taylor, 5 Crow Wood, Brigsteer, Kendal, LA8 8AW

Thank you very much for your continued support. It is greatly appreciated and we hope you enjoy reading the TVPN for a further year.

## The Nativity Stories of Matthew and Luke

Stories of Jesus's nativity are found only in the gospels of Matthew and Luke. They are surprisingly different in their detail and emphases. These are differences that we often overlook because the traditional narrative of the nativity which is embedded in our imaginations and our visual culture is a conflation of the two accounts, commonly embellished with detail that isn't in the gospels at all: for example, the ox and the ass, which first occur in the Gospel of Pseudo-Matthew, probably from the eighth century, imaginatively drawing on a phrase in Isaiah chapter 1 verse 3, 'The ox knows his owner and the ass his master's crib'. So, this year I'm inviting us to take a step back and think about the differences between the two accounts.

It's Luke who gives us most of the preparatory narratives: the story of the annunciation of John the Baptist, the annunciation to Mary, her meeting with Elizabeth, Mary's song, which we know as the *Magnificat*, the birth and circumcision of John the Baptist, and the information about the Roman census, explaining why Mary and Joseph had to travel from Nazareth, where they lived, to Bethlehem, where Jesus was born in a stable because there was no room for them in the inn. What Matthew gives us, by contrast, is simply an account of how an angel appeared to Joseph to assure him that he should go ahead and marry Mary, to whom he was betrothed and who was already pregnant. As Joseph learns from the angel, Mary will give birth to Jesus, who will save his people from their sins. It's an annunciation of a sort, but very different from what we have in Luke; there are no other preparatory narratives and no reference to a Roman census or to a stable. Rather abruptly, Jesus is reported as having been born in Bethlehem, but you would have no idea from this that the accommodation was in any way unusual, or why they were in Bethlehem. The differences continue. Luke has the annunciation to the shepherds; Matthew does not. Matthew has the visitation of the magi, their encounter with Herod, their exotic gifts of gold, frankincense and myrrh, their advice from an angel to return by a different way and for Mary and Joseph to flee into Egypt to escape Herod's jealous massacre of the tiny children in Bethlehem. None of this is in Luke. But what Luke does have, and Matthew does not, is the circumcision of Jesus and the presentation in the temple, which gives us, through Simeon, the canticle we know as the *Nunc Dimittis*.

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These are all major narrative differences, but they are also differences of emphasis and focus. Luke has Jesus' birth announced to the lowly and homely shepherds while in Matthew it is revealed to the learned magi from far away, who are rich enough to bring exotic gifts.

Similarly, the scene in Luke is set in a stable with the manger used as a crib, whereas in Matthew the magi enter a house to see Jesus. And there is also a contrast in the fact that, in Luke the annunciation is to Mary directly, a mere woman, whereas in Matthew it is to Joseph who, as a man, is of higher status than Mary and is in control of the social compact between them. These are not the only differences. Have a look and see for yourselves.

Joyce Hill



Christmas Concert: *'Winter Warmers'*  
SCS with *'The Woolly Jumpers'* from Staveley Primary School,  
Monday 9<sup>th</sup> December, 7.30pm  
Staveley Village Hall Tickets Adults £10; under 16s £5

Sunshine in these winter days, our Christmas concert brings you musical warmth from around the world including Caribbean heat in the Calypso carol, Antipodean rays in a Native Australian carol, 'Summer in Winter' from Alsace, and particularly featuring 'Wrap the World in Love,' a heart-warming new carol created by children from Staveley Primary School!

Tickets available from SCS members, Staveley Pharmacy, the school, or at the door on the night.

Includes refreshments in the interval and there'll be a raffle of course.

[staveleychoralsociety@gmail.com](mailto:staveleychoralsociety@gmail.com)

New members are always welcome. There is no audition!

### MAGAZINE DEADLINES

Items for entry to the Editor(s) by 12<sup>th</sup> of previous month by e-mail or letter please.



### **Vicar Vacancy— update 3**

Last month's Two Valley's Parish News contained a report from the meeting on October 7<sup>th</sup> of the five PCCs with Vernon Ross, our Archdeacon, and Anne Pettifor, our Rural Dean. Vernon informed us that the interviews for a new Vicar will be on Thursday 20<sup>th</sup> March. The advert for the post will therefore be in the Church Times and on the CofE online recruitment portal from January 24<sup>th</sup>.

Rev. Simon Howard says, 'This is an excellent time to advertise for a parish priest. The post-Christmas break is often a moment when clergy contemplate their future and in January start browsing the back pages of the Church Times more seriously. It's also the time when many newly qualified curates start looking for jobs.'

By the time this edition of the magazine reaches you, we will have held the open meeting to consider the Parish Profile on Saturday 23<sup>rd</sup> November. Any changes from that meeting will have been made, the final version of the Parish Profile will have been converted by a graphic designer into a super-smart document and it will have been sent to Vernon for approval. It will go to the Bishop's office later in December.

Please keep praying for all those involved in the process, and that God will provide the person that He wants to lead our church communities. This the most important thing that any of us can do. The ministry team has produced this prayer for us to use on Sundays and to guide us in our personal prayers.

#### *A Prayer for the current and future ministry of the churches in the Two Valleys*

*God, the giver of life,  
whose Holy Spirit wells up within your Church:  
hear our prayer for all your faithful people in the Two Valleys,  
that by the Spirit's gifts we may each be equipped to be an instrument of your  
love.*

*Grant wisdom and discernment  
to all those involved in the process of appointing a new incumbent,  
and draw amongst us one who will lead us and guide us in the victory of your  
love,  
through Jesus Christ your Son our Lord.*

*Amen.*

# CALLING ALL VILLAGES

## NOTICE

Come to our annual Crib & Carols gathering  
~ Special welcome to children ~  
Opportunities for everyone to take part  
St Mary's Church, Crosthwaite  
Christmas Eve  
4.00pm



## THANK YOU

### **Underbarrow Marrow Day 40<sup>th</sup> Anniversary dinner dance.**



On Friday 1st November, we held our 40th Anniversary Ball with all proceeds going to the fantastic St Mary's Hospice.

Everyone looked fabulous and the evening was a huge success. A HUGE Thank you to our amazing sponsors and supporters, your donations were outstanding. The kindness and generosity were unbelievable, whether it was an Auction Lot, Sponsor or Raffle Prize, we couldn't have done it without you!!  
A MASSIVE thank you to Kendal Rugby Club, your staff were superb. The venue was perfect and the room looked absolutely beautiful!

Another BIG thank you to our evening guests, your continued support and generosity was amazing! Thank you for taking part in such a special event. We really hope everyone had a fabulous evening! Thanks to your generosity an outstanding amount in excess of £20,000 was raised for St Mary's Hospice which is an incredible achievement! Last, but not least, a Thank You to the committee members for all your continued hard work and dedication to make this event happen.

## **Tackling your finances - small changes with big effects.**

Sometimes tackling your finances can feel overwhelming, but small steps can make a big difference, and planning ahead helps you feel in control of your spending.

A quick way to understand where your money goes is to keep a spending diary for a week, then make a simple weekly or monthly budget. Have regular money check-ins where you review your finances to see what's working and if anything needs adjusting.

Prepare for predictable future expenses, like council tax, car costs, TV licence, Christmas and birthday presents, or upcoming big events like moving house. They all need to go in the budget. Putting a bit aside each month can make these expenses easier.

There are also unpredictable costs, like a boiler or car breakdown. Even a small amount set aside each month for an emergency fund can give you peace of mind. It's worth considering insurance, such as home or pet insurance, which can offer financial security in case of unexpected events.

Making sure your credit report is accurate can help improve your credit score and make it easier to borrow money or access financial products and services in the future. The Citizens Advice website tells you how you can check your credit report for free.

If you are worried about falling into debt, or already can't pay your bills, talk to South Lakes Citizens Advice. They can advise you on any benefits, grants or financial support that you might be eligible for, and help you to deal with your debt.

*Free, confidential advice and help is available from South Lakes Citizens Advice on any aspect of debt, consumer problems, benefits, housing, employment or any other problems. How to access:*

*Call [015394 46464](tel:01539446464) (9.30am – 2pm, Monday – Friday)*

*Drop in sessions at Wainwright's Yard, Kendal, LA9 4DP (10am – 1pm, Tuesday and Thursday)*

*Adviceline: 0808 2787 984 (9am - 5pm, Monday – Friday)*

*email advice via the submission page on our website [www.southlakescab.org.uk](http://www.southlakescab.org.uk)*



## CROOK



There is great appreciation for the soup and sandwich lunches which have been held in the Memorial Hall. It is planned to, once again, hold these lunches on the third Thursday in the month during the winter months. A warming cup of soup and good company always provides a happy occasion.

There will be a coffee evening with dominoes and bingo at Crook Memorial Hall on Saturday 7<sup>th</sup> December at 7pm. There will be a raffle and a competition for **“A flower from the garden”**.

The committee look forward to welcoming everyone for a fun evening.

## CROSTHWAITE



### NOTICE

#### Christmas Flowers in Church

We shall meet at 12.30pm on Saturday 21st December to decorate the Church for the Christmas Season. If you would like to help with the decorating please do come and join us,

Thank you

Vonnie and Jean

Crosthwaite Panto Players proudly present

**A LAD IN'T LAMP**

**On FRIDAY 24<sup>th</sup> and SATURDAY 25<sup>th</sup> JANUARY  
2025**

**At 7pm prompt (doors open 6.15pm)**

**In ARGLES MEMORIAL HALL, CROSTHWAITE**

**Tickets: £10 adults, £5.00 children**

**Available from Helen - 07979840889**

**or message our Facebook page**



**SAVE THE DATE**

**The Landowners of Crosthwaite and Lyth**

Registered Charity 1073467

**ANNUAL GENERAL MEETING**

**7.00pm Tuesday 4<sup>th</sup> February**

**The Main Hall, Crosthwaite School.**

All property owners in the Parish of Crosthwaite and Lyth are 'Landowners' and are represented by the Trustees in the management of land on Whitbarrow for the benefit of the community.

See <https://www.crosthwaiteandlyth.co.uk/landowners.php>

At the AGM you will hear of the progress in the transformation of the charity into the status of a more up to date Charitable Incorporated Organisation (CIO), the need for future Trustees and how you can become involved in the practical and physical aspects of the management of our land.

For an informal conversation about 'The Landowners' - please email [landowners@crosthwaiteandlyth.co.uk](mailto:landowners@crosthwaiteandlyth.co.uk) in the first instance and one of the Trustees will call you back. We look forward to seeing you in February.



## **The Lyth Valley Farmers Discussion Group**

The Lyth Valley Farmers Discussion Group held their 80th anniversary celebration, at the Gilpin Inn at Levens on Monday the 21<sup>st</sup> October. There was a good attendance with past and present members and our wives, 39 of us in total. We were supposed to have Mr. Jim Bownass showing some old films of Cumberland and Westmorland in days gone by. Unfortunately the electric was off so we weren't able to see the presentation, which was a shame.

However, Mr. Desmond Holmes gave an interesting talk on the history of our group and also Mr. Andrew Leach talked about his experience as a journalist.

If anyone would like to join our group, they would be made very welcome. Next meeting is a talk from Caroline Beckitt on December 2<sup>nd</sup>, 7.30pm for an 8pm start.

There is the ladies' lunch at Gilpin Inn—get in touch for details, and meetings will start up again on January 13th 2025.

**Richard Metcalfe - Secretary**



## UNDERBARROW



‘A Christmas cracker of a poem!’

On Saturday December 14<sup>th</sup> at 2.00 pm, we are holding another of our popular poetry reading afternoons in Underbarrow Church.

Bring along up to 3 ‘crackers of poems’ of your own choice to read aloud or just bring yourself along to listen and partake of the seasonal refreshments.

If you are bringing poems to read, can you please let Jennie Whalley have your choices by Thursday 12<sup>th</sup> December at the latest so that the programme can be produced.

Contact Jennie at [jenwhall43@gmail.com](mailto:jenwhall43@gmail.com)

# WITHERSLACK NOTICE



## **Witherslack Community Shop**

A paid position of part time manager  
has become available.

Flexible (12/13hours per week)

If you are interested: - Please contact

[lizcroy49@gmail.com](mailto:lizcroy49@gmail.com) for further information.

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## **NOTICE**

### **VILLAGE CHRISTMAS CAROL SERVICE**

**Sunday 22nd December 3.00pm St. Pauls Church**

Do come along and have a sing, enjoy a mince pie and a glass of mulled wine.

All welcome.

## **BRIGSTEER WI**

President Sue welcomed 17 members to our Annual Meeting with a glass of fizz. All of the present committee are happy to stay in their roles for another year but Sue reminded everyone that we will need to appoint new officers next year. Following the giving of our reports we all set to making Christmas wreaths and some wonderful creations followed. Liz and Marilyn had enjoyed their trip to Hexham and Rheged earlier in the day, and five of us had had a great time at the Made In Dagenham musical in the Town Hall. In December we're off to Kendal College for our Christmas meal and are looking forward to seeing what's planned for 2025. New members and visitors are very welcome. Call Sue or Liz on 07718 904082 or 07894 710014.

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## **CARTMEL FELL WI**

Cartmel Fell hosted the Autumn meeting of the Lyth Valley Group. Sue Wareing demonstrated paper decorations for Christmas. Everyone was industrious and went away happy with the results of their labours, all agreeing it was a pleasant change to have a 'hands on' meeting. 3 teams entered the Annual Quiz. 2 opting for the new local venue of Brigsteer in the afternoon, the 3rd team going again to a busy Greenodd. Both venues were welcoming with excellent refreshments. The Annual Meeting was held on 6th November. There were no changes to the officers for the coming year but Fiona Daley is to be a welcome addition to the committee. The evening ended with a Jacobs join supper. The next meeting will be the Christmas dinner on 4th December.

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## **CROOK WI**

Several members of Crook W.I. joined their friends in the Lyth Valley Group at Cartmel Fell Parish Hall for an afternoon meeting. Under the wonderful guidance and instructions of Sue Wearing everyone learned how to make light-weight and beautiful Christmas decorations. With double sided printed craft papers, carefully folded and using scissors, we all produced great results. It was a very successful event and everyone was able to take home their lovely creations.

Some Crook W.I. members attended the Literary Lunch at Roundthorn Hotel in Penrith. It proved to be an excellent event with good food, fabulous service and a good speaker. David Harper told us stories of his involvement with antique shows on television. He has also written two books of interesting historical happenings.

Crook W.I. recently held their AGM when the committee members for the next year were appointed. It is hoped that more members may be co-opted onto the committee to help with the smooth running of affairs. The current President and Treasurer will continue in office. Several members recently took the opportunity to visit the new W.I. Office which has relocated to the southern end of Kendal.

## **CROSTHWAITE & LYTH WI**

At our open meeting on 16th October the W.I. welcomed Claire Hensman who talked about her 10-year tenure as Lord Lieutenant for Cumbria. As Lord Lieutenant, she was the Monarch's representative in Cumbria with a duty, among other things, to uphold the dignity of The Crown and promote and facilitate public service. Claire retired from this position in July 2023 and was the first woman in Cumbria in the role. In practical terms, much of her work involved arranging and managing Royal visits. With her deputies, the police and numerous other local dignitaries and organisations, these were planned meticulously to maximise the impact of the visit for local people and organisations and to ensure that security was watertight. Forty-eight visits took place during her tenure. As the face of the King or Queen, Claire promoted and facilitated their work and projects focusing particularly on encouraging voluntary service in all areas including farming and sustainable land use. She networked assiduously to bring organisations and businesses together to increase their potential and serve the common good. She particularly enjoyed the job of presenting British Empire Medals to Cumbrians who contributed significantly to the wellbeing of fellow citizens. She especially mentioned the work of the Cadets, and the volunteers who support them, as extremely valuable to both members and the public. Claire emphasised that the royal family are a force for good in the country and are very knowledgeable about what matters to people. She very ably continued this tradition of promoting and enabling public service wherever she could in her 10, very productive, years serving the people of Cumbria.

A group of 8 W.I. ladies ventured into Kendal to explore the recently refurbished Abbot's Hall Museum and it was a very worthwhile trip. They enjoyed seeing a very varied number of paintings and an excellent exhibition by the pupils of Queen Katherine's School on regenerative farming with superb photos taken by the pupils on a farm at Strickley. Of course they had a lovely tea in the cafe too.

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## **WITHERSLACK W.I.**

Five members of Witherslack W.I. joined our Lyth Valley Group friends at Cartmel Fell to make Christmas decorations with Sue Wearing. We made a variety of paper decorations using scissors and glue and had a very enjoyable afternoon. November was our 100<sup>th</sup> A G M and 21 members had their photograph taken to remember the occasion. Pauline reminded us of all the activities we had taken part in this last year with various speakers and demonstrations.

We have had a sales table to raise money for St Johns Hospice and have bought pyjamas and diaries and other things for the Springfield refuge near Kendal. Jean Mallinson won the prize for the most points in our monthly competitions. Linda Park, our president, thanked Pauline Hodgeson for her support as secretary for the past years.

# Two Valleys Churches

*"Enriching lives ..... Embracing God"*

## **Cartmel Fell, Crosthwaite, Winster and Witherslack**

**Vicar: Vacant**

**Reader: Dorothy Grace** [dorothygrace01@btinternet.com](mailto:dorothygrace01@btinternet.com) 015395 68569

### **St. Anthony's, Cartmel Fell**

Churchwardens: Mr. Anthony Clarke 015395 31481  
Mrs. Vanda Lambton 015395 31311

### **St. Mary's, Crosthwaite**

Churchwardens: Mr. Steven Brierley 015395 60702/07470 169890  
Mrs. Geraldine Wilson 015395 68836  
Mrs. Pat Howarth 015395 68652

### **Holy Trinity, Winster**

Churchwarden: Mrs. Cath Casson 015394 44958

### **St. Paul's, Witherslack**

Churchwarden: Mr. Richard Coates 015395 52469

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## **Underbarrow with Helsington**

**Associate Priest: Rev'd. Simon Howard**

[revdsimonhoward92@outlook.com](mailto:revdsimonhoward92@outlook.com) : 07719 889577

For baptism, wedding, & funeral enquiries contact the **Church Administrator:**

**Janet Sullivan** [assjadmin@stkmail.org.uk](mailto:assjadmin@stkmail.org.uk) 01539 730683

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**Safeguarding Officer for all the above:**

**Mrs. Jane Eccles** 07779 953763 : 015395 58138

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## **St Thomas' Kendal with St. Catherine's, Crook**

**Vicar: Rev'd. George Briggs,** [george@stkmail.org.uk](mailto:george@stkmail.org.uk) 015395 83058  
St. Thomas Vicarage, South View Lane, Windermere Rd, Kendal.

**Readers: Tony and Hilary Fitch** [fitchesuk@aol.com](mailto:fitchesuk@aol.com) : 015395 68577

**Church Administrator:**

**Janet Sullivan** [crookadmin@stkmail.org.uk](mailto:crookadmin@stkmail.org.uk) : 01539 730683

**St Catherine's Churchwardens:** Mrs. Lilian Atkinson 01539 821389  
Mrs. Mary Allcock 01539 821312

**Safeguarding Officer for Crook:** Mrs. Lilian Atkinson, Low Fold, Crook  
[lilatkinson8@gmail.com](mailto:lilatkinson8@gmail.com)

## REGULAR EVENTS HELSINGTON & BRIGSTEER

For bookings contact Ann Bryan 015395 68067. Email [villagehall.brigsteer@gmail.com](mailto:villagehall.brigsteer@gmail.com)

### Monday

Short Mat Bowls 19.30—21.30

### Tuesday

Circle Dancing with Miggy 10.00 - 11.45  
Tea Shop Tea and chat Last Tues of the month 15.00 - 16.30  
Table Tennis 19.00 - 21.00

### Wednesday

Yoga with Tara 09.30 - 11.00  
W.I Second Weds of the month 19.30 - 21.30

### Thursday

Dru Yoga with Johan 09.30 - 11.00  
Tai Chi with David Intermediate 14.00 - 15.45  
Ballroom and Latin Dancing 18.30 - 21.30

### Saturday

Pilates with Emma 08.30 - 09.30  
09.45 - 10.45

## CARTMEL FELL

For bookings contact Julie Balshaw Tel. 015395 68506 Email: [balsh@hotmail.com](mailto:balsh@hotmail.com)

Women's Institute First Wednesday in the month at 7.30pm  
Local History Society Second Monday in the Month Sept-May at 2.30pm or  
7.30pm. Please check time - [gandjviney@live.co.uk](mailto:gandjviney@live.co.uk)

## CROOK MEMORIAL HALL

For bookings contact Mrs Kath Jackson 01539 821415  
Email: [eventsdiary@crosthwaiteandlyth.co.uk](mailto:eventsdiary@crosthwaiteandlyth.co.uk)

Music Group Monday morning  
Art Group Monday afternoon  
Table Tennis Monday and Friday 7.30 – 10.00pm  
(from September during the winter months)  
Guitar Group Tuesday morning  
Young Farmers Club Occasional Tuesdays 7.30 – 9.30pm  
WI First Wednesday in the month  
(afternoons in winter, evenings rest of year)  
Sewing/Craft Group Occasional Wednesday evenings  
Aerobics/Body Toning Thursday 10am – 11.00am  
Folk Dance Group Thursdays 7.30pm – 10.00pm  
Indoor Bowling Tues & Thur 7.30-10pm  
(Oct 8th-Dec 17th / Jan 7th-Mar 25th 2025)

## CROSTHWAITE MEMORIAL HALL

Please check bookings online at :

[www.crosthwaiteandlyth.co.uk/memorialhall.html](http://www.crosthwaiteandlyth.co.uk/memorialhall.html)

For Bookings contact Angela Dobson Tel: 07766 881183 or  
email: [eventsdairy@crosthwaiteandlyth.co.uk](mailto:eventsdairy@crosthwaiteandlyth.co.uk)

Playgroup	Tuesdays & Thursdays 9:30-11:30am (school term time)
Indoor Bowling	Tue & Thur 7.30-10p.m. Oct 8 <sup>th</sup> – Dec 17 <sup>th</sup> / Jan 7 <sup>th</sup> – Mar 25 <sup>th</sup>
Exchange	Tea@2 1st and 3rd Wednesdays of month 2p.m. to 4p.m Celebration Lunches 1p.m. to 3p.m. 3rd Apr, 2nd Oct, 4th Dec Afternoon teas 1st May, 3rd July
Yoga	Wednesdays 7.00-8.30pm
WI	Every third Wednesday of the month 7.30 to 9.30 pm Social Afternoon every first Thursday of the month 2 to 4 pm
Art Club	Mondays 1.30-4pm (January-March then October-December)

## UNDERBARROW INSTITUTE

For bookings contact Valerie O'Loughlin: Tel. 015395 68655

Snooker Club	Mondays from 7.00pm (September to end of April)
WI	Every 2 <sup>nd</sup> Wednesday of the month - 2pm, October to March inclusive, 7.30pm, April to September inclusive.

## WINSTER

For bookings contact Jane Crowe: Tel. 015394 44098

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## WITHERSLACK

For bookings contact Janet Crowe 07919 988566  
[janet.crowe@outlook.com](mailto:janet.crowe@outlook.com)

Indoor Bowling	Wednesdays 7.30pm - 10pm (from September to end of April). New members welcome - all equipment is provided.
Parent & Toddler Group	Please check the Witherslack Hub Facebook page for info
Women's Institute	Every 2 <sup>nd</sup> Tuesday of the month at 7.30pm

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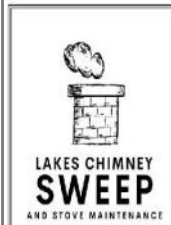


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